



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos July 23, 2016

17 Tammuz, 5776

Torah Portion:

Balak Numbers 22:2 - 25:9

Stone Chumash: pages 856 - 874

Haftorah:

Micah 5:6 - 6:8

Stone Chumash: pages 1189-1190

Candle Lighting ~8:02 pm

Shabbos Concludes ~ 9:05 pm

Our Generous Sponsors This Shabbos . . .

This Shabbat's luncheon is generously sponsored by Kurt and Sandy Kahn in honor of Kurt's special birthday and Sandy's birthday and by Dr. Faye Cohen- McCary, Scott McCary, Jerry and Francis Cohen in honor of the birthday of Brian McCary.

Erev Shabbos, Friday, July 22, 2016

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos Saturday, July 23, 2016

- Shachris & Musaf ~ 9:00 am ~ *Thank You for Leading Davening!*

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Menachem Szus**
- Leyning: **Max Gornish**

- Haftorah: **Mayer Taller**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Alan Haber**

- **Learners' Service** ~ 10:15 am ~ Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel.
- **Family Shalosh Seudos Program** ~ 7:00pm ~ with guest presenter **Rabbi Levi Landa**. The topic will be "**Tisha B'Av and the 3 Weeks**"
- **Mincha** ~ 7:40 pm

The period known as 'The 3 Weeks' (Bein haMetzarim) begins on Sunday, July 24 with the fast of the 17th of Tammuz. The fast begins at 4:43 A.M. and concludes at 9:01pm.

With thanks to an anonymous sponsor, a light breakfast will be available for the next three weeks after **Shachris on Tuesday, Wednesday and Thursday**. During breakfast, **Rabbi Smason** will discuss ideas relevant to the 3 Weeks. Open to men and women. Please join us!

Kiddush Luncheon following services ~ We place a plate of rolls on each table at every Shabbos Luncheon: **1.)** To enable each person to make or hear *Ha'Motzei* (the blessing on bread) over *Lechem Mishne* (two rolls or loaves of bread), **and 2.)** To enable each person to eat the minimum amount required when *Ha'Motzei* is made or heard; namely, one roll. **Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. -- B'tayavon**

Happy Anniversary this week to: Murray & Joyce Hochberg!

Happy Birthday this week to: Sandy Kahn, Larry Freistein, and Bertha Berman!

SHUL NEWS....

- July 30, Shabbos ~ **TOT SHABBAT AND JUNIOR CONGREGATION!**
(Also Tot Shabbat and Junior Congregation ~ August 13 & 20)
- July 31, Sunday ~ **Pizza Night 5:00-7:00pm – Volunteer early!** email jeff@nhbz and tell him you are available!
- July 31, Sunday ~ **3:00 to 5:00 pm** ~ The Irv Alper Social Club is having an all games party! Get your group together. Come and play Bridge, Mah Jongg, and Poker. NHBZ, lower level, no charge, and no reservations required.
- August 6, Shabbos~ **6:45 pm ~ Family Shalosh Seudos Program** with guest speakers **Rabbi Kowalsky and his wife Shoshana** from The St Louis Kollel.
- Sunday, August 7th ~ **5:00-7:00 pm ~ Israeli Falafel Night** presented by Special Guest Chefs, Dror Sheleg and Amir Noy,
- August 8, Monday ~ **7:00-8:30 pm** ~ The Home Discussion Group meets again. This time at the home of Jay & Peggy Umansky. The topic will be **“The Jewish Perspective on Life after Life.”** to Jeff at jeff@nhbz.org or 991-2100 for address.
- August 13, Shabbos, Lunch & Learn! Rabbi Ze'ev Smason's topic will be **“The Essence of True Beauty & Tisha B'Av.”**
- August 17, Sunday ~ **Special Gifts Brunch**, invitations will be mailed soon.

Save the Dates:

August 25-September 22 ~ Hebrew Reading Crash Course!

August 31- September 21 ~ Class with Rabbi Smason “The Soul's Journey: What You Can Do In Memory of a Departed Loved One”

September 4, Sunday ~ Rabbi-Ride-Around in Forest Park!

September 11, Sunday ~ 1st Annual Kosher BBQ Cook Off!

September 25, Sunday ~ Speaker Night with Michael Medved!

