



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with the Union of Orthodox Jewish Congregations of America

650 North Price Road, Saint Louis, Missouri 63132

314.991.2100 www.nhbz.org

Rabbi Ze'ev Smason

President Robert Kaiser

Shabbos March 4, 2017

6 Adar, 5777

Torah Portion: Terumah Exodus 25:1-27:19
Haftorah: 1 Kings 5:26 - 6:13

Stone Chumash pages 444-463
Stone Chumash pages 1157-1158

Candle Lighting ~ 5:38 pm

Shabbos Concludes ~6:42 pm

Our Generous Sponsors This Shabbos . . Thank you to **David, Yitzchak, and Norma Rubin** for sponsoring Shalosh Seudos this week in memory of David's mother, Jeanette Rubin, Shaindel Bas Dov Ber z"l, to mark the conclusion of Shloshim (30 day mourning period). David is providing Herring, White Fish, and Glenlivet. Norma is providing beet salad and other goodies! They ask that you please attend if you can.

Thank you to **Bob and Joni Kaiser** for sponsoring this week's bulletin in observance of the yahrzeits of Lionel Kaiser, Bob's father, and of Sadie Rickensohl, Bob's grandmother.

Erev Shabbos, Friday, March 4, 2017

- Mincha & Ma'ariv ~ 5:30 pm

Shabbos, Saturday, March 4, 2017

Welcome to our Shabbaton with the Epstein Hebrew Academy 6-8 grade students!

- Shachris & Musaf ~ 9:00 am ~ *Thank You to The Epstein Hebrew Academy for leading davening.*

- Pesukei D'Zimra: Micah Feit-Mann
- Shacharis: Gavin Kornblum
- Leyning: EHA Students

- Haftorah: Shimon Morris
- Drasha: Rabbi Ze'ev Smason
- Musaf: Shimon Morris

- Learners' Service ~ 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel.
- Starting Points: Wisdom For Daily Living ~ 10:15 am ~ Topic- "Good Conversation: Is Anyone Really Listening?" ~ Led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Mincha /Ma'ariv/Shalosh Seudos ~ 5:20 pm

After Services, everyone is invited to a Kiddush Luncheon

- Please be seated while Rabbi Smason says Kiddush and makes HaMotzi. Please stay for the end of the meal, when together we will recite Birkas HaMazon, the blessing for our meal.

SHUL Events

- Shabbos, March 11 ~JUNIOR CONGREGATION and TOT SHABBAT ~ 10:00 am
~ **PURIM** ~ 1st reading of Megillah at 7:35 pm.

- **Sunday, March 12 ~ PURIM ~ 2nd reading of Megillah Sunday morning at approx. 9:30 am. Purim Seudah 6:15 pm.**
- **Be a Purim Dinner Sponsor for \$25 !** Thank you to our sponsors so far: **Bob & Joni Kaiser, Jay & Peggy Umansky, Dr. Eliot & Sally Katz, Dr. Naftali & Jane Kadosh, Richard & Mindy Woolf, Dr. Faye, Brian, & Scott McCary, Andy and Ellen Berg, Janet & Alan Haber, Dr. David & Fran Reisler, Leonid & Stella Vladimirov, Jason and Nancy Rush.**
- **Tuesday, March 14 ~ Board of Directors Meeting 7:00pm.**
- **Shabbos, March 18 ~ Synaplex ~ Great Breakout sessions. Speakers and topic are:**
 - "Their Last Words: Final Messages of Great Rabbis and Famous People" -- **Rabbi Ze'ev Smason**
 - "Christians Supporting Israel: What's Their Real Agenda?" -- **Tommy Waller, founder of HAYOVEL (a non-profit organization that brings Christian volunteers from around the world to serve Jewish farmers in Israel).**
 - "From Purim to Pesach: The Meaning of Redemption" -- **Rabbi Yaakov Silverman, St. Louis Kollel**
- **Saturday, March 25- Family Shalosh Seudos Program with Rabbi Mintz**
- **Sunday, March 26 ~ Model Seder Class**
- **Sunday, March 26 ~ PIZZA NIGHT 5-7pm**

