

NHBZ Shabbos Bulletin

February 11, 2012

Welcome to Nusach Hari B'nai Zion

18 Shevat, 5772

Torah Portion Yisro
Haftorah Yisro:

Exodus 18:1 – 20:23
Isaiah 6:1 – 6:13

Stone Chumash pages 394 - 415
Stone Chumash pages 1154 - 1156

Listen to the Reading of the Ten Commandments Today!

Erev Shabbos - Friday, February 10

- **Mincha & Maariv** (5:10 pm)
- **Candle Lighting** (5:15 pm)

Shabbos - Saturday, February 11

- **Shachris & Musaf** (9:00 am) - Thank you for leading services:
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Dr. Ethan Schuman**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Fabian Attoun**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Ethan Schuman**
- **Child Care** (10:00 am – Noon) – for children 3 years old and younger, in the Children's Room downstairs.
- **Youth Programming** (10:15 am – Noon) – for children ages 4-8, in the Youth Lounge on the lower level.
- **Learners Service** (10:15 am) - led by **Rabbi Ze'ev Smason**, in the Chapel on the lower level.
- **Kiddush** (following Musaf)
- **Shabbos Study Group** (4:00 pm) - Studies in Tanach, led by **Menachem Szus**; everyone at any level of learning is welcome; now studying Yeshayahu (Isaiah).
- **Boys Mishna Study Group** (4:30 pm) – With **Rabbi Smason**, for boys ages 10-17.
- **Mincha/Shalosh Seudos/Ma'ariv** (5:00 pm)
- **Shabbos Concludes** (6:19 pm)



This Week

Davening Times	Shabbos Feb 11	Sun. Feb 12	Mon. Feb 13	Tues. Feb 14	Wed. Feb 15	Thur. Feb 16	Fri. Feb 17	Shabbos Feb 18
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Maariv	5:00 pm	5:15 pm	5:15 pm	-	-	-	5:15 pm	5:05 pm
Ma'ariv Only	-	-	-	6:30 pm	6:30 pm	6:30 pm	-	-
Events	Kiddush; Shalosh Seudos	Learn; Rap		Buy Cash Cards	Lunch & Learn		Erev Shabbos	Shabbos

- **Sunday Learning** (Sunday, February 12, following Shachris) - **Rabbi Chanan Swidler** of Aish HaTorah leads Mishna study for men following Sunday morning services; davening at 8:00 am.
- **RAP with the RABBI Teen Group** – (Sunday, February 12, 10:00 am) - with **Rabbi Smason**, for young men and women; at Starbucks at Olive & Price; with complimentary drinks to all participants!
- **Rabbi Smason's Lunch & Learn** (Wednesday, Feb 15, 12:15 pm, in the Teen Lounge on the lower level) - Now studying *Pirkei Avos* (Ethics of the Fathers, in English), which deals with Jewish ethical and moral principles; please join us for an enjoyable and relevant presentation and discussion.
- **Buy and Use Cash Cards** (Monday – Friday) – Next order dates are **Wednesday, February 15 and February 29**; buy 'em before these dates and earn free money for NHBZ.

Coming Events

- **Shabbos Shekalim** (Saturday, February 18) – see box ad on page 6 to learn about it.
- **Dine-In Pizza Night** (Last Sunday, February 26, 5:00 pm – 7:00 pm)
- **Shechita Class** (Starting Thursday March 1, 5:30 pm – 6:30 pm) - An 8 week series of classes for men will be offered in the laws of Shechita - ritual slaughter according to Jewish dietary law. The classes, held at NHBZ each Thursday night, will be led by Rabbi Chaim Loike, a Rabbinic Coordinator with Orthodox Union (OU) Kashruth Division.
- **Morris Lengua Yiddish Club** (First Thursday, March 1, 7:00 pm) - Join us for a spirited hour filled with Yiddish stories, songs and laughter; seasoned "mavens" as well as novices are welcome.
- **Kids' Purim Playtime** – (Sunday, March 4, 10:30 am – Noon) - Lots of fun, arts & crafts! See picture ad.
- **Irvin Alper Social Club** (First Sunday, March 4) – Special Event: "Howie" performs sing-along Show Tunes and Oldies; stay tuned for details.
- **NHBZ Women's Home Study Group** (First Tuesday, March 6, 2:30 pm) - at the home of **Jackie Berkin**; Topic is "The Six Constant Mitzvos," presented by **Rabbi Shaya Mintz**, of the St. Louis Kollel; all women are welcome; please join us!!
- **Carry-Out Pizza Night** (to be determined)