Adult Education Classes

~The 15 Worst Lies about Israel and How to Combat Them~

Please join us for a new series at NHBZ with stand-alone presentations from strong community advocates for Israel and Jews, focusing *on the lies told about Israel and providing the facts necessary to overcome them.*

WHEN: Wednesday at NHBZ, Feigenbaum-Pepose Multi-Purpose Room, lower level.

TIME: 7:30 – 8:30 p.m.

See attached flyer for details of next week's presentation

Amud-A-Week Program ~ Join Rabbi Daniel Freund every Monday at 7:30 pm for a weekly Talmud class/shiur. Rabbi Freund's class is an opportunity to participate in an exploration of relevant Torah topics. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level. A project of the St. Louis Kollel, the **Amud-A-Week program** will be taking place at multiple synagogues and with different instructors throughout St. Louis. So almost literally, the whole St. Louis Jewish community will be 'on the same page. For questions, please contact Rabbi Smason.

Every Wednesday at 12:15 pm Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'. Enjoy!

Please note the August session of Rabbi Mintz's class at the Berkin home is cancelled.

Beyond Twelve Gates

Parshas Balak

July 23, 2016

"Are All Fakes Created Equal?"

Sure, many of us have lapsed into silly talk on occasion. But it's rare that a person speaking 'Texan' goes in for routine jaw surgery and comes out sounding British. That's just what happened to Lisa Alamia of Rosenberg, southwest of Houston. The Texas woman went into jaw surgery to correct an overbite, and while she got her new smile, she got something she did not plan for: a British accent. Lisa was diagnosed with foreign accent syndrome, an extremely rare speech disorder that alters a person's speech so that he or she seems to speak with a foreign accent. When the mother of three underwent lower-jaw surgery in December 2015 and returned home with a British accent, her children thought she was kidding. "I was very shocked," Lisa said. "I didn't know how to take it. I was very confused. I said 'Ya'll' all the time before the accent. Once I got the accent, I started noticing I'd say, 'You all.'"

Doctors estimate that foreign accent syndrome has affected fewer than 100 people in 100 years worldwide. "It's such a rare condition that neurologists don't believe that this is a real condition," said

Dr. Toby Yaltho, a Houston neurologist. "The big thing is to know that she's not faking it." There is no known cure for the condition. Although the accent can diminish over time, it can be permanent. Lisa, who feared people wouldn't believe her, said, "I've never been outside of the country, except for a mission trip to Mexico. That's not where my accent came from." The now British-accented Texan is planning to start speech therapy and says she has come to realize that the accent doesn't define her. "In the beginning, that was my fear -- 'Oh, is she lying?' I said, 'You know what, Lisa? You're still you. You are who you are,'" she said.

We all speak with accents. When we speak with people who speak like us, we don't notice it. When we encounter people from other cultures, regions of the country, or socio-economical classes, we do notice differences in speech. But more important than accents are the words we choose. We know the power of speech; we witness it every day. Words have the power to build lasting relationships, and even to save people's lives. The power of speech is one of the most valuable gifts G-d has given us. As King Solomon said, *Death and life are in the hand of the tongue, and those who love it will eat its produce.* (Proverbs 18)

Parshas Balak Numbers 22:2 - 25:9

This week's portion shifts from the Jewish people's travels in the desert to the story of Bilam, the anti-Semitic prophet who attempted to curse the Children of Israel. Hired by Balak, the king of Moav, Bilam embarks upon a journey to the Israelite encampment. An angel brandishing a sword blocks Bilam's path, causing his donkey to repeatedly swerve off the road. Unable to see the angel, Bilam responds by striking the donkey three times. Miraculously, G-d causes the donkey to speak to Bilam -- shades of Mr. Ed, the talking horse in the 1960's TV show! Bilam's eyes are uncovered, and the humiliated prophet sees the angel standing in the path. The angel reminds Bilam that he may only speak the words that G-d places in his mouth. Upon arrival near the Jewish camp, Bilam repeatedly attempts to curse the people; each time G-d prevents him from doing so, but instead he ends up uttering several sets of praises, much to Balak's dismay. The Torah portion concludes with the Jewish men's debauchery with the promiscuous daughters of Moav and Midian, and the public immoral act of Zimri (a prince of the tribe of Simeon) with a Midianite princess. Pinchas, Aaron's grandson, zealously responds by piercing them to death with a spear, halting a plague from G-d which had broken out in the camp.