~ **Cash Cards! ~ Orders for March** are now being taken through March 15th. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop? Thank you to last month cash card buyers: **Brian & Dr. Faye McCary, Drs. Jay Pepose & Susan Feigenbaum, Scott & Leslie Gitel, Stan & Rhonnie Goldfader, Bryson & Jennifer Hartranft, Murray & Joyce Hochberg, Joni & Bob Kaiser, Alana & Mike Minoff, Dr. Daniel & Marcela Morgensztern, Rabbi David Spetner, and Leonid & Stella Vladimirov.**

NHBZ Tributes February 24- March 2

To Mark Ragin and Gail Rose and Sally Katz and Dr. Eliot Katz in memory of Mark and Sally's mother, Rose Ragin- *Gary Benson, Ellen & Andy Berg, Dr. Ethan & Debby Schuman, Lisa & Terrance Berg, Susan Barton, Bobbi Weintraub, Jim Talty, Jessica Kazzie, Sandy & Sandy Krachmalnick, Jacob & Judy Levin, Gloria Hervey, Neil Feldman*

To David and Norma Rubin in memory of David's mother, Jeanette Rubin – *Irwin & Arlene Fredman, Jacob & Judy Levin.*

To Rabbi and Chani Smason on receiving the 'Spirit of St. Louis Kollel Award – *Jacob and Judy Levin, Lana Weinbach, Kenny & Barbara Bressler, Paul & Betty Mendelson.*

Today's Parshas: Terumah Exodus

Parshas Terumah begins a series of four out of five portions which discuss in detail the construction of the Mishkan, the traveling Tabernacle which would serve as a 'resting place' for G-d's presence among the Jewish people. This week's portion recounts G-d's description to Moses of how to construct the Mishkan, beginning with a listing of the various precious materials to be collected from the Jewish people for this monumental project. G-d describes the magnificent golden and wooden Ark which would house the tablets of the Ten Commandments, complete with its dazzling cover depicting two cherubim (angels with faces of children) facing each other. Next, G-d provides Moses with the blueprints of the shulchan (holy table) upon which the lechem hapanim (showbread) would be placed each week. Following the description of the pure golden menorah which was to be hammered from one large piece of gold, G-d describes the structure of the Mishkan itself. It contained splendidly woven and embroidered covers, curtains and partitions, and the sturdy outer walls. The Torah portion concludes with instructions for the copper altar and the Mishkan's large outer courtyard.

BUY YOUR PURIM CARDS... NOW AT THE OFFICE

PURIM IS COMING

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Here are the mitzvahs and customs of Purim at NHBZ:

1. Give Charity to the Poor (Mitzvah of Matanot I'Evyonim)

~ **Od Yosef Chai** - NHBZ collects money to give to Od Yosef Chai, an organization that distributes money to the poor in Israel. Make checks payable to Rabbi's Charity Fund and bring or send them to our office. To donate by credit card, please call 314-991-2100, ext. 2.

~ **Hasta LaPasta Purim Palooza** - Buy special "pasta groggers" for \$4 each. Use the boxes of pasta as groggers during Megillah readings after which they will be donated to the Jewish Food Pantry. Proceeds will benefit the NHBZ Chesed Fund and the Rabbi's Charity Fund. Pay in advance, or buy them in shul when you arrive for **Megillah reading on March 11 at 7:35 pm or March 12 at 9:30 am.**

2. Send Gifts to Friends (Mitzvah of Shloach Manot)

Give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else!! All proceeds will benefit our NHBZ Chesed Fund. Cards may be purchased in our office at \$10.00 per pack of 5 cards with envelopes, or \$25 for three 5-packs.

