



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

July 29, 2017 ~ 6 Av 5777 ~ Candle Lighting 7:57 pm ~ Shabbos Ends 9:00 pm

Torah Portion:
Haftorah:

Devarim -- Deuteronomy 1:1 - 3:11
Isaiah 1: 1-27

Chumash pages 938-957
Chumash pages 1195-96

Thanks to Our Generous Sponsors This Shabbos ...

Thank you to **Howard & Phyllis Loiterstein** for sponsoring this bulletin for all the blessings we have in our life.

Shabbos Chazon

Erev Shabbos, Friday, July 28

- **Mincha & Ma'ariv** 7:00 pm

Shabbos, Saturday, July 29

- **Shachris & Musaf** 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Michael Shapiro**
 - Haftorah: **Michael Shapiro**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Michael Shapiro**
- **Learners' Service** 9:30 am ~ Led by **Rabbi Yosef David** in the Rivkin Chapel
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ topic: "**Living with Faith after Setbacks**" led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Mincha/Ma'ariv/ Shalosh Seudos** ~ 7:40 pm ~ **Stuart Klamen** will speak at Shalosh Seudos on the topic of "*Thoughts from the CUFI Conference*"

Today's Shabbos greeters ~ **Helayne Levitt and Jim Pollock**

This Week & Beyond

Minyan Times	Shabbos July 29	Sun. July 30	Mon. * July 31	Tues. * Aug 1	Wed. Aug 2	Thu. Aug 3	Fri. Aug 4	Shabbos Aug 5
Shachris	9:00 am	8:00 am	7:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:35 pm	7:00 pm	7:50 pm	7:40 pm	7:00 pm	7:00 pm	7:00 pm	7:30 pm


* Tisha B'Av begins Monday evening

Next Shabbos~ **Bob and Joni Kaiser's** Kiddush luncheon in honor of the marriage of their daughter!

Anniversaries this week ~ none

Birthdays this week ~ Daniel Shanker, Sally Needle, Janet Goldenberg, and Susan Scribner

- **Sunday, July 30 ~ Pizza Night 5:00 -7:00 pm ~ Celebrating 10 YEARS of PIZZA NIGHT at NHBZ!** Anniversary Special~ We have rolled back our prices to 2007 ~ \$10.00 for adults and \$5.00 for kids~ ~ **All-You-Can-Eat Pizza Buffet** ~ Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! **Family Activities being offered.... bubbles-sidewalk chalk-hula hoops -your very own giant coloring book to take home (while supplies last)**
- **Tuesday, August 1 ~Tisha B'Av ~ 2:00 pm** at NHBZ we will show the movie "**Pikuach Nefesh**" (**Saving Lives**) which presents the dramatic and previously neglected stories of two of the Jewish people's great heroes, Rav Michael Ber Weissmandl of Nitra and Rav Shlomo Schonfeld of the Kindertransport, individuals who through great personal sacrifice succeeded in saving thousands of neshamos from the inferno of the Holocaust. Rabbi Smason will introduce the film and lead a discussion following the screening. *This event is co-sponsored by the St. Louis Holocaust Museum and Learning Center.*
- **Thursday, August 3 ~ "Shaving Israel" and the Nusach Hari B'nai Zion-Israel Committee** invites you for a special presentation by: **Sergeant Boruch Smason**. Boruch recently completed his IDF training in the Special Forces. He will share his story and experiences with us.
- **Shabbos, August 12 ~ 'Shabbos Morning Live!' Returns!**
- **Monday, August 14 ~ The Home Discussion Group** meets at the home of **Scott & Leslie Gitel** from 7:00 -8:30 pm. The topic, led by **Rabbi Smason**, is "Good Conversation: Is Anyone Really Listening?" RSVP to Jeff@nhbz.org or 991-2100.
- **Tuesday, August 15 ~ Sing a Song of Shabbos! ~ 7:30 pm** ~ Brush up on (or learn for the first time!) words and melodies from the Shabbos service such as "Eitz Chaim," "U'vYom HaShabbos," "Yismachu," and more. **Led by Louis Goldman**. Hebrew reading is not necessary... just be ready to sing!
- **Sunday, August 20 ~ 11:30 am - 2:00 pm ~ Sisterhood Dine and Style Fashion Show** see the flyer in this issue.

 Note: **Rabbi David** will be gone for 3 weeks, beginning August 5 -- his Shabbos Learners' Service will not take place starting Aug. 5, and will resume on Aug. 26.