Meetings

- **Board of Directors** (Monday, February 13, 7:00 pm, minyan at 5:15 pm) – **New Date!**
- **Executive Committee** (Wednesday, February 29, 7:00 pm, following minyan) – **New Date!**



Kashrus Alerts

- **Smirnoff Triple Distilled Vodka 100 Proof with blue label on it** - 200 ml and 375 ml bottles have been mislabeled as KSA Dairy; this product is in fact KSA **Pareve** and not Dairy.
- **Tabatchnick Soup Singles: New York Style Chicken Broth with Noodles & Vegetables** - this product was inadvertently labeled as Kof-K Parve, and is in fact certified as Kof-K **Meat**.
- **Tierra Fresco Queen Olives from Spain** - bears an unauthorized OU; this product was sold at a 'closeout' store in the Midwest; corrective measures are being implemented.

Reminders

- **Sponsorships** - If you would like to sponsor kiddush, Soda, Shalosh Seudos, this bulletin, or something special and unique in honor or in memory of someone, please call 314-991-2100, ext. 2, to make arrangements.
- **Tributes** - Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly.
 - For a Shul tribute, call Gloria Waxman at 314-872-3296
 - For a Sisterhood tribute, call Phyllis Silverman at 314-434-2482
 - For Libby Needle Fund, call Sally Needle at 314-991-2575
 - For Chesed Fund, drop by the office to pick up a 'card pack'
- **Synagogue Honors** - It is customary to make a donation to the synagogue for an Aliyah or other synagogue honors received.
- **Free Money for NHBZ!!** - Use Schnuck's Scrip and buy Gift Cards; call Scrip and Gift Card Mavens Janet Haber at 567-7406 or Bert Zakroff at 220-0674 for details.
- **Volunteer Opportunities** - NHBZ needs YOU! NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; to provide such an ongoing service, we need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee; please call the office to volunteer.
- **Bulletin Deadline is Noon on Wednesday!**



***Beyond Twelve Gates* by Rabbi Ze'ev Smason**

Beyond Twelve Gates' refers to a beautiful concept taught by the great mystic *Rabbi Isaac Luria* (1534-1572), also known as 'The Ari'. There exist twelve gates of prayer in Heaven — one for each tribe of Israel. There also exists a Heavenly thirteenth gate. Through this gate the prayers of all Jews, regardless of tribe, Jewish education or level of observance, are allowed to enter and are heard by G-d.

Parshas Yisro

February 11, 2011

18 Shevat, 5772

Welcome to Beyond Twelve Gates



This past October a family got lost in a seven-acre Massachusetts corn maze and called 911 for help. A disoriented father, mother and two children, including a three-week-old infant, didn't realize they had almost made their way out and were just 25 feet from the street. However, they panicked as darkness fell, and were worried the farm had closed. Apparently, anyone can become corn-fused when they can't seem to make their way out of a maze of maize! Following the father's cell phone call, a police officer and his dog entered the maze with a farm manager and located the missing party within ten minutes. "Never again!" a woman is heard telling the dispatcher on police tapes. "We thought this would be fun, instead it's a nightmare."

In olden times, a garden-maze was common among the noble class. The plants were arranged in walls, between which were found many confusing and interlacing paths, all similar to one another, the purpose being to challenge one to reach a gazebo in the center. Some of the paths were straight ones which led directly to the gazebo, but some caused one to stray and to wander from it. The walker had no way of seeing or knowing whether he was on the true or false path, for all were similar, presenting no difference whatsoever to the observing eye.

