



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*  
Affiliated with Union of Orthodox Congregations of America

September 16, 2017 ~ 25 Elul 5777 ~ Candle Lighting 6:52 pm ~ Shabbos Ends 7:53 pm

Torah Portion: Nitzavim - Vayelech Deuteronomy 29:9 - 31:30 Chumash pages 1086-1099  
Haftarah: Haftarah: Isaiah 61:10 - 63:9 Chumash page 1202-1204

## Thanks to Our Generous Sponsors This Shabbos ...

Thank you Irwin and Roz Rosen for sponsoring the bulletin in gratitude for the many tributes Irwin received on his 80th birthday.

## Erev Shabbos, Friday, September 15

- Mincha & Ma'ariv 6:40 pm

## Shabbos, Saturday, September 16

- Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Ed Lyss**
  - Leyning: **Max Gornish**
  - Haftarah: **TBA**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Max Gornish**
- Learners' Service 9:30 am ~ Led by Rabbi Yosef David in the Rivkin Chapel
- Starting Points: Wisdom For Daily Living 10:15 am ~ topic: "Courage: Is it Relative?" led by Rabbi Ze'ev Smason in the Rivkin Chapel
- Mincha/ Ma'ariv/ Shalosh Seudos ~ 6:35 pm

## This Week & Beyond

Minyan Times	Shabbos Sept 16	Sun. Sept 17	Mon.* Sept 18	Tues * Sept 19	Wed.* Sept 20	Thu. ** Sept 21	Fri. ** Sept 22	Shabbos Sept 23
Shachris*	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	8:00 am	8:00 am	9:00 am
Mincha/Ma'ariv	6:35 pm	6:40 pm	6:40 pm	6:40 pm	6:40 pm	6:40 pm	6:40 pm	6:25 pm

\*6:30am Selichos (Mon-Tues) \*6:15am Selichos (Wed)

\*\* Rosh Hashana Day 1 & 2

Please note that Morning Blessings and the first Kaddish are started five minutes prior to Shachris

Today's Shabbos greeters ~ Lenny and Fran Alper

Birthdays this week ~ Suzanne Tendler, Robert Schnurman, Jackie Berkin, Marcela Morgensztern, Jennifer Hartranft, and Max Judah Minoff

- **Sunday, September 17 ~ NHBZ Speaker Series presents: “Sammy Rangel: From a Tortured Child to a Forgiving Adult”** at 7:30 pm. Tickets are \$18.00.
- **Thursday and Friday, September 21-22 ~ Rosh Hashana Services** both days at 8:00 am.
- **Friday, September 29 ~ Erev Yom Kippur / Kol Nidre** 6:00 pm.
- **Shabbos, September 30 ~ Yom Kippur Services** 8:00 am.

~ Please see attached HH schedule in this bulletin ~

### **Kids Programs for the High Holidays**

**Junior Congregation** (ages 7-12), **Tot Shabbat** (ages 3-6), and **Babysitting** (birth – 2) will be held at the following days and times, *except as noted*:

- **Rosh Hashana** Days 1 & 2, Thursday, September 21 and Friday, September 22, 10:30 am – 1:00 pm
- **Erev Yom Kippur**, Friday, September 29, 5:45 pm – 9:00 pm (*babysitting only*)
- **Yom Kippur**, Shabbos, September 30, 10:30 am - 1:00pm

Lunch will be provided for all children, and an RSVP to the office at 991-2100 ext. 2 is encouraged.

### **Parshas: Vayelech**

Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's 'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. A question for your consideration; how could someone not present be bound to a commitment made by their ancestors? What is the binding force today that obligates all Jews to keep a Torah accepted over 3,000 years ago?

Moses tells the people that although eventually they will sin, in time they will repent and return to the Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Vayelech opens with Moses walking through the Jewish camp on the final day of his life to say goodbye to his beloved people. He teaches them the mitzvah of Hakel, the once-in-seven-years gathering of the entire nation to hear the king read certain passages from the Torah. G-d commands that a special Torah, written by Moses, be placed by the Levites at the side of the Holy Ark to bear witness against Israel if they were to ever deviate from its teachings.

