



# NHBZ Shabbos Bulletin

## Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 [www.nhbz.org](http://www.nhbz.org)

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos July 16, 2016

**Synaplex Shabbat**

10 Tammuz, 5776

Torah Portion:  
Haftorah:

Chukas Numbers 19:1-22:1  
Judges 11:1-33

Stone Chumash: pages 838-855  
Stone Chumash: pages 1187-1189

*Candle Lighting ~8:07 pm*

*Shabbos Concludes ~ 9:09 pm*

### Our Generous Sponsors This Shabbos . . .

Thank you to **Dr. Craig & Jackie Berkin** for sponsoring this week's bulletin in honor of the birth of their new grandson; the son of **Rabbi Heath & Devorah Berkin**!

Thank you to our birthday and anniversary sponsors **Bobbi Ring** and **Irena & Jeff Scheer**, who also sponsored the soda today.

**Erev Shabbos, Friday, July 15, 2016**

- Mincha & Ma'ariv ~ 7:00 pm

**Shabbos Saturday, July 16, 2016**  
~ SYNAPLEX ~

- **Shachris & Musaf ~ 8:30 am ~ Thank You for Leading Davening!**

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Dr. Ethan Schuman**
- Leyning: **Aryeh Needle**

- Haftorah: **Moshe Pinto**
- Drasha: **No Sermon**
- Musaf: **Dr. Ethan Schuman**

- **Learners' Service ~ 10:00 am ~ Led by Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Tot Shabbat ~ 10:00 am ~ Led by Kate Friedman** lower level.
- **Junior Congregation ~ 10:00 am ~ Led by Jake Fendelman** lower level.
- **Break-out sessions beginning at 11:15 a.m.**

- ✓ **"ABRACADABRA-The Power of the Spoken Word "** (Led by Rabbi Ze'ev Smason)
- ✓ **"Jews and Baseball"** ( Led by Dr. Burton and Benita Boxerman)
- ✓ **"Mazel Tov! Does Judaism Believe In Luck, And Can It Change?"** (Led by Rabbi Yaakov Berkowitz of the St. Louis Kollel)

- **Kiddush Luncheon following Synaplex Sessions in honor of our July Birthdays and Anniversaries!**

~ We place a plate of rolls on each table at every Shabbos Luncheon: **1.)** To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), **and 2.)** To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. -- B'tayavon**

- **Mincha ~ 7:45 pm**

*Happy Anniversary this week to: Moshe & Louise Givon*

*Happy Birthday this week to: Esther Levine, Danny Sallis, Kurt Kahn, Sylvia Tessler, and Stephanie Starr*

## SHUL NEWS....

- **Sunday, July 17 5:00 -7:00pm    BBQ MEATS HOT OFF THE GRILL!!** Adult Plate: \$10.00 - (Includes Choice of Sandwich with Trimmings - Sliced Tomatoes, Onions & Pickles; Potato Salad, Cole Slaw, Dessert and Drink) Kids Plate - 10 & under: Hamburger - \$7.00; Hot Dog - \$6.00 - (Includes Choice of Sandwich with trimmings, bag of chips, Dessert and Drink. Veggie Burgers available on request!    Reservations NOT NEEDED!
- **July 23, Shabbos ~7:00pm ~ Family Shalosh Seudos Program** with guest presenter **Rabbi Levi Landa**. The topic will be "**Tisha B'Av and the 3 Weeks**". **Please consider being a sponsor for \$18.00.**
- **July 24, Sunday, the Fast of the 17th of Tammuz will be observed.** This date begins the beginning of the period known as 'The Three Weeks', where various restrictions such as taking haircuts are in effect. The 'Three Weeks' culminates in Tisha B'Av, the Fast of the 9th of Av, observed this year on Sunday, August 14.
- **July 30, Shabbos ~ **TOT SHABBAT AND JUNIOR CONGREGATION!****  
(Also Tot Shabbat and Junior Congregation ~ August 13 & 20)
- **July 31, Sunday ~ Pizza Night 5:00-7:00pm – Volunteer early!** email [jeff@nhbz](mailto:jeff@nhbz) and tell him your available!
- **July 31, Sunday ~ 3:00 to 5:00 pm ~** The Irv Alper Social Club is having an all games party! Get your group together. Come and play Bridge, Mah Jongg, and Poker. NHBZ, lower level, no charge, and no reservations required.
- **Shabbos August 6 ~ Lunch and Learn!**
- **Sunday, August 7th ~ 5:00-7:00 pm ~ Israeli Falafel Night** presented by Special Guest Chefs, Dror Sheleg and Amir Noy,
- **August 8, Monday ~ 7:00-8:30 pm ~** The Home Discussion Group meets again. This time at the home of Jay & Peggy Umansky. The topic will be announced soon! RSVP to Jeff at [jeff@nhbz.org](mailto:jeff@nhbz.org) or 991-2100 for address.

