



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

August 26, 2017 ~ 4 Elul 5777 ~ Candle Lighting 7:24 pm ~ Shabbos Ends 8:25 pm

Torah Portion:  
Haftorah:

Shoftim -- Deuteronomy 16:18-21:9  
Isaiah 51:12-52:12

Chumash pages 1024-1045  
Chumash page 1199-1200

## Thanks to Our Generous Sponsors This Shabbos ...

Thank you to **Menachem, Linda, and Micky Szus, Kenny and Barb Bressler and Leo Bressler** for greatly enhancing our Kiddush on the occasion of the visit to St. Louis of **Eli Szus, Dr. Dana Sutton, Sammy Sutton, and Jane Sutton.**

Thank you to **Jesse and Debbie Barash** for also enhancing the Kiddush in celebration of their 39th anniversary!

Thank you to **Vivian and Alan Zarkowsky** for further enhancing the Kiddush in honor of the conclusion of Shloshim for Marian Walters.

Thank you to **Norma Finer Perll** and **Stephen Finer** for sponsoring Shalosh Seudos in observance of the Yahrzeit of Albert Finer.

## Erev Shabbos, Friday, August 25

- Mincha & Ma'ariv 7:00 pm

## Shabbos, Saturday, August 26

- **Shachris & Musaf** 9:00 am ~ Thank You for Leading Davening!
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Kenny Bressler**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Max Gornish**
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ topic: **"Single or Married: Which is the Most Fulfilling Life?"** led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Learner's Service** 9:30 am ~ **Led by Rabbi Yosef David** in the Rivkin Chapel
- **Mincha/ Ma'ariv/ Shalosh Seudos** ~ 7:00 pm

## This Week & Beyond

Minyan Times	Shabbos Aug 26	Sun. Aug 27	Mon. Aug 28	Tues Aug 29	Wed. Aug 30	Thu. Aug 31	Fri. Sept 1	Shabbos Sept 2
Shachris*	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:55 pm

Please note that Morning Blessings and the first Kaddish are started five minutes prior to Shachris

Today's Shabbos greeters ~ Stella Vladimirov and Joni Kaiser

Anniversaries this week ~ Edward & Judy Ziegelman

Birthdays this week ~ Daria Rosenbluth, Brigitte Rosenbluth, Daniel Shanker, Norma Rubin, Fabian Attoun, Jonah Alexander Bialecki, and Eli Judah Bialecki

- **Sunday, August 27 ~ 5:00-7:00 pm ~ Pizza Night ~ All-You-Can-Eat Pizza Buffet \$12.00 ~** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Plus a movie for the kids! Please place carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org) (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. Food prepared under the supervision of Rabbi Ze'ev Smason.
- **Shabbos, September 2 ~ Kiddush luncheon in celebration of Irwin Rosen's 80th birthday!**
- **Shabbos, September 2 ~ Tot Shabbat at 10:00 am with Kate Friedman**
- **Shabbos, September 9 ~ SYNAPLEX ~** Featured speakers and topics:
  1. "Jumpstarting Change For the New Year" ~ **Rabbi Ze'ev Smason**
  2. "Fighting Anti-Semitism and Defending Israel: Can There Be Peace?" ~ **Rabbi Michael Rovinsky, JSU (Jewish Student Union) & NCSY**
  3. "Rosh Hashana: The Duality of the Day" ~ **Rabbi Shaya Mintz, St. Louis Kollel**
- **Sunday, September 10 ~ Rabbi Ride-Around in Forest Park! See flyer in this issue.**
- **Monday, September 11 ~ Home Discussion Group from 7 - 8:30 pm**, at the home of Jesse & Debbie Barash. Topic: "How to Transform Your High Holidays." RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org)
- **Sunday, September 17 ~ NHBZ Speaker Series presents: "Sammy Rangel: From a Tortured Child to a Forgiving Adult" at 7:30 pm. Tickets are \$18.00. Contact Shayna Scribner at 913-2100**

**The Rabbi Ride-Around in Forest Park** is just around the corner. We are looking for sponsors for lunch and other activities as well as raffle items. Please donate event tickets, gift cards, and gift certificates to help make this event a success. We also need volunteers! Call the office.

**Rabbi Smason is collecting back-to-school items to give to needy families.** Paper, pens, pencils, binders, and other school items are needed. Please drop them off at the shul office! Thank you to the **Howard & Phyllis Loiterstein, Dr. Eliot & Sally Katz, Menachem & Linda Szus and Sally Needle** for donating.



