



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

July 1, 2017 ~ 7 Tamuz 5777 ~ Candle Lighting 8:11 pm ~ Shabbos Ends 9:14 pm

Torah Portion: Chukas Numbers 19:1 - 22:1
Haftarah: Judges 11:1-33

Chumash pages 838-855
Chumash pages 1187-89

Thanks to Our Generous Sponsors This Shabbos...

Thank you to **Jessica Fadem** for sponsoring this week's Shabbos bulletin on the occasion of her birthday!

Thank you to **Jerry** and **Fran Cohen** and their children for generously enhancing our Kiddush today and sponsoring the cake in honor of **Fran's** birthday!

The ice cream treats are sponsored by **Lenny Alper** in honor of the birthdays this week of **Joanna** (July 2), **Fran** (July 4), and **Caryn** (July 7).

Erev Shabbos, Friday, June 30

- Mincha & Ma'ariv 7:00 pm

Shabbos, Saturday, July 1

- Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Stuart Klamen**
 - Haftarah: **Stuart Klamen**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Menachem Szus**
- No Starting Points or Learners Service: Instead a new program at 9:00 am sharp! "Shabbos Morning Live!" Led by **Rabbi Ze'ev Smason** (upstairs, main service)
- Mincha /Ma'ariv/ Shalosh Seudos ~ 7:55 pm

This Week & Beyond

Minyan Times	Shabbos July 1	Sun. July 2	Mon. July 3	Tues. * July 4	Wed. July 5	Thu. July 6	Fri. July 7	Shabbos July 8*
Shachris	9:00 am	8:00 am	7:00 am	8:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:55 pm

* 4th of July

*SYNAPLEX

Have a safe 4th of July! The Shul office will be closed.

Today's Shabbos greeters ~ Mimi Fiszal and Rhonnie Goldfader

Anniversaries this week ~ Kurt & Sandy Kahn and Dr. Milton & Sally Tofle

Birthdays this week ~ Vivian Zarkowsky, Joanna Alper, Jessica Fadem, Melanie Sallis, Frances Cohen, Judy Levin, Fran Alper, Caryn Alper, and Frieda Smason

- **Shabbos, July 8, 10:00-11:30 am ~ Tot Shabbat with Kate Friedman**
- **Shabbos, July 8-9, 8:30 am ~ Synaplex Weekend (Sponsored by Jay & Peggy Umansky** (in memory of the yahrzeit of Harry Umansky, Ahron Avraham ben Mayer Mordechai HaLevi, Jay's father). The speakers will be **Rabbi Daniel Cohen** and **Lila Greenberg** (Rabbi Cohen is the Senior Rabbi at Congregation Agudath Shalom, and Ms. Greenberg is the AIPAC Senior National Field Organizer.)

Shabbos 11:15, following services and prior to lunch:

- ❖ **Session 1:** "A Look Ahead at the US-Israel Relationship," led by **Lila Greenberg**
- ❖ **Session 2:** "Discovering Your Elijah Moment: The Secret to the Redemption," led by **Rabbi Daniel Cohen**, as well as the following:
- ❖ **Shabbos Afternoon 7:00 pm:** "Living Inspired: Maximizing Your Moment and Mission"
- ❖ **Shalosh Seudos 8:25 pm:** "Bilaam vs. Moshe: Answering the Call"
- ❖ **Sunday Morning 10:00 am:** "What Will They Say About You When You Are Gone? Creating a Life of Legacy"

- **Monday Nights, July 17 - August 21 ~ Hebrew Reading Crash Course 7:30-9:00 pm ~ Taught by Louis Goldman.** This program uses a professionally designed curriculum from NJOP and has taught more than 250,000 people to read Hebrew! This innovative introductory Hebrew program is designed for people with little or no background in Hebrew and concentrates on the Hebrew alphabet and reading skills. See flyer in this issue.
- **Shabbos, July 22 ~ 7:00 pm ~ Family Shalosh Seudos with Rabbi Yaakov Silverman** of the St. Louis Kollel, Rabbi Silverman will lead a discussion entitled "**Tisha B'Av, Rejuvenating Relationships.**" Mincha will be at 7:40 p.m. with Shalosh Seudos to follow.
- **Tuesday, July 25 ~ Sisterhood Bingo 12:00 noon**

➡ **Rabbi Smason's Wednesday Lunch and Learn will not meet on July 5.**

➡ **Tuesday classes at the Berkin's will resume in September.**

Cash Cards! ~ Orders for July are now being taken through **July 14th**. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop? Thank you to last month cash card buyers: **Bob & Joni Kaiser, Rabbi David Spetner, and Lana Weinbach.**

