

NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America 650 North Price Road, Saint Louis, Missouri 63132 314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos January 21, 2017

23 Tevet, 5777

Torah Portion: Shemos: Exodus 1:1 -- 6:1 Haftorah:

Jeremiah 27:6-28:13, 29:22,23

Stone Chumash pages 292 - 317 Stone Chumash pages 1146-4 8

Candle Lighting ~ 4:51 pm

Shabbos Concludes ~ 5:55 pm

Our Generous Sponsors This Shabbos . . .

Thank you to **Lenny and Fran Alper** for sponsoring the Kiddush today in honor of Lenny's birthday!

Thank you to Jackie and Dr. Craig Berkin for sponsoring this week's bulletin in observance of the yahrzeit of Craig's father, Dr. Harry Berkin.

Erev Shabbos, Friday, January 20, 2017

Mincha & Ma'ariv ~ 4:45 pm

Shabbos, Saturday, January 21, 2017

Welcome! Today's Shabbos Greeters: Lenny and Fran Alper

■ Shachris & Musaf ~ 9:00 am ~ Thank You for Leading Davening!

- Pesukei D'Zimra: Howard Sandler

- Haftorah: Alan Haber

- Shacharis: **Menachem Szus**

- Drasha: Rabbi Ze'ev Smason

- Leyning: Michael Shapiro

- Musaf: David Rubin

- ◆ Learners' Service ~ 9:30 am ~ Led by Marc Chervitz in the Rivkin Chapel.
- Starting Points: Wisdom For Daily Living ~ 10:15 am ~ topic "Humor: Laughing When You Need It Most" ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Mincha/Ma'ariv/ Shalosh Seudos ~ 4:35 pm

Happy Birthday this week to: Scott Gitel, Leonard Alper, Rachael Pevnick, David Klarfeld, and Helayne Levitt!

SHUL Events

- Sunday, January 29 ~ Pizza Night! All-You-Can-Eat Pizza Buffet ~ Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad and garlic bread, dessert and beverage! (Please place carry-out orders by 10:00 a.m. on Sunday morning, January 29, 991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m.)
- Sunday, February 12, 12:30pm -2:30pm ~ NHBZ Sisterhood is pleased to present "From Cuba with Love". Dr. Eliot and Sally Katz will present a colorful glimpse of life in Cuba, with a focus on the Cuban Jewish community. Enjoy a taste of Cuba with light refreshments and beverages. \$8.00, Sisterhood members \$5.00.

Rabbi Smason will be out of town from Monday, January 23 through Wednesday, January 25. Rabbi Smason's Wednesday class will be taught by Rabbi Shmuel Greenwald of Aish HaTorah.

Today's Parshas: Shemos

The book of Exodus begins by describing the gradually increasing enslavement of the Jewish people in Egypt. Pharaoh, fearing the population explosion of the Jews, initially hopes that backbreaking labor would stunt their rapid physical growth. When their birth rate continues to increase he orders the Jewish midwives to kill all baby boys. Moses is born, and when his mother is unable to keep him hidden from the Egyptian authorities any longer she places him in a basket and sends him down the Nile River. He is found by Pharaoh's daughter and raised in the royal palace, even though she realizes he is a Hebrew. She names him Moshe (Moses) meaning "drawn from the water." Years later as a grown man, Moses kills an Egyptian who he witnessed beating a Jew.

Moses flees to the land of Midian and marries Zipporah, the daughter of Jethro, and they have two sons. When Moses is shepherding his father-in-law's flock, he witnesses the "burning bush" on Chorev (Mt. Sinai) where G-d commands him to lead the Jewish people from Egypt to the land of Israel, which G-d promised to their ancestors. Initially reluctant, Moses is shown three miracles to perform before the Jewish people to prove he was sent by G-d: Changing his staff into a snake, his healthy hand into a leprous one, and water into blood. Moses, accompanied by his brother Aaron, encounters an obstinate Pharaoh. The Egyptian king not only refuses their request for a three-day respite to worship G-d, but declares that the Jews must produce the same quota of bricks as before but without being given straw. The people complain to Moses and Aaron for making their situation worse, but G-d assures Moses that He will force Pharaoh to let the Hebrews leave.

