

# **NHBZ Shabbos Bulletin**

# Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos September 5, 2015 21 Elul 5775

Office Phone 314-991-2100

Webpage: www.nhbz.org

Rabbi Smason: 314-749-5271

Torah Portion: Haftorah:

Parshas Ki Savo: Deuteronomy 26:1 - 29:8

Isaiah 60:1-22

Stone Chumash pages 1068-1085 Stone Chumash pages 1201-1202

Candle Lighting ~ 7:09 p.m. Shabbos Concludes ~ 8:10 p.m.

### Our Generous Sponsors This Shabbos . . .

~ Thank You to Sam & Shirley Bluestein for sponsoring a Special Cake in honor of their family visiting in St. Louis!!! Welcome to Dr. Ellie Barron and fiancé Dr. Adam Goldman-Yassen, and Dr. Bruce, Dianne and Josh Barron. Mazel Tov to Ellie and Adam on their forthcoming marriage in November, and Mazel Tov to Sam & Shirley, Bruce & Dianne!!!

Mazel Tov Ellie & Adam!!!

~ Thank You to Sam & Shirley Bluestein for sponsoring this Shabbos Bulletin in honor of their family!

# **Shabbat Shalom!**

Erev Shabbos, Friday Night, September 4, 2015

● Mincha & Ma'ariv (7:00 pm)

Shabbos, September 5, 2015

- **Shachris & Musaf** (8:30 a.m.) ~ *Thank You For Leading Davening* 
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: Dr. Ethan Schuman
  - Leyning: Moshe Leib Cohen
- Haftorah: Brent Waxman
- Drasha (Sermon): None Today
- Musaf: Dr. Ethan Schuman
- Tefillah/Prayer Learners' Service ~ (9:15 am) Led by Rabbi Yosef David in the Rivkin Chapel.
- Learners' Service ~ (10:00 am) Led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Fide one III ~ Junior Congregation Today!!! ~ 10:00 a.m. to 12:00 noon in the Youth Lounge for kids 5-11 years of age. This twice-a-month service will be led by Sammy Chervitz and Yonatan Hirschhorn of Kadimah High School. The interactive, fun and engaging service will include learning and review of the weekly Shabbat service, with appropriate tunes and songs; the weekly Torah portion study; age-appropriate engagement about Israel; and time to socialize, hang out and enjoy snacks with friends, old and new. We look forward to your enthusiastic support of our newest program at Nusach Hari B'nai Zion. Come and help build the biggest, best and most comprehensive Youth Service in St. Louis!
- Synaplex Shabbat and September Birthday & Annivesary Luncheon (After Musaf) Thank you to everyone celebrating Birthdays and Wedding Anniversaries, in September, for sponsoring Kiddush and Lunch today! Synaplex Sessions will begin at 11:15 a.m.: "The Beauty and Mystery of the Hebrew Language" led by Rabbi Ze'ev Smason; "To Deal or Not to Deal: Perspective on the Iran Negotiations" led by Nancy Lisker, Director of the St. Louis American Jewish Committee. Our third speaker will be Rabbi Yaakov Berkowitz, of the St. Louis Kollel, who will speak on the topic, "The Mystical Tug of The Shofar."
- Bon Appetit ~ We place a plate of rolls on each table at every Shabbos Luncheon ~~ 1.) To enable each person to make or hear Ha'Motzi (the blessing on bread) over Lechem Mishne (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when Ha'Motzi is made or heard; namely, one roll. Please be seated while Rabbi Smason says Kiddush and makes HaMotzi.
- Mincha, Shalosh Seudos, Maariv ~ (6:45 pm)
- Selichos Tonight ~ 12:30 a.m. Saturday Night/Sunday Morning, September 5/6, in our Sanctuary, led by Dr. Ethan Schuman.



MAZEL TOV ON YOUR SIMCHAS September 5-11. Happy Birthday to Miriam Tzadok (Sept. 4), Jesse Barash, Fran Hoffman, Dr. Daniel Morgensztern, Irwin Rosen, and Corey Woolf!

Happy Anniversary to Lester & Pearl Figus, Louis & Rebecca Goldman, and Joel & Susan Manesberg!

Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; Chesed Fund: Drop by the office for a Pack of Cards.

Please be sure to read Rabbi Smason's <u>Beyond Twelve Gates</u> in this Bulletin: "Two Cat-Fisherman and a Purr-fect Ending!"

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Mi Shebarach List ~ Prayers said for a Refuah Shelayma (Speedy Recovery) for your loved ones and friends.

