



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 2, 2017 ~ 11 Elul 5777 ~ Candle Lighting 7:13 pm ~ Shabbos Ends 8:15 pm

Torah Portion:
Haftorah:

Ki Seitzei Deuteronomy 21:10 - 25:19
Isaiah 54:1 - 55:5

Chumash pages 1046-1067
Chumash page 1201

Thanks to Our Generous Sponsors This Shabbos ...

Kiddush lunch is generously sponsored by **Irwin Rosen's children: Sheryl Levine, Greg Rosen, Shea Rosen** and special friend **Amir Noy** in celebration of **Irwin's 80th birthday!**

Shalosh Seudos is sponsored by **Ed & Jane Lyss** in observance of the Yartzheit of Ed's grandparents and aunts, and of the other residents of the town of Trisk, Poland (now Turiysk, Ukraine), who perished on 12 Elul 5714.

Thank you to the **Morgensztern Family** for sponsoring the bulletin in gratitude to HaShem and everyone in the community that prayed for Daniel's sister, Hannah Frida Bat Fayga. BH she is recovering well! May she have a Refuah Shleima.

Erev Shabbos, Friday, September 1

- **Mincha & Ma'ariv** 7:00 pm

Shabbos, Saturday, September 2

- **Shachris & Musaf** 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Louis Goldman**
 - Leyning: **Max Gornish**
 - Haftorah: **Howard Sandler**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Louis Goldman**
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ topic: "**How to Get Out of a Bad Mood**" led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- **Learners' Service** 9:30 am ~ **Led by Rabbi Yosef David** in the Rivkin Chapel
- **Tot Shabbat** 10:00 am ~ Led by **Kate Friedman** in the Eli Ragin Children's Room
- **Mincha/ Ma'ariv/ Shalosh Seudos** ~ 6:55 pm

This Week & Beyond

Minyan Times	Shabbos Sept 2	Sun. Sept 3	Mon.* Sept 4	Tues Sept 5	Wed. Sept 6	Thu. Sept 7	Fri. Sept 8	Shabbos Sept 9
Shachris*	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:45 pm

*Labor Day

Please note that Morning Blessings and the first Kaddish are started five minutes prior to Shachris

Today's Shabbos greeters ~ Richard Woolf & Margo Tzadok

Anniversaries this week ~ Sergio Chayet & Nancy Lisker, Louis & Rebecca Goldman, Joel & Susan Manesberg, and Michael & Charlene Kass

Birthdays this week ~ Jonah Bialecki, Eli Bialecki, Howard Sandler, Faith Waxman, Miriam Tzadok, Meira Ganel, and Carl Solomon

- **Shabbos, September 9 ~ SYNAPLEX** ~ Featured speakers and topics:
 1. "Jumpstarting Change For the New Year" ~ **Rabbi Ze'ev Smason**
 2. "Fighting Anti-Semitism and Defending Israel: Can There Be Peace?" ~ **Rabbi Michael Rovinsky, JSU (Jewish Student Union) & NCSY**
 3. "Rosh Hashana: The Duality of the Day" ~ **Rabbi Shaya Mintz, St. Louis Kollel**
- **Shabbos, September 9 ~ Tot Shabbat** (Aloha Shabbat Theme) led by **Kate Friedman**
- **Sunday, September 10 ~ Rabbi Ride-Around in Forest Park!** See flyer in this issue.
- **Monday, September 11 ~ Home Discussion Group from 7 - 8:30 pm**, at the home of Jesse & Debbie Barash. Topic: "Creating a High Holiday Mindset." RSVP to jeff@nhbz.org
- **Sunday, September 17 ~ NHBZ Speaker Series presents: "Sammy Rangel: From a Tortured Child to a Forgiving Adult" at 7:30 pm.** Tickets are \$18.00. Contact Shayna Scribner at 913-1200

The Rabbi Ride-Around in Forest Park is next Sunday. We are looking for sponsors for lunch and other activities as well as raffle items. Thank you to our lunch sponsors **Jay & Peggy Umansky** and **Mark Ragin**.



Lulav and Etrog Orders are now being taken until Tuesday, September 12. Please place your order now as we **cannot guarantee that more sets will be available** after that date. Order by email to: jeff@nhbz.org or phone 991-2100 ext. 2.