The challenges of daily living can be complex and confusing. To our distress, we all observe some who lose their way along the path. What can we do to find and stay on the straight path? "Listen, my son, to your father's instruction and do not forsake your mother's Torah" (Proverbs 1:8)

Parshas Yisro – Exodus 18:1 – 20:23



The weekly portion begins with Moses' father-in-law, Yisro, arriving at the Jewish people's camp in the desert, where he is greeted warmly by a large entourage. Yisro was inspired to join them when he heard about all of the wonders and miracles which G-d performed for the Jewish people during the exodus from Egypt. Upon witnessing Moses serving as the people's sole judge from dawn until dusk, Yisro declares that this system

will never work. He therefore suggests that subordinate judges be appointed to adjudicate the smaller cases. Moses agrees to this plan.

The Jewish people arrive at Mt. Sinai (the mountain, not the hospital) and prepare to receive the Torah. Moses ascends the mountain and G-d tells him to convey to the people that they will be to Him a treasure from amongst the nations. After three days of preparation, the appointed moment of revelation finally arrives. Amidst thunder, lightning and the sound of the shofar, G-d descends upon the mountain and proclaims -- with the entire Jewish people listening - the Ten Commandments. Referred to in Hebrew as the *Aseres HaDibros*, a more accurate translation would be the Ten Sayings or the Ten Statements. One very noteworthy feature of the revelation is that both before and since Sinai, no nation has ever made the claim that G-d spoke to an entire nation of millions of individuals. Moses then ascends the mountain to receive the remainder of the Torah from G-d, both the written and oral segments. The portion concludes with several mitzvos concerning the construction of the altar in the Temple .

Rabbinic Ruminations



On Jan. 27, 1967, the crew of Apollo 1 - astronauts Gus Grissom, Ed White, and Roger Chaffee - were killed in a cabin fire during a prelaunch test exercise. The loss of life, though tragic, gave rise to a heart-warming way to remember the fallen astronauts within NASA circles.

Every Apollo astronaut knew the code phrases *Navi*, *Dnoces*, and *Regor*, which refer to the stars Gamma Cassiopeiae, Iota Ursa Majoris, and Gamma Velorum, respectively. This trio of stars was used for visual reference during spaceflight and fallback against the failure of more sophisticated instruments. The code phrases made callouts of those stars simpler and more reliable during radio communications. What was the origin of *Navi*, *Dnoces* and *Regor*? They were dreamed up as a practical joke by the Apollo 1 crew. *Navi* is Gus Grissom's middle name, *Ivan*, spelled backwards. *Dnoces* is the word *second* spelled backwards, in reference to astronaut White's full name, Edward H. White II. *Regor* is Roger Chaffee's first name spelled backwards.

Despite their playful origins, *Navi*, *Dnozes*, and *Regor* stayed in the Apollo lexicon as an insiders' tribute to the first three Apollo astronauts who gave their lives in service to NASA, the United States, and human discovery. While it was just one of many tributes to Apollo 1, it is among the most fitting and sincere memorials, as it came from Grissom, White, and Chaffee's fellow astronauts and space program teammates.

According to Webster, 'honor' is to regard or treat others with respect. When someone treats us with respect, he or she confirms our existence. Honor shown to a person's memory demonstrates respect for the meaning of their life. And how does one obtain honor? By showing honor to all people, as Ethics of the Fathers says, "Who is honored? He who honors others."

Quote of the Week

"Love and respect woman. Look to her not only for comfort, but for strength and inspiration and the doubling of your intellectual and moral powers. Blot out from your mind any idea of superiority; you have none." - Giuseppe Mazzini (1805-1872) Italian politician, journalist and activist

Joke of the Week

There was a knock on the door at my home. I opened it to find a young, well-dressed man standing there who said: "Hello sir, I'm a Witness Missionary." So I said, "Come in and sit down." I offered him a fresh cup of coffee and asked, "So, what do you want to talk about?" He said, 'Beats me. Nobody ever let me in before!'

(thanks to Alan Haber)



OY VEY!

