



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

July 22, 2017 ~ 28 Tammuz 5777 ~ Candle Lighting 8:03 pm ~ Shabbos Ends 9:05 pm

Torah Portion:
Haftorah:

Matos -- Masei Numbers 30:2 - 36:13
Jeremiah 2:4-28, 4:1-2

Chumash pages 900-935
Chumash pages 1193-1194

Thanks to Our Generous Sponsors This Shabbos ...

Shalosh Seudos is generously sponsored by **Keith & Karen Zeff** in memory of her mother, A'H, Le Dona Kerr Miller, whose yahrzeit is on the 28th of Tammuz.

Thank you to **Murray & Joyce Hochberg** for sponsoring the bulletin in honor of their 38th anniversary.

Erev Shabbos, Friday, July 21

- **Mincha & Ma'ariv** 7:00 pm

Shabbos, Saturday, July 22

- **Shachris & Musaf** 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Kenny Bressler**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Sammy Chervitz**
- **Learners' Service** 9:30 am ~ Led by **Rabbi Yosef David** in the Rivkin Chapel
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ topic: "What Are the Most Attractive Character Traits?" led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Mincha/Ma'ariv** ~ 7:40 pm

Today's Shabbos greeters ~ **Mike Minoff and Howard Loiterstein**

This Week & Beyond


| Minyan Times | Shabbos July 22 | Sun. July 23 | Mon. * July 24 | Tues. July 25 | Wed. July 26 | Thu. July 27 | Fri. July 28 | Shabbos July 29 |
|-----------------------|--------------------|-----------------|-------------------|------------------|-----------------|-----------------|-----------------|--------------------|
| Shachris | 9:00 am | 8:00 am | 6:45 am | 7:00 am | 7:00 am | 7:00 am | 7:00 am | 9:00 am |
| Mincha/Ma'ariv | 7:40 pm | 7:00 pm | 7:00 pm | 7:00 pm | 7:00 pm | 7:00 pm | 7:00 pm | 7:35 pm |

* Rosh Chodesh Av

Anniversaries this week ~ **Moshe & Louise Givon and Murray & Joyce Hochberg**

Birthdays this week ~ **Sandy Kahn, Larry Freistein, and Craig Feenberg**

- **Shabbos, July 22 ~ Tot Shabbat at 10:00 am with Kate Friedman! Theme: Winter in July!**
- **Shabbos, July 22 ~ 7:00 pm ~ Family Shalosh Seudos, sponsored by Keith and Karen Zeff, with guest speaker Rabbi Yaakov Silverman of the St. Louis Kollel.** Rabbi Silverman will lead a discussion entitled "Tisha B'Av Rejuvenating Relationships." Mincha at 7:40 p.m. with Shalosh Seudos to follow.
- **Tuesday, July 25 ~ Sisterhood Bingo Luncheon ~12:00 noon ~ RSVP to Rachael at 395-6017**
- **Sunday, July 30 ~ Pizza Night 5:00 -7:00 pm ~ Celebrating 10 YEARS of PIZZA NIGHT at NHBZ!** We have rolled back our prices to 2007 ~ \$10.00 for adults \$5.00 for kids ~ All-You-Can-Eat Pizza Buffet ~ Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Plus a movie for the kids!
- **Tuesday, August 1 ~Tisha B'Av ~ 2:00 pm at NHBZ** we will show the movie "**Pikuach Nefesh**" (**Saving Lives**) which presents the dramatic and previously neglected stories of two of the Jewish people's great heroes, Rav Michoel Ber Weissmandl of Nitra and Rav Shlomo Schonfeld of the Kindertransport, individuals who through great personal sacrifice succeeded in saving thousands of neshamos from the inferno of the Holocaust. Rabbi Smason will introduce the film and lead a discussion following the screening. *This event is co-sponsored by the St. Louis Holocaust Museum and Learning Center.*
- **Thursday, August 3 ~ "Shaving Israel" and the Nusach Hari B'nai Zion-Israel Committee** invites you for a special presentation by: **Sergeant Boruch Smason.** Boruch recently completed his IDF training in the Special Forces. He will share his story and experiences with us.
- **Shabbos, August 12 ~ 'Shabbos Morning Live!' Returns!**
- **Monday, August 14 ~ The Home Discussion Group** meets at the home of **Scott & Leslie Gitel** from 7:00 -8:30 pm. The topic, led by **Rabbi Smason**, is "Good Conversation: Is Anyone Really Listening?" RSVP to Jeff@nhbz.org or 991-2100.
- **Sunday, August 20 ~ 11:30 am - 2:00 pm ~ Sisterhood Dine and Style Fashion Show**

 Note: **Rabbi David** will be gone for 3 weeks, beginning August 5 -- his Shabbos Learners' Service will not take place starting Aug. 5, and will resume on Aug. 26.

Parshas: Matos -- Masei

In the first of this week's two action-packed portions, Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. Anticipating entrance into the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer' Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance. Masei (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. The boundaries of the Land of Israel are defined. Since the Levites would not be receiving a regular portion of the land, 48 cities are set aside for them. Cities of refuge are established; one who unintentionally murders can flee there. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

The 9 Days

Rosh Chodesh Av begins on Sunday evening, July 23. This begins a period of time known as the '9 Days.' The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples. In addition to the restrictions that apply to the entire three-week period, during this time we refrain from additional joyous activities. We refrain from eating meat and drinking wine (except for Shabbos), laundering clothing, swimming or bathing for pleasure and remodeling or expanding a home. For questions or further details, please contact Rabbi Smason.

