



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos September 3, 2016

30 Av, 5776

Torah Portion: Re'eh – Deuteronomy 11:26 - 16:17

Stone Chumash: pages 998 - 1023

Haftorah: Isaiah 66: 1-24, 1 Samuel 20:18, 42

Stone Chumash: pages 1208 - 1210

Candle Lighting ~ 7:12 pm

Shabbos Concludes ~ 8:13 pm

Our Generous Sponsors This Shabbos . . .

This week's Shabbos bulletin is sponsored by David and Norma Rubin to say thank you to Anna Rose Tendler, Sandy Klarfeld, Sally Needle, Jackie Berkin, Stella Vladimirov, and Sandie Abrams for their incredible help which made last week's Kiddush a reality for everyone to enjoy!

Erev Shabbos, Friday, September 2, 2016

- **Mincha & Ma'ariv ~ 7:00 pm**

Shabbos, Saturday, September 3, 2016 ~ Rosh Chodesh Elul (Sunday Rosh Chodesh Elul)

- **Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!**

- Pesukei D'Zimra: **Howard Sandler**

- Haftorah: **Lenny Alper**

- Shacharis: **Menachem Szus**

- Drasha: **Rabbi Ze'ev Smason**

- Leyning: **Stuart Klamen**

- Musaf: **David Rubin**

- **Learners' Service ~ 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel.**

- **Learners' Service ~ 10:15 am ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.**

- **Mincha/Ma'ariv/Shalosh Seudos ~ 6:45 pm**

SHUL NEWS....

Reminder ~ By now you have received the **Yizkor Book of Remembrance information** for Yom Kippur in the mail. Please send in your form before **September 15** to have your loved ones names listed in this year's book. If there are no changes to your list from last year just check the appropriate box and mail it back to the office or email jeff@nhbz.org to confirm.

- **September 4, Sunday ~ The Rabbi Ride Around ~ Come out to Shelter #8 in Forest Park at for a great picnic lunch and entertainment as we cheer on Rabbi Smason on his bike ride.** The ride starts at 10am and lunch is at 12:00 pm. We thank the families that have generously sponsored the free lunch ...**the Loitersteins, Morgenszterns, Umanskys, Kaisers, Eisenbergs, Cohens, McCarys and Lana Weinbach** and to all those who pledged for the Rabbi Ride Around! Check out all the details on the flyer in this bulletin.

- Some of the great Silent Auction items at the Rabbi Ride Around this Sunday are: boys and girls bikes, a balance bike and a bike tune-up worth \$75 at Mesa Cycles. Some the Raffle Prizes are: a \$250 gift card to Target, J. Crew necklace, and a Kohns Deli lunch for two!
- **September 5, Monday ~ Labor Day**
- **September 7, Wednesday ~ A series of four classes titled “The Soul's Journey: What You Can Do in Memory of a Departed Loved One” taught by Rabbi Smason on Wednesday evenings through September 21 at 7:30 pm.** You may attend one or all the classes. Please RSVP to jeff@nhbz.org. Class 2 of 4.
- **September 11, Sunday 2:00-6:00 pm ~ 1st Annual Kosher BBQ Cook Off at NHBZ!** It's almost here! Invite your friends and come out for the first competitive Kosher BBQ Cook Off in St. Louis. **Volunteers are needed!** We need help setting up on Saturday night at 8:15 pm and all day during the event. **To volunteer call or email jeff@nhbz.org ~ 991-2100 ext 2.**
- **September 17, Shabbos ~ Family Shalosh Seudos Program with speaker Rabbi Joey Rosenfeld. See flyer for details.**
- **September 18, Sunday ~ Pizza Night is one week earlier than usual.**

Cash Cards ~ Orders for September are now being taken through Thursday, September 15th. The order form is attached to this week's bulletin. Every order makes a difference to our shul. You probably will be shopping at Dierbergs, CVS, or Walgreens (just to name a few cash card possibilities) this month, so why not benefit NHBZ as you shop? Thank you for buying cash cards in August! **Dr. Faye Cohen & Brian McCary, Bob & Joni Kaiser, Dr. Alan & Marcie Brook, Barry & Martha Ginsburg, Dr. Daniel & Marcela Morgensztern, Mark Ragin, Rabbi David Spetner, and Lana Weinbach.**

Shabbos, September 17 ~ Synaplex – Speakers:

Rabbi Ze'ev Smason *"Making Habits, Breaking Habits: Become a New Person for the New Year".*

Dr. John C. McManus, military historian, author, and professor of military history at the Missouri University of Science and Technology (Rolla) will discuss his book *'Before Their Very Eyes: American Soldiers Liberate Concentration Camps in Germany, April 1945'.*

Rabbi Yaakov Berkowitz, St. Louis Kollel "What Makes Rosh Hashana Beautiful?"