Basic Lulav & Etrog set = \$45
Standard Lulav & Etrog set = \$55
Deluxe Lulav & Etrog set = \$65
Premium Lulav & Etrog set = \$80

Send in your Book of Remembrance information for Yizkor by September 6th.

Thank you to **Sam & Shirley Bluestein, Howard & Phyllis Loiterstein, Dr. Eliot & Sally Katz, Menachem & Linda Szus, Dr. Faye, Brian, & Scott McCary, Rachael Pevnick, Debbie & Brian Sher, and Sally Needle** for donating to the Rabbi's school supply drive.

Rabbi Smason speaking events in the community for the HH

Tuesday, September 5 ~ 11:30 am at NHBZ ~ Na'Amat USA (formerly known as 'Pioneer Women') Special holiday event with speaker: **Rabbi Ze'ev Smason**. Lunch \$7.00 RSVP to Rachael 395-6017.

Monday, September 11, 1:00 pm ~ Welcoming the Jewish New Year at the Crowne Center.

Sample the rich traditions of Rosh Hashanah and Yom Kippur through this engaging program. **Rabbi Ze'ev Smason** will discuss the High Holidays and prepare us for this important time of the year. Refreshments will be served.

The Rubin family invites you to join them in unveiling and consecrating a headstone monument in loving memory of Jeanette Rubin. The ceremony will be held on Sunday, September 3, at 9:30 am at the Chesed Shel Emeth Cemetery on White Road

Parshas: Ki Seitzei

This week's Torah portion contains 74 mitzvos (commandments) -- more than 10% of the 613 mitzvos of the Torah. Among the highlights:

- Guidelines for treatment of captured female prisoners of war
- Treatment of the 'stubborn and rebellious son'
- Prohibition of wearing shatnez -- a mixture of wool and linen in the same garment
- The case of the defamation of a married woman
- Men are forbidden from wearing women's clothing and vice versa.
- Taking interest for lending to a Jew is forbidden
- The requirement of a get (bill of divorce) when divorce takes place
- The obligation to pay workers in a timely fashion (handymen, babysitters, etc.)
- Special consideration must be given to a widow and orphan

This power-packed Torah portion concludes with the command to remember the atrocities which the nation of Amalek (from whom Haman came) committed against us upon our exodus from Egypt.

Elul

Beginning with the month of Elul, when writing a letter or meeting one another, we bless one another by including the greeting Kesivah vachasimah tovah—which roughly translates as “May you be inscribed and sealed for a good year.”

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Sept. 9: “What Makes You a More Productive Person?”

Sept. 16: “Courage: Is it Relative?”

Sept. 23: “The Perfect Apology: What Ingredients Matter Most?”

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Take Action Now – don't miss out on any of the following: call the office at 314-991-2100 extension 2

Seating for Rosh Hashana and Yom Kippur – Tuesday, Sept. 12

All members in good standing – Adult, Young Adult and Senior (but not Associate-Members) - are entitled to a reserved seat for Rosh Hashana and Yom Kippur. If you will be attending, but do not want to use your reserved seat, you may use an open, unreserved seat.

Family Membership entitles you to a reserved seat for all your children from Bar/Bat Mitzvah through age 24. Older children through age 29 should obtain a Young Adult membership.

Independent young adults age 18-29 are encouraged to obtain a Young Adult membership.

Please contact the office by **Tuesday, September 12th** if

- You will not be using your reserved seat
- You would like a different seat from last year
- You would like to add a reserved seat for out-of-town relatives or friends (\$180 each)
- You would like to obtain a Young Adult Membership (\$190 each)

Sisterhood New Year Greetings – Tuesday, September 12

The Sisterhood wishes you and your loved ones Health, Happiness & Prosperity in the New Year, and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family. Your name will be published in the **5778** Rosh Hashanah Bulletin for a \$5 minimum donation (no maximum). Call the office or mail in your check made out to NHBZ, and write 'Sisterhood Greeting' on the memo line, by **Tuesday, September 12th** to be included in the bulletin.