Adult Learning at NHBZ

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 29: “Living with Faith after Setbacks”

Aug. 5: “Comforting the Pained”

Aug. 12: “Habits That Make You Happier”

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesday's at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In the Community

This year's **Sarah Adelman Memorial Fund Lecture** will be on Sunday July 30, 2017 at 7:00 pm at Young Israel. Aliza Bulow is the Director of Ner LeElef's North American Woman's Program and the Senior Educator at The Jewish Experience in Denver, Colorado. Her topic is *“Crossing the Narrow Bridge: Growing Through Life's Challenges.”*

Memorial Plaques ~ Remember your loved ones with a memorial plaque; prices are \$180 and \$360.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





From Our Families to Yours...

Tot Shabbat

A Program of the NHBZ KidsZone



WHEN: Shabbat, July 22, 2017

Special theme just announced for this week!

It's Winter in July! Bring a winter hat or scarf!

Snowy Themed Snacks!

From: 10:00-11:30am

All Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled educational Tot Shabbat Family Service. Join together and participate in songs, stories, games, snacks, dancing, puppets, and much more! Bring your Parents and come enjoy the fun!

NHBZ KidsZone welcomes **EVERYONE**, members and non-members, to our Tot Shabbat! **No RSVP necessary, no cost! Snacks provided!**

While we encourage all age-appropriate kids to attend Tot Shabbat, Babysitting is available from 10:00 a.m. to 12:15 p.m.



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, July 22, 2017

with Guest speaker

**Rabbi Yaakov Silverman
of the St. Louis Kollel**



At 7:00 p.m. Rabbi Silverman will lead a discussion
entitled

"Tisha B'Av, Rejuvenating Relationships"

Mincha will be at 7:40 p.m. with the *Shalosh Seudos*
meal for all to follow.

Everyone is welcome

**This Family Seudah Seudos is sponsored by Keith and Karen
Zeff in memory of her mother, A'H, LeDona Kerr Miller**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org



Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, July 25th

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON "BINGO! You Won!!"

*Delicious Lunch
Everyone is Welcome!*

Also There will be Attendance Prizes!!

***** \$7.00 Donation *****

Hope to see you! Men & Women of ALL Ages!
R.S.V.P. - Rachael: 314-395-6017



Jewish Customs & Practices The Holiday Series

**NHBZ and the Holocaust Museum and Learning Center
present their annual Tisha B'Av program
with a screening of the film**

Pikuach Nefesh

**followed by a discussion led by Rabbi Ze'ev Smason
Tuesday, August 1, 2:00 pm
at NHBZ, 650 North Price Road**

Pikuach Nefesh (Saving Lives) presents the dramatic and previously neglected stories of two great Jewish heroes,

Rav Michael Ber Weissmandl of Nitra and
Rav Shlomo Schonfeld of the Kindertransport

who, through great personal sacrifice, succeeded in saving thousands of Jewish lives from the inferno of the Holocaust



**Tisha B'Av is the Jewish National Day of Mourning
and marks the destruction of both the first and second
temples and several other tragic events in Jewish history**

Our ***Holiday Series*** explores the details and deeper meanings of the Jewish holidays and how to truly observe them.

This program is free and open to the public.

More information: call 314 991-2100 x2 or email pepshort613@gmail.com

**"Shaving Israel" and
Nusach Hari B'nai Zion-Israel Committee**

Invites you for a special presentation by:

Sergeant Boruch Smason

Date: Thursday, August 3rd

Time: 7:30pm

Place: Nusach Hari B'nai Zion (lower level)

650 North Price Road, St. Louis, MO 63132

Boruch was born and raised in St. Louis. He made Aliyah in 2015 and volunteered to serve in the **Israel Defense Force**. **Boruch** recently completed his IDF training in the Special Forces. He will share his story and experiences with us.



EVENT IS FREE - COME JOIN US!

Please RSVP at: mganel@earthlink.net

For questions call: Rachel Miller at (314) 579-9653 or Meira Ganel at (314) 374-7176



NHBZ Sisterhood presents
Dine 'n Style

FALLING FOR FASHION

Featuring colorful, stylish, upbeat fashions for Fall/Winter 2017

Enjoy a delectable luncheon, a trendy fashion show,
lively music, social fun and, of course, shopping

Be inspired by Anna Altman's presentation

***"Outer Beauty Begins with Inner Strength:
Building Confidence Within"***

Sunday, August 20, 2017

11:30 am – 2:00 pm

Nusach Hari B'nai Zion

- 🌀 Fashions by Orli's Boutique
- 🌀 Jewelry by Sage Chic
- 🌀 Essential Oils by Meredith Daniels
- 🌀 Guided Meditations for Stress Relief
with Vicki Atlas

Registration \$18 by August 11

*Check out this fall fashion preview and
take advantage of end-of-season clearance sale items!*

For reservations, please call Shayna at 314-913-1200
Women only





Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

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July 29: “Living with Faith after Setbacks”

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