September 25, Sunday ~ Speaker Night with Michael Medved!

Happy Anniversary this week to: Sergio & Nancy Chayet, Louis & Rebecca Goldman, and Joel & Susan Manesberg

Happy Birthday this week to: Miriam Tzadok, Faith Waxman, Howard Sandler, and Carl Solomon

A belated thank you to **Shirley and Sam Bluestein** for contributing to the Rabbis school supply drive!

Rabbi Mintz Tuesday class resumes at the Berkin home on September 6.

Adult Learning at NHBZ

Every Wednesday at 12:15 pm Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at **www.nhbz.org** - click on 'media', then 'online classes', then 'ustream_graphic'. Enjoy!

Amud-A-Week Program ~ Join Rabbi Daniel Freund every Monday at 7:30 pm for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In the Community

We are collecting wine bottles to be used for centerpieces for the **Mega Challah Bake** in September in memory of **Julie Eisenberg's** father. 25 empty bottles are needed! Please bring your bottles to the office.

On September 4th at 8:00 p.m. in honor of Rosh Chodesh Elul, Rabbi Joey Rosenfeld will be speaking on "From a Heart of Stone to a Heart of Flesh: Thoughts on Teshuvah." At the home of Lisa and Dugie Baron's, 7929 Stanford Avenue. All are welcome!

St Louis Kollel announces its newest initiative... "Senior Kollel" begins Wednesday, September 7th. Seniors will now have the opportunity to learn Mishnah, Chumash, Halacha and more at locations throughout the community Monday through Thursday for two hours each day under the leadership and direction of Rabbi Gidon Nitsun. This program has been warmly endorsed by local Rabbis throughout the community. For sponsorship opportunities and additional information, contact Leon Nitsun [\(317\) 626-4240](tel:3176264240) or email [office@stlkol 4pm- 8pm.lel.com](mailto:office@stlkol4pm-8pm.lel.com)

September 20, Tuesday from 4pm- 8pm. ~ Blood Drive at the Aish HaTorah, the address is: 457 N. Woods Mill Rd. Chesterfield MO.

Sponsorships ~ Sponsor a Kiddush or Luncheon, Soda, Shalosh Seudos, this Bulletin, or something unique in honor of a special occasion, or in honor or memory of a loved one.

Is the Internet Affecting Your Memory?

A Florida woman is fighting to keep her beloved pet alligator. Mary Thorn said her 15-year-old pet named Rambo " ... watches TV on top of my dogs. People get along with him, kids love him. Brand new babies have sat with him to do pictures." The Florida Fish and Wildlife Commission is trying to seize her pet because he has grown past 6 feet long, the maximum size allowed for someone living on less than 2.5 acres. Ms. Thorn said Rambo, adopted after he was found being kept in cramped and dark conditions 11 years ago, is house trained, understands sign language commands and loves to dress in costumes, which she said also serve a practical purpose because the pet is sensitive to light. Ms. Thorn said she is asking the commission to make an exception for Rambo due to his unusual nature and because she obtained her license before the 2.5-acre provision was added onto the law.

Extolling Rambo's praises, Ms. Thorn said, "He's like my son. He's my family. He's not a normal gator. He has never been a normal gator." Rambo spends most of his days indoors. He waits by the refrigerator for food; after meals Ms. Thorn keeps his teeth clean with a toothbrush and toothpaste. She even holds him like a baby and kisses his snout. Ms. Thorn insists she is not crazy for keeping a gator like a family member. "I get that all the time," she said. "And then once they meet him his personality takes over." Mary Thorn added that Rambo does not pose any danger to humans or animals since he is trained to keep his mouth shut around people.

The inability to keep one's mouth shut around people is the source of many social ills. It has caused the dissolution of numerous friendships, the termination of countless marriages, and has generated immeasurable suffering. The antidote to *loshon hara* (evil speech)? In the words of King David, "Who is the man who desires life and loves days that he may see good? Guard your tongue from evil and your lips from speaking deceit" (Psalm 34: 13-14) Study the laws pertaining to forbidden speech. These are collected into a single volume, written by Rabbi Yisroel Meir Kagan, generally known as the Chofetz Chaim. An excellent version in English is titled *Guard Your Tongue*, by Rabbi Zelig Pliskin.

