



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

December 30, 2017 ~ 12 Teves ~ Candle Lighting 4:30 pm ~ Shabbos Ends 5:33 pm

Torah Portion: Vayechi Genesis 47:28 -- 50:26
Haftarah: 1 Kings 2:1-12

Chumash pages 268 - 289
Chumash pages 1145-46

Thanks to Our Generous Sponsors ...

This bulletin is sponsored by **Joni Kaiser and family** in honor of **Bob** completing his second term as NHBZ President. "We are extremely proud of you and the way you give 110% to whatever you do. Yasher Koach on a job well done!" With much love, **Joni, Hannah & Lee, and Rebecca & Yehuda.**

Erev Shabbos, Friday, December 29

- Mincha & Ma'ariv 4:25 pm

Shabbos, Saturday, December 30

- Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Stuart Klamen**
 - Haftarah: **Alan Haber**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Ezra Abramson**
- No Learners' Service ~ Rabbi David will resume next Shabbos
- Junior Congregation with Jake Fendelman ~10:00 am
- Starting Points: Wisdom For Daily Living 10:15 am ~ topic: "Key Differences Between a Happy Life and a Meaningful Life" Led by **Rabbi Ze'ev Smason** in the Rivkin Chapel
- Today's Shabbos greeters: **Richard Woolf and Fran Alper**
- Mincha/Ma'ariv/Shalosh Seudos ~ 4:15 pm

This Week & Beyond...

	Shabbos Dec 30	Sun. Dec 31	Mon. Jan 1	Tues.* Jan 2	Wed.* Jan 3	Thurs.* Jan 4	Fri. Jan 5	Shabbos Jan 6
Minyan Times								
Shachris	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:15 pm	4:30 pm	4:30 pm	6:45 pm	6:45 pm	6:45 pm	4:30 pm	4:20 pm

* Ma'ariv only

Please note that Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays: *Louis Goldman, Dennis Yasinev, Eli Szus, Dr. Naftali Kadosh, Lila Belasen, Mickey Wasserman, Mark Seigel, Avraham Smason, Nina Levine, Nancy Lisker, and Stanley Goldfader*

Anniversaries: Eldad & Danielle Bialecki and Robert & Kate Friedman

- **Sunday, December 31 ~ Pizza Night** ~ 5:00 -7:00 pm ~ \$12.00 ~ Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to jeff@nhbz.org (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext. 2.
- **Shabbos, January 13 ~ Synaplex, Kiddush Luncheon, and Family Shalosh Seudos Program with Speakers:**
 - ~ **Pastor Lyndon Allen**, Central Regional Coordinator for Christians United for Israel (CUFI)
Topic: *"Unlikely Ambassadors for Civil Rights: African-Americans and Jews, Interwoven"*
 - ~ **Rabbi Shmuel Greenwald**, Education Director for Aish St. Louis (presentation in memory of Rabbi Greenwald's mother, Elka bas Shlomo) Topic: *"An Attitude of Gratitude: Lessons in Appreciation From Moshe (Moses)"*

Serving as Scholar-in-Residence for this Synaplex Shabbat, Rabbi Greenwald will also be offering two additional presentations during the day:

 - ~ *"The Way of G-d: Why Do Things Hurt?"* 3:30- 4:25 pm ~ A pre-mincha service class
 - ~ *"Altruism: Are You a Giver or a Taker?"* 5:00 pm at our **Family Shalosh Seudos Program**

Sponsored by Howard and Phyllis Loiterstein in memory of Howard's father, David Loiterstein.
- **Shabbos, January 27 ~ Board Installation and Kiddush Luncheon**
- **Monday, January 29 (Please note date change) ~ Home Discussion Group ~ 7:00 - 8:30 pm.**
The topics are: "The Nose Knows: The Jewish View of the Sense of Smell" led by Rabbi Smason and "Aromatherapy: A Mind-Body-Spirit Approach to Wellness" led by Angie Kitko, Wellness Coach. At the home of Don and Julie Eisenberg. RSVP's are needed. The address will be given at the time of your RSVP.

Parshas Vayechi

The final portion of the first book of the Torah describes Jacob's actions immediately preceding his death in Egypt. Jacob makes Joseph swear to bury him in the land of Israel, and then gives Joseph's two sons, Menashe and Ephraim, a special blessing. Notwithstanding Joseph's protest, Jacob insists on giving the younger Ephraim the right-hand position of primacy during the blessing (is this the origin of 'my right-hand man'?). Jacob then proceeds to give each of his other sons their individual blessings in accordance with their own unique character traits and life purpose. Jacob passes away at the age of 147. He then is brought by his sons and accompanied by a great procession of Egyptian royalty to the land of Israel where he is buried in M'aras HaMachpelah (The Tomb of the Patriarchs). Upon returning to Egypt, Joseph's brothers fear that he will finally take revenge now that their father is dead. However, Joseph reassures them that he bears no hard feelings. The portion concludes with Joseph's death and the Jewish people's promise to carry his bones with them to Israel when they are finally redeemed.

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Jan. 6: Do Life-Changing Books Really Change Your Life?

Jan. 13: You Don't Look Jewish! Jewish Identity and Identification (At 10 am due to Synaplex)

Jan. 20: Where Can I Find Compassion for Difficult People?

