



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America
650 Price Road, St. Louis, Missouri
314.991.2100 www.nhbz.org

Shabbos

February 13, 2016
4 Adar 1, 5776

Torah Portion:
Haftorah:

Terumah Exodus 25:1-27:19
1 Kings 5:26 - 6:13

Stone Chumash: pages 444-463
Stone Chumash: pages 1157-1158

Candle Lighting ~ 5:17pm

Shabbos Concludes ~6:21 pm

Our Generous Sponsors This Shabbos . . .

*Thank you to **Joni Kaiser** for sponsoring this week's bulletin in honor of the birthdays of both **Bob** and **Rebecca**. Bob's birthday is tomorrow February 14, and Rebecca will turn 21 on February 21! "Happy birthday to the two people in our family who keep us laughing! Wishing you wonderful birthdays and much happiness in the year ahead!"*

*Thank you to **Dr. Faye Cohen-McCary** and **Brian McCary** for sponsoring the delicious cake in celebration of their son, **Scott**, on his 11th birthday!*

Erev Shabbos, Friday Night, February 12, 2016

- **Mincha & Ma'ariv ~ 5:10 pm**

~ Lunch & Learn ~

Shabbos, Saturday, February 13, 2016

- **Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!**

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Menachem Szus**
- Leyning: **Stuart Klamen**

- Haftorah: **Moshe Pinto**
- Drasha: **No Drasha**
- Musaf: **Dr. Ethan Shuman**

- **Tefillah/Prayer Learners' Service ~ 9:30 am** Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Learners' Service ~ 10:15 am** Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Tot Shabbat and Junior Congregation ~ 10:00- 12:00 pm** held in the Lower Level.
- **Bon Appetit ~** We place a plate of rolls on each table at every Shabbos Luncheon, 1.) To enable each person to make or hear Ha'Motzi (the blessing on bread) over Lechem Mishne (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when Ha'Motzi is made or heard; namely, one roll. Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. Please stay for the end of the meal, when together we will recite Birkas HaMazon (the blessing for our meal.)
- **Shabbos Monthly Lunch & Learn.** Rabbi Smason will speak on the topic, **"The Death of Cupid: Jewish Lessons from Successful Couples"**.
- **Mincha, Shalosh Seudos, Maariv ~ 5:00 pm**

HAPPY BIRTHDAY!

***Francine Attoun, Robert Kaiser, Moshe Pinto, Morissa Pepose,
Samuel Pepose, and Maxwell Pepose!***

HAPPY ANNIVERSARY!

Mark & Natalia Wallman and Monti & Cheryl Mantinband!

SHUL NEWS . . .

- **Sunday, February 13~ Rabbi Smason** will lead a 4 week class - ***King David's Heart: "The Life of Dovid HaMelech Seen Through Tehillim"***. The class will be exploring the life of King David, as seen through selected Tehillim (Psalms). No prior familiarity with Tehillim or Hebrew required. Next Classes: **Sunday, February 14, 21, 28 from 10 -11:15 A.M. at NHBZ.**
- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call Jeff at 314-991-2100, extension 2, to make arrangements.
- **Monday, February 15 ~ Deadline to Order Cash Cards for February!!!** Thank you to the following members and friends who ordered Cash Cards last month: **June Cohen, Dr. Faye Cohen & Brian McCary, Bob & Joni Kaiser, Jacob & Judy Levin, Richard & Mindy Woolf, Phyllis & Howard Loiterstein, Dr. Alan & Marcie Brook, Lana Weinbach, and Terre Farbstein.** Please help raise money for NHBZ and place your order for February! The order form is attached to this week's bulletin. Every order makes a difference to our shul.
- **Sunday, February 21, 12:30 pm ~ Sisterhood Pushke Luncheon ~ See the flyer in this bulletin for all the details!**
- **Sunday February 28th ~ 3:00 to 5:00p.m.** The Irv Alper Social Club is having an all games party! Get your group together. Come and play, Bridge, Mah Jong, and Poker. NHBZ, lower level, no charge, and no reservations required.
- **Sunday, February 28th ~ PIZZA NIGHT ~ 5:00pm-7:00pm ~ DINE-In Buffet** All You Can Eat Buffet of Pizza, Hot Italian Pasta, Salad and Garlic Bread plus Dessert & Beverage
- **March 19 ~ Synaplex Shabbat ~ Preview of Topics:** 1) "*Intelligent Optimism: 5 Torah Tips for a Better Life*" Rabbi Ze'ev Smason 2) "*Jewish-Christian Relations Before, During and After the Holocaust*" Speaker: Dr. David Oughton, Professor of World Religions at Saint Louis University. 3) "*Purim: Masks and Flasks*" Rabbi Yaakov Berkowitz, St. Louis Kollel.