### Save the Dates:

**August 25-September 22 ~ Hebrew Reading Crash Course!**  
**September 4, Sunday ~ Rabbi-Ride-Around in Forest Park!**  
**September 11, Sunday ~ 1st Annual Kosher BBQ Cook Off!**  
**September 25, Sunday ~ Speaker Night!**

## Adult Learning at NHBZ

### ***~The 15 Worst Lies about Israel and How to Combat Them~***

Please join us for a new series at NHBZ with stand-alone presentations from strong community advocates for Israel and Jews, focusing *on the lies told about Israel and providing the facts necessary to overcome them.*

**WHEN:** Wednesday at NHBZ, lower level.

**TIME:** 7:30 – 8:30 p.m.

**Class 4 (July 20):** "BDS helps Palestinians and promotes peaceful co-existence between Israel and Palestinians," & "Israeli policies are the cause of worldwide antisemitism and terrorism. " – (*Karen Aroesty, ADL*)

**Class 5 (July 27):** "Intifadas are the result of failures in the peace process and Palestinian frustration," & "Israel uses excessive or disproportionate force in responding to Palestinian militants. "

**Class 6 (August 3):** "The media honestly portrays the Israel-Palestinian conflict." "Israel caused the Palestinian refugee problem. "

**Amud-A-Week Program ~ Join Rabbi Daniel Freund every Monday at 7:30 pm** for a weekly Talmud class/shiur. Rabbi Freund's class is an opportunity to participate in an exploration of relevant Torah topics. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level. A project of the St. Louis Kollel, the **Amud-A-Week program** will be taking place at multiple synagogues and with different instructors throughout St. Louis. So almost literally, the whole St. Louis Jewish community will be 'on the same page. For questions, please contact Rabbi Smason.

**Every Wednesday at 12:15 pm Lunch & Learn with Rabbi Smason.** Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on 'media', then 'online classes', then 'ustream\_graphic'. Enjoy!

*The deadline for this year's **Special Gift Campaign** is **July 18th**. Please make your pledge so you can be invited to our "Thank You Brunch" on Sunday, August 21. Remember you only need to make a pledge by this date. Also, we are instituting a "matching" Charidy Program, so your donation will help even more this year! Please call Howard Loiterstein (434-1339) or Dr. Craig Berkin (993-4200) with any questions.*

**“An Elephant Never Forgets”**

Ever since the Gateway Arch went up in St. Louis in 1965, pilots have eyed it longingly. Five airplanes are known to have flown through it, though none of them was ever identified -- or prosecuted by the Federal Aviation Administration. In 1973, however, a balloonists' flight was the first time an aircraft breached the sanctity of the arch with permission. That balloonist? Aeronaut extraordinaire Nikki Caplan. Born Natalie Joyce Zemliak on August 7, 1930 in St. Louis, Missouri, Nikki lived a fascinating and accomplished life. A devoted wife and cherished mother, Nikki was also a pianist, analytical drug chemist, instructor of pharmaceutical chemistry (she taught at St. Louis School of Pharmacy), avid reader, fencer, skier, sailor and world traveler. It was in ballooning, however, that Nikki made her international mark.

