

NHBZ Shabbos Bulletin

Nov. 10, 2012

Welcome to Nusach Hari B'nai Zion 25 Cheshvan, 5773
Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion Chayei Sarah:
Haftorah:

Genesis 23:1 – 25:18
1 Kings 1:1 - 31

Stone Chumash pages 106-123
Stone Chumash pages 1136-1137

Thanks for Sponsoring this Shabbos Bulletin ~~

To Joni Kaiser to say "Mazel Tov to my husband, Bob Kaiser, for being included as one of 50 top-ranked lawyers in the Missouri and Kansas Super Lawyers 2012 publication. Attorneys are selected via a rigorous, multistage process evaluating peer recognition and professional achievement. "

To Alan & Vivian Zarkowsky to welcome their children and grandchildren for a visit to St. Louis. Welcome to Brooke, Daniel, Blake & Reed from New York, and to Asher and Chai from Chicago. And wishing a Very Happy Wedding Anniversary to Brooke & Daniel.

To Rabbi Howard & Felicia Graber: "Thank you so very much to our many friends at NHBZ who helped sponsor the beautiful Kiddush Luncheon in our honor last Shabbos. Thank you, Rabbi Smason, for your touching words on our behalf. We will always remember our 38 years at the shul with fond memories."

Erev Shabbos - Friday, November 9

- **Mincha & Maariv** (4:35 pm)
- **Candle Lighting** (4:35 pm)

Shabbos - Saturday, November 10

Shachris & Musaf (9:00 am) - Thank you for leading services:

- Pesukei D'Zimra: **Alan Zarkowsky** - Haftorah: **David Rubin**
- Shacharis: **Dr. Ethan Schuman** - Sermon: **None Today**
- LeYning: **Kenny Bressler** - Musaf: **Dr. Ethan Schuman**



- **Synaplex Shabbat Today** – Learners' Service: 10:15am w/Rabbi Smason in the Chapel in the lower level; Synaplex Sessions at 11:00 am: **Thanksgiving: An Attitude of Gratitude by Rabbi Smason; Appreciating the Path of the Forefathers by Rabbi Yaakov Berkowitz** of the St. Louis Kollel; **The Impact of the Debates on the Presidential Election by Professor Diana Carlin** of Saint Louis University; **Youth Programming for kids 4 & over with Abi Epstein; Tot Shabbat with Whitney Gartenberg.**
- **Kiddush & Lunch** – A very big "Thank You" and "Mazel Tov" to **Robert & Kate Friedman** for sponsoring the Chollent for lunch today in honor of the birth of their new daughter, **Nesya Leia**, in honor of Nesya's "big sister," **Adira Tzivia**, and in honor and appreciation of Rabbi Smason and the NHBZ membership! Thanks to "POP"-Star, **Mimi Fizel**, for sponsoring the soda today in honor of Miriam Kapeusz's birthday! **HAPPY BIRTHDAY MIRIAM!!!**
- **Mincha / Shalosh Seudos / Ma'ariv** (4:15 pm)
- **Shabbos Concludes** (5:37 pm)

Coming Events

- **Semi-Annual Shul Meeting and Election of Officers** – *Tomorrow, Sunday, November 11th*, at 11:00 am. Light Refreshments. The meeting will be followed by ceremonies mounting and dedicating new mezzuzos on the two Sanctuary entrances, and the lower level entrance and entrance to the Chapel.
- **Irvin Alper Social Club** - First Meeting of the New Year – *Tomorrow, Sunday, November 11th*. **Free** - All you need is a reservation! **4-6 pm: Social Hour--Cards or Movie. 6 pm to ?whenever: Dinner:** Salad, Turkey Sandwich, drinks & more. All newcomers are welcome. Call Ruth Alper – 314-569-2877.

