



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos September 10, 2016

7 Elul, 5776

Torah Portion: Shoftim – Deuteronomy 16:18-21:9

Stone Chumash: pages 1024-1045

Haftorah: Isaiah 51:12- 52:12

Stone Chumash: pages 1199-1200

Candle Lighting ~ 7:01 pm

Shabbos Concludes ~ 8:02 pm

Erev Shabbos, Friday, September 9, 2016

- **Mincha & Ma'ariv ~ 6:55 pm**

Shabbos, Saturday, September 10, 2016

- **Shachris & Musaf ~ 9:00 am ~ *Thank You for Leading Davening!***

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Dr. Ethan Schuman**
- Leyning: **Stuart Klamen**

- Haftorah: **Brent Waxman**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Dr. Ethan Schuman**

- **Learners' Service ~ 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel.**
- **Learners' Service ~ 10:15 am ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.**
- **Mincha/Ma'ariv/Shalosh Seudos with speaker Rabbi Mendel Segal~ 6:35 pm**

NEXT Shabbos, September 17 ~ Synaplex ~ Kiddush Lunch ~ Services at 8:30 am

Rabbi Ze'ev Smason "Making Habits, Breaking Habits: Become a New Person for the New Year".

Dr. John C. McManus, military historian, author, and professor of military history at the Missouri University of Science and Technology (Rolla) will discuss his book 'Before Their Very Eyes: American Soldiers Liberate Concentration Camps in Germany, April 1945'.

Rabbi Yaakov Berkowitz, St. Louis Kollel "What Makes Rosh Hashana Beautiful?"

SHUL NEWS....

The Yizkor Book of Remembrance information for Yom Kippur is due on or before Thursday, September 15 to have your loved ones names listed and/or read aloud. Call Jeff with any questions at 991-2100 ext 2.

- **September 11, Sunday 2:00-6:00 pm ~ 1st Annual Kosher BBQ Cook Off at NHBZ!** It's almost here! Invite your friends and come out for the first competitive Kosher BBQ Cook Off in St. Louis.
- **September 14, Wednesday ~ A series of four classes titled "The Soul's Journey: What You Can Do in Memory of a Departed Loved One" taught by Rabbi Smason on Wednesday evenings through September 21 at 7:30 pm.** You may attend one or all the classes. Please RSVP to jeff@nhbz.org. Class 3 of 4.
- **Shabbos, September 17 ~ Synaplex Shabbat, Tot Shabbat, and Junior Congregation**
- **September 17, Shabbos ~ Family Shalosh Seudos Program with speaker Rabbi Joey Rosenfeld.** See flyer for details.
- **September 18, Sunday ~ Pizza Night is one week earlier than usual.**
- **Sunday September 25 ~ RAP with the RABBI Returns!** Calling all teens; RAP with the RABBI with Rabbi Smason resumes at 10:15 A.M. at Starbucks Olive & Price.
- **September 25, Sunday ~ Speaker Night with Micheal Medved.** See the flyer the details.

Cash Cards ~ Orders for September are now being taken through Thursday, September 15th. The order form is attached to this week's bulletin. Every order makes a difference to our shul. You probably will be shopping at Dierbergs, CVS, or Walgreens (just to name a few cash card possibilities) this month, so why not benefit NHBZ as you shop? Thank you for buying cash cards in August! **Dr. Faye Cohen & Brian McCary, Bob & Joni Kaiser, Dr. Alan & Marcie Brook, Barry & Martha Ginsburg, Dr. Daniel & Marcela Morgensztern, Mark Ragin, Rabbi David Spetner, and Lana Weinbach.**

Ordering Lulavim & Esrogim ~ Deadline ~ Monday, September 26, just one week before Rosh Hashana. Prices per set: \$45.00, \$55.00, \$65.00, and \$80.00. Please send your check to the office, or to charge your payment to your credit card, call Jeff at 314-991-2100 ext.2.