Nikki's first exposure to ballooning occurred when she read an article in National Geographic Magazine about hot air balloons. Not long after she had her first balloon, a 1968 model named "Les Sprit de St. Louis" ("Spirit of St. Louis"). Nikki had her first balloon flight in 1968, and received her pilot's license in 1971 at the age of 41. A pioneer in modern hot air ballooning, Nikki was the first balloon pilot in the state of Missouri. Her first major competition was at the 1973 National Hot Air Balloon Championships, where she was one of only two women to qualify for the finals. After that time she participated in many ballooning events around the country as well as in Europe and Asia. In 1973 Nikki co-founded the Great Forest Park Balloon Race, in St. Louis. Since then, this race has become the oldest and most well-attended free one-day hot air balloon event in the world. Attendance is free to more than 100,000 spectators who come to watch 70 world - class balloon pilots compete in the race.

Nikki's life brings to mind the inspirational words of King David: *A song of ascents. I lift up my eyes to the mountains -- where does my help come from? My help comes from the LORD, the Maker of heaven and earth.* (Psalm 121) Looking upward is often an expression of a deep spiritual yearning. The yartzheit of Nikki Caplan -- a larger-than-life woman who lived every day of her 54 years -- will be observed this week by her dear family and friends. May her memory be a blessing.

**Parshas Chukas Numbers 19:1 - 22:1**

This week's action-packed portion begins with the paradox of the Red Heifer, a mitzvah we are asked to perform though unable to understand its purpose and reason. The narrative jumps to the death of the prophetess Miriam. The Jewish people are then left without water, since the miraculous well which had accompanied them in the desert existed only in her merit. G-d commands Moses and Aaron to speak to a particular rock so it will miraculously produce water; Moses strikes it with his staff instead, and G-d tells the two leaders they will not enter the Promised Land. What did Moses do wrong? One classic approach suggests that Moses' sin was that he became angry (he said to the Jewish people, 'Listen now, you rebels'). Although the best among us can occasionally lose our temper, teachers and parents carry a special responsibility to be good role models for their students and children. Little pitchers have big ears! Later in the portion, the king of Edom refuses to let the Jewish people pass through his borders, causing them to take a longer route. Aaron dies and is buried on Mount Hor. The Children of Israel sing

a song of praise about the well of Miriam. The portion concludes with the battles and victories over Sichon, the king of Emori, and Og, the king of Bashan.

### **Rabbinic Ruminations**

Culling can cast a long shadow for elephants. South African wildlife officials used culling to control elephant populations from the mid-1960s until 1995. Researchers from the University of Sussex in the United Kingdom studied a population of elephants orphaned from culling operations and placed in South Africa's Pilanesberg National park. They found that the practice, which involves killing older elephants and relocating young ones, has a strong effect on the behavior and social knowledge of surviving animals, causing symptoms similar to those experienced by people diagnosed with post-traumatic stress disorder. To gauge the effects, observations of elephant family groups were made in Pilanesberg and in Kenya's Amboseli National Park, where culling didn't occur.

Researchers played recorded calls from elephants familiar and unfamiliar to each, and of various ages. The Amboseli elephants responded as expected: Attentively bunched when they perceived high-level threats but relaxed when the calls signaled low-level threats. Pilanesberg elephants responded abnormally, showing no clear connection between threat level and reaction. The behavioral ecologists attribute the abnormal responses to both the initial trauma and the loss of role models that culling caused. "Fundamental aspects of the elephant's complex social behavior may be significantly altered in the long term," their study says. And because elephants transfer knowledge, this abnormal behavior could be passed down for generations.