Minyan men URGENTLY NEEDED NOW!

We will be missing 3 regular minyan attendees the entire month of January. Please try to help make a minyan. Contact Howard at 409-7266.

There is a new Wednesday Mincha Minyan at 1:05 pm, immediately following Rabbi Smason's Lunch and Learn class.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

January 28 "Enthusiasm: Spice Up Your Life!"

February 4 "Birthdays: Celebrating Birthdays, Jewishly" February 11 "Kvetching: Are You a Whiner or a Winner?"

Every Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Jan 21	Sunday Jan 22	Monday Jan 23	Tuesday Jan 24	Wednesday Jan 25	Thursday Jan 26	Friday Jan 27	Shabbos Jan 28
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/ Ma'ariv	4:35 pm	4:50 pm	4:50 pm		Mincha 1:05 pm		4:50 pm	4:45 pm
Ma'ariv only				6:45 pm	6:45 pm	6:45 pm		Rosh Chodesh

NHBZ Event Planner

(Check "Shul News . . ." for time, date or location changes.)
Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am Noon) for kids 3 & under in the Children's Room.
- Starting Points (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (1/2 hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

 Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Dine-In Pizza Night (Last Sunday) 5:00 7:00 pm
 Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
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NHBZ Sisterhood is pleased to present

From Cuba With Love

An informative presentation of Jewish Life in Cubaby Dr. Eliot & Sally Katz and Ben Minoff

Sunday, February 12, 2017 12:30 p.m. – 2:30 p.m. General Admission - \$8 Sisterhood Members - \$5

Dr. Eliot and Sally Katz will present a colorful glimpse into life in Cuba, with a focus on the Cuban Jewish community. During their recent visit, they visited synagogues and the home of a Jewish Cuban resident.

Ben Minoff, who was born in Cuba, and lived there until his departure at the age of 14, recently returned from his first trip back to his native country. He will recount this emotional visit and speak about his personal experiences as a youngster in Cuba.

Enjoy a taste of Cuba with light refreshments and beverages



RSVP to 314-913-1200 by Monday, February 6

NE-In Buffet

Kosher All You Can Eat Buffet of Pizza, Hot Italian Pasta, Salad and Garlic Bread plus Dessert & Beverage

Sunday, January 29 5:00p.m. - 7:00p.m.

Adults: \$12.00

Kids 4-10: \$6.00

CREDIT CARDS ARE ACCEPTED

Kids 3 & under: FRFF



(Movie for the Kids in the lower level)

..also...CARRY OUT Pizza --

Pick up: 4:30 - 4:45 p.m. Pre-Paid orders only.

Orders must be placed by 10 a.m. Sunday

Call: 314-991-2100, ext. 2

The cheese is Cholov Yisroel.

All food served will be under the supervision of Rabbi Ze'ev Smason.

Nusach Hari B'nai Zion 650 North Price Rd - Olivette, MO 63132 - 314-991-2100



Give Blood

In Honor of

St. Louis Jewish
Community
Tenth Anniversary
Blood Drive

PLEASE JOIN US.

Tenth Annual St. Louis Jewish Community Blood Drive

Sunday, January 29, 2017 10:00 a.m. – 4:00 p.m. Young Israel Jewish Synagogue 8101 Delmar Boulevard, St. Louis, MO

To make an appointment, please 1-800-RED CROSS or visit redcrossblood.org and enter sponsor code: YIJS

Endorsed by the Jewish Social Action Network

Harvey Kornblum Jewish Food Pantry Drive – Non-perishable items needed: Canned Tuna, Canned Fruits, Canned Salmon, Canned Vegetables, Peanut Butter, Pasta

