



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 5, 2014
5 Nisan 5774

Torah Portion: Parshas Metzora: Leviticus 14:1 - 15:33 **Stone Chumash pages 620-635**
Haftorah: 2 Kings 7:3-20 **Stone Chumash pages 1172-1173**

Thanks to Lenny & Fran Alper for sponsoring this Shabbos Bulletin in honor of Moshe Pinto installing new Memorial Lights. Moshe, your original idea was terrific, and we so appreciate the many hours of hard work you expended into expertly mounting the new lights over the Memorial Boards in the Chapel and in the Feigenbaum-Pepose Learning Center.

Erev Shabbos – Friday Night, April 4, 2014

- **Mincha & Ma'ariv** (7:00 pm)
- **Candle Lighting** (7:09 pm)

Shabbos, April 5

- **Shachris & Musaf** (9:00 am) ~ *Thank You For Leading Davening*
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Max Gornish**
 - Haftorah: **Alan Haber**
 - Drasha (Sermon): **No drasha today.**
 - Musaf: **Sammy Chervitz**
- **Kiddush and Lunch & Learn** ~ (After Musaf) THANKS to everyone celebrating April Birthdays & Wedding Anniversaries for sponsoring lunch today. MANY, MANY THANKS: **To Dr. Alan & Marcie Brook** for sponsoring the cake in honor of the birthday of their daughter **Eliana!! To Janet Haber** for sponsoring more goodies in honor of the 60th birthday of her husband **Alan!! To "POP-Star" Shirley Osheroff** for sponsoring the soda today in honor of the birthday of her husband **Lou!! Rabbi Ze'ev Smason** will speak on the topic: "Pesach: Begin Again and Have the Life Want!." **HAPPY BIRTHDAY TO ELIANA, ALAN & LOU!!!!**
- **Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon ~ 1.) To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.**
- **Mincha, Shalosh Seudos, Ma'ariv** (6:55 pm) Thanks to **Esther Kalina** and **Marian Walters** for sponsoring Shalosh Seudos in memory of their beloved husbands **Sydney Kalina**, ז"ל, and **Kurt Walters**, ז"ל.
- **Shabbos Concludes** (8:13 pm)

Meetings

- **Board of Directors Meeting** ~ This Tuesday, April 8: Minyan at 7:00 p.m.; Meeting at 7:30 p.m.
- **Executive Committee Meeting** ~ The Fifth Tuesday, April 29. (The 4th Tuesday is the 8th day of Pesach. Minyan is at 7:00 p.m.; Meeting at 7:30 p.m.)

NHBZ COMING EVENTS

- **Pesach is Almost Here** ~ It's only 9 days away!!! It's TIME NOW to sell your chometz!!! FIVE WAYS to add your name and address to our list: **1.** Make an appointment to meet with Rabbi Smason in the office; **2.** Sell your chometz to Rabbi Smason at minyan; **3.** Come to the office and sign your name yourself; **4.** Call Sandie, 314-991-2100, ext. 2; or **5.** Send an email to Sandie (sandieabrams@hotmail.com) and say that you want us to add your name to the list. Whichever way you choose, whether for your residence only or to add your place of business, please include your address, your apartment/unit number, (business name and suite

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number), and zip code. Please make your checks payable to the Rabbi's Charity Fund and send or bring them to our office; to charge to your credit card call Sandie at 314-991-2100, ext. 2.

