



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

July 8, 2017 ~ 14 Tamuz 5777 ~ Candle Lighting 8:10 pm ~ Shabbos Ends 9:13 pm

Torah Portion:
Haftorah:

Balak Numbers 22:2 - 25:9
Micah 5:6 - 6:9

Chumash pages 856-875
Chumash pages 1189-90

Thanks to Our Generous Sponsors This Shabbos ...

Synaplex Weekend ~Sponsored by Jay & Peggy Umansky in memory of the yahrzeit of Harry Umansky, Ahron Avraham ben Mayer Mordechai HaLevi, Jay's father.

Thank you to **Irwin & Arlene Fredman** for sponsoring the cake to commemorate the 100th birthday of Irwin's father, Avery Fredman z"l.

Thank you to **Eliyahu and Bracha Scheinberg** for sponsoring Shalosh Seudos in memory of Michoel (ben Avraham) Schnurman.

Thank you to **Dr. Eliot & Sally Katz** for sponsoring the bulletin in honor of the birthday of **Mark Ragin!**

SYNAPLEX SHABBAT

Erev Shabbos, Friday, July 7

- **Mincha & Ma'ariv** 7:00 pm

Shabbos, Saturday, July 8

- **Shachris & Musaf** 8:30 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Louis Goldman**
 - Shacharis: **Menachem Szus**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Harvey Iken**
 - Drasha: **No Drasha**
 - Musaf: **Louis Goldman**
- **Learners' Service** 9:15 am ~ Led by **Rabbi Yosef David** in the Rivkin Chapel
- **Starting Points: Wisdom For Daily Living** 10:00 am ~ topic: "Why Do We Do Dumb & Irrational Things?" led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Tot Shabbat** 10:00 am ~ Led by **Kate Friedman**

This Week & Beyond

Minyan Times	Shabbos July 8	Sun. July 9	Mon. July 10	Tues. * July 11	Wed. July 12	Thu. July 13	Fri. July 14	Shabbos July 15
Shachris	8:30 am	8:00 am	7:00 am	6:45 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	8:00 pm	7:00 pm	7:00 pm	7:00 pm	7:45 pm

*Tuesday, July 11 Fast of the 17th of Tammuz, begins at 4:33 am, ends at 9:09 pm

Synaplex Break-out Sessions prior to Lunch ~ 11:15 am

- Session 1: "A Look Ahead at the US-Israel Relationship," led by **Lila Greenberg**
- Session 2: "Discovering Your Elijah Moment: The Secret to the Redemption," led by **Rabbi Daniel Cohen**

Kiddush Lunch at approx. 12:15 pm

Rabbi Cohen will also speak at the following:

- **Shabbos Afternoon 7:00 pm:** "Living Inspired: Maximizing Your Moment and Mission"
- **Shalosh Seudos 8:25 pm:** "Bilaam vs. Moshe: Answering the Call"
- **Sunday Morning 10:00 am:** "What Will They Say About You When You Are Gone? Creating a Life of Legacy"
- **Mincha/Ma'ariv ~ 7:50 pm**

Today's Shabbos greeters ~Aida Greenberg and Janet Haber

Anniversaries this week ~ Louis & Shirley Osheroff, Dr. Meira Ganel & Dr. Shaul Shifren, and Linda & Dan Fleshman!

Birthdays this week ~ Dvir Tzadok, Jane Lyss, Bobbie Ring, Boris Yasinev, Mark Ragin, Naomi Shanker, Murray Hochberg, Anna Rose Tendler, and Irena Scheer!