## Selichos

As the month of Elul draws to a close, the mood of repentance becomes more urgent. Prayers for forgiveness called selichos are added to the daily cycle of religious services. Selichos are recited in the early morning, before normal daily shacharis service. They add about 45 minutes to the regular daily service.

The first selichos service of the holiday season is held around midnight on Motzaei Shabbos (the night after the sabbath ends; that is, after nightfall on Saturday). The remaining selichot services are normally only attended by those who ordinarily attend daily shacharit services in synagogue.

A fundamental part of the selichot service is the repeated recitation of the "Thirteen Attributes," a list of [G-d](#)'s thirteen attributes of mercy that were revealed to Moses after the sin of the golden calf (Ex 34:6-7).

## Adult Learning at NHBZ

**Please note: Wednesday Lunch & Learn at 12:15 will take a break for the Holidays, beginning Sept. 20. Classes will resume Oct. 18.**

**Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason.** Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on 'media', then 'online classes', then 'ustream\_graphic'.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

September 23: "The Perfect Apology: What Ingredients Matter Most?"

September 30: Yom Kippur - no Starting Points

October 7: "What's the Best Way to Start Getting Happier?"

October 14: "Adam & Eve: How to Find a Match Made in Heaven"

October 21: "What Values Should Guide Treating the Critically Ill?"

October 28: "What Can Make You Mentally Strong?"

November 4: "Are Eldest Children More Intelligent ...and Does it Matter?"

**Amud-A-Week Program.** Join Rabbi Daniel Freund every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.



## NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)  
Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

### BI-MONTHLY at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

**Synaplex Shabbos- Services begin at 8:30am**





# INSPIRATIONAL SPEAKER SERIES

## ***From a Tortured Child to a Forgiving Adult***

***The theme of Forgiveness is paramount as we enter the High Holidays***

*In a world in which pain and hate seem like everyday occurrences, how does one find forgiveness and allow himself to live a life of purpose and helping others?*

**Sunday, September 17, 2017, 8:00 pm**

**Presentation followed by a dessert reception**

**General Admission \$18**

**Sponsorship \$125**

*Sponsorship includes reception with speaker at 7:00 pm & reserved seats for presentation*

**Sammy Rangel** tells his captivating life story of a childhood lost to unspeakable abuse, crime and incarceration and does so with brutal honesty. With courage, he traded his anger and hate for compassion and helping others to learn to forgive and believe that change is possible. Sammy is the Executive Director of ***Life After Hate***, and author of *Fourbears: The Myths of Forgiveness*



**Susan Balk**, Founding Director of St. Louis-based ***Hatebrakers***, an organization that helps people overcome hatred, and recipient of the 2017 Jewish Light Unsung Hero Award, will introduce Mr. Rangel.

***Consider becoming a Program Sponsor!***

**For reservations and information, including sponsorship opportunities, please phone Shayna Scribner, 314-913-1200.**





# New Year Greetings

5778 ~ 2017

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign by wishing everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year

## *L'Shana Tova Tikatevu*

Lenny & Fran Alper  
Ruth Novack Alper & Family  
Andy & Ellen Berg  
Sam & Shirley Bluestein &  
Gary Benson  
Leo Bressler  
Arnold Brody  
The Brook Family - Alan, Marcie,  
Nathan & Eliana  
Faye Cohen McCary  
Frances & Jerry Cohen  
June Cohen & Family  
Julie & Don Eisenberg  
Jessica Fadem  
Teree Farbstein  
Feigenbaum/Pepose Family  
Amy & Denny Feit & Family  
Mimi Fiszal  
Meira & Shaul Ganel  
Esther Gelb & Family  
Jackie & Marvin Gitel  
Rhonnie & Stan Goldfader  
Abert & Sheila Goodman & Family  
Alan & Janet Haber  
Joyce Hochberg  
Harold & Fran Hoffman  
Larry & Shirley Hollander, Robert &  
Debbie, Samantha, Brandon & Alex