**Send in your Book of Remembrance information for Yizkor by September 6th.**

**The Rubin family** invites you to join them in unveiling and consecrating a headstone monument in loving memory of Jeanette Rubin. The ceremony will be held on Sunday, September 3, at 9:30 am at the Chesed Shel Emeth Cemetery on White Road

### **Parshas: Shoftim**

Moses proceeds to review the regulations necessary for a civilized society. Local judges and officers were to be appointed in every city, and justice was to be administered righteously and impartially. A bribe of even a small sum is forbidden. The Sanhedrin -- the Jewish High Court of seventy one judges -- is to make Torah-based binding decisions on new situations to prevent the fragmentation of the

Jewish people. When the Jewish people request a king, the king was not to misuse his power to amass horses, maintain a harem nor accumulate great wealth. To order his priorities and not become haughty he should write a copy of the Torah and carry it with him. When the Jewish people had righteous kings such as David and Solomon, it was a blessing. When we had wicked kings such as Jereboam and Ahav, it was a curse.

The nation's conduct in war is mentioned. The Jewish people are told not to be afraid of the enemy, not to destroy any fruit trees in battle, and that they should first give the enemy a chance to make peace. The portion also forbids all forms of superstition and 'magic' practiced by the soothsayer. We have no need for such tricks because of our true prophets and faith in G-d. The Jewish people are promised by G-d that He will send prophets to guide them, and Moses explains how a genuine prophet may be distinguished from a false one.

## **Elul**

In the month of Elul we begin to recite Psalm 27 in the shacharis and mincha (morning and afternoon) services. Psalm 27 begins with the words "To David: The Lord is my light and my salvation." The Midrash tells us that "my light" (אור) is associated with Rosh Hashanah and "my salvation" (יְשׁוּעָה) is associated with Yom Kippur. We also find that a later verse in the Psalm, "That He will hide me in His tabernacle . . ." (כִּי יִצְפְּנִי בְּסֻכּוֹ), is associated with Sukkos. In this Psalm, King David exclaims: "One thing I ask... is to dwell in the house of God all the days of my life." We focus on the unifying force of G-d in our lives, and strive to increase our connection to Him as we begin the month of Elul.

## **Adult Learning at NHBZ**

**Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason.** Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on 'media', then 'online classes', then 'ustream\_graphic'.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

**Sept. 2: "How to Get Out of a Bad Mood"**

**Sept. 9: "What Makes You a More Productive Person?"**

**Sept. 16: "Courage: Is it Relative?"**

**Sept. 23: "The Perfect Apology: What Ingredients Matter Most?"**

**Amud-A-Week Program.** Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

## **In the Community**

**Tuesday, September 5 ~ 12:00 pm at NHBZ ~ Na'Amat USA** (formerly known as 'Pioneer Women')  
Guest speaker: Rabbi Ze'ev Smason. RSVP to Rachael 395-6017.

**Monday, September 11, 1:00 pm ~ Welcoming the Jewish New Year at the Crowne Center.**  
Sample the rich traditions of Rosh Hashanah and Yom Kippur through this engaging program.  
**Rabbi Ze'ev Smason** will discuss the High Holidays and prepare us for this important time of the year. Refreshments will be served.

**CPR Community Training Class** at Young Israel ~ Sunday, September 10 10-11:30 am cost: \$25

## NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)  
Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

### BI-MONTHLY at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





# ***Pizza Night***

***Sunday, August 27***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve crusts available upon request  
All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10 am Sunday: call 314-991-2100, ext. 2**

**Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)**

**AAA**

**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**







**shabbat**

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## Saturday, September 9, 2017

- 8:30 am Traditional Services** in the sanctuary
- 9:15 am Tefillah/Prayer Learners Service** in the chapel  
led by Rabbi Yosef David of Aish HaTorah
- 10:00 am Starting Points – Topic: “What Makes You a More Productive Person”** in the chapel  
led by Rabbi Ze’ev Smason

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| <p><b>10:00 am Children / Youth Programming</b> downstairs<br/>Tot Shabbat for kids aged 1-6<br/>Babysitting for younger kids</p> |
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- 11:15 am Breakout Sessions**
- **“Jumpstarting Change for the New Year”**  
led by Rabbi Ze’ev Smason
  - **“Fighting Anti-Semitism and Defending Israel: Can There Be Peace”**  
led by *Rabbi Michael Rovinsky,*  
*JSU (Jewish Student Union) & NCSY*
  - **“Rosh Hashana: The Duality of the Day”**  
led by Rabbi Shaya Mintz of the St. Louis Kollel

- 12:15 pm Kiddush Lunch for All** in the Social Hall

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*The NHBZ Synaplex Shabbat is free and open to the Jewish public, and home hospitality is available*