Monument Dedication -- The monument for Joyce Levine, a'h -- mother of Bobby Levine -- will take place on Thursday, February 18, 2:00 P.M., at Chesed Shel Emes Cemetery (White Rd.).

Lunch & Learn Class

- **Rabbi Smason's Pirkei Avos / Ethics of the Fathers class – Live Video!**

Available to view from your computer on **Wednesday's at 12:15 P.M. CST**.if you can't make it to the class at NHBZ! Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'. Or go directly to <http://www.ustream.tv/channel/nhbztest> - When the screen comes on and you're asked what video you want to see - don't select any. Watch the commercial for about 20 seconds or just wait 20 seconds, and the live broadcast of the class should come into view. Enjoy!

NHBZ - ISRAEL TRIP OPEN HOUSE

Please join us for an Open House on **Monday, February 22**, at 7:00 p.m. at the house of Michelle and Ephraim Mufson, 1008 Laval Drive, U. City, to meet and discuss this year's Nusach Hari Israel Trip, December 5 -15, 2016. We want to hear from you, get your input on places and things you want to see and give you an idea of some of the wonderful sights we already have in store! All are welcome - members and non-member friends alike. For more information, please contact Richard Woolf at woolfnhbz@yahoo.com.

In The Community . .

- **The Jewish Federation of St. Louis' Inclusion Initiative** invites individuals with disabilities and/or their families to participate in an online community survey. This survey will help collect data in order to prioritize the needs of individuals with disabilities and their families in the St. Louis Jewish community. Survey site: <https://www.surveymonkey.com/r/InclusionInitiative> and is open through February, 29, 2016.
- **February 28, 2016 ~ JSU Bar Mitzvah Gala to Honor Gail & Yale Miller and Bill Solomon.** Come celebrate JSU's Bar Mitzvah year at Meadowbrook Country Club on February 28th @ 5:00pm. To RSVP visit: jsustl.org/gala or call the JSU office at 314-696-0578.

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Terumah February 13, 2016

“Warning: Know-it-Alls Ahead “

Barbara Walters' 10 Most Fascinating People is a televised compilation of ten public figures who are prominent names in the fields of entertainment, sports, politics, and popular culture. Hosted by Barbara Walters, the list has been broadcast annually on the second Thursday of December since 1993. The format of the broadcast consists of ten short-form biographical profiles, often interspersed with a recently recorded

interview with the subject. In 2014, Walters said, "I know we said last year was our last, but there are just too many fascinating **people out there...**" The 2015 selections were:

- Amy Schumer (comedian, actress)
- Donald Trump (businessman, TV host, political figure)
- Tracy Morgan (comedian, actor)
- Misty Copeland (ballet dancer)
- Ronda Rousey (mixed-martial-arts fighter)
- Donna Karan (fashion designer)
- Bernie Sanders (U.S. Senator)
- Jeff Bezos (businessman)
- Bradley Cooper (actor, producer)
- Caitlyn Jenner (Olympic decathlete, TV personality)

Fascination is a fascinating topic! Blessed is the person who is fascinated with life and the world in all its complexity and wonder. When you are fascinated with the world, you won't suffer from boredom. You will always find things to wonder at. Develop a fascination for the wonders of creation; this will greatly enhance your life. Increase your fascination in understanding other people. View each encounter with another person as a lesson in human nature and an opportunity to learn something new. As Ben Zoma says in Ethics of the Fathers: *"Who is wise? The one who learns from every person."* (4:1)

