



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 20, 2018 ~ 4 Shevat ~ Candle Lighting 4:50 pm ~ Shabbos Ends 5:54 pm

Torah Portion:

Bo: Exodus 10:1-13:16

Chumash pages 340- 365

Haftarah:

Jeremiah 46: 13-28

Chumash pages 1151

Thanks to Our Generous Sponsors ...

Thank you to **David, Norma, and Yitzhak Rubin** for sponsoring Shalosh Seudos in observance of the first yahrzeit of David's mother, Jeanette Rubin z"l and extra thanks to **Norma and Stella Vladimirov** for preparing special foods for the occasion.

Thank you to **all the children of Rachael Pevnick** for sponsoring the Shabbat bulletin and the cake in celebration of her 85th birthday.

Thank you to **Fran, Caryn, and Joanna Alper** for sponsoring the chocolate table treats and the soda in celebration of **Lenny Alper's** birthday.

Thank you to **Ruth Alper Novack** for sponsoring the Shabbat bulletin in honor of **Lenny Alper's** birthday.

Erev Shabbos, Friday, January 19

- Mincha & Ma'ariv 4:45 pm

Shabbos, Saturday, January 20

- **Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!**
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Louis Goldman**
 - Leyning: **Kenny Bressler**
 - Haftarah: **Stuart Klamen**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Louis Goldman**
- **Learners' Service** led by **Rabbi Yosef David** ~ 9:30 am
- **Junior Congregation** with **Bnot Sherut** (young women of the Israeli National Service) 10:00 am
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ Topic: "Where Can I Find Compassion for Difficult People?" Led by **Rabbi Ze'ev Smason**
- Today's Shabbat Greeters: **Marcie Brook and Ed Levitt**

This Week and Beyond

	Shabbos Jan 20	Sun. Jan 21	Mon. Jan 22	Tues.* Jan 23	Wed.* Jan 24	Thurs.* Jan 25	Fri. Jan 26	Shabbos Jan 27
Minyan Times								
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:35 pm	4:50 pm	4:50 pm	6:45 pm	6:45 pm	6:45 pm	4:50 pm	4:40 pm

* Ma'ariv only

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays: Scott Gitel, Leonard Alper, Rachael Pevnick, Ram Volotzky, David Klarfeld, and Helayne Levitt

- **Sunday, January 21 ~ Pizza Night ~ 5:00-7:00 pm ~ \$12.00 ~ Due to the EHA Annual Dinner we are moving Pizza Night one week earlier.** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 am on Sunday morning. Email orders preferred to jeff@nhbz.org (you will receive an email confirmation) or as a last resort, call 314-991-2100.
- **Tuesday, January 23 ~ 7:00 pm ~ Board Meeting**
- **Shabbos, January 27 ~ NHBZ Board and Sisterhood Board Installation with a Kiddush Luncheon**
- **Sunday, January 28 ~ 4:15-5:00 pm ~ Tu B'Shevat Seder** for kids 12 and under will be led by **Rebecca Goldman**. This is a program of the NHBZ KidsZone. RSVPs are needed to ensure we have enough food from the 7 species. Please contact alanaminoff@gmail.com or call the shul office.
- **Monday, January 29 ~ Home Discussion Group ~ 7:00-8:30 pm.** The topics are: "The Nose Knows: The Jewish View of the Sense of Smell" led by Rabbi Smason and "Aromatherapy: A Mind-Body-Spirit Approach to Wellness" led by Angie Kitko, Wellness Coach. At the home of **Don and Julie Eisenberg**. RSVPs are needed. The address will be given at the time of your RSVP.
- **Sunday, February 4 ~ Carry-Out Only Pizza for Super Bowl Sunday**

Parshas Bo Exodus

This week's portion begins with the eighth plague that G-d brings upon the Egyptians as the land is covered by locusts, destroying all the remaining crops. After the plague is removed at Pharaoh's behest, he once again refuses to set free the Jewish people, and the ninth plague of darkness encompasses the land. When that plague ends, Pharaoh becomes even more defiant about not freeing the slaves, at which point Moses warns Pharaoh about the upcoming tenth plague, the death of the firstborn. The Torah then interrupts the narrative with the first mitzvah given to the Jewish people as a nation -- the sanctification of Rosh Chodesh (the new month), beginning with the month of Nisan. G-d teaches Moses about the Korban Pesach (Passover offering) and the remainder of the laws of the Passover holiday, which Moses then transmits to the Jewish people.

At midnight of the appointed night the plague strikes, with every non-Jewish first-born dying, including Pharaoh's own son. Pharaoh awakes, running through the streets (presumably while still in his pajamas) to tell Moses that he now consents to send the Jewish people from his country. The children of Israel travel forth in a hurry with the great wealth they have just been given by the Egyptians. The Torah portion concludes with various mitzvos relating to the Exodus.

How can you help Missouri pass Anti-BDS legislation?