- **Vaad Hoeir Pesach Guide** ~ Can be found in the NEWS section of our website, www.nhbx.org. If you don't have access to a computer, please come to our office for a copy of the Guide.
- **Vaad Hoeir Maos Chitim Campaign** ~ (now, during and after Passover) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make checks payable to Vaad Hoeir Maos Chitim, and write "NHBZ" in the memo; send checks to the Vaad Hoeir or NHBZ. You can make donations before, during, and after Pesach to support this worthy cause.
- **Kiddush and Lunch** ~ Next Shabbos, April 12th, Kiddush & Lunch will be sponsored by **Reuven Tzadok** and **Gary & Trudy Sudin**. **Reuven** is sponsoring in honor of the 60th birthday of his wife, **Margo**, and in honor of his family visiting St. Louis for Pesach, and **Gary & Trudy** in honor of their children and grandchildren visiting St. Louis for Pesach! **Jon & Naomi Shanker** will sponsor a special cake in honor of the birthday of their son **Sam!**
- **Shalosh Seudos** ~ Next Shabbos, April 12th, Shalosh Seudos will be sponsored by **Boris & Alla Yasinev** in memory of beloved father, **Moisey Yasinev**, מוֹיִשֵׁי יָסִינֵב.
- **Pre-Pesach Pizza Night** ~ All-You-Can-Eat Pizza Buffet ~ Next Sunday evening, April 13. Leave your sparkling clean, chometz-free home, and bring your family and friends to enjoy a delicious pizza dinner and schmoozing!!! Reservations are not needed. **PLEASE NOTE EARLIER TIME: 4:30-6:00 p.m.** (SORRY ~ No movie for the kids this time, and no carry out orders.)
- **Kiddush** ~ Shabbos, April 26, will be sponsored by **Bobbie Ring**, her sister and brother in law **Linda & David Marcus**, and brother **Marvin Berger** from Chicago, in memory of their beloved mother Lenore Berger.
- **RAP with the RABBI Teen Group!** Sunday, April 27, 10:00 a.m. with **Rabbi Smason**, for young men and women; at Starbucks on Olive & Price, with complimentary drinks to all participants! RAP with the RABBI meets regularly on the last Sunday of the month! All teens are welcome!
- **SMILE!!! 😊 Be a Part of Our Family Album** ~ We invite all our members to make NHBZ's new **Photo Membership Directory** complete!!! There will be **NO CHARGE** and **NO PURCHASE REQUIREMENT** to get your family portrait taken for the directory. You **WILL RECEIVE – FREE OF CHARGE** your 8X10 portrait AND a copy of the finished directory. Photo sessions will be held at NHBZ in May. You will soon receive an email with the website to access; you will also receive the Login Name and Password to make your one-hour appointment. During your one-hour portrait session you will: Check in, Be professionally photographed, Immediately view your portrait images, and have an opportunity to purchase additional portraits – **AGAIN, THERE ARE NO PURCHASE REQUIREMENTS**; you MAY make purchases, but only if you so desire. Those of you without computers or access to the internet will receive the needed information through a mailing. We want EVERY ONE OF OUR MEMBERS to appear in this directory, and we plan to make the whole process as easy as possible. Enclosed with this bulletin is the time table for appointments. Stay tuned - -- more to come!!!

CLASS SERIES

- **Bi-Monthly Women's Tefila Class** ~ Led by **Rabbi Ze'ev Smason**, the class meets on the 2nd and 4th MONDAYS of the month at 3:15 p.m. **Monday afternoons**: next class, This Monday, April 8, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- **"Chassidic Insights into the Weekly Parsha"** ~ Rabbi (Chaplain, Major) Avraham Cohen is offering a class on Chassidic Insights into the Weekly Parsha from the sefer, Me'or V'Shemesh. Study will delve into esoteric thought, but on the other hand is entirely accessible for those having limited Jewish educational backgrounds. This ongoing class meets on **Wednesday evenings**; now meeting at 7:30 p.m., after minyan, in the NHBZ Chapel. Rabbi Cohen can be reached at 301-787-5538 for further questions.

SIMCHAS

- **MAZEL TOV ON SIMCHAS** April 5-11. **Happy Birthday to Phyllis Manesberg, Chasi Smason Rosenbaum, Morris Scheer, Sid Silverman, Avital Simon, Trudy Sudin, Martin Tessler, and Margo Tzadok! Wedding Anniversaries *None this week!*** Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.

Wish List! Wish List! Wish List!