- **Monday Nights, July 17 - August 21 ~ Hebrew Reading Crash Course 7:30-9:00 pm ~ Taught by Louis Goldman.** This program uses a professionally designed curriculum from NJOP and has taught more than 250,000 people to read Hebrew! This innovative introductory Hebrew program is designed for people with little or no background in Hebrew and concentrates on the Hebrew alphabet and reading skills. See flyer in this issue.
- **Shabbos, July 22 ~ 7:00 pm ~ Family Shalosh Seudos with Rabbi Yaakov Silverman** of the St. Louis Kollel. Rabbi Silverman will lead a discussion entitled "Tisha B'Av, Rejuvenating Relationships." Mincha at 7:40 p.m. with Shalosh Seudos to follow.
- **Tuesday, July 25 ~ Sisterhood Bingo 12:00 noon**
- **Sunday July 30 ~ Pizza Night 5:00 -7:00 pm**
- **Tuesday, August 1 ~Tisha B'Av ~ 2:00 pm** at NHBZ we will show the movie **Pikuach Nefesh (Saving Lives)** which presents the dramatic and previously neglected stories of two of the Jewish people's great heroes, Rav Michael Ber Weissmandl of Nitra and Rav Shlomo Schonfeld of the Kindertransport, individuals who through great personal sacrifice succeeded in saving thousands of neshamos from the inferno of the Holocaust. Rabbi Smason will introduce the film and lead a discussion following the screening. Co-sponsored by the Holocaust Museum and Learning Center.

Cash Cards! ~ Orders for July are now being taken through **July 14th**. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop? Thank you to last month's cash card buyers: **Bob & Joni Kaiser, Rabbi David Spetner, and Lana Weinbach.**

Parshas: Balak

This week's portion shifts from the Jewish people's travels in the desert to the story of Bilam, the anti-Semitic prophet who attempted to curse the Children of Israel. Hired by Balak, the king of Moav, Bilam embarks upon a journey to the Israelite encampment. An angel brandishing a sword blocks

Bilam's path, causing his donkey to repeatedly swerve off the road. Unable to see the angel, Bilam responds by striking the donkey three times. Miraculously, G-d causes the donkey to speak to Bilam - shades of Mr. Ed, the talking horse in the 1960's TV show! Bilam's eyes are uncovered, and the humiliated prophet sees the angel standing in the path. The angel reminds Bilam that he may only speak the words that G-d places in his mouth. Upon arrival near the Jewish camp, Bilam repeatedly attempts to curse the people; each time G-d prevents him from doing so, but instead he ends up uttering several sets of praises, much to Balak's dismay. The Torah portion concludes with the Jewish men's debauchery with the promiscuous daughters of Moav and Midian, and the public immoral act of Zimri (a prince of the tribe of Simeon) with a Midianite princess. Pinchas, Aaron's grandson, zealously responds by piercing them to death with a spear, halting a plague from G-d which had broken out in the camp.

The Three Weeks~ The Three Weeks is an annual mourning period that falls out in the summer. This is when we mourn the destruction of the Holy Temple and our launch into a still-ongoing exile. The period begins on the 17th of the Hebrew month of Tammuz, a fast day that marks the day when the walls of Jerusalem were breached by the Romans in 69 CE. ***The Fast of the 17th of Tammuz occurs this Tuesday, July 11.***

The Three Weeks reaches its climax and concludes with the fast of the 9th of Av, the date when both Holy Temples were set aflame. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 15: "How to Turn Your Enemies into Friends"

July 22: "What Are the Most Attractive Character Traits?"

July 29: "Living with Faith after Setbacks"

Aug. 5: "Comforting the Pained"

Aug. 12: "Habits That Make You Happier"

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In the Community

This year's **Sarah Adelman Memorial Fund Lecture** will be on Sunday July 30, 2017 at 7:00 pm at Young Israel. Aliza Bulow is the Director of Ner LeElef's North American Woman's Program and the Senior Educator at The Jewish Experience in Denver, Colorado. Her topic is *"Crossing the Narrow Bridge: Growing Through Life's Challenges."*

Memorial Plaques ~ Remember your loved ones with a memorial plaque; prices are \$180 and \$360.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am