Please call 314-991-2100, ext. 2, by 10 a.m. Friday mornings to include the names on our list to be read on Shabbos.



A VERY BIG THANK YOU TO Lenny & Fran Alper, Fabian & Francine Attoun, Dr. Craig & Jackie Berkin, Sam & Shirley Bluestein, Gene & Linda Carton, Mimi Fiszel, Mary Friedman, Bob & Joni Kaiser, Kerry & Sandy Klarfeld, Morris & Estelle Kram, Norman & Marilyn Liss, Howard & Phyllis Loiterstein, Sally Needle, NHBZ Sisterhood, Moshe Pinto, Irwin & Roz Rosen, Jeff & Terri Schnitzer, Mayer Taller, Victor & Anna Rose Tendler, Menachem & Linda Szus, Marian Walters, and Alan & Vivian Zarkowsky, plus ONE MORE GENEROUS PERSON WHO LEFT A BAG OF SCHOOL SUPPLIES ON THE ROUND TABLE IN THE OFFICE, for so generously donating School Supplies for the kids!!! (Please call Sandie, 314-991-2100, ext. 2, if you are that person, so we can acknowledge your name in next week's Shabbos Bulletin.)

# **Shul News...**

- Pruzbul: Jewish law obligates every Jewish person to cancel, after the culmination of the shmittah year, various types of debt due to him or her. If a creditor executes a pruzbul, he or she is not obligated to cancel debts. A pruzbul may be executed at any time before the end of the shmittah year. However, since a pruzbul covers only debts already existing at the time of its execution, it is usually implemented at the very end of the year. This Rosh Hashana marks the end of the shmittah year. Click here for instructions for creating a pruzbul Click here for instructions for Pruzbul 5775 (PDF)
  If you have any questions about a pruzbul, please contact Rabbi Smason.
- Mussar Mondays ~ Because of all the Holidays this month and next, we will not meet for Mussar Monday in September. Our next get-together To Be Announced!!! Mussar Mondays are led by Rabbi Ze'ev Smason, for young parents, singles and individuals, and is open to both members and non-members.
- Tuesday, September 8 ~ SISTERHOOD NEW YEAR GREETINGS ~

  Deadline, This Tuesday, September 8 M Our Sisterhood wishes you, your family and friends a Healthy & Happy New Year ~ 5776! L'Shana Tova Tikatevu! Your support of this project enables Sisterhood to provide funds for "Passport to Israel" for our kids! Asking a minimum donation of \$5.00, they "appreciate larger donations as they grow the Sisterhood of the Future." The listing of your name(s) in the New Year Greetings will appear in our Rosh Hashana Bulletin. Please contact Sandie to add your name(s) to the list by calling 314-991-2100, ext. 2, or email to sandieabrams@hotmail.com,and send your