Happy Anniversary this week to: Lester & Pearl Figus

Happy Birthday this week to: Irwin Rosen, Fran Hoffman, Corey Woolf, Dr. Daniel Morgensztern, Jesse Barash, Ayelet Smason, Louise Givon, Rebecca Goldman and Noa Simon

Sunday, September 18 ~ PIZZA NIGHT ~ 5:00pm - 7:00pm ~ All-You-Can-Eat Pizza Buffet ~
Credit Card Payments Accepted!!! Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! Reservations are not needed - just show up, eat to your heart's content, have fun schmoozing and have a great time!!! Plus a movie for the kids every month!!!! Are you new to NHBZ, looking to meet more members...sign up to help on our Pizza Buffet Line! It's a great way for everyone to say "Hi." (Please place carry-out orders by 10:00 a.m. on Sunday morning, September 18, 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m.)

Does anyone have a small portable sukkah which we could borrow to set up on the UMSL Campus? Please email Susan Feigenbaum at sskfeig@umsl.edu or Mindy Woolf at mwoolf2002@gmail.com

Adult Learning at NHBZ

Every Wednesday at 12:15 pm Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'. Enjoy!

Amud-A-Week Program ~ Join Rabbi Daniel Freund every Monday at 7:30 pm for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In the Community

September 20, Tuesday from 4pm- 8pm. ~ Blood Drive at Aish HaTorah Jewish Learning Center, 457 N. Woods Mill Rd. Chesterfield MO.

"Dear Hummingbird: Thanks for the Memories!"

Jim Heimerl ran into more than he bargained for in a 16.2-mile road race in Grantsburg, Wisconsin -- a deer. Four miles into the race, Officer Jim, a Minneapolis policeman, was in a cluster of runners not far off the pace of the leaders. Suddenly, two deer ambled out of the woods and onto the road. One startled buck, no doubt distressed to find himself in the middle of a human marathon, began zigzagging wildly through the runners. Jim didn't even see the animal until the two of them collided and sprawled together onto the asphalt highway. Jim fell flat on his face, received a concussion and opened a nasty gash on his forehead that required 23 stitches. The buck, however, paid an even higher price for his encounter. The collision broke its leg and his back, and the only humane response was to quickly dispense it to the ranks of the deerly departed.

Officer Jim had already been admitted to a nearby hospital when state game officials called to tell him that anyone who hits and kills a deer on a roadway can claim the deer. But since he didn't feel up to dealing with a dead deer, and since he didn't want to store the carcass in his station wagon in 80-degree heat while he recuperated overnight in the hospital, Jim declined the offer. He lamented his luck. "Great! I hunt deer for 14 years without getting a thing, and then I get one while I'm running a race." In recalling the painful encounter with the unauthorized competitor, Jim said, "I never saw it. (While I was lying on the road) someone said the leg was broken, and I started whimpering. I reached down and said, 'Which one?' But the paramedic knew me and said, 'Not you, dummy -- the deer.'"

It helps to have a sense of humor in life. Laughter is an integral part of emotional health, helping to keep our troubles in proportion. Aggravation and suffering sap our strength. Laughter brings out cheerful relaxation and gives us new energy. And laughter taps us into the deeper reality of G-d's interaction with the world, helping us to realize that gam zu l'tova -- everything that happens is for the best.

Parshas Shoftim -- Deuteronomy 16:18 - 21:9

Moses proceeds to review the regulations necessary for a civilized society. Local judges and officers were to be appointed in every city, and justice was to be administered righteously and impartially. A bribe of even a small sum is forbidden. The Sanhedrin -- the Jewish High Court of seventy one judges -- is to make Torah-based binding decisions on new situations to prevent the fragmentation of the Jewish people. When the Jewish people request a king, the king was not to misuse his power to amass horses, maintain a harem nor accumulate great wealth. To order his priorities and not become haughty he should write a copy of the Torah and carry it with him. When the Jewish people had righteous kings such as David and Solomon, it was a blessing. When we had wicked kings such as Jereboam and Ahav, it was a curse.