Esrog and Lulav Order – Tuesday, September 12

It is a mitzvah to have your own Esrog & Lulav for Sukkos. They can be purchased through our shul, and must be ordered in advance. If you are not able to acquire an Esrog & Lulav, we will have one or two sets available for making the brochos in Shul. We will be happy to order a set for you and have it ready for pick up at the shul in time for Sukkos. Complete sets will cost \$45, \$55, \$65 and \$80. These prices are subject to change as we get closer to the holiday. If you want the shul to order your set, please call the office, by **Tuesday, September 12th**.

RSVP for Children's Lunches – Friday, September 15

Lunch for Children's Programming is free, but an RSVP is encouraged. Please let us know how many of your children will be eating lunches and on which days by **Friday, September 15**.

RSVP for Simchas Torah Dinner - Monday, October 9

Join us for a free Spaghetti Dinner on Erev Simchas Torah, Thursday, October 12, as well as the Auction for Simchas Torah Honors. The dinner is free, but please let us know if you plan to attend so we know how much food to buy and prepare. We also welcome dinner sponsors for \$25. Please reply by **Monday, October 9**.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





shabbat

Saturday, September 9, 2017

- 8:30 am Traditional Services** in the sanctuary
- 9:15 am Tefillah/Prayer Learners Service** in the chapel
led by Rabbi Yosef David of Aish HaTorah
- 10:00 am Starting Points – Topic: “What Makes You a More Productive Person”** in the chapel
led by Rabbi Ze’ev Smason

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| <p>10:00 am Children / Youth Programming downstairs
Tot Shabbat for kids aged 1-6
Babysitting for younger kids</p> |
|---|

- 11:15 am Breakout Sessions**
- **“Jumpstarting Change for the New Year”**
led by Rabbi Ze’ev Smason
 - **“Fighting Anti-Semitism and Defending Israel: Can There Be Peace”**
led by *Rabbi Michael Rovinsky,*
JSU (Jewish Student Union) & NCSY
 - **“Rosh Hashana: The Duality of the Day”**
led by Rabbi Shaya Mintz of the St. Louis Kollel

- 12:15 pm Kiddush Lunch for All** in the Social Hall

The NHBZ Synaplex Shabbat is free and open to the Jewish public, and home hospitality is available



Rabbi Ride-Around Rally & Picnic

Join us as
Rabbi Smason rides 50 miles
around the Forest Park bicycle path
Sunday, September 10

The Ride begins at 10 am – Picnic Lunch at Noon

Plus, fun
children's
activities,
including an
Origami
demonstration,
11am -12 pm



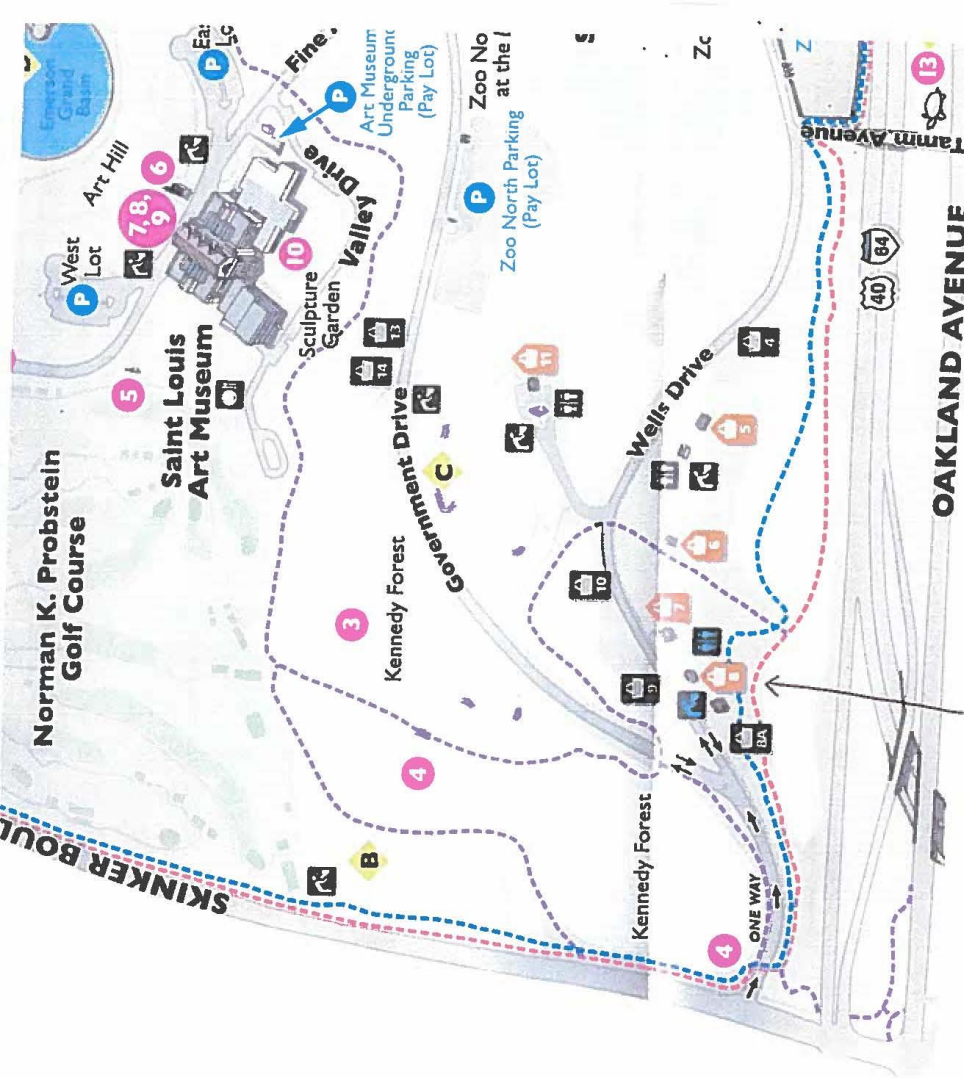
We will be at
Forest Park
Shelter # 8
at the southwest
corner of the
Park, on Wells Dr
off Skinker Blvd

