



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos February 11, 2017

Shabbos Shirah -- Tu B'Shevat

15 Shevat, 5777

Torah Portion: Beshalach Exodus 13:17 -- 17:16
Haftorah: Judges 4:4 - 5:31

Stone Chumash pages 366-393
Stone Chumash pages 1152-1154

Candle Lighting ~ 5:15 pm

Shabbos Concludes ~6:19 pm

Our Generous Sponsors This Shabbos . . .

Thank you to Louis and Rebecca Goldman for sponsoring the bulletin in observance of the yahrzeit of Judy Goldman.

Thank you to Dr. Faye and Brian McCary for sponsoring the cake in honor of the 66th wedding anniversary of Jerry and Frances Cohen and to Jerry and Frances Cohen for sponsoring the ice cream bar in celebration of Scott McCary's 12th birthday.

Thank you to Joni Kaiser for sponsoring this Shabbos bulletin in celebration of Bob's birthday and to welcome their kids Hannah and Lee Mirowitz from Seattle.

Thank you to Marilyn and Norman Liss and Family for sponsoring the bulletin in celebration of their 66th wedding anniversary.

Erev Shabbos, Friday, February 10, 2017

- Mincha & Ma'ariv ~ 5:00 pm

Shabbos, Saturday, February 11, 2017

Welcome! Today's Shabbos Greeters: Marcie Brook & Larry Chervitz

- Shachris & Musaf ~ 9:00 am ~ *Thank You for Leading Davening!*

- Pesukei D'Zimra: Howard Sandler
- Shacharis: Menachem Szus
- Leyning: Moshe Leib Cohen

- Haftorah: Moshe Pinto
- Drasha: Rabbi Ze'ev Smason
- Musaf: Richard Woolf

- **Learners' Service** ~ 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points: Wisdom For Daily Living** ~ 10:15 am ~ Topic- "Kvetching: Are You a Whiner or a Winner?" ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Mincha/Ma'ariv/ Shalosh Seudos** ~ 5:00 pm

Happy Birthday to: Scott McCary, Stella Vladimirov, Shirley Osheroff, Amanda Fredman, Francine Attoun, Robert Kaiser, Moshe Pinto, Morissa Pepose, Maxwell Pepose, and Samuel Pepose

Happy anniversary to: Norman & Marilyn Liss and Mark & Natalia Wallman

SHUL Events

- **Sunday, February 12, 12:30pm -2:30pm** ~ NHBZ Sisterhood is pleased to present "From Cuba with Love". Dr. Eliot and Sally Katz will present a colorful glimpse of life in Cuba, with a focus on the Cuban Jewish community. Enjoy a taste of Cuba with light refreshments and beverages. \$5.00 - \$8.00 All are welcome.
- **Shabbat, February 18 ~ JUNIOR CONGREGATION and TOT SHABBAT**
- **Sunday, February 19 ~ Pizza Night** will be one week earlier in February.
- **Sunday, February 26 ~ Holiday series class "Purim Basics- Why the Megillah, hamentashen, and drinking". 10:00-11:30 am.**
- **Sunday, February 26 ~ Rabbi Ze'ev and Chani Smason** will be honorees at the dinner event, Jewish Unity Live 2017. The Smason's will receive the 'Spirit of St. Louis Kollel Award'. To RSVP, email office @stlkollel.com before February 20th.
- **Shabbos, March 3 ~ 4 ~ Shabbaton and Friday Night dinner** with Epstein Hebrew Academy.
- **Sunday, March 12 ~ PURIM** ~ Costume ball and Purim Seudah. 6:00pm.
- **Shabbos, March 18 ~ Synaplex~ Great Breakout sessions:**
 1. *"Their Last Words: Final Messages of Great Rabbis and Famous People" -- Rabbi Ze'ev Smason*
 2. *"Christians Supporting Israel: What's Their Real Agenda?" -- Tommy Waller, founder of HAYOVEL (a non-profit organization that brings Christian volunteers from around the world to serve Jewish farmers in Israel)*

Rabbi Smason will lead an engaging discussion and participatory seder for Tu B'Shevat at the Crown Center on **Tuesday, February 14 at 1:00 pm**. Come celebrate Jewish "Arbor Day"! The event is free. The Crown Center is at 8350 Delcrest Drive, 63124.