Nusach Hari B'nai Zion
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Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

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שבת שלום

This Week

<i>At a Glance</i>	Shabbos Nov 10	Sun. Nov 11	Mon. Nov 12	Tues. Nov 13	Wed. Nov 14	Thur. Nov 15	Fri. Nov 16	Shabbos Nov 17
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	6:45 am	7:00 am	9:00 am
Mincha/Maariv	4:15 pm	4:25 pm	4:25 pm	-	-	-	4:25 pm	4:10 pm
Maariv Only				6:45 pm	6:45 pm	6:45 pm		
<i>Events – see times in Event Planner Box below</i>	SYNAPLEX SESSIONS & LUNCH!! Study Group	Semi-An. Shul Meeting; Learn Mishna; Tanya	Order Cash Cards	Order your Carry Out pizza	Lunch 'n' Learn; Carry Out Pizza	Rosh Chodesh Kislev; Shechita Class	Erev Shabbos	Child Care; Youth Program; Study Group

NHBZ Event Planner (check 'Coming Events' for time, date or location changes)
Call the office at 314-991-2100 to confirm the date and time for any event,

Weekly at NHBZ

Shabbos

- **Child Care** (10:00 am – Noon) kids 3 & under in the Children's Room
- **Youth Programming** (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- **Learners Service** (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- **Shabbos Tanach (Bible) Study Group** (Half-an-hour before Mincha.)

Sunday

- **Mishna Learning** (after Shachris) with Rabbi Chanan Swidler of Aish
- **RAP with the RABBI Teen Group** (10:15 am) with Rabbi Smason @ Starbucks Olive & Price
- **"Mystical Moments"** with **Rabbi Max Weiman** every Sunday between Mincha & Maariv.
- **Tanya** (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

Wednesday

- **Rabbi Smason's Lunch & Learn** (12:15 pm – 1:00 pm) now studying Pirkei Avos

Thursday

- **Schechita** (5:30 pm – 6:30 pm) with Rabbi Chaim Loike of the OU Kashruth Division

Monthly at NHBZ

- **Irvin Alper Social Club** (First Sunday)
- **Women's Home Study Group** (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin
- **Morris Lengua Yiddish Club** (First Thursday, 7:00 pm)
- **Dine-In Pizza Night** (Last Sunday 5:00 pm – 7:00 pm)
- **Carry-Out Pizza Night** (Wednesday mid-month)
- **Sisterhood** (Third Tuesday)
- **Women's Guide to Time** (As scheduled) with Rebbitzin Chani Smason

NHBZ Signature Events

- **Synaplex Shabbos**
- **Shabbos Lunch & Learn**
- **I-Chat**

Meetings

- **Board Meeting** (Tuesday, November 13 at 7:00 pm, following minyan)

Reminders

- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ!
- **High Holiday Appeal** – please pay your pledge as soon as possible.
- **Schnucks E-Scrip Card** - Use your Schnucks Card *now*, and make it count!!!

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something special & unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** – Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For shul & sisterhood tributes, call Phyllis Silverman, 314-434-2482; For Libby Needle Fund, call Sally Needle, 314-991-2575.
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** – Use your Schnuck's Card and buy Gift Cards now; call the NHBZ office at 991-2100 for details.
- **Buy a Brick Online or by Phone** – Our website accepts online donations for the Brick and Planting Campaign: go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100, ext. 2.
- **Kashrus Alert Issued by the cRc – Insects in Barley, Recent Infestations** - After an assortment of manufacturers were inspected, it was found that infestation generally occurs **after** the grain is packaged; infestation was found even in containers bearing a reliable kosher logo. However, based on information from the Star-K, **Quaker and Jackrabbit Brands** of barley are insect free and **do not require checking**. The Vaad recommends that during Nov & Dec 2012, you should inspect other brands of barley before using it. For all details, please see the notice in the lobby describing what to look for and methods of inspection.
- **"Our Father's Voice: A Holocaust Memoir"** is Felicia Graber's new book written with her brother, Dr. Leon Bialecki, from recorded interviews with their father. The Forward states: "In his acute observations and straightforward judgments, Mr. Bialecki spared no one, least of all himself. He was uniformly frank about Jew and gentile, rich and poor, pious and nonreligious, cultured and uneducated." Felicia will generously donate \$8.00 to NHBZ from the sale of each \$18.00 book. Please come to the office or place your orders by calling 314-991-2100, ext. 2.