July Anniversaries and Birthdays

Birthdays

Vivian Zarkowsky
Joanna Alper
Jessica Fadem
Melanie Sallis
Frances Cohen
Joanna Alper
Judy Levin
Fran Alper
Caryn Alper
Frieda Smason
Dvir Tzadok
Jane Lyss
Bobbie Ring
Boris Yasinev
Mark Ragin
Naomi Shanker
Murray Hochberg
Anna Rose Tendler
Irena Scheer
Ronald Makovsky
Esther Levine
Danny Sallis
Kurt Kahn
Brian Feit
Sylvia Tessler
Sandy Kahn
Larry Freistein
Craig Feenberg
Bertha Berman
Dora Sulpovar

Anniversaries

Kurt & Sandy Kahn
Dr. Milton & Sally Tofle
Louis & Shirley Osheroff
Drs. Meira Ganel & Shaul Shifren
Linda & Dan Fleshman
Jacob & Judy Levin
Moshe & Louise Givon
Murray & Joyce Hochberg



NHBZ TRIBUTES for May- June 2017/5777

IN MEMORY OF:

Rose Ragin, mother of Mark Ragin and Sally Katz - Bruce and Faith Waxman

Jeanette Rubin, mother of David Rubin and Ellyn Polsky- Bruce and Faith Waxman

Yelizaveta Yasineva, mother of Boris Yasinev- Bruce and Faith Waxman

Marvin Goldenberg, to the Goldenberg Family - Bruce and Faith Waxman

Steve Shanke, son of Phyllis Shanke— Dr. Jonathan and Naomi Shanker

Stanley Alper, brother of Esther Gelb and uncle of Lenny Alper- Gary Benson, Irwin and Arlene Fredman

Marion Pessin, aunt of Jackie Berkin - Irwin and Arlene Fredman

Scott Safron, brother of Linda Luks – Linda Luks

IN HONOR OF:

Jay Umansky for of his selection by the Jewish Light for the "Unsung Hero Award" –Bruce and Faith Waxman, Peggy Umansky, Howard and Phyllis Loiterstein, Alana, Mike, Yael, Max, Rafi & Yishama Minoff, Marty and Merle Oberman

Rabbi Ze'ev and Chani Smason on the birth of their new grandchild - Bruce and Faith Waxman, Howard and Phyllis Loiterstein, Bob and Joni Kaiser, Jason and Nancy Rush, Jay and Peggy Umansky

Menachem and Linda Szus, on the birth of their new grandchild - Bruce and Faith Waxman,

Rabbi Ze'ev and Chani Smason, for their son's service in the IDF - Bruce and Faith Waxman

Susan Feigenbaum and Jay Pepose, on the graduation of Sam, Max, and Morissa- Bruce and Faith Waxman

Denny and Amy Feit, on the graduation of Allison and Andrew- Bruce and Faith Waxman

Dr. Craig Berkin, on the reopening of his dental practice – Mayer Taller



Shabbat Weekend

July 8 - 9, 2017

A weekend with *Rabbi Daniel Cohen*

Senior Rabbi at Congregation Agudath Sholom of Stamford, CT, noted writer and author, and Board Member of numerous Jewish National Organizations

This Synaplex Shabbat Weekend is sponsored by Peggy and Jay Umansky in observance of the yahrzeit of Jay's father, Harry Umansky, Ahron Avraham ben Mayer Mordechai HaLevi

SATURDAY

8:30 am Traditional Services - in the sanctuary

9:15 am Prayer Learners Service

led by Rabbi Yosef David of Aish HaTorah in the chapel

10:00 am Starting Points: "Why Do We Do Dumb & Irrational Things?"

led by Rabbi Ze'ev Smason in the chapel

11:15 am **Synaplex Breakout Sessions**

- "A Look Ahead at the U.S.-Israel Relationship"
led by Lila Greenberg, AIPAC Senior National Field Organizer
- "Discovering Your Elijah Moment: The Secret to the Redemption"
led by Rabbi Daniel Cohen

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Join us for additional sessions with Rabbi Cohen

7:00 pm (pre-mincha) "Living Inspired: Maximizing Your Moment and Mission"

8:30 pm (post-mincha) "Bilaam vs. Moshe: Answering the Call"

SUNDAY 10:00 am "What Will They Say About You When You Are Gone?
Creating a Life of Legacy"

***NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.***



From Our Families to Yours...