Thank you to Norma Rubin and Anna Rose Tendler for
preparing the delicious dinner Friday night for Tu B'Shevat!

Cash Cards! ~ Orders for January are now being taken through **Wednesday, February 15**. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop? Thank you to our January Cash Card buyers: **Marcie Brook, Marcela Morgensztern, Joni Kaiser, Rabbi Smason, Rabbi David Spetner, Lana Weinbach, and Richard Woolf.**

Thank you to the following men for helping to changing the lights in the shul this past Sunday: **Lenny Alper, Dr. Craig Berkin, Larry Chervitz, Joshua John, Mateo John, Bob Kaiser, Menachem Szus, David Shaw, Rodney John, and Eliyahu Scheinberg.** The next light changing is scheduled for Sunday, Feb 12 at 10:00am, please bring ladders!

TRIBUTES this week –

To David & Norma Rubin in memory of David's mother, Jeanette Rubin - Mayer Taller, Sandy & Ron Segall, Marian Walters, Bob & Joni Kaiser

To Lenny Alper on his birthday- Lana Weinbach

Today's Parshas: Beshalach

As the Jewish people leave the land of Egypt, Pharaoh's heart is once again hardened. The Egyptian army pursues the former slaves, trapping them on the shores of the Red Sea. Moses raises his hand over the sea, miraculously parting the waters and allowing the Jewish people to pass through safely. Pursued by the Egyptians into the sea, Moses once again raises his hand and the waters come crashing down upon Pharaoh's army. Awed by this indisputable miracle, Moses leads the Jewish people in the Shir Shel Yam, a song of praise to G-d acknowledging a debt of gratitude for their remarkable salvation.

After traveling from the Red Sea, and following the miraculous sweetening of the bitter waters at Marah, the Jewish people complain to Moses and Aaron that they have no food to eat. G-d responds by providing a great test of faith; a daily ration of manna that would fall from the sky for forty years every morning, except for Shabbos. Some suggest that the manna was the greatest miracle the Jewish people ever experienced. A constant water source is also given when G-d commands Moses to strike a rock, miraculously causing water to flow from it. The portion concludes with the nation of Amalek's unprovoked sneak attack and the Jewish people's victory.

Adult Learning at NHBZ

Every Shabbos ~ **Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 18 "The 10 Commandments: All or Nothing?"

February 25 "Tick Tock: What is Time?"

March 4 "Good Conversation: Is Anyone Really Listening?"

March 11 "Black Cats to Broken Mirrors: Do Jews Believe in Superstition?"

March 18 "Stiff-Necked People -- Are We a Pain in the Neck?"

Every Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Community

Dr. Jerry Lob will speak Tuesday Feb. 21 at the Koilel on "Proactive Parenting" (women only) at 12:00 pm for a Lunch & Learn. RSVP to Linda for lunch. skowalsky@stlkoilel.com

Dr. Lob will also speak that day at the U-City Shul at 8:00pm on "Strengthening Marriage" open to men and women.

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Feb 11	Sunday Feb 12	Monday Feb 13	Tuesday Feb 14	Wednesday Feb 15	Thursday Feb 16	Friday Feb 17	Shabbos Feb 18
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:00 pm	5:15 pm	5:15 pm		Mincha 1:05 pm		5:15 pm	5:05 pm
Ma'ariv only	Tu B'Shevat			6:45 pm	6:45 pm	6:45 pm		

NHBZ Event Planner

(Check "[Shul News . . .](#)" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Starting Points (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (1/2 hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION + TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
-



Pizza Night

Sunday, February 19

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve crusts available upon request
All food under the supervision of Rabbi Ze'ev Smason**

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

***Next
Pizza
Night is
Sunday,
March
26***

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





From Our Families to Yours...