Mazel Tov On Simchas Nov 10-16. Happy Birthday to Miriam Kapelus, Sam Lyss, Jordan Marbain and Joey Mufson. No Wedding Anniversaries in November!!! Show your friends you care - SEND A TRIBUTE: Shul and Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; Chesed Fund: Drop by the office for a Card Pack

Announcing
The NHBZ 107th Anniversary Celebration

Honoring
Rabbi Shaya Mintz of St. Louis Kollel and **Rebbitzin Mindi Mintz** of Torah Prep
 and Woman of Valor **Ruth Novack Alper**

Sunday Evening, December 2, 2012
 at *Nusach Hari B'nai Zion*

We are proud to present our Honorees for 2012 -- **Rabbi Shaya** and **Mindi Mintz**, and the recipient of our Woman of Valor Award – **Ruth Novack Alper**.

It is with great pleasure that we give well-deserved kovod (honor) to these wonderful people on Sunday, December 2, 2012. We have chosen to create an elegant, elaborate evening right here – to celebrate our anniversary in a grand manner.

Anniversary Celebration Commemorative Journal

Each year, we publish an Ad Journal that is distributed at the Anniversary Celebration. You have received your order forms for the journal. Please respond with your business ads, as well as your personal greetings and messages to our honorees, and in honor of the **107th Anniversary of NHBZ**. **Call 314-991-2100, ext. 2, OR email your ads to sandieabrams@hotmail.com, this coming week!!!**

Magical effects have long set Sichuan's provincial opera apart from China's dozens of other local opera styles, each of which has its own idiosyncrasies. None of Sichuan opera's special effects are as popular as *Bian Lian*, literally "face changing." With a flourish of the arms and a twist of the head, the performer changes his garishly painted mask, again and again and again. One performer's change of 14 masks in 24 seconds was recorded by the Guinness book of world records.

The effect of *Bian Lian* is written in Chinese operas through characters like a bandit who changes his face nine times to escape his pursuers or an evil sorcerer whose face changes with his moods. *Bian Lian*, the rapid mask-changing technique, is considered a secret and has always been closely guarded within the family of the performer. Traditionally, females are forbidden to learn this art as, according to Chinese culture, they marry out of the family and so increase the risk of leaking the secret to outsiders. The English Dictionary Definition of hypocrisy is: = n. insincerity, duplicity, falseness, state of being *two-faced*. Hypocrisy is the act of pretending to be something that you're not. The Talmud relates the story of Rabban Gamliel who would not permit entry to the Torah hall of study to anyone who was not *tocho k'boro*; Meaning, if their actions did not mirror their inner feelings and thoughts. Shakespeare wrote, "To thine own self be true." Being two-faced can be advantageous in Chinese opera, but not in real life.

Parshas Chayei Sarah Genesis 23:1 -- 25:18

Chayei Sarah begins with Sarah's death at the age of 127 and Abraham's search for a proper burial place which would be worthy of her greatness. Abraham is conned by Efron (a member of the Hittite nation which lived in the land of Israel) into paying an extremely large sum of money for her place of burial. Sarah is buried in M'arat HaMachpelah - the Tomb of the Patriarchs - in Hebron. Do you know who else is buried there? (answer: Adam & Eve, Isaac & Rebecca, Jacob & Leahin addition to Abraham and Sarah)

Abraham sends his faithful servant Eliezer back to the old country (Aram Naharaim -- not Brooklyn) to find a suitable wife for Isaac. Eliezer devises a plan by which he will find a modest, generous and kind girl fitting for his master's son. Eliezer decides to stand by the town's well, waiting for a girl to offer him and his camel's water to drink. Suddenly Rebecca appears and exerts great effort to draw water for a stranger and his ten camels. She brings Eliezer to her father's house, whereupon Abraham's servant asks that Rebecca return with him to marry Isaac. She accepts, and they are married. The Torah states that "Isaac married Rebeccaand he loved her.." This teaches us that true love comes after marriage, not before.