Minyan Avoidance Excuse #3

I DON'T KNOW HOW! Don't know tallis from tefillin? – no problem! We have extras, and will happily show you how to put them on. Most of the daily service is in Hebrew; however, each page of the prayer book has Hebrew on one side and English on the other. You can say a prayer in English at your own pace, or you can select key prayers that you carefully recite in Hebrew and contemplate their meaning. Don't worry that the leader is ahead of you. When done with one prayer, skip ahead to your next chosen prayer close to where the reader is. That way, you will be able to say meaningful prayers, and more or less keep up with the congregation.

Howard Sandler (409-7266)
Rabbi Smason (749-5271)
Synagogue Office (991-2100)

Mazel Tov On Simchas
This Week Feb 11 - Feb 17

Happy Birthday

Shirley Osheroff Amanda Fredman
Francine Attoun Robert Kaiser
Moshe Pinto Morissa Pepose
Samuel Pepose Maxwell Pepose

Happy Anniversary
Bill & Rhoda Carl

Show your friends you care - SEND A TRIBUTE
Shul: Call Gloria Waxman 314-872-3296
Sisterhood: Phyllis Silverman 314-434-2482
Libby Needle Fund: Sally Needle 314-991-2575

Registration Opening for STL Birthright Israel Trip

If you're 22-26 and never been to Israel, now is your chance. The first ever St. Louis-only Birthright Israel group will travel in early May 2012, giving 40 young adults an opportunity to see Israel while making lasting friendships. Registration opens Wed., Feb. 15. [Click here](#) for more information or contact Lee'at Bachar at (314) 442-3817 or lbachar@jfedstl.org.

Kids' Purim Playtime!
Get Ready for PURIM!!!
Sunday Morning, March 4th
10:30 am to 12:00 Noon
Lots of fun, arts & crafts!



We need plastic water bottles **with caps** for the kids to make their special groggers! If you have any, please clean them well and bring them to the office.

Stump the Rabbi

Ask Rabbi Smason questions about Judaism. Any question is fair game! You can ask your questions in person, or by email at: Pepshort613@gmail.com

Ten or More?

Question:

How many commandments make up the **"Ten Commandments?"**

Answer:

For some, this question will seem as odd as asking, "When was the War of 1812?" or "Who is buried in Grant's Tomb?" The answer is "ten," of course - right? Well, actually, not. Known in Hebrew as the Aseres HaDibros, its proper translation is not the 'Ten Commandments', but rather the 'Ten Sayings' or the 'Ten Statements.' Several of the statements contain more than one commandment.

For example, the second statement begins with the phrase, "You shall have no other gods before Me." However, it continues with, " You shall not make for yourself a graven image..." and " You shall not prostrate yourself to them.." These phrases address the prohibitions of creating ('You shall not make') and bowing to ('...prostrate..') idols, in addition to the prohibition of belief ('You shall have no..') in foreign gods. Thus, there are at least three 'commandments' in the second 'commandment'.

So, just how many commandments make up the Ten Commandments ...er..., the Aseres HaDibros? According to the classic Sefer HaChinuch, (The Book of Mitzvah Education), fourteen. Other commentaries may list an even greater number. One thing, though, is for certain: There are more than Ten Commandments in the Ten Commandments!

Irvin Alper Social Club

Special Event Sunday March 4

**"Howie" performs
sing-along Show Tunes and Oldies
... stay tuned for details ...**

Nusach Hari B'nai Zion
650 N. Price Road
Saint Louis, MO 63132

Ze'ev Smason, Rabbi
Aaron Borow, Rabbi Emeritus
Janet Haber, President
Dr. Ethan Schuman, Chazan

Office Phone 314-991-2100
Chapel Phone: 314-991-2100
Webpage: www.nhbz.org

Getting to Know You

by Roving Reporter Robin Rickerman

This week's person of interest is **Mindy Woolf**

Tell me a bit about your family history.



I grew up in Overland Park, Kansas, with two older sisters and a younger brother. I was raised in a traditional home, keeping kosher in the home, having shabbos dinner with family and friends, observing the Jewish Holidays, and going to shul. My mom was raised reform and my father was modern orthodox. When my parents met, they decided to raise their family in a traditional home. My great-grandfather was an Orthodox Rabbi in Europe who was killed in the Holocaust.

What is your favorite holiday and why?

I love Sukkot because it takes place during the fall, which is my favorite season. I love building and decorating the sukkah, and having family and friends over for meals in the sukkah.

