



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos February 4, 2017

8 Shevat, 5777

Torah Portion:

Bo: Exodus 10:1 – 13:16

Stone Chumash pages 340-365

Haftorah:

Haftorah: Jeremiah 46: 13-28

Stone Chumash pages 1151

Candle Lighting ~ 5:07 pm

Shabbos Concludes ~6:11 pm

Our Generous Sponsors This Shabbos . . .

The cake (no candles) was sponsored by the entire NHBZ community for Rabbi Smason.

Thank you to Sid and Phyllis Silverman for sponsoring Shalosh Seudos in observance of the yahrzeits this week of Eli and Dora Silverman.

Erev Shabbos, Friday, February 3

- Mincha & Ma'ariv ~ 5:00 pm

Shabbos, Saturday, February 4, 2017

Welcome! Today's Shabbos Greeters: Kenny Bressler and Jay Umansky

- Shachris & Musaf ~ 9:00 am ~ **Thank You for Leading Davening!**

- Pesukei D'Zimra: **Howard Sandler**
- Shacharis: **Menachem Szus**
- Leyning: **Kenny Bressler**

- Haftorah: **Sid Silverman**
- Drasha: **Rabbi Ze'ev Smason**
- Musaf: **Alan Haber**

- **Learners' Service ~ 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel.**
- **Starting Points: Wisdom For Daily Living ~ 10:15 am ~ topic "Birthdays: Celebrating Birthdays, Jewishly" ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.**
- **Junior Congregation and Tot Shabbat ~ 10:00 am ~ Kids Room**
- **Mincha/Ma'ariv/ Shalosh Seudos ~ 4:50 pm**

Happy Birthday to:

Oren Kadosh, Kerry Klarfeld, Rabbi Ze'ev Smason, Paul Kleiman, Max Amon, Sivya Smason, Jeffrey Schnitzer, Alice Sudin, Marsha Feenberg, Chani Smason, Sheryl Levine, and Sally Amon!

SHUL Events

- **Friday, February 10 ~ Tu B'Shevat Friday Night Dinner \$15.00 per person, Kids \$8 ages 4-12; 3 and under free. See flyer for details. RSVP required. 991-2100 x 2 or jeff@nhbz.org**

- **Sunday, February 12, 12:30pm -2:30pm ~ NHBZ Sisterhood is pleased to present “From Cuba with Love”.** Dr. Eliot and Sally Katz will present a colorful glimpse of life in Cuba, with a focus on the Cuban Jewish community. Enjoy a taste of Cuba with light refreshments and beverages. \$5.00 - \$8.00 All are welcome.
- **Monday, February 13, 7:00 - 8:30 pm ~ The Home Discussion Group, led by Rabbi Smason.** topic this month is “How to Deal with Evil in the Modern World”. This month’s discussion will meet at the home of Lenny and Fran Alper. **RSVP** to Jeff@nhbz.org or 991-2100 ext 2. By February 8th.
- **Tuesday, February 14 ~ Board Meeting.**
- **Sunday, February 19 ~ Pizza Night** will be one week earlier in February.
- **Sunday, February 26 ~ Rabbi Ze’ev and Chani Smason** will be honorees at the dinner event, **Jewish Unity Live 2017**. The Smason’s will receive the ‘Spirit of St. Louis Kollel Award’. To RSVP, email office @stlkollel.com before February 20th.
- **Shabbos, March 3 ~ 4 ~ Shabbaton and Friday Night dinner with Epstein Hebrew Academy.**
- **Sunday, March 12 ~ PURIM ~ Costume ball and Purim Seudah. 6:00pm.**
- **Shabbos, March 18 ~ Synaplex~ speakers and topics TBA.**

Rabbi Smason will lead an engaging discussion and participatory seder for Tu B’Shevat at the Crown Center on Tuesday, February 14 at 1:00 pm. Come celebrate Jewish “Arbor Day”! The event is free. The Crown Center is at 8350 Delcrest Drive, 63124.

Did you know you can help replace our worn Siddurim? You can dedicate a siddur or Chumashim through our NHBZ Book Fund. Call the office for details.