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- contributions to *NHBZ*, 650 N. Price Road, 63132. Please make checks payable to <u>NHBZ Sisterhood</u>. Thank you very much for your help and generosity.
- Tuesday, September 8 ~ CHALLA BAKING CLASS ~ 7:00 p.m. at NHBZ! Here's your chance to learn recipes and techniques with your hands-on participation. Everyone will take home enough dough to make two challas. \$18.00/person. Reservations must be made by this Sunday, September 6th, so Mindy Woolf will have time to shop for all the ingredients!!! Please call Mindy, 314-239-2327.
- Friday, September 11 ~ Deadline to Order Lulavim & Esrogim ~ Deadline to order: Friday, September 11, the Friday before Rosh Hashana. Prices are the same as years past: \$45.00, \$55.00, \$65.00, and \$80.00. Please remember to send your check to the office, or to charge your payment to your credit card, please call 314-991-2100, ext. 2 or 3.
- Shabbos, September 12 ~ Thanks to Elie and Michele Needle for sponsoring Kiddush in honor of the Bar Mitzvah (last Shabbos) of their son Ari, and in celebration of the 31st anniversary of Elie's Bar Mitzvah parsha.
- Wednesday, September 16 ~ Deadline to Order <u>Cash Cards for September!!!</u> Thank you to the following members and friends who ordered Cash Cards last month: Dr. Alan & Marcie Brook, Dr. Faye Cohen & Brian McCary, Gene & Linda Carton, Don & Julie Eisenberg, Alan & Janet Haber, Bob & Joni Kaiser, Kerry & Sandy Klarfeld, and Lana Weinbach! Please help raise money for NHBZ and <u>place your order for September!</u> The order form is attached to this week's bulletin. Every order makes a difference to our shul.
- Sunday, September 20 ~ SURBAH-RAISING ~ Heads up! Once again, we thank Menachem Szus for organizing our Sukkah-Raising, which will be held on Sunday, September 20th, at 10:00 a.m. There is only one law for the timing . . . it needs to be done before the start of Sukkos. When you sign up, please tell Menachem if you can bring ladders and some basic tools. Participants, please bring your own work gloves; it is preferable to wear long-sleeved shirts so your arms are covered. This is the stuff that we have learned from year to year! Hopefully, our effort will be rewarded with nice weather. Oh yeah, one more thing . . . the more the merrier and the more the faster. Please respond to Menachem at menachem@alonsystems.com or 314-629-8741. Thank you for volunteering your valuable time.
- NO PIZZA NIGHT IN SEPTEMBER!
- Sunday, October 11 ~ Our NHBZ Sisterhood is planning a bus trip to the Lincoln Museum in Springfield, IL, to see the Special Exhibit, "Lincoln and the Jews," on Sunday, October 11th. In order to keep the cost of the trip to a reasonable amount so as many people as possible can go, we are asking for sponsors, at \$25.00, to defray the cost of the bus and/or the box lunches. The trip will be open to all synagogue members and their family and friends. For more information on becoming a sponsor, please contact Sisterhood President Linda Carton at 314-991-5371.
- Sunday, October 18 ~ SEVENTH Annual Rabbi Ride Around ~ Rabbi Smason's seventh annual Ride-Around will be here before you know it! This year's Ride-Around promises to be the best ever! Committee Chair Dr. Faye Cohen, with the able assistance of her committee members, has planned a full range of picnic activities for the Sunday ride. And this year, a fabulous array of raffle prizes will be available for all who make a pledge to support Rabbi Smason's 50 mile bike ride in Forest Park. Please become a sponsor for Rabbi Smason's Ride Around the Park: We ask a minimum pledge of 25c per mile, which equals a total donation of \$12.50; 50c = \$25; \$1.00 = \$50; \$2.00 = \$100.00!!! Rabbi Smason has had pledges of \$4.00 & \$5.00 per mile, and as high as \$10.00/mile equaling a total donation of \$500.00!!! Call our office, 314-991-2100, ext. 2, to make your pledge. And please come to cheer Rabbi Smason on, and to enjoy a Picnic-In-The-Park! Rabbi Smason begins his Ride at 10:00 a.m.; Picnic at 12:30 p.m. Stay tuned for more details!!!
- Sunday, October 25 ~ All-You-Can-Eat Pizza Buffet ~ 5:00 to 7:00 p.m. Credit Card Payments
  Accepted!!! Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi." (Please place carry-out orders by 10:00 a.m. on Sunday morning, October 25th, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m.)

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The NHBZ Women's Emergency Tehillim Circle ~ The following women have made the commitment to be "on call" to say Tehillim for individuals whenever an emergency situation occurs at Nusach Hari B'nai Zion: Julie Eisenberg, Chairperson, Debbie Barash, Shirley Bluestein, Marcie Brook, Linda Carton, Teree Farbstein, Dr. Susan Feigenbaum, Mimi Fiszel, Rhonnie Goldfader, Joyce Hochberg, Sandy Kahn, Joni Kaiser, Sandy Klarfeld, Sarah Klein, Svetlana Kogan, Lori Laird, Cindy Looney, Phyllis Loiterstein, Beverly Magencey, Marcela Morgensztern, Laura Rader, Nancy Rush, Mimi Sabol, Dr. Shayna Scribner, Phyllis Silverman, Margo Tzadok, Peggy Umansky, and Mindy Woolf. We say the prayers at home. Please call Julie Eisenberg, 314-695-5615, or Sandie Abrams, 314-991-2100, ext. 2., if you would like to participate. We will ask you to provide your phone number(s) and email address so we can get word to you as soon as an emergency arises.

<u>IMPORTANT NOTE</u>: This <u>NHBZ EMERGENCY Tehillim Circle</u> is separate from the ongoing Tehillim we are saying for our dear friend Michelle Mufson. Although some of the women listed above are part of both groups, the Emergency Circle truly stands "on call" and ready to act immediately, within the special circumstances of the Emergency element of this group. As soon as Rabbi Smason learns of a critical, <u>emergency situation in our shul</u>, he will alert Julie Eisenberg, give her the name of the person in crisis, and emails will go out immediately so we can begin saying Tehillim.

