



Yom Tov & Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

September 29-30, 2017 / 5778 Shabbos Candle Lighting 6:24 pm ~ Shabbos Ends 7:42 pm

Thanks to Our Generous Sponsors This Yom Tov & Shabbos ...

Thank you to **Howard & Phyllis Loiterstein** for sponsoring the Shabbos & Yom Tov bulletin in memory of Howard's mother, Ella (Olly) Loiterstein Rosenberg.

This Shabbos & Yom Tov Bulletin is also sponsored by **Lenny, Fran, Caryn & Joanna Alper** in honor of the very special birthday of **Ruth Novack Alper!**

Erev Yom Kippur ~ Friday, September 29

Mincha ~ 1:30 pm

Fast Begins ~ Prior to Kol Nidre

Kol Nidre ~ 6:00 pm

Yom Kippur ~ Shabbos, September 30

Shachris & Musaf ~ 8:00 am

- Pesukei D'Zimra: **Menachem Szus**
- Shacharis: **Rabbi Yaakov Berkowitz**
- Leyning: **Elie Needle**
- Haftorah: **Kenny Bressler**
- Drasha (Sermon): **Rabbi Ze'ev Smason**

- Musaf: **Elie Needle**
- Shofar: **Rabbi Ze'ev Smason**
- Mincha: **Menachem Szus**
- Maftir Yonah: **Alan Haber**
- Neilah: **Elie Needle**

Torah Portion: Leviticus 16:1 – 16:34

Maftir: Numbers 29:7 – 29:11

Haftorah: Isaiah 57:14 – 58:14

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Learners' Service ~10:00 am–12:30 pm ~ led by **Rabbi Yosef David**, of Aish HaTorah, Feigenbaum-Pepose Learning Center

Yom Kippur Tot Shabbat ~ 10:00 am -1:00 pm ~ led by **Alana Minoff**, Eli Ragin Children's Room

Drasha (Sermon) ~ 11:45 am

Mincha ~ 4:40 pm

Shofar Sounded ~ 7:40 pm

Yizkor ~12:15 pm

Ma'ariv ~7:20 pm

Fast Concludes ~ After Shofar

Minyan Times	Shabbos Sept 30 Yom Kippur	Sun. Oct 1	Mon. Oct 2	Tues Oct 3	Wed. Oct 4	Thu. Oct 5	Fri. Oct 6	Shabbos Oct 7
Shachris*	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am	9:00 am	9:00 am
Mincha/Ma'ariv	Mincha 4:40 pm Ma'ariv 7:20 pm	6:15 pm	6:15 pm	6:15 pm	Erev Sukkot 6:15 pm	Sukkot 6:15 pm	Sukkot 6:15 pm	6:00 pm

Yom Tov Detailed Schedule

Erev Yom Kippur - Friday, September 29

Mincha..... 1:30 pm
Fast BeginsPrior to Kol Nidre
Candle Lighting.....6:24 pm or earlier
Babysitting 5:45 – 9:00 pm
Take out Torahs..... 5:55 pm
Kol Nidre 6:00 pm
Maariv Concludes.Approximately 9:15 pm

Yom Kippur Child Care 9:00 am -1:00 pm

Children 3 years old and younger, in the Eli Ragin Children's Room. Snacks and lunch are included in all children's programs.

Yom Kippur - Shabbos, September 30

Shacharis.....8:00 am
Learner's Service 10:00 am
Children's Programs 10:00 am to 1:00 pm
Drasha.(Sermon) 11:45 am
Yizkor 12:15 pm
Musaf 1:00 pm
Mincha 4:40 pm
Neilah..... 6:10 pm
Ma'ariv 7:20 pm
Havdalah..... 7:35 pm
Shofar Sounded 7:40 pm
Fast Concludes ..After Shofar is Sounded

Yom Tov Greeter's ~ **Marcie Brook & Larry Chervitz**

Thank You to: **Jessica Fadem** for providing the bimah flowers this Yom Kippur. **Howard & Phyllis Loiterstein** for providing the juice and cookies, and **Sandie & Bob Abrams, and Esther Gelb** for providing the candy at the end of services, in memory of Adolf Gelb.