Parshas: Chukas

This week's action-packed portion begins with the paradox of the Red Heifer, a mitzvah we are asked to perform though unable to understand its purpose and reason. The narrative jumps to the death of the prophetess Miriam. The Jewish people are then left without water, since the miraculous well which had accompanied them in the desert existed only in her merit. G-d commands Moses and Aaron to speak to a particular rock so it will miraculously produce water; Moses strikes it with his staff instead, and G-d tells the two leaders they will not enter the Promised Land. What did Moses do wrong? One classic approach suggests that Moses' sin was that he became angry (he said to the Jewish people, 'Listen now, you rebels'). Although the best among us can occasionally lose our

temper, teachers and parents carry a special responsibility to be good role models for their students and children. Little pitchers have big ears! Later in the portion, the king of Edom refuses to let the Jewish people pass through his borders, causing them to take a longer route. Aaron dies and is buried on Mount Hor. The Children of Israel sing a song of praise about the well of Miriam. The portion concludes with the battles and victories over Sichon, the king of Emori, and Og, the king of Bashan.

What is the blessing of Asher Yatzar?

The *bracha* of *Asher Yatzar*, (literally "Who formed"), which refers to the complexity of the human body, thanks *Hashem* for creating our body and for the continuous daily miracle of its proper functioning. It is recited every morning as part of the *Birchas HaShachar*, (Morning Blessings) and again, every time after using the bathroom. Why say it? It's a mitzvah to recite this blessing. Additionally, we shouldn't wait until we get sick to appreciate our health.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 8: "Why Do We Do Dumb & Irrational Things?"

July 15: "How To Turn Your Enemies Into Friends"

July 22: "What Are the Most Attractive Character Traits?"

July 29: "Living with Faith after Setbacks"

Aug. 5: "Comforting the Pained"

Aug. 12: "Habits That Make You Happier"

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level



In the Community

This year's **Sarah Adelman Memorial Fund Lecture** will be on Sunday July 30, 2017 at 7:00 pm at Young Israel. Aliza Bulow is the Director of Ner LeElef's North American Woman's Program and the Senior Educator at The Jewish Experience in Denver, Colorado. Her topic is "*Crossing the Narrow Bridge: Growing Through Life's Challenges.*"

Memorial Plaques ~ Remember your loved ones with a memorial plaque; prices are \$180 and \$360.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am

Annual Kosher BBQ Cook-off ~ June 25, 2017



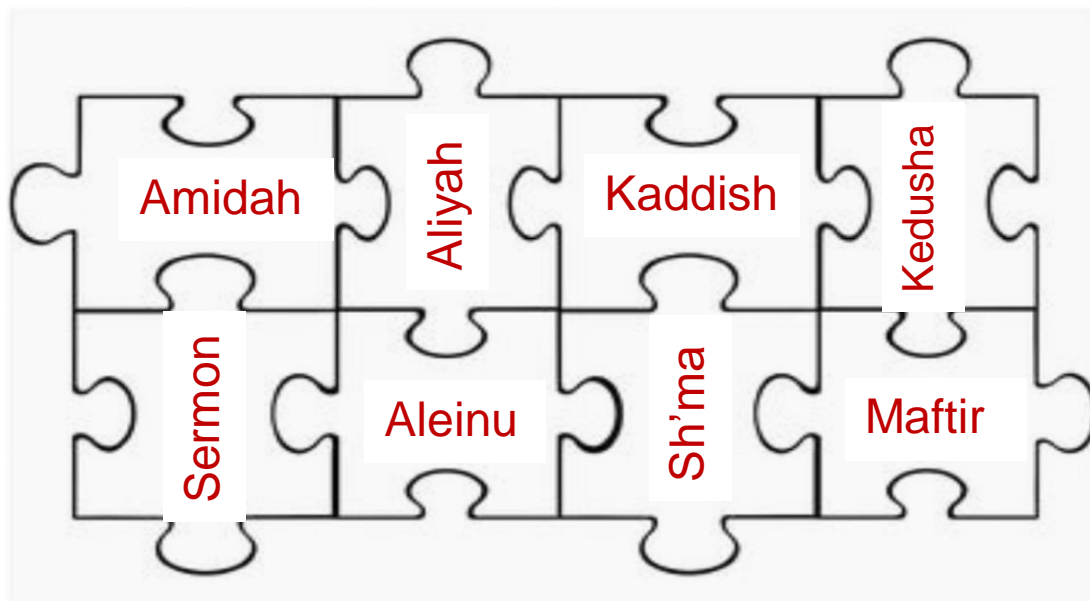


New! New! New!
Shabbos, July 1, 9:00 am

SHABBOS MORNING LIVE!