Parshas Re'eh -- Deuteronomy 11:26 - 16:17

Moses informs the Jewish people that we each face a choice; choose to observe G-d's directions for living (i.e. the Torah) and receive blessings, or choose to ignore G-d and experience estrangement and its consequences. Moses then turns to describing a number of religious, civil and social laws relevant once the Jewish people enter the Promised Land. Included in this listing are:

- Don't imitate the ways of the nations surrounding you
- A false prophet who attempts to entice you to idolatry should be put to death
- Since the Torah is complete and perfect, nothing may be added to or subtracted from it
- Self infliction of wounds on the body as a sign of mourning is prohibited
- As a holy people, refrain from eating non-kosher food
- Be particularly warm-hearted and charitable. Many laws and guidelines concerning *tzedaka* (righteous giving) are found in this week's portion
- The three pilgrimage festivals (Passover, Shavuos and Sukkos) are opportunities to ascend (make *aliyah*) to Jerusalem and the Temple to celebrate our blessings

Rabbinic Ruminations

Is the Internet affecting your memory? The more times people look up facts online, the less they prefer to rely on their own memories for even the simplest questions. Functions that used to be accomplished solely in our heads are now accomplished with the help of technology. We no longer need to

remember phone numbers, directions, birthdays, or medical information; the value of accumulating a vast knowledge base to ensure access to some specific bit of knowledge has never been less. The information we desire is often just a Google Search away, a development which has begun to profoundly alter the ways in which we think and remember. Psychologists have called this 'cognitive offloading'. Professor Evan F. Risko, author of a new review of the research on cognitive offloading said: "If you're allowed to store some to-be-remembered information on a computer, chances are you won't devote cognitive real estate to remembering it. As a result, your ability to remember that information without the computer will likely be reduced. There's little doubt that these new technologies are affecting what we remember."

In a recent study designed to examine cognitive offloading, people were asked a series of challenging trivia questions. One group was allowed to Google it while the other had to rely on their memory. Later on both groups were given a series of easier questions to answer and both allowed to use Google if they preferred. The results showed that those who used the Internet before were more likely to use it again. Remarkably, 30% of people who used the Internet earlier failed to try and answer any of a series of relatively simple questions from memory. They preferred to Google it. Those who had relied on their memory before, though, were more likely to use their own memories again.

Ancient Greek playwright Aeschylus said, "Memory is the mother of all wisdom." While acknowledging the importance of memory, Judaism defines wisdom differently. In Ethics of the Fathers (4:1) Ben Zoma said: Who is wise? He who learns from all people, as it is said: 'From all those who taught me I gained understanding' (Psalms 119:99). At its simplest level, the message is that one who seeks wisdom wherever it may be found is the one most likely to acquire it. He or she is willing to ask anyone and everyone. He is not so conscious of his own reputation as to refuse to "lower" himself to seek knowledge from someone not as important or credentialed as he.

Quote of the Week

A lady once walked up to Adlai Stevenson during the 1952 Presidential race and said "Every intelligent American is going to vote for you, you know that?" And he responded: "That is why we are losing to Eisenhower. Because he gets all the others."

Joke of the Week

The rabbi was having difficulty with his assigned parking space on the synagogue parking lot.

People parked in his spot whenever they pleased, even though there was a sign that clearly said, "This space reserved." He thought the sign needed to be clearer, so he had a different sign made, which read, "Reserved for Rabbi Only." Still people ignored it and parked in his space whenever they felt like it. "Maybe the sign should be more forceful," he thought. So he devised a more intimidating one, which announced, "Thou shalt not park here." That sign didn't make any difference either. Finally, he hit upon the words that worked; in fact, nobody ever took his parking place again.

The sign read, "The one who parks here has to deliver the sermon next Shabbos morning!"

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Sept 3	Sunday Sept 4	Monday Sept 5	Tuesday Sept 6	Wednesday Sept 7	Thursday Sept 8	Friday Sept 9	Shabbos Sept 10
Shacharis	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:45 pm	6:55pm	6:55pm	6:55pm	6:55pm	6:55pm	6:55pm	6:35 pm
	Rosh Chodesh Elul	Rosh Chodesh Elul	Labor Day					

NHBZ Event Planner

(Check "**Shul News . . .**" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (One hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Morris Lenga Yiddish Club (First Thursday) 7:30 pm at NHBZ.
- Sisterhood (Third Tuesday)
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
- Shabbos Lunch & Learn



Rabbi Ride-Around Rally & Picnic

Sunday, September 4, 2016

***JOIN US (and tell all your friends) FOR THIS AMAZING EVENT
as***

Rabbi Smason bikes 50 miles

on Forest Park's bike trail

You can find us at Forest Park Shelter # 8

***(Southwest corner of the Park, on Wells Drive off Skinker
Blvd.)***



The Ride begins at 10 a.m.

Plus, Fun Kid Activities

(Visit from Mike at Way Cool Balloons from 11-1!)

Plus, Free Picnic Lunch at Noon

Plus, New! A Bike Themed Silent Auction

Plus, Raffle begins at 1:00 p.m.