NHBZ TRIBUTES this week –To Cindy Looney for a speedy recovery – *Bob and Joni Kaiser*

The Vaad Hoeir and the St. Louis Mikvah Association are publicly thanking **Reuven and Margo Tzadok** by sponsoring a Kiddush in U City for Reuven having generously volunteered his extensive professional services to design and install a new state-of-art Heating System at the Mikveh. We at NHBZ also want to voice our thanks and appreciation for his generosity and in making the Mikveh, a crucial Jewish institution, operate at a state-of-the-art level.

Yasher Koach, Reuven!

Today's Parshas: Bo Exodus

This week's portion begins with the eighth plague that G-d brings upon the Egyptians as the land is covered by locusts, destroying all the remaining crops. After the plague is removed at Pharaoh's behest, he once again refuses to set free the Jewish people, and the ninth plague of darkness encompasses the land. When that plague ends, Pharaoh becomes even more defiant about not freeing the slaves, at which point Moses warns Pharaoh about the upcoming tenth plague, the death of the firstborn. The Torah then interrupts the narrative with the first mitzvah given to the Jewish people as a nation -- the sanctification of Rosh Chodesh (the new month), beginning with the month of Nisan. G-d teaches Moses about the Korban Pesach (Passover offering) and the remainder of the laws of the Passover holiday, which Moses then transmits to the Jewish people.

At midnight of the appointed night the plague strikes, with every non-Jewish first-born dying, including Pharaoh's own son. Pharaoh awakes, running through the streets (presumably while still in his pajamas) to tell Moses that he now consents to send the Jewish people from his country. The children of Israel travel forth in a hurry with the great wealth they have just been given by the Egyptians. The Torah portion concludes with various mitzvos relating to the Exodus.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

February 11 "Kvetching: Are You a Whiner or a Winner?"

February 18 "The 10 Commandments: All or Nothing?"

February 25 "Tick Tock: What is Time?"

March 4 "Good Conversation: Is Anyone Really Listening?"

March 11 "Black Cats to Broken Mirrors: Do Jews Believe in Superstition?"

March 18 "Stiff-Necked People -- Are We a Pain in the Neck?"

Every Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Feb 4	Sunday Feb 5	Monday Feb 6	Tuesday Feb 7	Wednesday Feb 8	Thursday Feb 9	Friday Feb 10	Shabbos Feb 11
Shacharis	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:50 pm	5:05 pm	5:05 pm		Mincha 1:05 pm		5:05 pm	5:00 pm
Ma'ariv only				6:45 pm	6:45 pm	6:45 pm		Tu BiShevat

NHBZ Event Planner

(Check "Shul News . . ." for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Starting Points (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) (1/2 hour before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION + TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
-



Tu B'Shevat Shabbat

Friday Night



February 10, 2017

DETAILS ON THE FULL PROGRAM TO FOLLOW!

Services begin at 5:05 pm

Welcoming Shabbat (Kabbalat Shabbat) at about 5:25pm



Norma Rubin will prepare a Full, Delicious Shabbat Dinner (including fruits and trees native to Israel) served at approximately 6:00 pm

***Adults: \$15.00 Kids, 4-12: \$8.00 Kids, 3 & Under: Free
(\$54 Maximum per Family)***

Make your reservations by calling Jeff at 991-2100 ext 2. Seating will be limited so call asap!



From Our Families to Yours...

Tot Shabbat

A Program of the NHBZ KidsZone

Tot Shabbat is back again! עוגת שבת



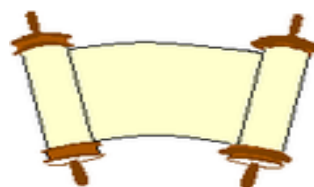
WHEN: Shabbat, Saturday, February 4, 2017

Next Tot Shabbat on February 18!

Tot Shabbat will take place downstairs in the Kids' Play Room!

From: 10:00-11:30am

Kids (age 6 and under and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Bring your Parents and come enjoy the fun!