Parshas Terumah Exodus 25:1-27:19

Parshas Terumah begins a series of four out of five portions which discuss in detail the construction of the *Mishkan*, the traveling Tabernacle which would serve as a 'resting place' for G-d's presence among the Jewish people. This week's portion recounts G-d's description to Moses of how to construct the Mishkan, beginning with a listing of the various precious materials to be collected from the Jewish people for this monumental project. G-d describes the magnificent golden and wooden Ark which would house the tablets of the Ten Commandments, complete with its dazzling cover depicting two cherubim (angels with faces of children) facing each other. Next, G-d provides Moses with the blueprints of the *shulchan* (holy table) upon which the *lechem hapanim* (showbread) would be placed each week. Following the description of the pure golden menorah which was to be hammered from one large piece of gold, G-d describes the structure of the *Mishkan* itself. It contained splendidly woven and embroidered covers, curtains and partitions, and the sturdy outer walls. The Torah portion concludes with instructions for the copper altar and the *Mishkan's* large outer courtyard.

Rabbinic Ruminations

"Warning: Know-it-All Ahead" While you might not see such a sign on your daily commute, bothersome self-proclaimed experts frequent many neighborhoods. Researchers have long known that people are often overconfident -- that they tend to believe they are more physically talented, socially adept, and skilled at

their job than they actually are. Apparently, 94 percent of college professors think they do “above average” work which is impossible, statistically speaking. Along similar lines, 60% of college freshmen rate themselves as “above average” in intellectual skills. While know-it-all-itis may be distasteful, are there negative side-effects from extreme over confidence?

In [a study](#) published in the *Journal of Experimental Social Psychology*, student participants were manipulated into thinking they were fairly knowledgeable in a field. The test subjects were asked a series of simple or tough questions, such as “Who is the current President of the United States?” or tough questions such as “Who was Nixon’s initial Vice-President?” Students were then given feedback to reinforce their feelings of knowledge or ignorance. They were then asked follow-up questions to gauge their level of openness regarding the same topic. The results indicate that students manipulated to feel like experts ended up being less open-minded. Researchers termed the phenomenon the “Earned Dogmatism Hypothesis”, meaning: People who believe they are superior within a particular subject area tend to be less open-minded toward the same topic.

The take-away? Beware of know-it-alls and make sure you don’t become one. How? Ethics of the Fathers states, *“Seven things are typical in a boor, and seven in one who is wise ... and about something he has not learned he says, “I have not learned it” (5:7)* Say “I don’t know” when you don’t know. Stay in a learning mode. Ask questions. Listen. And in the words of Isaac Asimov, “Your assumptions are your windows on the world. Scrub them off every once in a while, or the light won’t come in.”

Quote of the Week

There are three things extremely hard: steel, a diamond, and to know one’s self. -- Benjamin Franklin

Joke of the Week

The Last Will And Testament of Samuel Benjamin Cohen:

I, Samuel Benjamin Cohen, being of sound mind hereby declare this to be my last will and testament.

To my son Sheldon, my first born and the best dentist in the United States I leave one million dollars tax free.

To my daughter Jayne, who was wonderful and helped her mother with the dishes and graduated from college. I leave one million dollars.

To my loving wife I leave (whatever is not in her name already) two million dollars. Enjoy, sweetheart. Enjoy.

To my brother-in-law Louie, who smoked fancy cigars, who lived with us ever since we got married, and who always said that I would never ever mention him in my will, HELLO LOUIE!"

February Birthdays & Anniversaries

Birthdays -

Robert Kaiser

Moshe Pinto

Morissa Pepose

Samuel Pepose

Maxwell Pepose

Andrew Epstein

Rebecca Miriam Kaiser

Matan Kadosh

Dr. Arnold Brody

Adira Tziviva Friedman

Susan Manesberg

Larry Chervitz

Daniel Golynskiy

David Pepose

Ronald Segall

Esther Gelb

Birthdays

Oren Kadosh

Kerry Klarfeld

Rabbi Ze'ev Smason

Paul Kleiman

Max Amon

Sivya Smason

Jeffrey Schnitzer

Alice Sudin

Sheryl Levine

Rebbetzin Chani Smason

Sally Amon

Scott McCary

Shirley Osheroff

Stella Vladimirov

Amanda Fredman

Francine Attoun

Anniversaries

Mark & Natalia Wallman

Jerry & Frances Cohen

Monti & Cheryl Mantinband

Dr. Solomon & Michelle Segal

Norman & Marilyn Liss

Fabian & Francine Attoun



Nusach Hari B'nai Zion

Sisterhood Pushke Luncheon

Sunday, February 21, 2016



Whether you call it a *Pushke, Pishke, Pushka* or *Tzedakah Box*, Sisterhood has a deal
for you....