Rabbinic Ruminations

What do you see when you look at someone's face? In addition to physical features, we can detect emotions. It is not coincidental that the Hebrew word for face, *panim*, is similar to *p'nimi*, meaning 'inside'; the face shows one's inner emotional state. Some research suggests evidence supporting infant ability to discriminate and recognize simple facial expressions as early as 3 months of age.

There exists, however, a tendency for people of one race to have difficulty recognizing and processing faces and facial expressions of members of a race or ethnic group other than their own. Known as the *Cross-race effect*, early research (in 1914) showed that humans tend to perceive people of other races than themselves to all look alike.

In August 2009, the *Journal of Current Biology* reported on experiments showing that, for example, Chinese people do not look at the mouth of a person to determine his emotion. In Western cultures, however, anger and sadness is often displayed via the shape of the mouth. This shows how a person can feel they cannot "read" the faces of other cultures. How then, can we come to understand ...and

even love...someone different than ourselves?

A Hasidic story tells of two peasants in a tavern. One peasant put his arm around a fellow peasant, and in a drunken tone of voice said, "Ivan, do you love me?" "Of course I love you." "Ivan, do you know what gives me pain?" "No, I do not know what gives you pain." "If you do not know what gives me pain, how can you say you love me?" True love means exerting ourselves to understand one another. With a focus on what we share in common rather than how we differ, we can eventually connect to and love all humanity.

Quote of the Week

Anything less than a conscious commitment to the important is an unconscious commitment to the unimportant. -- Stephen Covey

Joke of the Week

Mr. Schwartz goes to meet his new son-in-law to be, Yankel.

He says to Yankel (who is very religious), "So nu, tell me Yankel my boy what do you do?"

"I study the Torah," he replies.

"But Yankel, you are going to marry my daughter, how are going to feed and house her?"

"No problem," says Yankel, "I study Torah and it says G-d will provide."

"But you will have children, how will you educate them?" asks Mr. Schwartz.

"No problem," says Yankel, "I study Torah and it says G-d will provide."

Mr. Schwartz goes home and Mrs. Schwartz, his wife, anxiously asks what Yankel is like.

"Well," says Mr. Schwartz, "he's a wonderful boy, I only just met him and he already thinks I'm G-d."

More Coming Events –

"Mystical Moments" with **Rabbi Max Weiman** every Sunday between Mincha & Maariv.

Carry Out Pizza – Wednesday, November 14. The same fabulous pizza everyone raved about at our last buffet night. Place your order by 12:00 noon on Wednesday, 314-991-2100, ext. 2.

Dine-In Pizza Buffet – Sunday, November 25. (5:00-7:00 pm) With Professional Pizzaiolo, John Nall, 2010 & 2011 Pizza Champion, Taste of St. Louis Competition!

Chopstix of Teaneck - Friends of the Hebrew Academy and the Young Israel Women's division are excited to be able to offer real Chinese takeout from the renown Chopstix of Teaneck, NJ. Go to <http://eha.org/bin/sale.php> to place your order. Food will be delivered the week of Dec. 3 to Young Israel, 8010 Delmar Blvd, 63130. No orders will be accepted without payment. Questions? Contact Vicki Isakow at fha@eha.org or HESSIE NEEDLE at 726-4591

Many Thanks to Anna Rose Tendler for scouting MANY grocery stores on Thursday to accumulate the BARLEY we needed to make the cholent for lunch today!!! Yasher Koach, Anna Rose, and THANKS again!!!!

Dedication of Mezzuzos tomorrow after our Shul Semi-Annual Meeting. Special Thanks to **David and Norma Rubin** for donating the 2 mezzuzos for the entrance of the lower level and the entrance to the Chapel.

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