This Shabbat we welcome Morah Kate's new baby boy, David Refael, with a special theme of 'Oogat (Cake) Shabbat!' All your favorite Shabbat songs and activities, plus mini 'birthday' cupcakes in honor of little David Refael, and a new Hebrew 'cake' song! We look forward to you joining us this Shabbat!

NHBZ KidsZone welcomes EVERYONE, members and non-members, to our Tot Shabbat! No RSVP necessary, no cost! Snacks provided!

While we encourage all age-appropriate kids to attend Tot Shabbat,

Babysitting is available from 10:00 a.m. to 11:45 a.m.

For questions, please call Jeff in NHBZ's office at (314) 991-2100, ext. 2



From Our Families to Yours...

Junior Congregation

A Program of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

Junior Congregation for ALL 7 – 11 year olds!

Join us as we gather EVERY month, TWICE a month to:

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Led by Yonatan Hirschhorn and Yoni Strashun of Kadimah High School

Who: ALL NHBZ Kids & Friends **ages 7 to 11!**

(NHBZ membership NOT required...All levels of observance welcome!!!)

Time: 10:00 a.m. – 12:15 p.m.

Where: NHBZ Youth Lounge

Feb. 4

Feb. 18 ; Mar. 11 & 18

*** Snacks will be served!

*** Fun will be had!

For questions, please email Richard Woolf at woolfNHBZ@yahoo.com or call Jeff in NHBZ's office: (314) 991-2100, ext. 2



NHBZ Sisterhood is pleased to present

From Cuba With Love

An informative presentation of Jewish Life in Cuba
by Dr. Eliot & Sally Katz
and Ben Minoff

Sunday, February 12, 2017

12:30 p.m. – 2:30 p.m.

General Admission - \$8

Sisterhood Members - \$5

Everyone is invited - men and women

Dr. Eliot and Sally Katz will present a colorful glimpse into life in Cuba, with a focus on the Cuban Jewish community. During their recent visit, they visited synagogues and the home of a Jewish Cuban resident.

Ben Minoff, who was born in Cuba, and lived there until his departure at the age of 14, recently returned from his first trip back to his native country. He will recount this emotional visit and speak about his personal experiences as a youngster in Cuba.

Enjoy a taste of Cuba with light refreshments and beverages



RSVP to 314-913-1200 by Monday, February 6



Home Discussion Group

Haman, Hitler, Hamas – How to Deal with Evil in the Modern World

What Does Purim Teach Us About Fighting Amalek?

The latest in a series of discussions at the homes of our members and friends

Led by Rabbi Ze'ev Smason

Monday, February 13, 2017

7:00 – 8:30 PM

at the home of *Fran & Lenny Alper*

Light refreshments will be served



Please RSVP to **Jeff at 314-991-2100** or jeff@nhbz.org by Wednesday, February 8.
We will provide the address and phone number at the time of your RSVP.



Jewish Customs & Practices *The Holiday Series*

“Purim Revealed--Why the Megillah, hamentashen, costumes, groggers, and drinking?”

*Introducing our “**Holiday Series**,” a new education program aimed at learning the ins and outs of Jewish holidays, how to truly observe them, and delving into their deeper meanings.*



Led by Rabbi Ze'ev Smason

**Please join us for the first Session on
Sunday, February 26, 2017
in the Feigenbaum-Pepose
Multi-purpose room!**

10:00am – 11:30 pm

P.S. There is no charge, but we would like to know how many will attend to prepare.

Please RSVP to Jeff at 314-991-2100 or jeff@nhbz.org by the Wednesday before the gathering.



Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us as we re-envision and enhance
Rabbi Smason's popular 10:15 a.m. Learners Service.

Each session is tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Join us at 10:15 a.m. (unless otherwise noted) every Shabbat to learn, explore, and raise your Jewish soul with the following eye-opening sessions led by Rabbi Smason:

February 11: "Kvetching: Are You a Whiner or a Winner?"

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March 11: "Black Cats to Broken Mirrors: Do Jews Believe in Superstition?"

March 18: "Stiff-Necked People -- Are We a Pain in the Neck?"
(at 10 am in conjunction with *Synaplex*)