Parshas: Devarim

This week we begin the fifth and final book of the Torah, Deuteronomy. This book is also called Mishna Torah, "Repetition of the Torah" - thus the Greek title 'Deuteronomy.' Its contents were spoken by Moses to the Jewish people during the final five weeks of his life as the people prepared to cross the Jordan River into the land of Israel. A central theme of Deuteronomy is Moses' review of the mitzvos, and his emphasis on the change of lifestyle the Jewish people were to undergo. The transition was to be made from a supernatural existence in the desert to a natural life to be experienced in the Land of Israel. The portion begins with Moses' veiled rebuke in which he makes reference to the many sins and rebellions of the past forty years. Moses spends significant time discussing the failed mission of the spies; ten of the twelve men sent to scout out the land returned with a bad report, resulting in the entire nation wandering in the desert for forty years. Moses later discusses the Children of Israel's conquest on the eastern bank of the Jordan River. This Torah portion concludes with words of encouragement for Moses' successor, Joshua.

Shabbos Chazon

The Shabbos preceding the Ninth of Av is called Shabbos Chazon—"Shabbas of the Vision." This Shabbos' reading from the Prophets begins with the words Chazon Yeshayahu, the "vision of Isaiah" regarding the destruction of the Holy Temple. The legendary chassidic master Rabbi Levi Yitzchak of Berdichev said that on this special Shabbos, every Jewish soul is shown a vision of the third Holy Temple. The purpose of this vision is to arouse within every Jew a yearning to actually see this edifice which will be built by G d, and to do as many mitzvos as possible in order to realize this dream. While this vision may not be sensed with the physical eyes, the soul certainly experiences this vision, and it affects the person on the subconscious level.

There is no mourning on Shabbos, and eating meat and drinking wine is permissible.

Cash Cards! ~ Orders for August are now being taken through August 15th. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop? To order use the form in the back of this bulletin.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Aug. 5: "Comforting the Pained"

Aug. 12: No "Starting Points" program today instead **"Shabbat Live!"** upstairs at 9:00 am.

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In the Community

This year's **Sarah Adelman Memorial Fund Lecture** will be on Sunday July 30, 2017 at 7:00 pm at Young Israel. Aliza Bulow is the Director of Ner LeElef's North American Woman's Program and the Senior Educator at The Jewish Experience in Denver, Colorado. Her topic is *"Crossing the Narrow Bridge: Growing Through Life's Challenges."*

Memorial Plaques ~ Remember your loved ones with a memorial plaque; prices are \$180 and \$360.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Pizza Night

Sunday, July 30

5:00 pm – 7:00 pm

It's the 10 Year Anniversary of Pizza Night! Prices rolled back to 2007 Plus- Family activities being offered - bubbles- sidewalk chalk- hula hoops -your very own giant coloring book to take home (while supplies last)

All You Can Eat Buffet

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

**Cheese is Cholov Yisroel; pareve crusts available upon request
All food under the supervision of Rabbi Ze'ev Smason**

Dine-In Buffet

Adults: \$10.00 ~ Kids 4-10: \$5.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$10 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**NEXT
PIZZA NIGHT:
SUNDAY
AUGUST 27**

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Jewish Customs & Practices The Holiday Series

**NHBZ and the Holocaust Museum and Learning Center
present their annual Tisha B'Av program
with a screening of the film**

Pikuach Nefesh

**followed by a discussion led by Rabbi Ze'ev Smason
Tuesday, August 1, 2:00 pm
at NHBZ, 650 North Price Road**

Pikuach Nefesh (Saving Lives) presents the dramatic and previously neglected stories of two great Jewish heroes,

Rav Michael Ber Weissmandl of Nitra and
Rav Shlomo Schonfeld of the Kindertransport

who, through great personal sacrifice, succeeded in saving thousands of Jewish lives from the inferno of the Holocaust



**Tisha B'Av is the Jewish National Day of Mourning
and marks the destruction of both the first and second
temples and several other tragic events in Jewish history**

Our ***Holiday Series*** explores the details and deeper meanings of the Jewish holidays and how to truly observe them.

This program is free and open to the public.

More information: call 314 991-2100 x2 or email pepshort613@gmail.com

**"Shaving Israel" and
Nusach Hari B'nai Zion-Israel Committee**

Invites you for a special presentation by:

Sergeant Boruch Smason

Date: Thursday, August 3rd

Time: 7:30pm

Place: Nusach Hari B'nai Zion (lower level)

650 North Price Road, St. Louis, MO 63132

Boruch was born and raised in St. Louis. He made Aliyah in 2015 and volunteered to serve in the **Israel Defense Force**. **Boruch** recently completed his IDF training in the Special Forces. He will share his story and experiences with us.