Rabbinic Ruminations

Are all fakes are created equal? Picture two handbags. Both are made of the same materials by the same workers in the same factory, but they have one crucial difference: One is official merchandise while the other was produced off-the-clock during an unsanctioned "ghost shift." Is the ghost-shift bag counterfeit? How "fake" is defined is question behind the research of professors Nelson Amaral of American University and Steven Chan of Yeshiva University. Dr. Amaral and Dr. Chan's research started with a friendly debate in a hotel. The pair realized the root of their difference of opinion was in their cultural backgrounds. Dr. Amaral was raised with North American and Western European roots; Dr. Chan is Chinese-American. "I was seeing real versus fake in very black-and-white terms," Dr. Amaral said. "To me there was a very concrete distinction, and Steven was looking at context, at all the shades of gray in between my concrete definitions."

Drs. Amaral and Chan set out to see what impact dialectical thinking -- the measure of how comfortable an individual is with situational ambiguity and change -- had on consumer attitudes

towards counterfeits. For the study, the pair surveyed 402 students of various cultural backgrounds at multiple US universities. The researchers presented participants with counterfeit goods, labeled as both counterfeit and ghost shift, and asked how likely they were to purchase each item. The results confirmed what the researchers had already seen play out between themselves: Participants from Western back-grounds were more likely to buy a ghost-shift item than a true counterfeit, but they were uncomfortable with both. Participants from Eastern backgrounds saw little difference between the two, and they were equally comfortable with both purchases.

Author Sydney J. Harris wrote, "Men make counterfeit money; in many more cases, money makes counterfeit men." Jewish law unambiguously rejects the idea of "let the buyer beware", and holds both buyer and seller responsible to fairly represent what they have to offer. The Torah says, ""You shall not lie" (Leviticus 19:11), but also says "Keep your distance from falsehood" (Exodus 23:7). Not only does the Torah forbid lying, but adds a precautionary law, to distance oneself from lying,. i.e., not to act in a way that may lead one to lie. Why? Because the seal of G-d is *emes* -- truth.

Quote of the Week

One's dignity may be assaulted, vandalized or cruelly mocked, but cannot be taken away unless it is surrendered. -- Michael J. Fox

Joke of the Week

David and Isaac found themselves sitting next to each other in a New York bar. After a while, David looks at Isaac and says, "I can't help but think from listening to you that you're from Israel."

Isaac responds proudly, "I am!" David says, "So am I! And where might you be from?"

Isaac answers, "I'm from Jerusalem." David responds, "So am I! And where did you live?"

Isaac says, "A lovely little area two miles east of King David Hotel. Not too far from the old city" David says, "Unbelievable! What school did you attend?"

Isaac answers, "Well, I attended Yeshiva University." David gets really excited, and says, "And so did I. Tell me, what year did you graduate?"

Isaac answers, "I graduated in 1984." David exclaims, "Amazing! This is bashert. Can you believe it? I graduated from Yeshiva University in 1984 also."

About this time, Moshe enters the bar, sits down, and orders a drink. The bartender walks over to him shaking his head and mutters, "It's going to be a long night tonight, the Goldberg twins have had a few too many L'chaims again."

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos July 23	Sunday July 24	Monday July 25	Tuesday July 26	Wednesday July 27	Thursday July 28	Friday July 29	Shabbos July 30
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:40pm	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00pm	7:35pm
		Fast of 17th of Tammuz						

NHBZ Event Planner

(Check "**Shul News . . .**" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
- Shabbos Lunch & Learn



The 15 Worst **Lies** about *Israel*...

AND THE **TRUTH** TO COMBAT THEM!

Please join us for a new series with stand-alone presentations from strong community advocates for Israel and Jews, focusing on the lies told about Israel and providing the facts necessary to overcome them.

Open to the Jewish public ...

WHEN: Wednesdays through August 3, 2016

TIME: 7:30 – 8:30 p.m.

WHERE: Nusach Hari B'nai Zion, 650 N. Price Rd., 63132

(July 27): "The media honestly portrays the Israel-Palestinian conflict," & "Israel caused the Palestinian refugee problem." –
(*Richard Woolf, NHBZ Israel Chair*)

(August 3): "Intifadas are the result of failures in the peace process and Palestinian frustration," & "Israel uses excessive or disproportionate force in responding to Palestinian militants."
(*Chiyya Samson*) and TBA

To RSVP, contact Jeff at 314-991-2100 ext 2 or jeff@nhbz.org.
RSVPs are appreciated, but not necessary.