Jan. 27: The Battle Against Procrastination: What Are You Waiting For?

Amud-A-Week Program. Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

Community

11th Annual STL Jewish Community Blood Drive, Sunday January 7th at Young Israel 10:00 am – 4:00 pm. to make an appointment call 1- 800-RED-CROSS

Special presentation: “Preparing for the Inevitable” with guest speaker Rabbi Elchonon Zohn will be held Monday, January 1st at 7:30 pm at Young Israel. *A program of the Ahavas Chesed Society of St. Louis.*

The Community Initiative to Strengthen Families is pleased to announce our new website: cisfstl.org where you can sign up for family power workshops, mental health referral guide and many other family and parenting programs.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Pizza Night

Sunday, December 31

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**



**NEXT
PIZZA NIGHT:
SUNDAY
JANUARY 28**



From Our Families to Yours...

Junior Congregation

Join us as we gather EVERY month, with new expanded opportunities!

Who: *ALL Kids ages 7 to 11!*

Time: *10:00 a.m. – 12:00 p.m.*

- *Learn the main Shabbat prayers and tunes*
- *Review the weekly Torah portion*
- *Discuss Israel and learn cool facts about the Holy Land*
- *Hang out with old friends and make new ones!*

(NHBZ membership NOT required...All levels of observance welcome!!!)

Led twice a month with Jake Fendelman on the following dates:

December 30

January 13 and 27



And Led by Bnot Sherut Young Women on

January 20, 2018

St. Louis is lucky that some young women, referred to as Bnot Sherut (literally, female youth in the service), are fulfilling their Israeli national service (Sherut Leumi) as an alternative to service in the Israel Defense Forces by joining our community and enriching the learning experiences of our children. They work with B'nai Akiva, Jewish Day Schools, and now...NHBZ. Once a month on Shabbat morning two Bnot Sherut young women will lead Junior Congregation to help davening, and expose the kids to Israeli culture and spoken Hebrew!

Snacks will be served!

Fun will be had!

For questions, please email Alana Minoff at alanaumansky@gmail.com



An open invitation to NHBZ's



Saturday

Shabbat Morning

In memory of Charles and Rebecca Nathan

January 13, 2018

Regular services begin at **8:30 a.m.**

Tefillah/Prayer Learners Service at **9:15 am** in the Chapel
(led by Rabbi Shmuel Greenwald of Aish HaTorah)

Starting Points at **10:00 a.m.** in the Chapel

The topic is **"You Don't Look Jewish! Jewish Identity and Identification"**
(led by Rabbi Smason)

Tot Shabbat (for kids 1-6) begins at **10 a.m.**
(Babysitting provided for younger kids)

Break-out sessions beginning at 11:15 a.m.

- ☆ *"Unlikely Ambassadors for Civil Rights: African-Americans and Jews, Interwoven"* (Led by Pastor Lyndon Allen, Central Regional Coordinator for *Christians United for Israel (CUFI)*)
- ☆ **"An Attitude of Gratitude: Lessons in Appreciation From Moses"** (Led by Rabbi Shmuel Greenwald, Education Director for Aish St. Louis (presentation in memory of Rabbi Greenwald's mother, Elka bas Shlomo))

Following these sessions, at approximately 12:15 pm, all attendees will then re-gather together for a Kiddush lunch.
Rabbi Greenwald will also be offering two additional presentations during the day:

3:30- 4:25 P.M (a pre-Mincha/afternoon service class):
The Way of G-d: Why Do Things Hurt?

5:00 P.M (during our Family Shalosh Seudos/Third Meal):
Altruism: Are You a Giver or a Taker?

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



**Join us for a
Family Shalosh Seudos (Third Meal)**

Shabbat, January 13, 2018

with Guest speaker

Rabbi Shmuel Greenwald
of Aish HaTorah



Rabbi Greenwald will be offering two these afternoon presentations:

3:30- 4:25 p.m. (a pre-Mincha/afternoon service class):

The Way of G-d: Why Do Things Hurt?

5:00 p.m. (during our Family Shalosh Seudos/Third Meal):

Altruism: Are You a Giver or a Taker?

Mincha at 4:25 p.m..

Everyone is welcome

**Shalosh Seudos is sponsored by Howard and Phyllis Loiterstein
in in observance of the Yahrzeit of Howard's father, David
Loiterstein**

RSVP to Jeff at 314-991-2100 or jeff@nhbz.org



Join us at the upcoming *Home Discussion Group*

The latest in a series of discussions at the homes of our members and friends.

*The Nose Knows: The Jewish View
of the Sense of Smell* – led by
Rabbi Ze'ev Smason



*Aromatherapy: A Mind-Body-Spirit
Approach to Health and Wellness* –

led by Angie Kitko, Aromatherapist and Holistic
Wellness Coach

Please join us on
Monday, January 29, 2018
at the home of Julie and Don Eisenberg for a
lively discussion!

7:00 – 8:30 pm

Light refreshments will be served.

Please RSVP to Jeff at **314-991-2100** or jeff@nhbz.org by the Wednesday before the gathering.
Addresses and phone numbers will be given at the time of your RSVP.



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under

10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

January 6 Summer in The Snow

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2