# ***Rabbi Ride-Around Rally & Picnic***

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*Join us as*  
***Rabbi Smason rides 50 miles***  
*around the Forest Park bicycle path*  
**Sunday, September 10**

The Ride begins at 10 am – Picnic Lunch at Noon

Plus, fun  
children's  
activities,  
including an  
Origami  
demonstration,  
11am -12 pm



We will be at  
Forest Park  
Shelter # 8  
at the southwest  
corner of the  
Park, on Wells Dr  
off Skinker Blvd

Call 314-991-2100 ext. 2 to make a pledge to support  
Rabbi Smason or to help sponsor the event

[www.nhbz.org](http://www.nhbz.org)



# INSPIRATIONAL SPEAKER SERIES

## ***From a Tortured Child to a Forgiving Adult***

***The theme of Forgiveness is paramount as we enter the High Holidays***

*In a world in which pain and hate seem like everyday occurrences, how does one find forgiveness and allow himself to live a life of purpose and helping others?*

**Sunday, September 17, 2017, 8:00 pm**

**Presentation followed by a dessert reception**

**General Admission \$18**

**Sponsorship \$125**

*Sponsorship includes reception with speaker at 7:00 pm & reserved seats for presentation*

**Sammy Rangel** tells his captivating life story of a childhood lost to unspeakable abuse, crime and incarceration and does so with brutal honesty. With courage, he traded his anger and hate for compassion and helping others to learn to forgive and believe that change is possible. Sammy is the Executive Director of ***Life After Hate***, and author of *Fourbears: The Myths of Forgiveness*



**Susan Balk**, Founding Director of St. Louis-based ***Hatebrakers***, an organization that helps people overcome hatred, and recipient of the 2017 Jewish Light Unsung Hero Award, will introduce Mr. Rangel.

***Consider becoming a Program Sponsor!***

**For reservations and information, including sponsorship opportunities, please phone Shayna Scribner, 314-913-1200.**





Saturday

# Starting Points:

## *Wisdom for Daily Living*

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

**Aug. 26**    **Single or Married: Which is the Most Fulfilling Life?**

**Sept. 2**     **How to Get Out of a Bad Mood**

**Sept. 9**     **What Makes You a More Productive Person?**

**Sept. 16**    **Courage: Is it Relative?**

**Sept. 23**    **The Perfect Apology: What Ingredients Matter Most?**



# New Year Greetings

The NHBZ Sisterhood  
wishes you and your loved ones  
Health, Happiness & Prosperity in the New Year

Our Sisterhood invites you to wish *L'Shana Tova Tikatevu*  
to everyone in our NHBZ family.

Make your check payable to NHBZ,  
and write 'Sisterhood Greeting' on the memo line.  
(*\$5 minimum, please – no maximum!*)

Names will be published in the 5778 Rosh Hashanah Bulletin.

Send your contribution, along with the form below, by September 12 to:

NHBZ Sisterhood  
650 North Price Road  
St. Louis, MO 63132

Or, you may email your greeting information directly to [laura@nhbz.org](mailto:laura@nhbz.org)

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NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5778 BULLETIN

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Amount enclosed \_\_\_\_\_

Please list my name(s) as follows:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_





*From Our Families to Yours...*

# Tot Shabbat

*A Program of the NHBZ KidsZone*

***Mark your Calendars for all these future Tot Shabbats:***

September 2



September 9 (Synaplex) ALOHA SHABBAT

September 21 & 22 (Rosh Hashona)

September 30 (Yom Kippur)

October 7 (Shabbat of Sukkot)

October 21 SHABBAT TRIP TO ISRAEL

November 11 (Synaplex) SHABBAT IN THE JUNGLE

November 18 TEDDY BEAR SHABBAT

December 2 TRAIN SHABBAT

December 16 (Shabbat of Chanukah)

January 6 SUMMER IN THE SNOW TOT SHABBAT



**10:00 a.m. – 11:30 a.m.**

**Tot Shabbat will take place downstairs in the Eli Ragin Kids' Play Room!**

Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Parents or grandparents are invited and welcome to stay, per needs of the child to join in the fun!

**NHBZ KidsZone welcomes EVERYONE, members and non-members, to our Tot Shabbat!**

**No RSVP necessary, no cost!**

**Snacks provided!**

***While we encourage all kids to attend Tot Shabbat,  
Babysitting is available from 10:00 a.m. to 12:00 p.m.***

**For questions, please call Jeff in NHBZ's office at (314) 991-2100, ext. 2**