## In The Community . . .

- Millstone Campus Men's Mikvah ~ Please see the attached flyer for new Men's Mikvah hours and fees.
- Thursday, September 17 ~ Sh'ma: Listen ~ Speaker Series ~ 7:30-9:00 p.m. at the Kopolow Building. Professor Dan Ben-David will speak on the topic, "Within Israel: Times are Changing." For details or to RSVP, contact Barbara Levin at <a href="mailto:BLevin@JFedSTL.org">BLevin@JFedSTL.org</a> or 314-442-3752.
- A Call for Help from the Jewish Food Pantry ~ The Jewish Food Pantry is in desperate need of
  volunteers. The amount of food they are receiving is growing, but the number of people to organize all of the
  donations is NOT keeping up! To help or for questions, call Julie Eisenberg at 314-494-8437.
- Women's Community Tehillim Group ~ Will meet this week at the home of Pat Harris-Fogel 948 Blackberry Pl., Sunday, September 6, at 9:15 am. If you cannot participate in person, please call or text her cell phone number 314-704-6655. The following Sunday, September 13, Tehillim will return to the home of Jan Adelman, 8032 Amherst Ave, (314) 863-5438. The Women's Tehillim Group meets each Sunday to say Tehillim in the zchus (merit) of a refuah shelayma (full & speedy recovery) for the cholim (the ill people) in our community. The Tehillim hotline for names and updates: 314-441-6460. If you have questions please call Julie Eisenberg at 314-494-8437.
- Tomchei Shabbos On-Going FOOD DRIVE!! Tomchei Shabbos (Supporters of the Sabbath) is maintained through contributions of food and money, and was established by the Vaad Hoeir, which discreetly provides families in our community with Shabbos & Yom Tov meals. Please remember to help our local families prepare for the chagim (holidays). Both food and monetary donations are greatly needed. For information on how you can help, please call Jackie Oppenheimer at 997-6924, or Angela at 802-7710. Bring a bag of non-perishables to our office or, for home pick-up, please call Sally Needle, 314-991-2575. To make a donation go to <a href="www.ovkosher.org">www.ovkosher.org</a>.

### **President's Column**

For Rosh Hashanah and Yom Kippur, we will display the reserved seating chart in the lobby, along with an alphabetical cross-reference listing to help you find your seat. Before entering the Sanctuary, please find your name and seat number on the cross-reference list, and then look up your seat number on the chart to find its location. Greeters will be available to help you if needed.



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Between September 8 and October 8, we will need volunteers to help set up and take down seating and dining configurations for the Holidays. Please call me or the office for specific days and times. Thanks in advance for your help.

It has been a great honor for me to have served Nusach Hari B'nai Zion over the last year. I want to thank all those who have volunteered and spent time and energy for the benefit of the congregation. My family and I wish all of you a *Shana Tova* –

May you be inscribed and sealed in the Book of Life for a good year.

Lenny Alper

# Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Ki Savo September 5, 2015

# "Two Cat-Fisherman and a Purr-fect Ending!"

Two men out enjoying a day of fishing made the catch of a lifetime over the weekend -- one that saved the lives of two unlikely "keepers." Jason Frost and his friend Brandon Key were rod fishing in the Warrior River in Alabama on Saturday when they heard a splash and saw something swimming across the water toward them. They weren't sure exactly what it was until they heard the meows . . . As the pair floated along in their boat, they spied in the distance a tiny orange kitten swimming toward them at full speed, seemingly from out of nowhere.

Jason, clearly befuddled, plucked the animal from the water to safety. Then, moments later, another kitten joined the first and was likewise saved. "Never in my life have I seen anything like that," Jason said in a <u>video of the incident</u>. It's unclear where the kittens came from, but given the remote location where they were found, Jason suspects they had been abandoned by some cruel person. Fortunately, the kittens' bold bid for attention from the passing fishermen couldn't have gone more smoothly, and it ultimately got them what they needed most. After bringing the kittens back to shore, the 'cat' fishermen met a young family who offered to give them a home --providing a happy ending to what is easily one of the most unfathomable fishing stories ever told.

Judaism places great stress on proper treatment of animals. Unnecessary cruelty to animals is strictly forbidden, and in many cases, animals are accorded the same sensitivity as human beings. Jacob, Moses, and David were all shepherds, people who cared for animals. Likewise, Rebecca was chosen as a wife for Isaac because of her kindness to animals. When Abraham's servant asked for water for himself, she volunteered to water his camels as well, and thereby proved herself a worthy wife. Our Sages often emphasize how considerate and kind human beings must be towards animals, in keeping with the ways of G-d, of Whom it is written, "His mercies extend to all His creatures" (Psalms 145:9).