The nation's conduct in war is mentioned. The Jewish people are told not to be afraid of the enemy, not to destroy any fruit trees in battle, and that they should first give the enemy a chance to make peace. The portion also forbids all forms of superstition and 'magic' practiced by the soothsayer. We have no need for such tricks because of our true prophets and faith in G-d. The Jewish people are promised by G-d that He will send prophets to guide them, and Moses explains how a genuine prophet may be distinguished from a false one.

Rabbinic Ruminations

What can a plant whose nectar is bitter do to make pollinators return to visit its flowers and ensure its continued propagation? The survival of some plants depends on their ability to attract pollinators drawn to, among other things, the sweet nectar of its flowers. In addition, some plants also need protection from grazing animals which, for some, is achieved by the presence of bitter and toxic substances, like nicotine or caffeine, in their leaves. However, this mechanism is a double-edged sword, because the same substance that protects the plant's leaves is also found in the nectar of its flowers, giving it a bitter taste – which may repel some of its pollinators.

The nectar of *nicotiana glauca* – a species of wild tobacco known as 'tree tobacco' – is composed of a particularly bitter combination of nicotine and other substances, and yet sunbirds never stop visiting the plant. A study conducted at the University of Haifa points to the reason why: The mixture of chemicals in the nectar impairs the sunbird's memory! Sunbirds are a family of small birds distantly related to the hummingbirds of North America. Dr. Shai Markman, lead researcher of the study, said, "Ostensibly the plant has conflicting interests – both materials give the nectar a bitter taste that is likely to repel rather than attract pollinators. But in practice the sunbird – the main pollinator of tree tobacco – never stops visiting the plant despite the fact that these materials interfere with the bird's learning process, apparently through memory loss."

As Moses speaks his final words at the end of Deuteronomy, he reminds his listeners that we do not always remember G-d: "You neglected the Rock who begot you, forgot the God who labored to bring you forth" (32:18). Over the course of the previous year we may have missed the mark or forgotten the Rock who birthed us. But in these days of the Hebrew month of Elul, before the Days of Awe, we can return and remember.

Quote of the Week

In theory, there is no difference between theory and practice. But in practice, there is. - Yogi Berra

Joke of the Week

A couple's shalom bayis (happy married life) was in turmoil because of the presence in the household of old Aunt Sophie. For seventeen long years she lived with them, always crotchety, always kvetching, always demanding.

Eventually, Aunt Sophie passed away.

On the way back from the cemetery, the husband confessed to his wife, "Darling, if I didn't love you so much, I don't think I would have put up with having your Aunt Sophie in the house all those years."

His wife looked at him aghast.

"My Aunt Sophie!" she cried. "I thought she was your Aunt Sophie!"

High Holiday Seating Information

The High Holidays are almost upon us, and with the High Holidays comes this brief reminder about some of the procedures we have in place to make sure that it runs smoothly and meets your expectations. We are busy making seating charts, so the time is ripe for this to be on your radar screen!

Of course, all *adult* members of NHBZ that are in good standing with dues payments will have reserved seats for the High Holidays, whether on the individual plan, family plan, senior citizen plan or young adult plan. Arrangements for choosing your seats have not changed; if you are satisfied with your seat you need do nothing. If you want to change your seat, or have not yet made arrangements for paying your 2016 dues, please contact the office as soon as possible.

Children are not assigned reserved seats. If you would like to reserve a seat for your child, it can be purchased for \$25 per child (through college age.) Again, if you would like to purchase reserved seats for children, please call the office.

Young Adult memberships, for those who have graduated college through age 29, also *include* reserved seats for the High Holidays. Young Adult membership dues are \$190 per year.

Out of town guests of NHBZ members can reserve a seat for \$180. Military personnel serving in the Saint Louis area or out of town college students attending school in the Saint Louis area will receive reserved seats free of charge.

Thanks for your attention to these details, and let's all work to make this our most inspirational and stress-free High Holidays ever!

Nusach Hari B'nai Zion Sisterhood

Wishes you, your family and friends
A Healthy and Happy New Year ~ 5777
L'Shana Tova Tikatevu!