Junior Congregation

A Program of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

Junior Congregation for ALL 7 – 11 year olds!

Join us as we gather EVERY month, TWICE a month to:

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Led by Yonatan Hirschhorn and Yoni Strashun of Kadimah High School

Who: ALL NHBZ Kids & Friends ages 7 to 11!

(NHBZ membership NOT required...All levels of observance welcome!!!)

Time: 10:00 a.m. – 12:15 p.m.

Where: NHBZ Youth Lounge

Feb. 4

Feb. 18 ; Mar. 11 & 18

*** Snacks will be served!

*** Fun will be had!

For questions, please email Richard Woolf at woolfNHBZ@yahoo.com or call Jeff in NHBZ's office: (314) 991-2100, ext. 2



Jewish Customs & Practices *The Holiday Series*

“Purim Revealed--Why the Megillah, hamentashen, costumes, groggers, and drinking?”

*Introducing our “**Holiday Series**,” a new education program aimed at learning the ins and outs of Jewish holidays, how to truly observe them, and delving into their deeper meanings.*



Led by Rabbi Ze'ev Smason

**Please join us for the first Session on
Sunday, February 26, 2017
in the Feigenbaum-Pepose
Multi-purpose room!**

10:00am – 11:30 pm

P.S. There is no charge, but we would like to know how many will attend to prepare.

Please RSVP to Jeff at 314-991-2100 or jeff@nhbz.org by the Wednesday before the gathering.



Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us as we re-envision and enhance
Rabbi Smason's popular 10:15 a.m. Learners Service.

Each session is tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Join us at 10:15 a.m. (unless otherwise noted) every Shabbat to learn, explore, and raise your Jewish soul with the following eye-opening sessions led by Rabbi Smason:

February 11: "Kvetching: Are You a Whiner or a Winner?"

February 18: "The 10 Commandments: All or Nothing?"

February 25: "Tick Tock: What is Time?"

March 4: "Good Conversation: Is Anyone Really Listening?"

March 11: "Black Cats to Broken Mirrors: Do Jews Believe in Superstition?"

March 18: "Stiff-Necked People -- Are We a Pain in the Neck?"
(at 10 am in conjunction with *Synaplex*)

Shaloch Manot with Meaning!

While the BDS and the recent United Nations resolution target Israel and try to punish its economy, we can help. You can include at least one Israeli made item in your shaloch manot packages.

Everytime you purchase an Israeli item and include it in your shaloch manot, you are creating a new BDS: **BUY ISRAELI - DELIVER - SHALACH MANOT**



We will print sheets with the above graphic so you can include this in your packages and everyone will know that you are supporting Israel.

Some examples of products available at Kohn's:

Israeli pickles, olives, & peppers in cans; Osem soup bases, croutons, & Mini Mandel; Bissli; Bamba; Man Wafers & Cookies; Elite Candy Bars & Coffee; Klik Coated Candies, along with several wines

St Louis Wine & Cheese and Total Wine sells several different Israel wines.

Amazon sells numerous products made in Israel, if you buy through Amazon, please log in to www.smile.amazon.com and enter Nusach Hari B'nai Zion as your charity. The total you pay will not change, but Amazon makes a donation to NHBZ

<http://www.buyisraeligoods.com/landing2013.asp> is a website that is currently under construction with a St Louis tab of Israel products available in St Louis, the website is a joint venture of Stand with Us and American-Israeli Council. The website is still being cleaned up, it lists products made in Israel, local vendors and websites to buy from.

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.5%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.5%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	9.0%				\$ 100.00	4.0%		
	\$ 25.00	9.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	4.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	6.0%		
	\$ 25.00	4.0%				\$ 100.00	6.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!