Sisterhood is reviving a celebrated event to promote the Mitzvah of Tzedakah.

Here is the deal: Adults and Kids, bring in your own filled Pushke (or \$18 for Adults and \$9 for kids 5-11 if you don't have one) and enjoy a delicious lunch prepared by our Chef Extraordinaire, Julie Eisenberg, and attend one of the following programs:

"How to Instill the Mitzvah of Tzedakah in Our Children"
led by Rebbetzin Shiffy Landa *or*

**"How to Make Tzedakah Less Taxing:
Innovations in Giving Arrangements"** led by Michelle Mufson

Kids (5-11) come and decorate your own Pushkes!

Men and Women, Members and Non-Members are all Invited!



Proceeds will be used to benefit NHBZ's donations to the **Passport to Israel Program**. NHBZ proudly supports the Passport to Israel Program, an investment opportunity to help your family accumulate designated funds for your child to have an Israel experience as a teen or young adult. For each child (between the 3rd and 8th Grade) of every regular member, parents donate \$100, the Federation kicks in \$100, and **NHBZ Sisterhood matches with another \$100** per year--- for a total of \$300 per year per child—a potential gift of \$1600 from NHBZ and Jewish Federation to attend an educational peer-based Israel programs upon the conclusion of 9th grade through age 26. Kids program will also be available.

Please make your reservations by Tuesday, February 16 by calling Jeff at 991-2100 ext. 2 or email at Jeff@nhbz.org

Luncheon and programs take place at NHBZ starting at 12:30



From Our Families to Yours...

Junior Congregation and Tot Shabbat

Programs of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

***Junior Congregation* for ALL 7 – 11 year olds!**

**February 13 and 27 March 5 and 26
and April 9 and 30**

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Time: 10:00 a.m. – Noon

***Tot Shabbat* (age 6 and under, siblings welcome!)**

**February 13 and 27 March 12 and 26
and April 9 and 30**

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

**Time: 10:00 – 10:30 am Snacks and Play
10:30 – 11:15 am Program**

Where: Both take place Downstairs

(NHBZ membership NOT required...All levels of observance welcome!!!)

For questions, please email or call Jeff at (314) 991-2100

Join the Minyan It's good of us, it's good for you!

This Week's Schedule	Shabbos Feb. 13	Sunday Feb. 14	Monday Feb. 15	Tuesday Feb. 16	Wednesday Feb. 17	Thursday Feb. 18	Friday Feb. 19	Shabbos Feb. 20
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:00 pm	5:20 pm	5:20 pm				5:20 pm	5:10 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		

NHBZ Event Planner

(Check "**Shul News . . .**" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION + TOT SHABBAT ~

MONTHLY at NHBZ

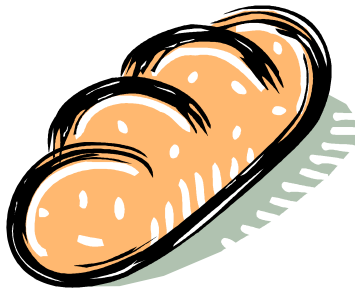
- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn



Learn to Make Challah!!!



Have you wanted to learn how to make challah,
but never had the chance?!?!?

Have you wanted to learn a new challah recipe?!?!?

Learn recipes ---demonstrated with your active, hands-on
participation.

Thursday, March 3, 2016

7:00 pm

NHBZ

650 North Price

\$18.00 per person. Each participant will take enough dough home to make 2 challot

To register please call (314) 991-2100 ext. 2

Seats are limited, so please RSVP contact Mindy Woolf at (314) 239-2327

Remember to use Your



A Painless Fundraiser for NHBZ!!!