With Rabbi Ze'ev Smason

Join us for a complete Shabbos morning service with commentary and explanations that will provide an enhanced understanding of the order and meaning of the prayers, with helpful tips, questions and answers





Shabbat Weekend

July 8 - 9, 2017

A weekend with *Rabbi Daniel Cohen*

Senior Rabbi at Congregation Agudath Sholom of Stamford, CT, noted writer and author, and Board Member of numerous Jewish National Organizations

This Synaplex Shabbat Weekend is sponsored by Peggy and Jay Umansky in observance of the yahrzeit of Jay's father, Harry Umansky, Ahron Avraham ben Mayer Mordechai HaLevi

SATURDAY

8:30 am Traditional Services - in the sanctuary

9:15 am Prayer Learners Service

led by Rabbi Yosef David of Aish HaTorah in the chapel

10:00 am Starting Points: "Why Do We Do Dumb & Irrational Things?"

led by Rabbi Ze'ev Smason in the chapel

11:15 am **Synaplex Breakout Sessions**

- "A Look Ahead at the U.S.-Israel Relationship"
led by Lila Greenberg, AIPAC Senior National Field Organizer
- "Discovering Your Elijah Moment: The Secret to the Redemption"
led by Rabbi Daniel Cohen

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Join us for additional sessions with Rabbi Cohen

7:00 pm (pre-mincha) "Living Inspired: Maximizing Your Moment and Mission"

8:30 pm (post-mincha) "Bilaam vs. Moshe: Answering the Call"

SUNDAY 10:00 am "What Will They Say About You When You Are Gone?
Creating a Life of Legacy"

***NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.***



From Our Families to Yours...

Tot Shabbat

A Program of the NHBZ KidsZone

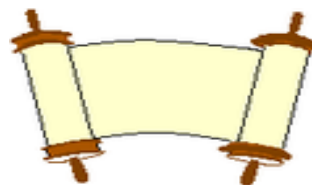


WHEN: Shabbat July 8, 2017

Tot Shabbat takes place downstairs in the Kids' Play Room!

From: 10:00-11:30am

Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Bring your Parents and come enjoy the fun!



Join together and participate in a fun, interactive, educational Tot Shabbat Family Service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

NHBZ KidsZone welcomes **EVERYONE**, members and non-members, to our Tot Shabbat! No RSVP necessary, no cost! Snacks provided!

While we encourage all age-appropriate kids to attend Tot Shabbat,

Babysitting is available from 10:00 a.m. to 11:45 a.m.

For questions, please call Jeff in NHBZ's office at (314) 991-2100, ext. 2



LEARN TO READ HEBREW NOW!

Back By
Popular
Demand!!!

Hebrew Reading Crash Course

Monday Nights: 7:30 – 9:00 pm at NHBZ

Led by Louis Goldman

July 17 and 24 *(no class on July 31)*

August 7, 14, and 21

This program uses a professionally designed curriculum from NJOP, and has taught more than 250,000 people to read Hebrew!

This innovative introductory Hebrew program is **designed for people with little or no background in Hebrew** and concentrates on the Hebrew alphabet and reading skills.

Participants in last fall's Hebrew Reading Crash Course are welcome to attend any or all of the sessions as a refresher at no additional charge.

Please remember to bring your course book from last year!

אבגדה

Please register and provide your payment of \$18 for the entire course and materials by July 10.

To register and pay, call Jeff at 314-991-2100 ext. 2 or mail your payment to:

Nusach Hari B'nai Zion, 650 N. Price Road, St. Louis MO 63132

Please indicate on the check that it is for Hebrew Reading Crash Course.



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, July 22, 2017

with Guest speaker

**Rabbi Yaakov Silverman
of the St. Louis Kollel**



At 7:00 p.m. Rabbi Silverman will lead a discussion
entitled

"Tisha B'Av, Rejuvenating Relationships"

Mincha will be at 7:40 p.m. with the *Shalosh Seudos*
meal for all to follow.

Everyone is welcome

**Please consider becoming a sponsor! Families or individuals
can sponsor the event for \$18.**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org



Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

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July 8: "Why Do We Do Dumb & Irrational Things?"

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NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.5%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.5%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
	\$ 100.00	14.0%			Walgreens	\$ 25.00	6.0%		
Home Depot	\$ 25.00	4.0%				\$ 100.00	6.0%		
	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
iTunes	\$ 15.00	5.0%				\$ 100.00	2.5%		
	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
JC Penney	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!