- **DO YOU HAVE THESE ITEMS THAT YOU ARE NOT USING?** WE WOULD LIKE TO GIVE THEM A NEW HOME!!! We are wishing for ~~ A Projection Screen and a White Erasable Board, each on Tripod Stands; and each Large, Sturdy and Moveable! The projection screen we received from the Hollanders will be perfect for classes in the lower level Feigenbaum-Pepose Learning Center and the Teen Lounge. **For programs in the sanctuary/social hall, we need a very large screen; large enough so that slides and video presentations can be seen from the the stage in front of the ark to the back of the social hall.** SOOO, we would still like to have a second screen and second board for the convenience of having the equipment on both levels of our building!!!! These generous gifts will be tremendous aids for classes and other presentations. Can YOU grant our wishes? Please call 314-991-2100, ext. 2. *Many thanks to Larry & Shirley for the screen they donated, and to Howard & Phyllis for the new white board they purchased and donated!!!!*

Reminders

- **SHABBOS HALACHAS (Laws of Shabbos)** An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Kippur. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that Shabbos bulletins, food, or any other item not be removed from the synagogue by those who do not live within the *eruv*. For more details or questions, please see Rabbi Smason.
- **TIME TO SELL YOUR CHOMETZ! Pesach is only 9 days away!!!**
- **Become Energized!!! Sponsor Your Own Solar Panel!!!** The 2014 price of just \$216 for a full year. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your own wording!
- **Buy and Use Cash Cards** – call the office ASAP to order your cards and **earn free money** for NHBZ! Orders are placed twice per month – on or as close to the 15th and 30th.
- **HEADS UP! Schnucks E-Scrip Card - \$1,435.80 in 2013!!!** If you have been using your Schnucks E-Scrip Card when you shop, we Thank You VERY Much! NHBZ received \$1,435.80 **Easy Money** last year from Schnucks based on your purchases, and **NO EXTRA CHARGE TO YOU!!!** Please remember to hand your e-Scrip card to your checker every time you shop - and make your shopping trip count!!! **TO NHBZ Members AND Non-Members Alike** ~~ **if you don't have an e-Scrip card, please contact the office: sandieabrams@hotmail.com or 314-991-2100, ext. 2, and "shop" for Nusach Hari B'nai Zion!!!**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.

- **Buy a Brick Online or by Phone** - Our website now accepts online donations for the Brick and Planting Campaign; go to <http://www.nhbz.org/dedications.asp> or call the office at 314-991-2100.
- **Synagogue Honors** - It is customary to make a donation to the shul for Aliyos or other honors received.
- **Mi Shebarach List** ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or in English if Hebrew names are unavailable. Your contributions are greatly appreciated.
- **Shalosh Seudos, The 3rd Meal of Shabbos** ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrzeits of your dear family members.
- **Memorial Plaques** ~ Memorial plaques from our former location are lovingly mounted in our new building. Remember your loved ones with a plaque; prices are \$150 and \$275. Please call the office for details.
- **Mishna Study** ~ Learning Mishnayos in memory of a loved one, or for a Refuah Shelayma for a person who is ill, is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the Mishnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month: \$50. *May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.*