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, July 23, 2016

with Guest speaker

**Rabbi Levi Landa of Chabad of Greater
St. Louis**



***Rabbi Landa's class, on "Tisha B'Av and the
3 Weeks," starts at 7:00 P.M.***

*Mincha at 7:40 P.M. We will offer separate "family friendly" services
and Adult services, but we will be eating the Shalosh Seudos meal
together.*

Everyone is welcome

**Please consider becoming a sponsor! Families or individuals
can sponsor the event for \$18**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org



Join us at any of the upcoming Home Discussion Groups

**Interested in studying the Jewish Perspective on
contemporary issues in a relaxed home setting?**

Come Grow with Us!

Led by Rabbi Ze'ev Smason, Groups
meet at the homes of our members and
friends.

This ongoing project plans to meet from 7:00 -
8:30 p.m. on the **Second Monday of the
month** (unless there is a holiday and then it
will be the 3rd Monday.)



The current schedule is as follows:

**August 8th- The Umansky's home - Topic "The Jewish Perspective on Life
after Life."**

Light refreshments will be served

Please RSVP to Jeff at **314-991-2100** or jeff@nhbz.org by the Wednesday before the
gathering. (Addresses and phone numbers will be given at the time of your RSVP)



From Our Families to Yours...

Junior Congregation and Tot Shabbat

Programs of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

July 30 & August 13 and 20

***Junior Congregation* for **ALL** 7 – 11 year olds!**

Learn and recite the main Shabbat prayers and tunes

- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Time: 10:00 a.m. – Noon

***Tot Shabbat* (age 6 and under, siblings welcome!)**

Parents and Grandparents come with kids to participate in a fun, interactive, educational family service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

July 30: Stuffed Animal Shabbat

Time: 10:00 – 10:30 am Snacks and Play

10:30 – 11:15 am Program

Where: Both take place Downstairs

(NHBZ membership NOT required...All levels of observance welcome!!!)

For questions, please email or call Jeff at (314) 991-2100, ext. 2



LEARN TO READ HEBREW NOW!

HEBREW READING CRASH COURSE

**WHEN: THURSDAYS: 8/25, 9/1, 9/8, 9/15, AND
9/22/2016**

TIME: 7:30 – 9:00 PM AT NHBZ

LED BY LOUIS GOLDMAN

- **MAKE YOUR HIGH HOLIDAYS MORE MEANINGFUL**
 - **LEARN TO READ THE PRAYERS IN HEBREW**
 - **LEARN FROM A PROFESSIONALLY DESIGNED CURRICULUM FROM NJOP**
- **THIS POPULAR PROGRAM HAS ALREADY TAUGHT MORE THAN 250,000 PEOPLE TO READ HEBREW!**

THIS INNOVATIVE INTRODUCTORY HEBREW PROGRAM IS DESIGNED FOR PEOPLE WITH LITTLE OR NO BACKGROUND IN HEBREW, AND CONCENTRATES ON THE HEBREW ALPHABET AND READING SKILLS.

אבגדה

PLEASE REGISTER AND PROVIDE YOUR PAYMENT OF \$18 FOR THE ENTIRE COURSE AND MATERIALS BY JULY 31ST.

CALL JEFF AT 314-991-2100 EXT. 2 WITH YOUR DETAILS OR MAIL YOUR PAYMENT TO NHBZ, 650 N. PRICE ROAD, ST. LOUIS MO 63132

INDICATE ON THE CHECK THAT IT IS FOR HEBREW READING CRASH COURSE.



The Soul's Journey: **What You Can Do In Memory of a Departed Loved One**

what is the Jewish Perspective on paying respect to our departed loved ones?

*This course, scheduled to come right before the High Holidays, will not only go into
the HOW's, but also the WHY's!*

These Four classes will take place on **Wednesdays,**
August 31, September 7, 14, and 21, 2016

at **7:30 p.m.** at NHBZ's lower level.

Each class is self-contained so you can attend one or any
of them!

Class One: Torah Study, Tzedaka & Chesed (Charity & Kindness)

Class Two: Prayers

Class Three: The Day of the Yartzheit

Class Four: Walking in the Righteous Path



NHBZ membership is not required. Please invite your friends!

***Suggested donation is \$25 for the four-part series. Reservations are
requested.***

***For questions or to RSVP, please contact Jeff Miller at jeff@nhbz.org
or (314) 991-2100, ext. 2.***