EVENT IS FREE - COME JOIN US!

Please RSVP at: mganel@earthlink.net

For questions call: Rachel Miller at (314) 579-9653 or Meira Ganel at (314) 374-7176



Join us at the upcoming Home Discussion Group

*The latest in a series of discussions
at the homes of our members and
friends.*

Led by Rabbi Ze'ev Smason



**"Good Conversation: Is Anyone Really
Listening?"**

**Please join us on
Monday, August 14, 2017
at the home of Scott and Leslie Gitel
for a lively discussion!**

7:00 – 8:30 pm

Light refreshments will be served.

Please RSVP to Jeff at **314-991-2100** or jeff@nhbz.org by the Wednesday before the gathering.
Addresses and phone numbers will be given at the time of your RSVP.

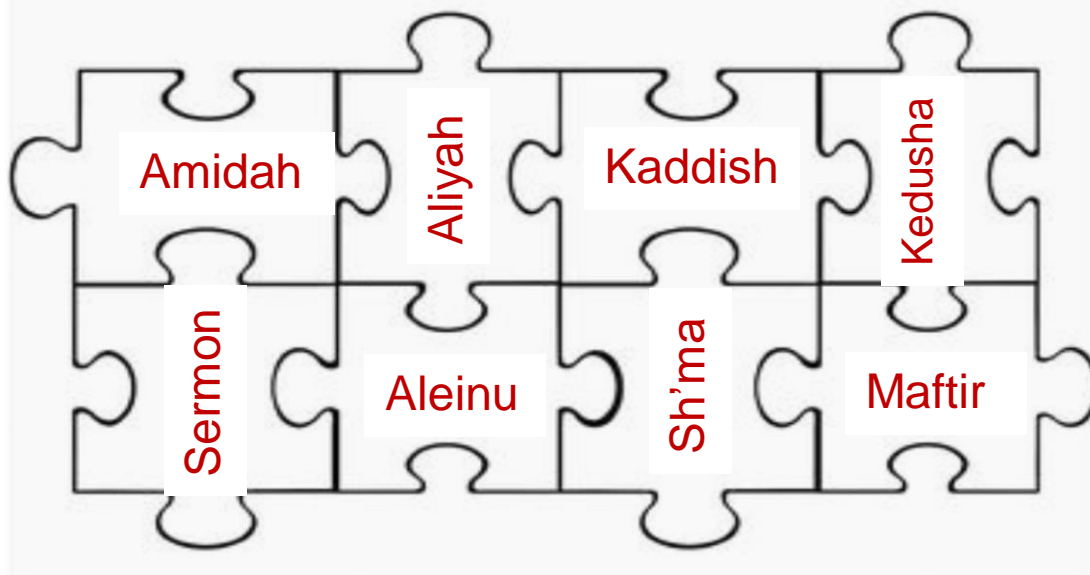


New! New! New!
Shabbos, August 12,
9:00 am

SHABBOS MORNING LIVE!

with Rabbi Ze'ev Smason
and special guest songmaster Louis Goldman

Join us for a complete Shabbos morning service with commentary and explanations that will provide an enhanced understanding of the order and meaning of the prayers, with helpful tips, questions and answers





NHBZ Sisterhood presents
Dine 'n Style

FALLING FOR FASHION

Featuring colorful, stylish, upbeat fashions for Fall/Winter 2017

Enjoy a delectable luncheon, a trendy fashion show,
lively music, social fun and, of course, shopping

Be inspired by Anna Altman's presentation

***"Outer Beauty Begins with Inner Strength:
Building Confidence Within"***

Sunday, August 20, 2017

11:30 am – 2:00 pm

Nusach Hari B'nai Zion

- 🌀 Fashions by Orli's Boutique
- 🌀 Jewelry by Sage Chic
- 🌀 Essential Oils by Meredith Daniels
- 🌀 Guided Meditations for Stress Relief
with Vicki Atlas

Registration \$18 by August 11

*Check out this fall fashion preview and
take advantage of end-of-season clearance sale items!*

For reservations, please call Shayna at 314-913-1200
Women only





Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

July 29: “Living with Faith after Setbacks”

Aug. 5: “Comforting the Pained”

**Aug.12 No “Starting Points” program, instead
“Shabbat Live!” upstairs at 9:00 am.**

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.5%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.5%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
	\$ 100.00	14.0%			Walgreens	\$ 25.00	6.0%		
Home Depot	\$ 25.00	4.0%				\$ 100.00	6.0%		
	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
iTunes	\$ 15.00	5.0%				\$ 100.00	2.5%		
	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
JC Penney	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!