Joyce Cherry Kabak  
Kurt & Sandy Kahn  
Joni & Bob Kaiser  
Sally & Eliot Katz  
Don & Paul Kleiman  
Morris & Estelle Kram  
Jacob & Judy Levin  
Sheryl Levine  
Jason & Nicole Loiterstein  
Phyllis & Howard Loiterstein  
Ron & Ina Makovsky  
The Minoffs - Alana & Mike, Yael, Max,  
Rafi & Yishama  
Marcela & Daniel Morgensztern & Family  
Sally Needle  
Rachael Pevnick & Family  
Moshe Pinto  
David & Fran Reisler  
Libby Sorkin Routman  
Howard Sandler  
Debbie & Brian Sher  
Marvin Stein  
Alice, Gary & Trudy Sudin  
Menachem, Linda & Micky Szus  
Mayer Taller  
Sylvia Tessler  
Bobbie Tolpen  
Faith & Bruce Waxman & Family

# 2017 High Holiday Newsletter 5778

## High Holiday and Yom Tov Complete Schedule Of Services

### SELICHOS PRIOR TO ROSH HASHANAH

Sat. night/Sun. morn. Sept. 17 ..... 12:30 am  
Mon. Sept 18 & Tues. Sept 19 ..... 6:30 am  
Wed. Sept 20 ..... 6:15 am

### ROSH HASHANA

#### Wednesday Evening, September 20

Learner's Service ..... 6:20 pm  
Mincha ..... 6:40 pm  
Candle Lighting ..... 6:44 pm

#### Thursday September 21

Shacharis ..... 8:00 am  
Learner's Service ..... 10:00 am – 12:30 pm  
Drasha (Sermon) ..... 10:20 am  
Children's Programs ..... 10:30 am to 1:00 pm  
Shofar ..... 10:45 am  
Mincha-Tashlich ..... 6:40 pm  
Candle Lighting ..... 7:45 pm

#### Friday, September 22

Shacharis ..... 8:00 am  
Learner's Program ..... 11:00 am – 12:30 pm  
Drasha (Sermon) ..... 10:20 am  
Children's Programs ..... 10:30 am to 1:00 pm  
Shofar ..... 10:45 am  
Mincha ..... 6:40 pm  
Candle Lighting for Shabbos ..... 6:40 pm

### TZOM GEDALIAH (Fast of Gedaliah)

#### Sunday, September 24

Fast Begins ..... 5:38 am  
Selichos ..... 7:45 am  
Shacharis ..... 8:00 am  
Mincha ..... 6:30 pm  
Fast Concludes ..... 7:37 pm

### YOM KIPPUR

#### Erev Yom Kippur - Friday, September 29

Mincha ..... 1:30 pm  
Fast Begins ..... Prior to Kol Nidre  
Candle Lighting ..... 6:24 pm or earlier  
Babysitting ..... 5:45 – 9:00 pm  
Take out Torahs ..... 5:55 pm  
Kol Nidre ..... 6:00 pm  
Maariv Concludes ..... Approximately 9:15 pm

#### Yom Kippur - Shabbos, September 30

Shacharis ..... 8:00 am  
Learner's Service ..... 10:00 am  
Children's Programs ..... 10:30 am to 1:00 pm  
Drasha (Sermon) ..... 11:45 am  
Yizkor ..... 12:15 pm  
Musaf ..... 1:00 pm  
Mincha ..... 4:40 pm

Neilah ..... 6:10 pm  
Maariv ..... 7:20 pm  
Havdalah ..... 7:35 pm  
Shofar Sounded ..... 7:40 pm  
Fast Concludes ..... After Shofar is Sounded

### SUKKOS

#### Wednesday Evening, October 4

Mincha ..... 6:15 pm  
Candle Lighting ..... 6:21 pm

#### Thursday October 5

Shacharis ..... 9:00 am  
Drasha (Sermon) ..... 10:45 am  
Mincha ..... 6:15 pm  
Candle Lighting ..... 7:23 pm

#### Friday, October 6

Shacharis ..... 9:00 am  
Drasha (none today)  
Mincha ..... 6:15 pm  
Candle Lighting Shabbos ..... 6:18 pm