**If you don't have or can't find your Card,
please call Jeff at 991-2100 ext. 2**

Do you **SHOP**? Do you **TRAVEL**? Do you give **GIFTS**? If you answered "yes" to any of these questions, you may be able to help NHBZ at NO ADDITIONAL COST to you! NHBZ participates in a nationwide program in which we sell CASH CARDS at face value, and the participating store or business allows us to keep a percentage (see below) of the proceeds at NO cost to you. The amounts that NHBZ gets varies from business to business, but definitely add up over time. We appreciate your support in this painless but potentially significant effort. A complete list of participating businesses can be found on our website at www.nhbz.org, but a list of the more common cards requested are included on this order form. If you do not have access to a computer or the internet, please contact our office. We will be happy to mail the list to you. Cash Card orders are usually placed on or around the 15th and 30th days of each month, and the cards are usually available for pickup within 5 business days -- or we can make arrangements to mail or deliver your cards directly to you at your home. **Once you have your Cash Cards, you spend them just as if you have CASH IN HAND!!!**

Retailer	Denomination (in Dollars)	%	Quantity	Total \$ Amount	Retailer	Denomination (in Dollars)	%	Quantity	Total Amount
Amazon.com	\$ 25.00	4.0%			Jewel-Osco	\$ 25.00	4.0%		
AMC Theatres	\$ 25.00	7.0%				\$ 100.00	4.0%		
AMC Single Admit	\$ 9.50	16.0%			Kohl's	\$ 25.00	4.0%		
American Airlines	\$ 100.00	8.0%				\$ 100.00	4.0%		
Barnes & Noble	\$ 10.00	9.0%			Lowe's	\$ 25.00	4.0%		
	\$ 25.00	9.0%				\$ 100.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%			Macy's	\$ 25.00	10.0%		
	\$ 25.00	13.0%				\$ 100.00	10.0%		
Bed, Bath and Beyond	\$ 25.00	9.0%			Marshall's	\$ 25.00	7.0%		
						\$ 100.00	7.0%		
Best Buy	\$ 25.00	3.0%			Men's Warehouse	\$ 25.00	8.0%		
	\$ 100.00	3.0%			Shell Gas Card	\$ 25.00	2.5%		
Build A Bear	\$ 25.00	10.0%			Sinclair Gas Card	\$ 25.00	1.5%		
CVS	\$ 25.00	8.0%			BP Gas Card	\$ 50.00	1.5%		
	\$ 100.00	8.0%			Mobil Gas Card	\$ 50.00	1.5%		
Dillards	\$ 25.00	9.0%			Office Max	\$ 25.00	5.0%		
The Gap/Old Navy/ Banana Republic	\$ 25.00	9.0%			PetSmart	\$ 25.00	4.0%		
Hallmark	\$ 25.00	4.0%			Sam's Club/ Walmart	\$ 25.00	2.0%		
Home Depot	\$ 25.00	4.0%				\$ 100.00	2.0%		
	\$ 100.00	4.0%				\$ 250.00	2.0%		
iTunes	\$ 15.00	5.0%			Starbucks	\$ 10.00	7.0%		
	\$ 25.00	5.0%				\$ 25.00	7.0%		
JC Penney	\$ 25.00	5.0%			T.J. Maxx	\$ 25.00	7.0%		
	\$ 100.00	5.0%			Talbots	\$ 25.00	13.0%		
Please specify:					Walgreens	\$ 25.00	6.0%		
Other (From List)**						\$ 100.00	6.0%		
Other (From List)**					Whole Foods	\$ 25.00	3.0%		
						\$ 100.00	3.0%		

TOTAL OF THIS ORDER: \$ _____

Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form. Payments received after the 15th or 30th of the month will automatically be placed on the next order date.

** A complete list of more participating businesses can be found on our website at www.nhbz.org. If you do not have access to a computer or the internet, please contact our office. We will be happy to mail the list to you. **Once you have your Cash Cards, you spend them just as if you have CASH IN HAND!!!**

NAME _____

ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP CODE** _____

_____ Please mail my order to the above address.

_____ I will save NHBZ the postage by picking up my order at NHBZ.

And please remember to use your Schnuck's Card for NHBZ credit!!!