The transfer of knowledge to the next generation is of vital importance in Judaism. The Torah gives a concrete commandment to the parent: It is the obligation of each parent to teach their child Torah. A parent is obligated to teach Torah to their children and even a grandparent is obligated to teach their grandchildren. An integral part of Judaism is our *mesorah*, the heritage passed from generation to generation. The Hebrew phrase *L'dor v'dor* means "from generation to generation." Give your children 'L'dor v'dor service' -- share with them the knowledge and joy of Judaism.

### **Quote of the Week**

Children are likely to live up to what you believe of them. -- Lady Bird Johnson

### **Joke of the Week**

Two small county judges both got arrested for speeding on the same day. Rather than call the state Supreme Court for a visiting judge, each agreed to hear the other's case. The first judge took the bench while the second stood at the defendant's table and admitted his guilt. The sentencing judge immediately suspended both the fine and costs.

They switched places. The second judge admitted that he was speeding, too. Thereupon the first judge immediately fined him \$250 and ordered him to pay court costs.

The second judge was furious. "I suspended your fine and costs, but you threw the book at me!" he fumed.

The first judge looked at him and replied, "This is the second such case we've had in here today. Someone has to get tough about all this speeding!"

# Mazel Tov to everyone who celebrated a birthday or anniversary in July!

## **Birthday's**

Vivian Zarkowsky

Jessica Fadem

Joanna Alper

Frances Cohen

Melanie Sallis

Fran Alper

Judy Levin

Caryn Alper

Frieda Smason

Jane Lyss

Dvir Tzadok

Bobbie Ring

Michelle Segal

Mark Ragin

Boris Yasinev

Ileana Abrams

Murray Hochberg

Naomi Shanker

Anna Rose Tendler

Irena Scheer

Ronald Makovsky

Esther Levine

Danny Sallis

Kurt Kahn

Sylvia Tessler

Stephanie Starr

Sandy Kahn

Larry Freistein

Bertha Berman

## **Anniversaries**

Kurt & Sandy Kahn

Loren & Ileana Abrams

Louis & Shirley Osheroff

Linda & Dan Fleshman

Jacob & Judy Levin

Moshe & Louise Givon

Murray & Joyce Hochberg

Steve & Jill Starr

# Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos July 16	Sunday July 17	Monday July 18	Tuesday July 19	Wednesday July 20	Thursday July 21	Friday July 22	Shabbos July 23
Shacharis	8:30am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/ Ma'ariv	7:45pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00pm	7:40pm

## NHBZ Event Planner

(Check "**Shul News . . .**" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

**All events will be at NHBZ unless otherwise noted.**

### WEEKLY at NHBZ

#### SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

#### SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

#### MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

### BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

#### MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm  
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
- Shabbos Lunch & Learn



**Join us for a  
Family Shalosh Seudos (Third Meal)**

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**Shabbat, July 23, 2016**

with Guest speaker

**Rabbi Levi Landa of Chabad of Greater  
St. Louis**



***Rabbi Landa's class, on "Tisha B'Av and the  
3 Weeks," starts at 7:00 P.M.***

*Mincha at 7:40 P.M. We will offer separate "family friendly" services  
and Adult services, but we will be eating the Shalosh Seudos meal  
together.*

**Everyone is welcome**

**Please consider becoming a sponsor! Families or individuals  
can sponsor the event for \$18**

RSVP to Jeff at 314-991-2100 or [jeff@nhbz.org](mailto:jeff@nhbz.org)





## The 15 Worst **Lies** about *Israel*...

### AND THE **TRUTH** TO COMBAT THEM!

**Please join us for a new series with stand-alone presentations from strong community advocates for Israel and Jews, focusing on the lies told about Israel and providing the facts necessary to overcome them.**

**Open to the Jewish public ...**

**WHEN:** Wednesdays, through August 3, 2016

**TIME:** 7:30 – 8:30 p.m.

**WHERE:** Nusach Hari B'nai Zion Congregation, 650 N. Price Rd., 63132

**(July 20):** "BDS helps Palestinians and promotes peaceful co-existence between Israel and Palestinians," & "Israeli policies are the cause of worldwide antisemitism and terrorism." – (*Karen Aroesty, ADL*)

**(July 27):** "Intifadas are the result of failures in the peace process and Palestinian frustration," & "Israel uses excessive or disproportionate force in responding to Palestinian militants."