3. Fast of Esther

To commemorate the day of prayer and fasting that the Jews held in the Book of Esther, we fast on March 9. Fast begins- 5:10 am ~ Fast ends- 6:44 pm.

4. Read the Book of Esther

Mitzvah of Mikra Megillah (it is a Mitzvah to hear the Megillah read twice). March 11, 7:30 pm & March 12, at 9:30 am.

5. Eat a festive Purim meal

Join us for our Purim Seudah (dinner), costume ball, and talent contest! –Sunday night, March 12, 6:15 pm (6:00 pm – Mincha).

BE A SPONSOR FOR THE PURIM DINNER \$25

Call Jeff at 991-2100 x2 or jeff@nhbz.or



PURIM SCHEDULE FOR 2017/5777

Thursday, March 9 Fast of Esther

Fast begins- 5:10 am ~ Fast ends- 6:44 pm

Shabbos, Saturday night, March 11.

Mincha at 1:00 pm

Ma'ariv at 7:30 pm

1st Reading of (Megillah) Megillas Esther at 7:35 pm

Sunday, March 12

Shachris at 9:00 am

2nd Reading of (Megillah) Megillas Esther at approximately 9:30 am.

Mincha at 6:00 pm

PURIM SEUDAH (Dinner) 6:15 pm

Join us for our Purim Seudah, costume ball, and talent contest!

Adults: \$15.00, Kids 6-10: \$10.00, Kids 5 & under: FREE

Reservations are a MUST, call by March 8 ~ Call 314-991-2100 ext 2

FROM RABBI SMASON – PURIM

With the festive holiday of Purim fast approaching, I'm writing to remind you of the time-sensitive mitzvah of Matanos L'Evyonim -- tzedaka (charity) to the poor. For many years, we at NHBZ have collected Matanos L'Evyonim in conjunction with the worthy organization **Od Yosef Chai**.

Our special arrangement with Od Yosef enables me to distribute locally half of all money collected. The remaining half supports our Jewish brethren in Jerusalem and elsewhere. All money pledged and collected for Matanos L'Evyonim is distributed on Purim.

Your donation of \$10, \$18, \$36, \$54, \$100 - or whatever amount you care to give-- will make a significant difference to those in need, and enable you to fulfill the precious Purim mitzvah of Matanos L'Evyonim. Checks can be made out to 'Rabbi's Charity Fund'. **By Thursday, March 9.**

This year I strongly encourage you to consider the purchase of products from Judea and Sameria to support the Jewish communities there. Whether for mishloach manos or otherwise, it's important to boost those communities and counter the efforts of those seeking to choke those communities. Here is a link of products and how to buy them online (scroll through the whole page) <http://zoadc.org/join-our-buycott-fight-bds/>

Happy Birthday to: Shirley Bluestein, Herb Subovitz, Victor Tendler, Pearl Figus, Janet Haber, and Eric Fleshman

Happy anniversary to: Gary & Trudy Sudin and Andy & Betty Epstein

Mazel Tov to Dr. Eliot and Sally Katz on the birth of a new granddaughter, Emery Dunn, to Bill and Leah Katz Dunn. Mazel tov to Uncle Mark Ragin on the birth of a niece!

Adult Learning at NHBZ

Every Shabbos ~ **Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

March 11 “Black Cats to Broken Mirrors: Do Jews Believe in Superstition?”

March 18 “Stiff-Necked People -- Are We a Pain in the Neck?”

Every Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Community

Senior Kollel presents a community lecture on cardiac health, “Heart Health for the Aging”, given by world-renowned cardiologist, **Dr. Alan Weiss MD**. This will take place Sunday, March 5th at Young Israel from 11:00am-12:00pm.

Join the Minyan - It's good for us, it's good for you!