Tot Shabbat

A Program of the NHBZ KidsZone

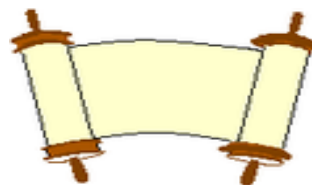


WHEN: Shabbat July 8, 2017

Tot Shabbat takes place downstairs in the Kids' Play Room!

From: 10:00-11:30am

Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Bring your Parents and come enjoy the fun!



Join together and participate in a fun, interactive, educational Tot Shabbat Family Service. Learn about Shabbat, Judaism, and how to pray with your children in a way they will appreciate and look forward to! Enjoy our songs, prayers, tiny Torahs, stories, special games and so much more!

NHBZ KidsZone welcomes **EVERYONE**, members and non-members, to our Tot Shabbat! No RSVP necessary, no cost! Snacks provided!

While we encourage all age-appropriate kids to attend Tot Shabbat,

Babysitting is available from 10:00 a.m. to 11:45 a.m.

For questions, please call Jeff in NHBZ's office at (314) 991-2100, ext. 2



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, July 22, 2017

with Guest speaker

**Rabbi Yaakov Silverman
of the St. Louis Kollel**



At 7:00 p.m. Rabbi Silverman will lead a discussion
entitled

"Tisha B'Av, Rejuvenating Relationships"

Mincha will be at 7:40 p.m. with the *Shalosh Seudos*
meal for all to follow.

Everyone is welcome

**Please consider becoming a sponsor! Families or individuals
can sponsor the event for \$18.**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org



Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

July 8: “Why Do We Do Dumb & Irrational Things?”

July 15: “How To Turn Your Enemies Into Friends”

July 22: “What Are the Most Attractive Character Traits?”

July 29: “Living with Faith after Setbacks”

Aug. 5: “Comforting the Pained”

Aug. 12: “Habits That Make You Happier”



LEARN TO READ HEBREW NOW!

Back By
Popular
Demand!!!

Hebrew Reading Crash Course

Monday Nights: 7:30 – 9:00 pm at NHBZ

Led by Louis Goldman

July 17 and 24 *(no class on July 31)*

August 7, 14, and 21

This program uses a professionally designed curriculum from NJOP, and has taught more than 250,000 people to read Hebrew!

This innovative introductory Hebrew program is **designed for people with little or no background in Hebrew** and concentrates on the Hebrew alphabet and reading skills.

Participants in last fall's Hebrew Reading Crash Course are welcome to attend any or all of the sessions as a refresher at no additional charge.

Please remember to bring your course book from last year!

אבגדה

Please register and provide your payment of \$18 for the entire course and materials by July 10.

To register and pay, call Jeff at 314-991-2100 ext. 2 or mail your payment to:

Nusach Hari B'nai Zion, 650 N. Price Road, St. Louis MO 63132

Please indicate on the check that it is for Hebrew Reading Crash Course.



Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, July 25th

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON "BINGO! You Won!!"

Delicious Lunch
Everyone is Welcome!

Also There will be Attendance Prizes!!

*** **\$7.00 Donation** ***

Hope to see you! Men & Women of ALL Ages!
R.S.V.P. - Rachael: 314-395-6017

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.5%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.5%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
	\$ 100.00	14.0%			Walgreens	\$ 25.00	6.0%		
Home Depot	\$ 25.00	4.0%				\$ 100.00	6.0%		
	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
iTunes	\$ 15.00	5.0%				\$ 100.00	2.5%		
	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
JC Penney	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!