*Your support enables us to provide
funds for the **Passport to Israel** Program
to send our NHBZ children to Israel!!
We ask for a **MINIMUM** donation of \$8.00....
Larger donations are certainly appreciated as
we grow our Sisterhood of the Future!*

*Thank you for your support,
NHBZ Sisterhood Board*

Please cut and send this portion with your check to:
Nusach Hari B'nai Zion
650 N. Price Road
St. Louis, MO 63132-3707

Please make your check payable to
NHBZ Sisterhood

I have enclosed my check for \$_____.
Please wish New Year Greetings to everyone from me/us,
and list my/our name(s) as follows:

“

”

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Sept 10	Sunday Sept 11	Monday Sept 12	Tuesday Sept 13	Wednesday Sept 14	Thursday Sept 15	Friday Sept 16	Shabbos Sept 17 Synaplex
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	6:35 pm	6:45pm	6:45pm	6:45pm	6:45pm	6:45pm	6:45pm	6:25 pm

NHBZ Event Planner

(Check "**Shul News . . .**" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- RAP with RABBI Teen Group (10:15 A.M.) with Rabbi Smason @ Starbucks Olive and Price
- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
- Shabbos Lunch & Learn



SAVE THE DATE!

September 11, 2016

from 2-6 pm!

**Teams
Now
Formin
g. Sign
In**



Officially
Sanctioned by



- Tasting booths
- Kids activities

- Live music
- 9/11 Memorial

Thanks to our sponsors:



THE ESTATES



Enter the competition at www.nhbz.org
For more information, please contact Mindy Woolf at mwoolf2002@gmail.com



An open invitation to NHBZ's



Saturday

Shabbat Morning

September 17, 2016

Regular services begin at **8:30 a.m.**

Tefillah/Prayer Learners Service at **9:15 am** in the Chapel

(led by Rabbi Yosef David of Aish HaTorah)

Learners Service at **10:00 a.m.** in the Chapel

(led by Rabbi Smason)

Tot Shabbat (for kids 1-6) begins at **10 a.m.**

(Babysitting provided for younger kids)

Break-out sessions beginning at 11:15 a.m.

☆ ***"Making Habits, Breaking Habits: Becoming a New Person for the New Year"***

(Led by Rabbi Ze'ev Smason)

☆ ***"BEFORE THEIR VERY EYES: AMERICAN SOLDIERS LIBERATE CONCENTRATION CAMPS IN GERMANY, APRIL 1945"***

(Led by Dr. John C. McManus, Author and Professor of Military History, Missouri University of Science and Technology (Rolla))

☆ ***"What Makes Rosh Hashana Beautiful?"***

(Led by Rabbi Yaakov Berkowitz of the St. Louis Kollel)

Following those sessions, at approximately 12:15 pm, all attendees will then re-gather together for a Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



Join us for a **Family Shalosh Seudos (Third Meal)**

Shabbat, September 17, 2016

with Guest Speaker

Rabbi Joey Rosenfeld



At **5:40 p.m.** Rabbi Rosenfeld will lead a discussion for both men and women, on:

"Wanting to Want: The Third Meal and the Cultivation of Will "

Mincha will be at **6:25 p.m.** with both family and adult services offered, *but we will be eating the Shalosh Seudos meal together.*

Everyone is welcome!

Please consider becoming a sponsor! Families or individuals can sponsor the event for \$18.

RSVP to Jeff at **314-991-2100** or jeff@nhbz.org



The Soul's Journey: **What You Can Do In Memory of a Departed Loved One**

What is the Jewish Perspective on paying respect to our departed loved ones?

*This course, scheduled to come right before the High Holidays, will not only go into
the HOW's, but also the WHY's!*

These Four classes will take place on **Wednesdays,**
August 31, September 7, 14, and 21, 2016

at **7:30 p.m.** at NHBZ's lower level.

Each class is self-contained so you can attend one or any
of them!