This Week's Schedule	Shabbos Mar 4	Sunday Mar 5	Monday Mar 6	Tuesday Mar 7	Wednesday Mar 8	Thursday Mar 9	Friday Mar 10	Shabbos Mar 11
Shacharis	9:00 am	8:00 am	6:45 am	7:00 am	7:00 am	6:45 am Fast of Esther	7:00 am	9:00am
Mincha/Ma'ariv	5:20 pm	5:40 pm	5:30 pm		Mincha 1:05 pm	5:30 pm	5:40 pm	5:25 pm
Ma'ariv only				6:45 pm	6:45 pm			7:35 pm Megillah Purim

NHBZ Event Planner

(Check "[Shul News . . .](#)" for time, date or location changes.)

Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.

All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- Tefillah Class (9:30 am) led by Rabbi Yosef David in the Rivkin Chapel.
- Child Care (10:15 am – Noon) for kids 3 & under in the Children's Room.
- Starting Points (10:15 am) led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Shabbos Tanach (Bible) 45mins before Mincha)

SUNDAY

- Mishna Learning (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (between Mincha & Maariv.)
- Tanya 8:00pm with Rabbi Shaya Mintz, of the St. Louis Kollel.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm) NHBZ Lower Level. Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION + TOT SHABBAT ~

MONTHLY at NHBZ

- Mussar Mondays (First Monday) 7:00-7:45 pm. at the home of Richard & Mindy Woolf.
- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Dine-In Pizza Night (Last Sunday) 5:00 – 7:00 pm
Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, Ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

- Synaplex Shabbos- Services begin at 8:30am
-



PLEASE JOIN US For Purim on March 11th & 12th 2017



Shabbos & Saturday Night:

Mincha at 1:00 pm

Ma'ariv at 7:30 pm

**Reading of
Megillas Esther at 7:35 pm**

Thursday March 9

Fast of Esther

Fast begins- 5:10 am

Fast ends- 6:44 pm

Sunday, March 12

Shachris at 9:00 a.m.

Megillas Esther at approx. 9:30 am.

Mincha at 6:00 pm



A PURIM BALL AND SEUDAH



6:15 pm

Featuring:

A Delicious & Festive Meal prepared especially for you by Chef Norma,
and her crew. Some old and new surprises and of course
the Festivities would not be complete without our famous costume contests!
So Dress Up as your favorite Purim character or ...others.

\$15 ADULT • \$8 CHILD • \$45 MAX/FAMILY

Kids 4-10 \$8.00 and Kids 3 & Under Free

**RSVP BY MARCH 7TH
991-2100 EXT: 2**





An open invitation to NHBZ's



Saturday

Shabbat Morning

March 18, 2017

Regular services begin at **8:30 a.m.**

Tefillah/Prayer Learners Service at **9:15 am** in the Chapel

(led by Rabbi Yosef David of Aish HaTorah)

Starting Points: Wisdom for Daily Living at **10:00 am** in the Chapel

Topic: "Stiff-Necked People -- Are We a Pain in the Neck?"

(led by Rabbi Smason)

Tot Shabbat (for kids 1-6) begins at **10 a.m.**

(Babysitting provided for younger kids)

Junior Congregation (for kids 7-11) begins at **10 a.m.**

Break-out sessions beginning at 11:15 a.m.

☆ *"Their Last Words: Final Messages of Great Rabbis and Famous People"*

(Led by Rabbi Ze'ev Smason)

☆ *"Christians Supporting Israel: What's Their Real Agenda?"*

(Led by Tommy Waller, founder of HAYOVEL (a non-profit organization that brings Christian volunteers to serve Jewish farmers in Israel))

☆ *"From Purim to Pesach: The Meaning of Redemption"*

(Led by Rabbi Yaakov Silverman, St. Louis Kollel)

Following those sessions, at approximately 12:15 p.m., all attendees will then re-gather together for a Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



From Our Families to Yours...

Junior Congregation

A Program of the NHBZ Children & Young Families Committee

Calling ALL Kids (& Friends)!