Call 314-991-2100 ext. 2 to make a pledge to support
Rabbi Smason or to help sponsor the event

www.nhbz.org

Rabbi Ride-Around

Forest Park



Location of the
Rabbi Ride Around Rally and Picnic

Shelter # 8



Home Discussion Group

Topic: Creating a High Holiday Mindset

The latest in a series of discussions at the homes of our members and friends

Led by Rabbi Ze'ev Smason

Monday, September 11, 2017

7:00 – 8:30 PM

at the home of *Jesse and Debbie Barash*

Light refreshments will be served



Please RSVP to **Jeff** at **314-991-2100** or jeff@nhbz.org.
We will provide the address and phone number at the time of your RSVP.



INSPIRATIONAL SPEAKER SERIES

From a Tortured Child to a Forgiving Adult

The theme of Forgiveness is paramount as we enter the High Holidays

In a world in which pain and hate seem like everyday occurrences, how does one find forgiveness and allow himself to live a life of purpose and helping others?

Sunday, September 17, 2017, 8:00 pm

Presentation followed by a dessert reception

General Admission \$18

Sponsorship \$125

Sponsorship includes reception with speaker at 7:00 pm & reserved seats for presentation

Sammy Rangel tells his captivating life story of a childhood lost to unspeakable abuse, crime and incarceration and does so with brutal honesty. With courage, he traded his anger and hate for compassion and helping others to learn to forgive and believe that change is possible. Sammy is the Executive Director of ***Life After Hate***, and author of *Fourbears: The Myths of Forgiveness*



Susan Balk, Founding Director of St. Louis-based ***Hatebrakers***, an organization that helps people overcome hatred, and recipient of the 2017 Jewish Light Unsung Hero Award, will introduce Mr. Rangel.

Consider becoming a Program Sponsor!

For reservations and information, including sponsorship opportunities, please phone Shayna Scribner, 314-913-1200.



New Year Greetings

The NHBZ Sisterhood
wishes you and your loved ones
Health, Happiness & Prosperity in the New Year

Our Sisterhood invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family.

Make your check payable to NHBZ,
and write 'Sisterhood Greeting' on the memo line.
(\$5 minimum, please – no maximum!)

Names will be published in the 5778 Rosh Hashanah Bulletin.

Send your contribution, along with the form below, by September 12 to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

Or, you may email your greeting information directly to laura@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5778 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed _____

Please list my name(s) as follows:





Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

Sept. 2 How to Get Out of a Bad Mood

Sept. 9 What Makes You a More Productive Person?

Sept. 16 Courage: Is it Relative?

Sept. 23 The Perfect Apology: What Ingredients Matter Most?