Class One: Torah Study, Tzedaka & Chesed (Charity & Kindness)

Class Two: Prayers

Class Three: The Day of the Yartzheit

Class Four: Walking in the Righteous Path



NHBZ membership is not required. Please invite your friends!

***Suggested donation is \$25 for the four-part series. Reservations are
requested.***

***For questions or to RSVP, please contact Jeff Miller at jeff@nhbz.org
or (314) 991-2100, ext. 2.***



JUDGEMENT DAYS: WHAT THE HIGH HOLY DAYS TEACH US ABOUT PRESIDENTIAL POLITICS



NHBZ is pleased to present **Michael Medved**

With Rosh Hashanah just one week following this event and our high stakes presidential elections six weeks later, best-selling author, popular political pundit, national radio talk show host and film critic, Michael Medved, will explore the connection of our spiritual survival and our nation's political endurance.

Sunday, September 25, 2016 at 7:30 p.m.

Dessert reception following

General admission - \$18

Seating is limited. Make your reservations early!

For information or to make your reservation,
call Shayna Scribner, 314-913-1200 or online www.nhbz.org

Some facts about **Michael Medved**

- He wrote his first bestseller at age 26
- His nationally syndicated daily radio program reaches 300 stations across the country and more than 4 million listeners - in St. Louis on 1260 AM from 3-5 pm
- He attended Yale Law School where classmates included Bill and Hillary Clinton
- He writes columns regularly for the *Wall Street Journal* and *USA Today*
- He was chief film critic for the New York Post before launching his own radio show
- He began his political consulting work with Democratic politicians
- His 13th book, *The American Miracle: Divine Providence in the Rise of the Republic*, will be available on October 25.
- He has a daughter named Shayna

Sponsorships Available! All Sponsors are invited to an exclusive dinner with Mr. Medved prior to his presentation. Call Shayna for information.

NHBZ Cash Card Order Form

Due Thursday, September 15

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Cards are ordered on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office . (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	3.0%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	3.0%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
AMC Single Admit	\$ 10.50	10.0%				\$ 100.00	4.0%		
Barnes & Noble	\$ 10.00	9.0%			Lowe's	\$ 25.00	4.0%		
	\$ 25.00	9.0%				\$ 100.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%			Macy's	\$ 25.00	10.0%		
	\$ 25.00	13.0%				\$ 100.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%			Mobil	\$ 50.00	1.0%		
	\$ 100.00	7.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
Best Buy	\$ 25.00	4.0%				\$ 100.00	5.0%		
	\$ 100.00	4.0%			Petco*	\$ 10.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	4.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1*	\$ 25.00	9.0%		
Container Store*	\$ 25.00	9.0%			REI*	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
CVS	\$ 25.00	6.0%			Starbucks	\$ 10.00	7.0%		
	\$ 100.00	6.0%				\$ 25.00	7.0%		
Dierberg's*	\$ 25.00	2.5%			Stein Mart*	\$ 25.00	7.0%		
	\$ 100.00	2.5%			Target*	\$ 25.00	2.5%		
Dillards	\$ 25.00	9.0%				\$ 50.00	2.5%		
	\$ 100.00	9.0%			Talbots	\$ 25.00	13.0%		
Famous Footwear*	\$ 25.00	8.0%			T.J. Maxx/Marshall's/	\$ 25.00	7.0%		
Gap/Old Navy/	\$ 25.00	14.0%			Home Goods	\$ 100.00	7.0%		
Banana Republic	\$ 100.00	14.0%			Ulta Beauty*	\$ 25.00	4.0%		
Home Depot	\$ 25.00	4.0%			Walgreens	\$ 25.00	6.0%		
	\$ 100.00	4.0%				\$ 100.00	6.0%		
iTunes	\$ 15.00	5.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 25.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods*	\$ 25.00	3.0%		
	\$ 100.00	5.0%				\$ 100.00	3.0%		
					Other**:				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**New additions to our list*

***A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.*

NAME _____
ADDRESS _____ **CITY** _____ **STATE** _____ **ZIP CODE** _____

And please remember to use your Schnuck's Card for NHBZ credit!!!