Pledges of \$.25/mile to \$1.00/mile (\$12.50-\$50) = 1 free raffle ticket awarded. Plus, for each additional \$50 pledged, another raffle ticket is awarded (2 tickets for \$100, 4 for \$200 etc.) You need not be present to win.

Call 314-991-2100 ext. 2 to Pledge/Sponsor Rabbi Smason

www.nhbz.org



The Soul's Journey: **What You Can Do In Memory of a Departed Loved One**

What is the Jewish Perspective on paying respect to our departed loved ones?

*This course, scheduled to come right before the High Holidays, will not only go into
the HOW's, but also the WHY's!*

These Four classes will take place on **Wednesdays,**
August 31, September 7, 14, and 21, 2016

at **7:30 p.m.** at NHBZ's lower level.

Each class is self-contained so you can attend one or any
of them!

Class One: Torah Study, Tzedaka & Chesed (Charity & Kindness)

Class Two: Prayers

Class Three: The Day of the Yartzheit

Class Four: Walking in the Righteous Path



NHBZ membership is not required. Please invite your friends!

***Suggested donation is \$25 for the four-part series. Reservations are
requested.***

***For questions or to RSVP, please contact Jeff Miller at jeff@nhbz.org
or (314) 991-2100, ext. 2.***



SAVE THE DATE!
September 11, 2016
from 2-6 pm!

**Teams
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- Tasting booths
- Kids activities

- Live music
- 9/11 Memorial

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An open invitation to NHBZ's



Saturday

Shabbat Morning

September 17, 2016

Regular services begin at **8:30 a.m.**

Learners Service at **10:00 a.m.** in the Chapel

(led by Rabbi Smason)

Tot Shabbat (for kids 1-6) begins at **10 a.m.**

Junior Congregation (for kids 7-11) begins at **10 a.m.**

(Babysitting provided for younger kids)

Break-out sessions beginning at 11:15 a.m.

☆ ***"Making Habits, Breaking Habits: Becoming a New Person for the New Year"***

(Led by Rabbi Ze'ev Smason)

☆ ***"BEFORE THEIR VERY EYES: AMERICAN SOLDIERS LIBERATE CONCENTRATION CAMPS IN GERMANY, APRIL 1945"***

(Led by Dr. John C. McManus, Author and Professor of Military

History, Missouri University of Science and Technology (Rolla))

☆ ***"What Makes Rosh Hashana Beautiful?"***

(Led by Rabbi Yaakov Berkowitz of the St. Louis Kollel)

Following those sessions, at approximately 12:15 pm, all attendees will then re-gather together for a Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



Join us for a **Family Shalosh Seudos (Third Meal)**

Shabbat, September 17, 2016

with Guest Speaker

Rabbi Joey Rosenfeld



At **5:40 p.m.** Rabbi Rosenfeld will lead a discussion for both men and women, on:

"Wanting to Want: The Third Meal and the Cultivation of Will "

Mincha will be at **6:25 p.m.** with both family and adult services offered, *but we will be eating the Shalosh Seudos meal together.*

Everyone is welcome!

Please consider becoming a sponsor! Families or individuals can sponsor the event for \$18.

RSVP to Jeff at **314-991-2100** or jeff@nhbz.org



JUDGEMENT DAYS: WHAT THE HIGH HOLY DAYS TEACH US ABOUT PRESIDENTIAL POLITICS



NHBZ is pleased to present **Michael Medved**

With Rosh Hashanah just one week following this event and our high stakes presidential elections six weeks later, best-selling author, popular political pundit, national radio talk show host and film critic, Michael Medved, will explore the connection of our spiritual survival and our nation's political endurance.

Sunday, September 25, 2016 at 7:30 p.m.

Dessert reception following

General admission - \$18

Seating is limited. Make your reservations early!

For information or to make your reservation,
call Shayna Scribner, 314-913-1200 or online www.nhbz.org

Some facts about **Michael Medved**

- He wrote his first bestseller at age 26
- His nationally syndicated daily radio program reaches 300 stations across the country and more than 4 million listeners - in St. Louis on 1260 AM from 3-5 pm
- He attended Yale Law School where classmates included Bill and Hillary Clinton
- He writes columns regularly for the *Wall Street Journal* and *USA Today*
- He was chief film critic for the New York Post before launching his own radio show
- He began his political consulting work with Democratic politicians
- His 13th book, *The American Miracle: Divine Providence in the Rise of the Republic*, will be available on October 25.
- He has a daughter named Shayna

Sponsorships Available! All Sponsors are invited to an exclusive dinner with Mr. Medved prior to his presentation. Call Shayna for information.