NEWS & FEATURES

- **Kashrus Alert from the O-U** ~ Fanta Pina Colada Concentrate. The Coca-Cola Company manufactures a wide range of concentrates which are used by 7-Eleven in the production of Slurpees. These concentrates are under the supervision of the Orthodox Union. The Orthodox Union, however, does not certify Slurpees sold at 7-Eleven stores. One of these concentrates is Fanta Pina Colada. This concentrate is certified OU-Dairy. In some 7-Eleven stores placards for this product are on display. The placards contain an error in that the "Dairy" designation of the concentrate has been omitted. Corrective action is being taken.
- **Community-Wide Yom HaShoah Commemoration** ~ Sunday, April 27, at United Hebrew Congregation, 4:00 p.m. (program will conclude before 5:30). "Bearing Witness For Those Who Cannot: Testimony From the Holocaust" featuring testimonies by St. Louis Survivors recounting their experiences during this tragic period of history.
- **Jewish Federation's Summer Internship Program for College Students** ~ "Learn and Earn" will connect students with employment and the local Jewish community, and will combine meaningful employment and a community connection experience. Applications are being accepted online now for "Learn and Earn," an eight-week paid summer opportunity for students, for positions in finance, marketing, sales and more. "The Learn and Earn program is a great way to connect companies with qualified interns and, at the same time, encourage students to engage in the local Jewish community," says Joel Frankel, Federation's engagement professional and coordinator of the program. For more information, email jfrankel@jfedstl.org
- **Tomchei Shabbos FOOD DRIVE!!** Pick up your bags at our NHBZ office; help make the Food Drive a Big Success!!! For questions or home pick-up, please call Jackie Oppenheimer at 997-6924.
- **Tomchei Shabbos Cookbook Project** ~ Details on recipe categories and recipe submission information will be available shortly. If you would like to help on the cookbook please call Bryna Kandel at 569-5001 or email tomcheishabboscookbook@gmail.com.

President's Message

Pesach is coming soon! It is time to sell your chometz NOW! There are five ways to add your name to the Chometz-Selling List. See details that begin on the front page of this bulletin.

The Shul also must remove all chometz prior to Pesach, as we all do in our homes. As part of this effort, we must clean the shelves in the lobby closet and the chapel coat rack. In recent months, those shelves have accumulated a surprising number of items other than hats! We now have toys, books, flyers, clothing, shoes, and even children's car seats. If any of these belong to you, please remove them so we can clean those shelves for Pesach. Any items remaining on April 11 will be boxed and stored during Pesach. After Pesach, the box will become a lost-and-found box.

Lenny Alper

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Metzora April 5, 2014

Welcome to Beyond Twelve Gates

Many superstitions stem from the same human trait that causes some people to believe in monsters and ghosts: When our brains can't explain something, we make stuff up. Some common superstitions have practical or interesting origins.

- Don't walk under that ladder! Frankly, this superstition is pretty practical. Who wants to be responsible for stumbling and knocking a carpenter off his perch?
- Black cats crossing your path. Americans collectively keep more than 81 million cats as pets. So why keep a black cat out of your path? Most likely, this superstition arises from old beliefs in witches which were often said to take the form of domestic animals like cats.
- A rabbit's foot will bring you luck. Talismans and amulets are a time-honored way of fending off evil; consider the garlic that is supposed to keep vampires at bay. Rabbit feet as talismans may hark back to early Celtic tribes in Britain. Regardless, a rabbit's foot certainly isn't good luck for rabbits!
- Careful with that mirror. According to folklore, breaking a mirror is a surefire way to doom yourself to seven years of bad luck. The superstition seems to arise from the belief that mirrors don't just reflect your image; they hold bits of your soul.

John Milton said, "Luck is the residue of design." While it is often difficult (if not impossible) to know why things happen, a solidly-founded belief in G-d will lead to the inescapable conclusion that there is no such thing as luck, chance, coincidence or superstition.

Parshas Metzora Leviticus 14:1 - 15:33

Parshas Metzora discusses the purification process for the metzora. A metzora was a person inflicted with *tzara'as* - a skin or hair abnormality caused by certain spiritual illnesses. After the Kohen declares him to be pure, the metzora completes a ritual procedure using two birds, spring water in an earthen vessel, cedar wood, a scarlet thread and a bundle of hyssop. He is then allowed to enter the camp, but he must dwell outside of his tent for seven days. His impurity is now only contagious through direct contact, being considered a primary source of uncleanness. Before entering the camp, the metzora's entire body is shaved. After a seven-day wait, the person is shaved a second time, and on the eighth day, brings three animals and an oil offering to the Temple. With this, the purification process is completed.

The Torah offers an alternative for one who lacks the finances to participate in the prescribed offerings. The laws dealing with blemishes that appear on a house are detailed. The parsha concludes with other forms of contamination and their appropriate purification processes.

