



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America
650 N. Price Road, St. Louis, Missouri
314.991.2100 www.nhbz.org

Shabbos
March 5, 2016
25 Adar 1, 5776

Torah Portion:
Maftir: Parshas Shekalim
Haftorah:

Vayakhel Exodus 35:1- 38:20
Exodus 30:11-16
2 Kings 11:17 – 12:17

Stone Chumash: pages 516-529
Stone Chumash: page 484
Stone Chumash: pages 1212-1214

Candle Lighting ~ 5:39 pm

Shabbos Concludes ~ 6:43 pm

Our Generous Sponsors This Shabbos . . .

*Thank you to the **Ragin and Katz families** for sponsoring the Kiddush and special cake in honor of their wonderful mom, **Rose Ragin**, on her 92nd Birthday, Mazel Tov!*

*Thank you to **Alan Haber** for sponsoring the bulletin in honor of the special birthday of his beloved wife **Janet**.*

Erev Shabbos, Friday Night, March 4, 2016

- **Mincha & Ma'ariv ~ 5:35 pm**

Shabbos, Saturday, March 5, 2016

- **Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!**

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: Dr. **Ethan Schuman**
- Leyning: **Max Gornish**

- Haftorah: **Alan Haber**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Dr. Ethan Schuman**

- **Tefillah/Prayer Learners' Service ~ 9:30 am** Led by **Rabbi Yosef David** in the Rivkin Chapel.
- **Junior Congregation & Tot Shabbat ~ 10:00 am** Lower Level.
- **Learners' Service ~ 10:15 am** Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Mincha, Shalosh Seudos, Ma'ariv ~ 5:25 pm**

HAPPY BIRTHDAY

**Shirley Bluestein, Herb Subovitz, Victor Tendler,
Pearl Figus, Janet Haber, Rose Ragin, Lila Greenberg, and Eric Fleshman**

HAPPY ANNIVERSARY

Gary & Trudy Sudin Andy & Betty Epstein

Message from Rabbi Smason:

PURIM!

With the festive holiday of Purim fast approaching, I'm writing to remind you of the time-sensitive mitzvah of Matanos L'Evyonim -- tzedaka (charity) to the poor. For many years, we at NHBZ have collected Matanos L'Evyonim in conjunction with the worthy organization Od Yosef Chai. Our special arrangement with Od Yosef enables me to distribute locally half of all money collected. The remaining half supports our Jewish brethren in Jerusalem and elsewhere. All money pledged and collected for Matanos L'Evyonim is distributed on Purim. This year, Purim takes place on March 23/24.

Your donation of \$10, \$18, \$36, \$54, \$100 - or whatever amount you care to give-- will make a significant difference to those in need, and enable you to fulfill the precious Purim mitzvah of Matanos L'Evyonim.

Checks can be made out to 'Rabbi's Charity Fund'

THIS YEAR I strongly encourage you to consider the purchase of products from Judea and Samaria to support the Jewish communities there. Whether for *mishloach manos* or otherwise, it's important to boost those communities and counter the efforts of those seeking to choke those communities. Here is a link of products and how to buy them online (scroll through the whole page)_ <http://zoadc.org/join-our-buycott-fight-bds/>

SHUL NEWS . . .

- **Sponsorships** - If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call Jeff at 314-991-2100, extension 2, to make arrangements.
- **Monday, March 7, 7:00 pm** ~ Mussar Monday at the home of Rich and Mindy Woolf. See flyer in this bulletin.
- **Shabbos, March 11 & 12** ~ A Shabbaton with Kadimah High School. Join us for a beautiful Shabbos dinner with the Kadimah students. Seating limited, call ASAP. Reservations required: See flyer in this bulletin.
- **Sunday, March 13 ~ Carry – Out Sushi Night 4:00-6:00pm.** Order directly from Chef Aaron Edelstein through his website aeblue1@yahoo.com TO-GO ORDERS Only. Orders must be placed by 9:00 pm Thursday, March 10th. Have a sushi roll and an egg roll to help support NHBZ !
- **Tuesday, March 15, 12 pm ~ Sisterhood Bingo** is back at NHBZ! See the flyer in this bulletin.

- **March 19 ~ Synaplex Shabbat ~ Preview of Topics:** 1) *"Intelligent Optimism: 5 Torah Tips for a Better Life"* Rabbi Ze'ev Smason 2) *"Jewish-Christian Relations Before, During and After the Holocaust"* Speaker: Dr. David Oughton, Professor of World Religions at Saint Louis University. 3) *"Purim: Masks and Flasks"* Rabbi Yaakov Berkowitz, St. Louis Kollel.

● **Please see flyer on the last page of this bulletin.**

- **ATTENTION ALL FORMER AEPi members!** UMSL wants an AEPi chapter but it needs a group of AEPi 'ers to head up the effort!!! The national organization is very, very receptive to this idea. This is yet another way that NHBZ can build a bridge to connect to UMSL's Jewish student community. If you are willing to volunteer to take on this project, please contact **Susan Feigenbaum** at sskfeig@umsl.edu.
- **JEWISH UMSL STUDENTS AND GRADS:** We are looking for all current Jewish UMSL students and UMSL Jewish ALUMS (degree or nondegree programs) to involve in our Jewish at UMSL campaign. Please forward the names of anyone you know to sskfeig@umsl.edu. Thanks!

Maos Chitim

- **Pesach begins on April 22, 2016.** The Vaad Hoeir of St. Louis assists hundreds of families with gift certificates to Schnucks and Kohn's, delivery of food and support of Pesach programs and Sedarim on local college campuses and in senior living facilities. This support program, known as Maos Chitim, needs your support. Donations can be made online by going to www.stlmaoschitim.com. Checks should be made payable to "Maos Chitim" and addressed to the Vaad Hoeir of St. Louis, 4 Millstone Campus, St. Louis, MO 63146
- **CASH CARDS FOR MARCH ~** Thank you to all those who purchased cash cards for February **Dr. Faye Cohen & Scott McCary, Don & Julie Eisenberg, Scott & Leslie Gitel, Stan & Rhonnie Goldfader, Alan & Janet Haber, Bob & Joni Kaiser, Jacob & Judy Levin, Lana Weinbach, and Richard & Mindy Woolf.** Please help raise money for NHBZ and place your order by MARCH 15th ! The order form is attached to this week's bulletin. Every order makes a difference to our shul.

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday each week, at 12:00 noon. The bulletin is printed first thing every Thursday morning.

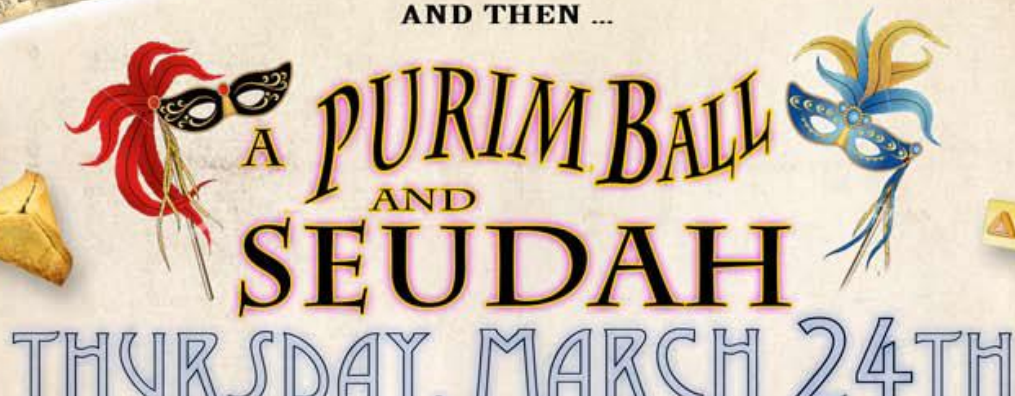


PLEASE JOIN US FOR PURIM ON
MARCH 23 & 24

WEDNESDAY:

MINCHA - 6:45 P.M. MAARIV - 7:45 P.M.
MEGILLA READING 7:55 P.M.

AND THEN ...


A PURIM BALL
AND
SEUDAH
THURSDAY, MARCH 24TH

Mincha - 6:00 P.M. The Festive Meal will begin at 6:15 PM Sharp!

Featuring:

A Delicious & Festive Meal prepared especially for you by Chef Julie & Co.,
Some old and new surprises and of course the Festivities would not be complete
without our famous costume contests! And NEW "Schtick/Talent Show" This Year!
So Dress Up as your favorite Purim character or ...other. Please let the office know
by March 18, if you are planning to perform schtick/talent.

\$15 ADULT • \$8 CHILD • \$45 MAX/FAMILY
Kids 4-10 \$8.00 and Kids 3 & Under Free

RSVP BY MARCH 18TH
991-2100 EXT: 2



Lunch & Learn Online

- **Rabbi Smason's Pirkei Avos / Ethics of the Fathers class – Live Video!**

Available to view from your computer on **Wednesday's at 12:15 P.M. CST.** if you can't make it to the class at NHBZ! Visit our website at www.nhbz.org - click on 'media', then '**online classes**', then '**ustream_graphic**'. Enjoy!

When You Need Rabbi Smason ~ When you or a loved one becomes ill, and is hospitalized, please have a family member or friend contact Rabbi Smason on his cell phone as soon as possible . . . 314-749-5271.

In The Community

- **Sunday, March 6** ~ Reservations are now being accepted for St. Louis Kollel's "Jewish Unity Live" event at the Missouri Athletic Club, marking the 25th Anniversary of the founding of the Kollel. "Next Generation Leadership Awards" will be given to **Rich and Mindy Woolf**. For more information call 314- 726-6047 or email office@stlkollel.com.
- **Monday, March 21 at 8:00pm at NHBZ** ~ The Video "The Light of Adar" will be presented by Rabbanit Yemima Mirzachi. Women only. Please see the flyer in this bulletin.
- **Wednesday March, 9** ~ Bais Yaakov's production, "If the Crown Fits." 7:30 p.m., Clayton High School Theatre. Tickets \$38 premium, \$20 general admission, \$17 for girls up to grade 8. Tickets may be purchased online at <http://www.embystl.org/production.html> or at the door. For women and girls only.

NHBZ TRIBUTES for February

IN MEMORY OF:

Rose Rosen – Phil & Nina Radman,

Lary Baker- Bob & Joni Kaiser, Ivan & Peggy Rothman

Martin Feit , brother of Denny Feit- Bruce & Faith Waxman, Alan & Janet Haber

Irl Baris- Jerry & Frances Cohn Angelina Subovitz-

IN HONOR OF:

Susan Feigenbaum – Bruce & Faith Waxman

Jerry & Frances Cohn's 65th Anniversary- Alan & Janet Haber, Gloria Serkin

Rabbi & Rebbetzin Smason's birthdays – Alan & Janet Haber

A SPEEDY RECOVERY TO:

Eleanor Kaiser- Alan & Janet Haber

Sandy Kahn – Alan & Janet Haber

Welcome to Beyond Twelve Gates by Rabbi Ze'ev Smason

Parshas Vayakhel March 5, 2016

"When a Door Closes ..."

Kari Duane's oldest daughter, Quinn, was planning on getting married last October. However, less than a week before the wedding Quinn called her parents and told them the wedding was off. Quinn's fiancé had been having doubts, and the couple had broken up. Deposits for the \$35,000 wedding in California were already paid and more bills were coming due. But the Duane family found a way to turn heartache into something beautiful by transforming the canceled wedding reception into a feast for the homeless community. "When I found out ... that the wedding would not be taking place, it just seemed like, of course, this would be something that we would do to give back," said Kari Duane, a mom of six. "We were like, OK then, we are going to serve."

The Duane family reached out to some local homeless shelters, which helped advertise the event. Kari said she wasn't sure how many people would come to the beautiful Sacramento hotel where the wedding reception was originally supposed to take place. First to arrive, nearly a half hour early, was a woman who lives in a shelter with others too old to work and too financially strapped to afford rent. "I was thinking at that moment, if she's the only person that comes tonight, this was worth it," Kari said. But more came -- single people, families, grandparents and newborns. As many as 90 adults and children came. There was plenty of the hotel's 4-star restaurant food to go around; as 120 guests were invited before the wedding was canceled. One attendee said, "'To lose out on something so important to yourself and then give it to someone else is really giving, really kind.'"

To think of others even during a time of loss and sadness is truly remarkable. A well-known metaphor compares opportunities to doors opening and closing. In everyone's life there are always doors that close. At the same time, new doors open. People who succeed in life are those who keep searching for the doors that are open. In the Torah, G-d implores us, *"...choose life, so that you will live..."* (Deuteronomy, 30:19) Our lives are defined by the choices that we have made and continue to make.

Parshas Vayakhel -- Exodus 35:1 -- 38:20

Parshas Vayakhel begins with Moses assembling the entire nation of Israel and reiterates the commandment to observe the Shabbat. The nation is reminded that although the construction of the Mishkan is of transcendent importance, it does not take precedence over the weekly observance of Shabbat. He then conveys G-d's instructions regarding the details of the construction and fabrication of the Mishkan as described in the three previous Torah portions. The portion describes that the Jewish people came forward with their generous contributions for the Mishkan's construction, producing a surplus of supplies. The people donate the required materials in abundance, bringing gold, silver, copper, blue, purple and red-dyed wool, goat hair, spun linen, animal skins, wood, olive oil, herbs and precious stones. Moses has to tell them to stop giving.

The craftsmen of the Mishkan, a team of wise-hearted artisans, are selected and the building begins. The construction includes three layers of roof coverings; 48 gold-plated wall panels, and 100 silver foundation sockets; the Paroches (Veil) that separates between the Mishkan's two chambers and the

Masach (Screen) that fronts it; the Ark and its cover with the Cherubim; the Table and its Showbread; the seven-branched Menorah with its specially-prepared oil; and the Golden Altar and the Incense burned on it; the Anointing Oil; the outdoor Altar for Burnt Offerings and all its implements; the hangings, posts and foundation sockets for the Courtyard; and the Basin and its pedestal, made out of copper mirrors.

Rabbinical Ruminations

Most have had the experience of hearing their own recorded voice and being surprised by it. Many say: "Oh, I really hate the sound of my own voice!" If you've ever cringed from listening to your own voice, it's because your brain is struggling to accept the fact that the voice you hear vibrating inside of your head and the one the rest of the world hears are one in the same. Sounds reach your inner ear in only one of two ways: through your own body or from the surrounding environment. It's the reason when you hear a playback of your voice on an answering machine it sounds much different than what you hear every time you speak. But is it *really* true that we don't like the sound of our own voice?

A study has tested this by having people rate a series of voices, which, secretly, also included their own. The 2013 study, led by Susan Hughes, PhD, found that people unknowingly assessed their own recorded voices as sounding more attractive in comparison to how others rated their voices. For the study, 80 men and women rated the voice attractiveness of an array of different voice recordings of people ranked from one to ten. Unbeknownst to participants, researchers included three different samples of participants' own voice recordings in the group. Researchers believe that most participants did not recognize or realize their own voices were included, yet rated their own voices as sounding more attractive than how other raters judged their voices. Participants also rated their own voices more favorably than they had rated the voices of other people. So, it's not just politicians who love the sound of their own voice -- most of us do.

In our daily prayers we say, "The G-d of Abraham, the G-d of Isaac, and the G-d of Jacob," because each of the patriarchs found his own unique path to serving G-d. If Isaac had never listened to his own voice, he likely would have become a carbon-copy of his father. Instead, he listened to his own voice and discovered his own unique path of service. Each person has a distinct combination of skills, talents, and blessings with which to offer the world. Find your voice, and discover your purpose.

Quote of the Week

I wish I could stand on a busy corner, hat in hand, and beg people to throw me all their wasted hours.
-- Bernard Berenson (American art historian, d.1959)

Joke of the Week

One Shabbos the rabbi told his congregation, "Next week, my sermon will be about the sin of lying. To help you better understand it I would like everybody to read Leviticus chapter 28."

The following week when everybody came in the rabbi said, "Now who read Leviticus chapter 28?"

Almost everybody raised their hands.

The rabbi smiled and said, "Okay, good. Leviticus only has 27 chapters. I'd like to begin my sermon on lying."

Video Presentation by:

Rabbanit Yemima Mizrachi

In Loving Memory of Karen Solomon

"The Light of Adar"



<http://www.torahanytime.com/speakers-list/rabbanit-yemima-mizrachi/>

Nusach Hari B'nai Zion

650 North Price Rd

Monday, March 21th ~ 8:00 pm

Donations : \$5

Program is for women only



For more info, sponsorship opportunities or to rsvp:

skowalsky@stlkollel.com

Feedback from women...

"...She totally blows me away every time!"

"She speaks so on target with a great sense of humor"

"I wish that every woman can have a chance to see this, it's amazing!"

From Our Families to Yours...

Junior Congregation and Tot Shabbat

Programs of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

***Junior Congregation* for ALL 7 – 11 year olds!**

**March 5 and 26
and April 9 and 30**

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Time: 10:00 a.m. – Noon

***Tot Shabbat* (age 6 and under, siblings welcome!)**

**March 12 and 26
and April 9 and 30**

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

Time: 10:00 – 10:30 am Snacks and Play

10:30 – 11:15 am Program

Where: Both take place Downstairs

(NHBZ membership NOT required...All levels of observance welcome!!!)

For questions, please email or call Jeff at (314) 991-2100

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Mar. 5	Sunday Mar. 6	Monday Mar. 7	Tuesday Mar. 8	Wednesday Mar. 9	Thursday Mar. 10	Friday Mar. 11	Shabbos Mar. 12
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:25pm	5:45 pm	5:45 pm				5:45pm	5:35 pm
Ma'ariv Only				6:45 pm	6:45 pm	6:45 pm		

NHBZ Event Planner

(Check "[Shul News . . .](#)" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Cards are ordered on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	3.0%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	3.0%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
AMC Single Admit	\$ 10.50	10.0%				\$ 100.00	4.0%		
Barnes & Noble	\$ 10.00	9.0%			Lowe's	\$ 25.00	4.0%		
	\$ 25.00	9.0%				\$ 100.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%			Macy's	\$ 25.00	10.0%		
	\$ 25.00	13.0%				\$ 100.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%			Office Max/	\$ 25.00	5.0%		
	\$ 100.00	7.0%			Office Depot	\$ 100.00	5.0%		
Best Buy	\$ 25.00	3.0%			Petco*	\$ 10.00	5.0%		
	\$ 100.00	3.0%			PetSmart	\$ 25.00	4.0%		
BP Gas Card	\$ 50.00	1.5%			Pier 1*	\$ 25.00	9.0%		
Build A Bear	\$ 25.00	8.0%			REI*	\$ 25.00	8.0%		
Container Store*	\$ 25.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
	\$ 100.00	9.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart*	\$ 10.00	7.0%		
Dierberg's*	\$ 25.00	2.5%			Target*	\$ 25.00	2.5%		
	\$ 100.00	2.5%			Talbots	\$ 25.00	13.0%		
Dillards	\$ 25.00	9.0%			T.J. Maxx/Marshall's/				
	\$ 100.00	9.0%			Home Goods	\$ 25.00	7.0%		
Famous Footwear*	\$ 25.00	8.0%			Ulta Beauty*	\$ 25.00	4.0%		
Gap/Old Navy/	\$ 25.00	14.0%			Walgreens	\$ 25.00	6.0%		
Banana Republic	\$ 100.00	14.0%				\$ 100.00	6.0%		
Home Depot	\$ 25.00	4.0%			Walmart/	\$ 25.00	2.5%		
	\$ 100.00	4.0%			Sam's Club	\$ 100.00	2.5%		
iTunes	\$ 15.00	5.0%			Whole Foods*	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
JC Penney	\$ 25.00	5.0%			Other**:				
	\$ 100.00	5.0%							

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**New additions to our list*

***A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.*

NAME _____
ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP CODE** _____

And please remember to use your Schnuck's Card for NHBZ credit!!!



An open invitation to NHBZ's



Saturday

Shabbat Morning

March 19, 2016

Regular services begin at **8:30 a.m.**

Tefillah/Prayer Learners Service at **9:15 am** in the Chapel
(led by Rabbi Yosef David of Aish HaTorah)

Learners Service at **10:00 a.m.** in the Chapel
(led by Rabbi Smason)

(Babysitting provided for younger kids)

Break-out sessions beginning at 11:15 a.m.

☆ ***"Intelligent Optimism: 5 Torah Tips to a Better Life"*** (Led by Rabbi Ze'ev Smason)

☆ **"Jewish-Christian Relations Before, During and After the Holocaust"** (Led by Dr. David Oughton, Professor of World Religions at Saint Louis University)

☆ ***"Purim: Masks and Flasks"***
(Led by Rabbi Yaakov Berkowitz of the St. Louis Kollel)

Following those sessions, at approximately 12:15 pm, all attendees will then re-gather together for a
Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.