Birthdays this week ~ Nicole Loiterstein, Ruth Novack Alper, Talia Shifren, Lewis Schucart, Ellen Berg, Hannah Bialecki, Robert Abrams, Leib Smason, Dr. Susan Feigenbaum, and Jordan Kadosh

Anniversaries this week~ Dr. Jonathan & Naomi Shanker

- **Sunday, October 1 ~ NHBZ Sukkah Raising 5778/2017 at 9:30 am.** All are welcome! Instructions: please bring ladders and some basic tools. Please bring work gloves and preferably covered arms. RSVP to Jeff@nhbz.org and menachem@alonsystems.com to let us know that you are coming. Hoping and Praying for good weather.
- **Sunday, October 1 ~ Pizza Night ~ 5:00-7:00pm ~ All-You-Can-Eat Pizza Buffet \$12.00** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Plus a movie for the kids! Please place carry-out orders by 10:00 a.m. on Sunday morning. **Email orders preferred to jeff@nhbz.org** (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:30-4:45 p.m. Food prepared under the supervision of Rabbi Ze'ev Smason.
- **Sukkot & Shabbos, October 6-7 ~ Junior Congregation** led by **Jake Fendelman**
- **Thursday, October 12 ~ Simchas Torah Dinner (no charge) ~** RSVP to jeff@nhbz.org Spaghetti Dinner & Whiskey Slush! – Yummy Candy Apples compliments of Sisterhood! Live and Lively Auction for Honors on Simchas Torah Day! Please become a sponsor for the Simchas Torah Spaghetti Dinner for \$25.00. Thank you to our dinner sponsors so far: **Lenny & Fran Alper, Sam & Shirley Bluestein, Kenny Bressler, Don & Julie Eisenberg, Lou, Michael, Chaim, and Devorah Edelstein & Family, Mimi Fiszal, Bob & Joni Kaiser, Dr. Eliot & Sally Katz, Bobby Levine, Mark Ragin, and Jay & Peggy Umansky.**
- **Wednesday, October 18 ~ Sisterhood Meeting 2:00-3:00 pm.**

- **Wednesday, October 18 ~ Focus on Alzheimer' ~ 3:00-4:00 pm at NHBZ** with guest speaker Elyse Murrell, Education Manger for the Alzheimer's Association. Presented by the NHBZ Sisterhood and the STL Senior Kollel.

Adult Learning at NHBZ

Please note: Wednesday Lunch & Learn at 12:15 will take a break for the Holidays, beginning Sept. 20. Classes will resume Oct. 18.

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.



Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

- October 7: "What's the Best Way to Start Getting Happier?"
- October 14: "Adam & Eve: How to Find a Match Made in Heaven"
- October 21: "What Values Should Guide Treating the Critically Ill?"
- October 28: "What Can Make You Mentally Strong?"
- November 4: "Are Eldest Children More Intelligent ...and Does it Matter?"

Amud-A-Week Program. Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.



NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Pizza Night

Sunday, October 1

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve crusts available upon request
All food under the supervision of Rabbi Ze'ev Smason**

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Saturday

Starting Points:

Wisdom for Daily Living

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

Sept. 16 **Courage: Is it Relative?**

Sept. 23 **The Perfect Apology: What Ingredients Matter Most?**

October 7 **What's the Best Way to Start Getting Happier?**

October 14 **Adam & Eve: How to Find a Match Made in Heaven**

October 21 **What Values Should Guide Treating the Critically Ill?**

October 28 **What Can Make You Mentally Strong?**

November 4 **Are Eldest Children More Intelligent...and Does it Matter?**



FOCUS ON ALZHEIMER'S



Know The 10 Warning Signs

Are you or someone you know affected by Alzheimer's disease or dementia? It's time to know the facts. This program will provide information on detection, causes and risk factors, stages of the disease and treatment options.

**Guest Speaker Elyse Murrell,
Education and Outreach Manager, The Alzheimer's Association**

More than 5 million Americans are living with Alzheimer's and as many as 16 million will have the disease by 2050. The cost for caring for those with Alzheimer's and other dementias is estimated to total \$259 billion in 2017, increasing dramatically by mid-century. Nearly one in every three seniors who dies each year is diagnosed with Alzheimer's or another dementia.

Wednesday, October 18, 2017

3-4 pm

Nusach Hari B'nai Zion - 650 N. Price Road

An important meeting of the NHBZ Sisterhood will be held immediately prior to this presentation, from 2-3 p.m. ALL Sisterhood members are strongly encouraged to attend.

This informative program is free of charge and co-sponsored by the St. Louis Senior Kollel and the Nusach Hari B'nai Zion Sisterhood.

Refreshments will be served

Please let us know you plan to attend.

Call: 314-991-2100, ext 2 or 314-726-6047

Email: sisterhood@nhbz.org or office@stlkollel.com



112th Anniversary Banquet

Sunday, December 10, 2017

HONORING

Rachael Pevnick and Ted Pevnick (ז"ל)



RECIPIENT HAKARAS HATOV AWARD

Kate Friedman

ISRAEL ADVOCACY AWARD RECIPIENTS

Rich and Jenny Wolkowitz

Clayton Plaza Hotel

7750 Carondelet Avenue

Clayton, Missouri 63105

Hors d'oeuvres at 5:30 p.m.

Dinner & Program at 6:30 p.m.

\$125.00 per person

Opportunities for Sponsorships, Ads, and Greetings available

R.S.V.P. by November 27, 2017

Early Bird deadline is November 6 to be entered in the EarlyBird Raffle to win prizes!