## Parshas Ki Savo Deuteronomy 26:1 - 29:8

The parsha begins by describing the annual mitzvah for farmers in Israel to bring their bikurim, or first fruits, to the Kohen in the Temple. The donor was then to recite a prayer of thanksgiving, recalling how G-d had delivered his ancestors from Egypt and brought the new generation into a land flowing with milk and honey.

Moses then teaches two special mitzvos, which the Jewish people are to perform upon entering the land of Israel. First, they are to inscribe the entire Torah on twelve large stones. Second, the twelve tribes are to ratify their acceptance of the Torah in the following manner; six tribes were to stand on Mt. Gerizim, representing the blessings, while the remaining six tribes were to stand on Mt. Eival, signifying the curses. The Levites were to stand in the valley between, reciting blessings and curses which will apply respectively to those who observe and defy the Torah. The parsha concludes with a recounting of the wonderful blessings G-d will bestow upon the Jewish people for remaining faithful, and a chilling prophecy of what might happen if the Jewish people do not follow the Torah.

# Rabbinic Ruminations

Not happy with your photo? You're not alone. Strangers can make better selections of photos that are 'good representations' of ourselves, a new study finds. For the study, people chose pictures if themselves from Facebook and and ranked them from most to worst likeness. A group of strangers then tried to match up the photos with a short webcam video of each person. The strangers chose a different set of 'good likeness' pictures than people did of themselves. The photos chosen by strangers led to 7% more accurate identification.

Dr. David White, who led the study, said: "Existing memory representations interfere with our ability to choose images that are good representations or faithfully depict our current appearance."

The challenge of accurately judging our current appearance was dramatically shown in a 2013 ad for Dove soap. Inspired by market research that suggested only 4% of women describe themselves as beautiful, an FBI forensic artist sketched a series of women based purely on the way they described themselves and again as others

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described them. The artist could only hear their voices, not see their faces. A <u>video</u> (seen more than 66 million times on YouTube) about the experiment revealed the stark difference between the way the women saw themselves and the way others saw them. Across the board, the self-described portraits were the least attractive -- suggesting, according to the Dove marketing team, that women are more beautiful than they think they are.

In these remaining days ahead of the High Holy Days, we find ourselves in a time of personal inventory. How do we engage in a process where we fairly examine the character flaws that impact our lives, without falling victim to an unfair, inaccurate self-view? "You shall not pervert judgement ..." (Deut.16:19) Judging, the Torah reminds us, is not condemning. Judging is hearing arguments from all sides, weighing the evidence at hand, assessing, and forming an opinion. Therefore, first and foremost, we are to be fair in a self-assessment of all aspects of our current appearance.

# Quote of the Week

Impossible is a word only to be found in the dictionary of fools. -- Napoleon Bonaparte

# Joke of the Week

An older woman walked into the local synagogue. The friendly usher greeted her at the door, handed her a Shabbos bulletin, and politely asked, "Where would you like to sit?"

- "The front row please," she answered.
- "You really don't want to do that," the usher said. "The rabbi is really boring."
- "Do you happen to know who I am?" the woman inquired.
- "No." he said.
- "I'm the rabbi's mother," she replied indignantly.
- "Do you know who I am?" he asked.
- "No." she said.
- "Good," he answered.

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### MINYAN! IT'S GOOD FOR US & GOOD FOR YOU, TOO!!!

This Week At a Glance	Shabbos Sept. 5	Sunday Sept, 6	Monday Sept. 7	Tuesday Sept. 8	Wed. Sept. 9	Thurs. Sept. 10	Friday Sept. 11	Shabbos Sept. 12
Selichos		12:30 a.m.	7:30 a.m.	6:30 a.m.	6:30 a.m.	6:30 am	6:30 a.m.	
Shacharis	8:30 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:45 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm	6:55 pm

### **NHBZ Event Dlanner**

(Check **Shull News** • • • • for time, date or location changes.)
Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

### **SHABBOS**

- Tefillah Class (9:30 am) led by Rabbi Yosef David
- in the Rivkin Chapel.
- Child Care (10:15 am Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

#### **SUNDAY**

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler, of Aish HaTorah
- "Mystical Moments" with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel

### **MONDAY**

 Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

#### **WEDNESDAY**

Rabbi Smason's Lunch & Learn (12:15-1:00 pm)
 Studying Pirkei Avos

### MONTHLY at NHBZ

- Irvin Alper Social Club (First Sunday) 5:00 pm.
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
  - Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 7:00 pm
   Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

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### NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, <u>NO</u>
<u>LATER THAN 12:00 noon, please.</u> That will allow the time needed to make changes. The bulletin is printed <u>first thing</u> every Thursday morning.