Junior Congregation for ALL 7 – 11 year olds!

Join us as we gather EVERY month, TWICE a month to:

- Learn and recite the main Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss Israel and learn cool facts about the Holy Land
- Hang out with old friends and make new ones!

Led by Yonatan Hirschhorn and Yoni Strashun of Kadimah High School

Who: ALL NHBZ Kids & Friends ages 7 to 11!

(NHBZ membership NOT required...All levels of observance welcome!!!)

Time: 10:00 a.m. – 12:15 p.m.

Where: NHBZ Youth Lounge

March 11 & 18

*** Snacks will be served!

*** Fun will be had!

For questions, please email Richard Woolf at woolfNHBZ@yahoo.com or call Jeff in NHBZ's office: (314) 991-2100, ext. 2



From Our Families to Yours...

Tot Shabbat

A New Program of the NHBZ KidsZone

TOT SHABBAT!



Saturday, March 11, 2017

10:00 a.m. – 11:30 a.m

Tot Shabbat will take place downstairs in the Kids' Play Room!

... And, mark your Calendars for these future Tot Shabbats:

March 18 April 8 (pre-Pesach,) and

April 22.

Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Parents or grandparents are invited and welcome to stay, per needs of the child to join in the fun!

NHBZ KidsZone welcomes **EVERYONE**, members and non-members, to our Tot Shabbat! No RSVP necessary, no cost!
Snacks provided!

*While we encourage all kids to attend Tot Shabbat,
Babysitting is available from 10:00 a.m. to 12:00 p.m.*



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, March 25, 2017

with Guest speaker

**Rabbi Shaya Mintz
of the St. Louis Kollel**



At 5:45 p.m. Rabbi Mintz will lead a discussion
entitled

"Torah freedom, Real freedom"

Mincha will be at 6:40 p.m. with the *Shalosh Seudos*
meal for all to follow.

Everyone is welcome

**Please consider becoming a sponsor! Families or individuals
can sponsor the event for \$18**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org

Shaloch Manot with Meaning!

While the BDS and the recent United Nations resolution target Israel and try to punish its economy, we can help. You can include at least one Israeli made item in your shaloch manot packages.

Everytime you purchase an Israeli item and include it in your shaloch manot, you are creating a new BDS: **BUY ISRAELI - DELIVER - SHALACH MANOT**



We will print sheets with the above graphic so you can include this in your packages and everyone will know that you are supporting Israel.

Some examples of products available at Kohn's:

Israeli pickles, olives, & peppers in cans; Osem soup bases, croutons, & Mini Mandel; Bissli; Bamba; Man Wafers & Cookies; Elite Candy Bars & Coffee; Klik Coated Candies, along with several wines

St Louis Wine & Cheese and Total Wine sells several different Israel wines.

Amazon sells numerous products made in Israel, if you buy through Amazon, please log in to www.smile.amazon.com and enter Nusach Hari B'nai Zion as your charity. The total you pay will not change, but Amazon makes a donation to NHBZ

<http://www.buyisraeligoods.com/landing2013.asp> is a website that is currently under construction with a St Louis tab of Israel products available in St Louis, the website is a joint venture of Stand with Us and American-Israeli Council. The website is still being cleaned up, it lists products made in Israel, local vendors and websites to buy from.



Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us as we re-envision and enhance
Rabbi Smason's popular 10:15 a.m. Learners Service.

Each session is tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Join us at 10:15 a.m. (unless otherwise noted) every Shabbat to learn, explore, and raise your Jewish soul with the following eye-opening sessions led by Rabbi Smason:

March 4: “Good Conversation: Is Anyone Really Listening?”

March 11: “Black Cats to Broken Mirrors: Do Jews Believe in Superstition?”

March 18: “Stiff-Necked People -- Are We a Pain in the Neck?”
(at 10 am in conjunction with *Synaplex*)