### CHOL HAMOE'D SUKKOS

#### Shabbos, October 7

Shacharis ..... 9:00 am  
Mincha ..... 6:00 pm

#### Sunday, October 8

Shacharis ..... 8:00 am  
Mincha ..... 6:05 pm

#### Mon. Oct. 9 and Tues. Oct. 10

Shacharis ..... 6:45 am  
Mincha ..... 6:05 pm

#### Wednesday, October 11

Shacharis-Hoshana Raba ..... 6:30 am

### SHEMINI ATZERES

#### Wednesday Evening, October 11

Mincha ..... 6:05 pm  
Candle Lighting ..... 6:10 pm

#### Thursday, October 12

Shacharis ..... 9:00 am  
Yizkor ..... 10:30 am  
Mincha ..... 6:05 pm  
Candle Lighting ..... 7:12 pm

### SIMCHAS TORAH

#### Thursday Evening, October 12

Hakofos & Parade of Torahs ..... 7:05 pm  
Break for dinner (free to all) ..... 7:40 pm  
Resume Hakofos ..... 8:15 pm

#### Friday, October 13

Shacharis ..... 9:00 am  
Kol Hanarim – Call all kids to Torah 11:00 am  
Candle Lighting for Shabbos ..... 6:08 pm



*From Our Families to Yours...*

# Tot Shabbat

*A Program of the NHBZ KidsZone*

***Mark your Calendars for all these future Tot Shabbats:***

September 2



September 9 (Synaplex) ALOHA SHABBAT

September 21 & 22 (Rosh Hashona)

September 30 (Yom Kippur)

October 7 (Shabbat of Sukkot)

October 21 SHABBAT TRIP TO ISRAEL

November 11 (Synaplex) SHABBAT IN THE JUNGLE

November 18 TEDDY BEAR SHABBAT

December 2 TRAIN SHABBAT

December 16 (Shabbat of Chanukah)

January 6 SUMMER IN THE SNOW TOT SHABBAT



**10:00 a.m. – 11:30 a.m.**

**Tot Shabbat will take place downstairs in the Eli Ragin Kids' Play Room!**

Kids (age 6 and under, siblings and friends welcome!) come enjoy a fun, engaging, activity-filled Shabbat program, including songs, stories, games, snacks, dancing, puppets, and much more! Parents or grandparents are invited and welcome to stay, per needs of the child to join in the fun!

**NHBZ KidsZone welcomes EVERYONE, members and non-members, to our Tot Shabbat!**

**No RSVP necessary, no cost!**

**Snacks provided!**

***While we encourage all kids to attend Tot Shabbat,  
Babysitting is available from 10:00 a.m. to 12:00 p.m.***

**For questions, please call Jeff in NHBZ's office at (314) 991-2100, ext. 2**





Saturday

# Starting Points:

## *Wisdom for Daily Living*

Shabbat Morning

Join us for each of these tailor-made sessions for those, regardless of prior educational or observance level, interested in growing Jewishly. Together we will explore distinct Jewish concepts in practical, understandable terms.



Every Shabbat at 10:15 a.m. (unless otherwise noted) we learn, explore, and raise our Jewish souls with the following eye-opening sessions led by Rabbi Smason:

**Sept. 16**    **Courage: Is it Relative?**

**Sept. 23**    **The Perfect Apology: What Ingredients Matter Most?**

**October 7**    **What's the Best Way to Start Getting Happier?**

**October 14**    **Adam & Eve: How to Find a Match Made in Heaven**

**October 21**    **What Values Should Guide Treating the Critically Ill?**

**October 28**    **What Can Make You Mentally Strong?**

**November 7**    **Are Eldest Children More Intelligent...and Does it Matter?**



# *112th Anniversary Banquet*

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HONORING  
*Rachael Pevnick and Ted Pevnick (z"l)*

HAKARAS HATOV AWARD RECIPIENT  
*Kate Friedman*

ISRAEL ADVOCACY AWARD RECIPIENTS  
*Rich and Jenny Wolkowitz*

**SAVE THE DATE**  
**Sunday Evening,**  
**December 10, 2017**

Clayton Plaza Hotel  
Clayton, Missouri



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**FOR INFORMATION:**

Phone: 314-991-2100, ext.2

Email: [reservations@nhbz.org](mailto:reservations@nhbz.org)