Rabbinic Ruminations

It may have been the greatest shot in televised sports -- with credit due in large part to a rat. In Game 6 of the 1975 World Series, Boston catcher Carlton Fisk hit a long fly ball down the right field line. The enduring image of Fisk, jumping up and down, waving his arms, trying to coax his hit to stay fair as he made his way to first base, is considered by many to be one of baseball's greatest moments. The ball did stay fair for a home run, giving the Red Sox a 7-6 win and forcing a seventh and deciding game of the Fall Classic. The colorful close-up of Carlton Fisk is considered the birth of "the reaction shot", where television cameras began to focus on the players and emotional moments as they unfolded.

How did the classic "Fisk moment" come about? NBC cameraman Lou Gerad was at ground level inside the left field scoreboard at the base of the wall, Fenway Park's famed Green Monster. He had Fisk framed in his lens when the pitch arrived. But instead of following the ball, Gerard kept his camera on Fisk because he was distracted by a rat circling him. The camera man said to his producer, Harry Coyle, "Hey, Harry, there's a rat right here next to me and it's moving closer!" So when Fisk swung, the cameraman stayed with Fisk at the plate and got the whole bit -- Fisk frantically trying to wave the ball fair and then the home run trot. "Give that rat credit," Lou Gerard said, "not me, for what may have been the greatest shot in televised sports."

Sometimes we encounter problems like that rat. We have no idea how they will be resolved, but because of them, we may see G-d work in a way we never would have without the problems. It is important to train oneself to look positively upon life's situations. Often what appears as 'bad' or 'negative' ends up being a blessing. What can we do to look at challenging situations in a positive light? A Hebrew expression, *gam zu l'tova*, means 'this too is for the best.' When things don't seem to be going your way, say *gam zu l'tova*. At times, the problems of life turn out to be the sweetest blessings of all.

Quote of the Week

If you want to win a man to your cause, you must first convince him you are his friend -- **Abraham Lincoln**

Joke of the Week

We had a power outage at our house this morning and my PC, laptop, TV, DVD, iPad, cordless phones & my new surround sound music system were all shut down.

Then I discovered that my iPhone battery was flat and to top it off, it was raining outside, so I couldn't play golf. I went into the kitchen to make coffee and then I remembered that this also needs power, so I sat and talked with my wife for a while.

She seems like a nice person.

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos April 5	Sunday April 6	Monday April 7	Tuesday April 8	Wed. April 9	Thurs. April 10	Friday April 11	Shabbos April 12
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm
Events – see times in Event Planner Box	<i>Good Shabbos to Everyone! Lunch & Learn in honor of April Birthdays & Wedding Anniver- saries!</i>	BUY CASH CARDS	<i>Tefillah Class for Women with Rabbi Smason, 3:15 pm</i>	<i>Board of Directors Meeting, 7:30 pm</i>	<i>Lunch & Learn w/ Rabbi Smason, 12:15 pm; CLASS: Chassidic Insights 7:30 pm after minyan</i>		<i>Erev Shabbos</i>	<i>Lunch sponsored by The Tzadok and Sudin Families; Pre-Pesach Pizza Buffet, 5-7 pm tomorrow!</i>

NHBZ Event Planner (Check “Coming Events” for time, date or location changes.)
Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

WEEKLY at NHBZ

SHABBOS

- Child Care (10:00 am – Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am – 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish HaTorah
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

- Women's Tefila Class (2nd & 4th Mondays) 3:15 pm with Rabbi Smason

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.
- “Chassidic Insights into the Weekly Parsha” (7:30 pm, after Minyan) Rabbi (Chaplain, Major) Avraham Cohen

MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm)
- Dine-In Pizza Night (Last Sunday 5:00 – 7:00 pm) Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30 pm.
- Sisterhood (Third Tuesday)
- RAP with the RABBI (Last Sunday of the month, 10:00 am **at Starbucks**)

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn