

# **NHBZ Shabbos Bulletin**

Shabbos April 9, 2016 1 Nisan, 5776

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America 650 N. Price Road, St. Louis, Missouri 314.991.2100 www.nhbz.org

**Torah Portion:** Rosh Chodesh: Maftir Parshas HaChodesh: Haftorah:

Tazria Leviticus 12:1 -- 13:59 Stone Chumash: pages 608-619 Numbers 28:9-15 Exodus 12:1-20 Ezekiel 45:16-46:15 Isaiah 66:1,24

Candle Lighting ~ 7:13pm

Shabbos Concludes ~ 8:17 pm

Stone Chumash: page 890

Stone Chumash: page 348

Stone Chumash: pages 1218,1208,1210

## Our Generous Sponsors This Shabbos . . .

~Thank you to Marian Walters and Vivian and Alan Zarkowsky for sponsoring Shalosh Seudos in memory of beloved husband and father, Kurt Walters.

~ Thank you to Mimi Fiszel for being a **Pop Star** in honor of Rabbi Smason for speaking at the luncheon honoring St. Louis holocaust survivors and making them laugh.

#### Erev Shabbos, Friday Night, April 8, 2016 Mincha & Ma'ariv ~ 7:00 pm

### Shabbos, Saturday, April 9, 2016

Lunch & Learn ~ Rabbi Smason will be speaking on the topic of: "Being a Role Model: Providing a Road Map for Our Children".

• Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!

- Pesukei D'Zimra: I	Howard	Sandler
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- Shacharis: Dr. Ethan Schuman

- Leyning: Max Gornish

- Haftorah: Brent Waxman
- Drasha: No Drasha
- Musaf: Dr. Ethan Schuman
- Tefillah/Prayer Learners' Service ~ 9:30 am Led by Rabbi Yosef David in the Rivkin Chapel.
- Learners' Service ~ 10:15 am Led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Kid2one Tot Shabbat & Junior Congregation ~ 10:00 am Lower level.
- Mincha, Shalosh Seudos, Ma'ariv ~ 6:55 pm

**Bon Appetit** ~ We place a plate of rolls on each table at every Shabbos Luncheon, 1.) To enable each person to make or hear Ha'Motzi (the blessing on bread) over Lechem Mishne (two rolls or loaves of bread), and 2.) To enable each person to eat the minimum amount required when Ha'Motzi is made or heard; namely, one roll. Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. Please stay for the end of the meal, when together we will recite Birkas HaMazon (the blessing for our meal.) SHUL NEWS.

Sunday, April 10 ~ 10:00 – 11:30 am You are invited to our Seder! Join us for a Model Seder class led by Rabbi Smason. You already know the basics. How can you take your Seder to the next level? This course will help you add deeper discussion, engagement, and richness to your Passover Seder.

- Cash Cards ~ Orders for April are now being taken through April 15. Thank you to the following members and friends who ordered Cash Cards last month: Dr. Alan & Marcie Brook, Dr. Faye Cohen & Scott McCary, June Cohen, Don & Julie Eisenberg, Rhonnie & Stan Goldfader, Bob & Joni Kaiser, Phyllis & Howard Loiterstein, Lana Weinbach, and Mindy & Richard Woolf. Please help raise money for NHBZ and place your order for April! The order form is attached to this week's bulletin. Every order makes a difference to our shul.
- Sunday April 17 ~ 3:00 to 5:00 pm ~ The Irv Alper Social Club is having an all games party! Get your group together. Come and play Bridge, Mah Jong, and Poker. NHBZ, lower level, no charge, and no reservations required.
- Sunday, April 17 ~ Pizza Night-Pre-Pesach! Pizza night will be one week earlier in April. Mark your calendar. ~ All-You-Can-Eat Pizza Buffet ~ 5:00 to 7:00 p.m. Bring your family and friends to enjoy a delicious dinner of pizza, salad, pasta and garlic bread, AND Extra Comfort Food AT NO EXTRA CHARGE!!! Reservations are not needed just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month.
- Kashrus Symbol Card ~ now available! The updated 2016 Kosher Symbol Card from the CRC is now available in the NHBZ office for \$4.00 per card.
- The Chesed Committee is excited to begin a new program for visiting the home-bound. Being isolated at home can lead to feelings of loneliness and sadness. A visit by a friendly face to our dear friends and members can help them feel they aren't forgotten. Women and men of all ages are welcome to participate in this mitzvah. For more information, please contact Phyllis Silverman at 314 434-2482

## Wednesday Lunch & Learn Online

#### Happy April Birthdays!

Louis Osheroff Eliana Brook **Morris Scheer** Loren Abrams Margo Tzadok Chasya Smason Rosenbaum **Avital Nava Simon Trudy Sudin Yishama Gavriel Minoff** Martin Tessler Sid Silverman **Teresa Carter** Hannah Kaiser Mirowitz Dr. Craig Berkin Sam Shanker Fran Reisler Evan Woolf **Mickey Szus** Madeline Hartranft

# Rabbi Smason's Pirkei Avos / Ethics of the Fathers class – Live Video!

Available to view from your computer on **Wednesday's at** 12:15 P.M. CST. Visit our website at <u>www.nhbz.org</u> - click on 'media', then **'online classes'**, then **'ustream\_graphic'.** Enjoy!

### **Upcoming NHBZ Classes**

**Discover the Shabbat Morning Service: Meaning, Music** and Magic ~ A four-part class on Wednesdays: May 4, 11, 18, and 25 from 7:30 pm – 9:00 pm at NHBZ, lower level. Have you ever gotten lost while trying to follow along in the Siddur? Guess what... you're not alone! This course will help you be able to participate in the prayer service, and follow the Torah service. The class will be led by Rabbi Ze'ev Smason. Come join us! Call the office at 991-2100 x 2 to sign up. Suggested donation \$25.

## PESACH begins April 23 It's TIME NOW to sell your Chometz!!!

There are FIVE WAYS to add your name and address to our list:

1. Make an appointment to meet with Rabbi Smason in the office;

2. Sell your chometz to Rabbi Smason at minyan;

3. Come to the office and sign your name and address yourself;

**4.** Call Jeff at 314-991-2100, ext. 2.

**5.** Send an email to <u>jeff@nhbz.org</u> and say that you want us to add your name to the list. Whichever way to choose, whether for your residence only or to add your place of business, please include your address, your apartment/unit number, (business name and suite number), and zip code.

Please make your checks **payable to NHBZ and write** "Sale of Chometz" on the **memo line;** send or bring them to our office, or to charge to your credit card call Jeff at 314-991-2100, ext. 2.

#### Maos Chitim

**Pesach begins on April 22, 2016**. The Vaad Hoeir of St. Louis assists hundreds of families with gift certificates to Schnucks and Kohn's, delivery of food and support of Pesach programs and Sedarim on local college campuses and in senior living facilities. This support program, known as Maos Chitim, needs your support. Donations can be made online by going to <u>www.stlmaoschitim.com</u>. Checks should be made payable to "Maos Chitim" and addressed to the Vaad Hoeir of St. Louis, 4 Millstone Campus, St. Louis, MO 63146

## In the Community

• May 5, 2016 ~ This year's Yom HaShoah Commemoration which will take place at 7:00 p.m. at Congregation Shaare Emeth. The theme for this year's commemoration will be, "To Honor and Remember: Testimonies of St. Louis Survivors and Witnesses," and will include several survivor speakers, a traditional candle-lighting service, liturgical readings, prayers and appropriate music.

## Don't miss our next Shabbat Synaplex ~ May 7

### Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Tazria April 9, 2016

#### "Beware of the Grammar Police!"

Not many kids turn their lemonade stands into successful ventures, but 11-year-old Mikaila Ulmer has raised the bar to a sky-high level. After securing \$60,000 on the hit TV show "Shark Tank" last year, Mikaila's lemonade will now be sold in 55 Whole Food stores in states including Texas, Oklahoma, Arkansas, Louisiana and Florida. The Austin, Texas sixth-grader built her lemonade business, BeeSweet Lemonade with a 1940s lemonade recipe from her grandmother. FUBU CEO Daymond John, an investor on "Shark Tank," said he was pleased to join Mikaila's team. "Partnering with Mikaila made perfect sense," John said in a statement. "She's a great kid with a head for business and branding." Mikaila also attended the White House Kids' State Dinner last year where she met President Barack Obama.

While the lemonade brand highlights the role of bees, Mikaila said she wasn't always a fan. "When I was four years old, I got stung by two bees in one week. It was painful. I was terrified of bees. I didn't enjoy the bee stings at all. They scared me," Mikaila said. "But then something strange happened. I became fascinated with bees. I learned all about what they do for me and our ecosystem. So then I thought, what if I make something that helps honeybees and uses my Great-Granny Helen's recipe?" Mikaila began to study the bees after her mother D'Andra turned her bee sting experience into a research assignment. If it sells well, BeeSweet will be distributed to the rest of the US. The profits are not solely for Mikaila's gain. She has decided to donate a percentage to organizations working to protect the endangered honey bee population. Mikaila is extremely proud of the product she and her family have created. "I really love my new label," she says. "It actually has my face on it, so it makes me feel really special!"

Can something that seems bad be something good in disguise? Absolutely. It is important to train oneself to look positively upon life's situations. Often what appears as 'bad' or 'negative' ends up being a blessing. What can we do to look at challenging situations in a positive light? A Hebrew expression, gam zu l'tova, means 'this too is for the best.' When things don't seem to be going your way, say gam zu l'tova. Mikaila Ulmer has turned lemons into lemonade, becoming the CEO of BeeSweet Lemonade at only 11 years of age. At times, even a hidden blessing such as a bee sting can turn out to be the sweetest blessing of all.

#### Parshas Tazria Leviticus 12:1 -- 13:59

Parshas Tazria describes in great detail the varying and numerous manifestations of the disease called tzara'as. Although it has commonly been mistranslated as leprosy, this skin disease bears little resemblance to any bodily ailment transmitted through normal exposure. Rather, tzara'as is the physical manifestation of a spiritual malaise, a punishment from G-d primarily for the sin of speaking loshon hara. Loshon hara, meaning literally 'the evil tongue', is often translated as 'gossip'. However, loshon hara is the Hebrew term for derogatory speech that is true. *Motzei shem rah* refers to derogatory speech about others that is false and slanderous. The metzora (one diagnosed with tzara'as) was to be sent into isolation, tear his garments, and call out 'contaminated, contaminated!' Since he abused his power of speech, sowing strife and distancing people from one another, it was fitting that he too should suffer the effects of isolation. The various punishments recorded in the Torah are not intended to serve as revenge for the sin; they are measures that will hopefully restore the person to the correct path.

#### **Rabbinic Ruminations**

"Their is cake in the fridge if your interested." Do you shudder when reading that sentence? Do you long to correct it and don't even care that your coworkers mock you as the grammar police? You may say it's because you care about language, but it may indicate you're an introvert. A <u>recent study</u> finds that introverts are more likely to judge a person negatively on the basis of grammatical errors and spelling mistakes. People who are sensitive to grammatical errors are also more likely to be less agreeable by nature. Extroverted people, though, are more likely to ignore written errors. The study had 83 native English speakers respond to an email request for a roommate and judge what kind of roommate the writer would be. Some people read an email riddled with errors while others read one without mistakes.

The roommate email ad contained some simple typos (for example, it said 'mkae' or 'abuot'). Typical grammatical errors were also made, including: to/too, it's/its and your/you're. After the experiment, people were asked whether they had noticed the errors and how much it had bothered them. One of the reasons that less agreeable people may be more sensitive to grammatical errors is it suggests ignorance, the study's authors write: "Typos are often attributed to carelessness and clumsy or hurried typing, rather than ignorance of spelling conventions. When we encounter a grammatical error ('grammo') like to for too, we may wonder if the writer is ignorant of the to/too distinction. If so, the attributions associated with grammos are more personalized and may thus be more likely to impact other unrelated assessments of the writer (such as trustworthiness), compared with the more neutral attributions associated with typos."

Ethics of the Fathers (1:6) teaches, "Accept a teacher upon yourself, acquire a friend for yourself, and judge everyone favorably." What's the connection between finding a teacher and friend, and giving others the benefit of the doubt? Judging others favorably is the grease that allows the wheels of our relationships to turn smoothly. Without it, we won't be able to keep our teachers or friends. If you're an officer on the Grammar Police force, consider taking your badge off -- at least when among friends.

#### **Quote of the Week**

The bitterest tears shed over graves are for words left unsaid and for deeds left undone. - Harriet Beecher Stowe, 1865

#### Joke of the Week

Walking up to a department store's fabric counter, a pretty girl asked the clerk, "I want to buy this material for a new dress. How much does this cost?"

"Only a kiss a yard," replied the smirking male clerk.

"That's fine," replied the girl. "I'll take ten yards."

With expectation and anticipation showing all over his face, the clerk hurriedly measured out and wrapped the cloth, then held it out teasingly.

The girl took the package, smiled a big smile at the clerk, and then pointed to an old man standing next to her. "Grandpa will pay the bill! Goodbye!" she laughed and walked away.

## NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Cards are ordered on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office . (Questions? Call Laura at 991-2100 x3)

	Denomination			Total		Denomination			Total
Retailer	(in Dollars)	%	Qty	Amount	Retailer	(in Dollars)	%	Qty	Amount
Amazon.com	\$ 25.00	3.0%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	3.0%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
AMC Single Admit	\$ 10.50	10.0%				\$ 100.00	4.0%		
Barnes & Noble	\$ 10.00	9.0%			Lowe's	\$ 25.00	4.0%		
	\$ 25.00	9.0%				\$ 100.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%			Macy's	\$ 25.00	10.0%		
	\$ 25.00	13.0%				\$ 100.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%			Office Max/	\$ 25.00	5.0%		
	\$ 100.00	7.0%			Office Depot	\$ 100.00	5.0%		
Best Buy	\$ 25.00	3.0%			Petco*	\$ 10.00	5.0%		
	\$ 100.00	3.0%			PetSmart	\$ 25.00	4.0%		
BP Gas Card	\$ 50.00	1.5%			Pier 1*	\$ 25.00	9.0%		
Build A Bear	\$ 25.00	8.0%			REI*	\$ 25.00	8.0%		
Container Store*	\$ 25.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
	\$ 100.00	9.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart*	\$ 10.00	7.0%		
Dierberg's*	\$ 25.00	2.5%			Target*	\$ 25.00	2.5%		
	\$ 100.00	2.5%			Talbots	\$ 25.00	13.0%		
Dillards	\$ 25.00	9.0%			T.J. Maxx/Marshall's/				
	\$ 100.00	9.0%			Home Goods	\$ 25.00	7.0%		
Famous Footwear*	\$ 25.00	8.0%			Ulta Beauty*	\$ 25.00	4.0%		
Gap/Old Navy/	\$ 25.00	14.0%			Walgreens	\$ 25.00	6.0%		
Banana Republic	\$ 100.00	14.0%				\$ 100.00	6.0%		
Home Depot	\$ 25.00	4.0%			Walmart/	\$ 25.00	2.5%		
	\$ 100.00	4.0%			Sam's Club	\$ 100.00	2.5%		
iTunes	\$ 15.00	5.0%			Whole Foods*	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
JC Penney	\$ 25.00	5.0%			Other**:				
	\$ 100.00	5.0%							

#### TOTAL THIS ORDER: \$

- Orders & payments to NHBZ may be made by check or cash only, and MUST accopmany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

\*New additions to our list

\*\*A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME				
ADDRESS	CITY	STATE	ZIP CODE	

And please remember to use your Schnuck's Card for NHBZ credit!!!

From Our Families to Yours...

# Junior Congregation and Tot Shabbat

Programs of the NHBZ Children & Young Families Committee

# Calling <u>ALL</u> Kids (& Friends)!

Junior Congregation for ALL 7 - 11 year olds!

## April 9 and 30

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Time: 10:00 a.m. - Noon

## Tot Shabbat (age 6 and under, siblings welcome!)

## and April 9 and 30

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

> <u>Time</u>: 10:00 – 10:30 am Snacks and Play 10:30 – 11:15 am Program <u>Where</u>: Both take place Downstairs

(NHBZ membership NOT required...All levels of observance welcome!!!) For questions, please email or call Jeff at (314) 991-2100

# Join the Minyan - It's good for us, it's good for you!

This Week's Schedule Shacharis	Shabbos Apr. 9 9:00 am	Sunday Apr. 10 8:00 am	Monday Apr. 11 7:00 am	Tuesday Apr. 12 7:00 am	Wednesday Apr. 13 7:00 am	Thursday Apr. 14 7:00 am	Friday Apr. 15 7:00 am	Shabbos Apr. 16 9:00 am
Mincha/ Ma'ariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00pm	7:05 pm
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<b>NHBZ Event Planner</b> (Check "Shul News" for time, date or location changes.) Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event. All events will be at NHBZ unless otherwise noted.					
<ul> <li>WEEKLY at NHBZ</li> <li>SHABBOS</li> <li>Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.</li> <li>Child Care (10:15 am – Noon) for kids 3 &amp; under in the Children's Room.</li> <li>Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.</li> <li>Shabbos Tanach (Bible) (<u>One hour</u> before Mincha)</li> <li>SUNDAY</li> <li>Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.</li> <li>"Mystical Moments" with Rabbi Max Weiman. (between Mincha &amp; Maariv.)</li> <li>Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.</li> <li>MONDAY</li> <li>Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.</li> <li>WEDNESDAY</li> <li>Rabbi Smason's Lunch &amp; Learn (12:15-1:00 pm) Studying Pirkei Avos.</li> </ul>	<ul> <li>BI-MONTHLY at NHBZ</li> <li>JUNIOR CONGREGATION + TOT \$HABBAT ~</li> <li>MONTHLY at NHBZ</li> <li>Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard &amp; Mindy Woolf.</li> <li>Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.</li> <li>Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.</li> <li>Sisterhood (Third Tuesday)</li> <li>Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.</li> <li>MHBZ Signature Events</li> <li>Synaplex Shabbos</li> <li>Shabbos Lunch &amp; Learn</li> </ul>				



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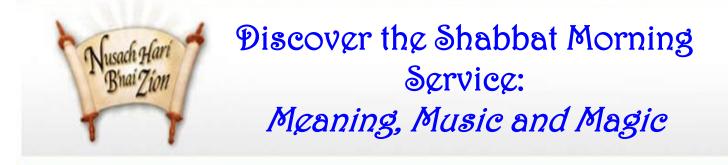
# DINE IN PIZZA NIGHT

# Sunday, April 17

# 5:00 - 7:00 P.M.

All-You-Can-Eat Buffet of Pizza, Spaghetti, Garlic Bread & Salad plus Dessert & Beverage Adults: \$12.00 Kids 4-12: \$6.00 Kids 3 & under: FREE (Movie for the kids in the Lower Level)

All Food Served will be under the Supervision of Rabbi Ze'ev Smason



Have you ever gotten lost while trying to follow along in the Siddur? Does everyone else seem to know what they're doing while you're looking for the page? And have you ever wondered why so many people are standing around the Torah?

Guess what... you're not alone! This course will help you be able to participate in the prayer service, and follow the Torah service. Services are so much more meaningful when you know what's going on! The class will be led by Rabbi Ze'ev Smason. Come join us!

When: Four classes on Wednesdays: May 4, 11, 18, and 25 from 7:30 pm – 9:00 pm at NHBZ, lower level. Each class is self-contained so you can attend one or any of them.

### What will you learn in this class?

- The progression of the Shabbat morning service
- Why we read Torah and Haftarah on Shabbat morning
- What is "Musaf" and why is there a Musaf service
- The common congregational melodies and words
- The structure of the Siddur
- The structure of the Chumash
- The difference between what the text looks like in the Chumash vs. in the Torah Scroll, and how the cantillation (or chanting) helps us understand meaning (and where we are!)
- The sequence of events of taking an Aliyah
- And more

### NHBZ membership is not required. Please invite your friends!

Suggested donation is \$25 for the four-part series. Reservations are requested by May 1<sup>st</sup>, 2016. For questions or to RSVP, please contact Jeff Miller at jeff@nhbz.org or (314)

991-2100, ext. 2.



# HUMAN TRAFFICKING.

## ...a form of modern-day slavery.

National Council of Jewish Women – St. Louis Section is asking you to remember those who have been affected by human trafficking.

Please use this insert in your Seder for the Hillel sandwich.

As we recall our time of slavery in Egypt, we place an extra portion of maror in our Hillel Sandwich to remember that in our lifetime we were also slaves during the Holocaust.

Slavery continues today in the form of human trafficking.

We remember those entrapped by criminals who promised them a better life here.

We remember young people who are exploited with promises of false love and protection.

We recall those swept into captive labor.

We think of children sold into slavery.

We, who are free, understand the bitterness of today's slaves.

Let us resolve to educate ourselves and the community to end human trafficking for all time.

## NCJ > A FAITH IN THE FUTURE. A BELIEF IN ACTION.

295 N. Lindbergh St. Louis, MO 63141 www.ncjwstl.org 314-993-5181