**(August 3):** "The media honestly portrays the Israel-Palestinian conflict."  
"Israel caused the Palestinian refugee problem."

**To RSVP, contact Jeff at 314-991-2100 ext 2 or [jeff@nhbz.org](mailto:jeff@nhbz.org).  
RSVPs are appreciated, but not necessary.**



## *Join us at any of the upcoming Home Discussion Groups*

**Interested in studying the Jewish Perspective on  
contemporary issues in a relaxed home setting?**

*Come Grow with Us!*

Led by Rabbi Ze'ev Smason, Groups  
meet at the homes of our members and  
friends.

This ongoing project plans to meet from 7:00 -  
8:30 p.m. on the **Second Monday of the  
month** (unless there is a holiday and then it  
will be the 3rd Monday.)



**The current schedule is as follows:**

**August 8th- The Umansky's home - Topic TBA**

Light refreshments will be served

Please RSVP to Jeff at **314-991-2100** or [jeff@nhbz.org](mailto:jeff@nhbz.org) by the Wednesday before the  
gathering. (Addresses and phone numbers will be given at the time of your RSVP)



*From Our Families to Yours...*

## ***Junior Congregation and Tot Shabbat***

*Programs of the NHBZ Children & Young Families Committee*

### **Calling ALL Kids (& Friends)!**

### **July 16 and 30 & August 13 and 20**

### ***Junior Congregation* for **ALL** 7 – 11 year olds!**

Learn and recite the main Shabbat prayers and tunes

- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

**Time: 10:00 a.m. – Noon**

### ***Tot Shabbat* (age 6 and under, siblings welcome!)**

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

**July 16: Dinosaur Shabbat**

**July 30: Stuffed Animal Shabbat**

**Time: 10:00 – 10:30 am Snacks and Play**

**10:30 – 11:15 am Program**

**Where: Both take place Downstairs**

(NHBZ membership NOT required...All levels of observance welcome!!!)

**For questions, please email or call Jeff at (314) 991-2100, ext. 2**



## **LEARN TO READ HEBREW NOW!**

# **HEBREW READING CRASH COURSE**

**WHEN: THURSDAYS: 8/25, 9/1, 9/8, 9/15, AND  
9/22/2016**

**TIME: 7:30 – 9:00 PM AT NHBZ**

**LED BY LOUIS GOLDMAN**

- **MAKE YOUR HIGH HOLIDAYS MORE MEANINGFUL**
  - **LEARN TO READ THE PRAYERS IN HEBREW**
  - **LEARN FROM A PROFESSIONALLY DESIGNED CURRICULUM FROM NJOP**
- **THIS POPULAR PROGRAM HAS ALREADY TAUGHT MORE THAN 250,000 PEOPLE TO READ HEBREW!**

**THIS INNOVATIVE INTRODUCTORY HEBREW PROGRAM IS DESIGNED FOR PEOPLE WITH LITTLE OR NO BACKGROUND IN HEBREW, AND CONCENTRATES ON THE HEBREW ALPHABET AND READING SKILLS.**

**אבגדה**

**PLEASE REGISTER AND PROVIDE YOUR PAYMENT OF \$18 FOR THE ENTIRE COURSE AND MATERIALS BY JULY 31ST.**

**CALL JEFF AT 314-991-2100 EXT. 2 WITH YOUR DETAILS OR MAIL YOUR PAYMENT TO NHBZ, 650 N. PRICE ROAD, ST. LOUIS MO 63132**

**INDICATE ON THE CHECK THAT IT IS FOR HEBREW READING CRASH COURSE.**