What is something about you that most people don't know?

Most people don't know that I work part time as an Accounting Finance Recruiter from home. Also, if I could live anywhere, I would live in NYC. People would also be surprised to know that I love to ride motorcycles. (No, I don't have one of my own!)

How did we become so fortunate to have you as a member of Nusach Hari?

My husband Rich and I were searching for a shul that we both felt comfortable at. Rich started coming to NHBZ with Corey, our oldest son in the fall of 2010, and he really enjoyed services. He always praised how much everyone was so nice and friendly. When Rich would come home from shul he would always tell me how he feels so at home at NHBZ and how much everyone loved having kids around. When he told me that Corey would go up on the bima to say hi to the Rabbi, it made me feel good knowing that the shul embraced having kids and that if they were in the sanctuary that it would not be a bother, but encouraged. I started coming more frequently and really enjoyed it. We really feel at home at NHBZ. Everyone has been so kind to our family.

If you could travel, ANY WHERE IN THE WORLD, where would you go and what would you do?

I always wanted to travel to Europe after college. Rich and I got married a month after I graduated. Rich was in Law School and we didn't have the time or the money to travel. I would love to travel ALL over Europe, to see the other cultures, meet new people, try new food, and see how others live. I hope that in the future we will be able to go to Europe.

**Next week is
Shabbos Shekalim
(Shabbos of Shekels)**

Shabbos Shekalim recalls the census taken in the wilderness, described in Exodus 30:11-16, which is the maftir portion next week. The people are to donate a half-shekel (a silver coin) as a tax to provide for the maintenance of the Tent of Meeting and its service, and the coins are counted instead of the people. There are many lessons to be learned from this brief passage. The fact that both rich and poor contribute the same amount reminds us that both rich and poor are equally valued in the eyes of the Divine. The fact that we count coins instead of people reminds us that people are not to be thought of as mere numbers on a ledger. The fact that the census contributions are used to maintain the Tent of Meeting reminds us of the importance of contributing to the upkeep of the synagogue (a favorite theme for rabbis!). On Shabbat Shekalim, we also read a haftorah portion from II Kings 11:17-12:17, which also refers to the census money and the use of it for Temple maintenance.

**NHBZ Chesed Committee Now
Selling Tribute Card Packs**

In order to raise money for its work, the Chesed Committee is now selling packs of tribute cards. The Chesed Cards have arrived and are ready to go. Purchasers will be listed in the Shabbos Bulletin on a regular basis. If you buy a pack of cards, you can fill them out and send them in honor of someone, for a speedy recovery of someone, or in memory of someone. The Chesed Committee visits sick people and provides meals for sick and needy people.

The Chesed Cards will be sold in packs of 10 for \$25.00. You may pay by cash, check or charge card. The Chesed Cards are available in the NHBZ office.

Thanks to the following people who have already purchased a pack:

***Jackie Berkin, Sally Needle, Mark Ragin,
Phyllis Silverman, Fran Alper***

ISRAEL CORNER

Did you know that this year, American business giant General Electric will make it's first investment in an Israeli start-up company when it invests in Check-cap, an Israeli company that has developed an ingestible capsule for early detection of colon cancer.

NHBZ Business News

Invoices for our 2012 Membership Dues are in the mail. The economic crunch is alive and well at NHBZ, and we will appreciate it and thank you in advance if you will send your dues payments **as soon as possible**. If you wish to pay by credit card, please call Sandie, 314-991-2100, ext. 2. And remember, *members who pay full dues and send payments early will receive a 5% discount!*



**PIZZA PIZZA PIZZA
at NHBZ!!!**

**Lion's Den DINE- IN Pizza Night
SUNDAY, FEBRUARY 26 !!**

**5:00 pm - 7:00 pm
All-You-Can-Eat Buffet of
Pizza, Pasta Salad,
Garlic Bread & Salad
plus Dessert & Beverage**

**Kids 3 & under FREE
Kids 4-12: \$6.00
Adults: \$10.00**

**DATE OF NEXT CARRY-OUT NIGHT IS
TO BE DETERMINED**