The State Senate recently introduced a bill to make boycotts of Israeli products illegal by public entities in Missouri; the House will soon introduce a similar bill. We will need voters around the state to lobby their state reps at the appropriate time. In order to prepare for these lobbying efforts, there will be 2 training sessions available on Thursday, January 25, 5-7 PM. Location 1 is Husch Blackwell in Clayton, 190 Carondelet Plaza, Suite 600. Location 2 is Untied Hebrew Congregation, 13788 Conway Rd. Please email Mike Minoff at mikeminoff@gmail.com to RSVP or ask any questions.

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Jan. 27: The Battle Against Procrastination: What Are You Waiting For?

Amud-A-Week Program. Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.



How To Donate STOCK to NHBZ ~ Have you ever thought of making a donation to Nusach Hari B'nai Zion in the form of Stocks? It's something to consider, and very easy to do!!! Just call Rick Williams, our stock broker at Edward Jones, (314) 487-1060, and tell him, or his assistant Brandon Koenigstein that you would like to donate stock to our shul; Rick or Brandon will take it from there, guiding you along the way. They will notify us of your generous donation. Any questions? Call Laura Krueger, our business manager, 314-991-2100, ext. 3.



Do you shop on Amazon?

Sign up for Amazon Smile, and .5% of your qualified purchase will be donated back to NHBZ.

How it works:

1. Visit smile.amazon.com
2. Sign in to your Amazon account
3. Under “Pick your own organization,” search for “Nusach Hari”
4. Select “Nusach Hari-Bnai Zion Congregation”
5. Start shopping! Every time you shop, sign into smile.amazon.com, and you will earn funds for Nusach Hari.

Remember to use your *Schnucks* eScrip card. The more you shop, the more we earn! For every dollar you spend, Schnucks will contribute up to 3% of your purchase amount. If you don't have a card, you can pick one up at the office, or call, and we'll mail you one.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am



NHBZ TRIBUTES December 2017

IN MEMORY OF:

Alan Gelb, beloved son of Esther Gelb - Drs. Jay and Susan Feigenbaum-Pepose, Morris and Esther Kram
Beatrice Hochberg, beloved sister and sister-in-law of Murray and Joyce Hochberg- Drs. Jay Pepose and Susan Feigenbaum, Bob and Joni Kaiser

Shirley Fredlich, beloved mother and mother-in-law of Rhonnie and Stan Goldfader - Rick and Judy Glassman, Dr. Alan and Marcie Brook

Shirley Goldenberg, beloved mother and mother- in – law of Anna Rose and Victor Tendler, Larry Goldenberg, and Janet Goldenberg - Jay and Peggy Umansky, Drs. Jay Pepose and Susan Feigenbaum, Dr. Eliot and Sally Katz, Gary Benson, Irwin and Arlene Fredman, Howard and Phyllis Loiterstein, Esther Levine

IN HONOR OF:

Leo Bressler, on his 95th birthday - Bob and Joni Kaiser

Sam and Shirley Bluestein, on the marriage of their grandson - Drs. Jay Pepose and Susan Feigenbaum, Morris and Esther Kram

Ephraim and Michelle Mufson, on the marriage of their son- Drs. Jay Pepose and Susan Feigenbaum, Morris and Esther Kram

Rachael Pevnick, on her Guest of Honor Award at the NHBZ Annual Dinner- Gary Benson, Gary and Beverly Motchan, Eleanor Kaiser, Randi Schenberg, Drs. Jay Pepose and Susan Feigenbaum, Steve and Shelly Pincus

Louis Goldman, on his birthday- Bob and Joni Kaiser

Norman Liss, on his birthday - Dr. Eliot and Sally Katz

Brent Waxman and Gloria Waxman on the engagement of their daughter and granddaughter- Drs. Jay Pepose and Susan Feigenbaum, Bob and Joni Kaiser

Drs. Jay Pepose and Susan Feigenbaum on their receiving the Chabad Lamplighter Award – Jay and Peggy Umansky

Dr. Jonathan and Naomi Shanker on their receiving the Chabad Lamplighter Award – Jay and Peggy Umansky

Bryson Hartranft, on his birthday- Bob and Joni Kaiser

Dr. Jay Pepose on his birthday- Lawrence and Shirley Schermer

Jeff and Terri Schnitzer, on the birth of their grandchild – Bob and Joni Kaiser

A REFUAH SHELMAH TO:

Sid Silverman- Mayer Taller, Drs. Jay Pepose and Susan Feigenbaum, Beverly Silverman, Gloria Sorkin

Sam Bluestein- Drs. Jay Pepose and Susan Feigenbaum

Sisterhood Tributes

IN MEMORY OF:

Beloved mother of Norma Nest –Jerry and Frances Cohen

Alan Gelb, beloved son of Esther Gelb- Jerry and Frances Cohen

Pack of Tribute Cards- Fran Alper and Vivian Zarkowsky



Junior Congregation

*NHBZ membership not required
Children of all levels of observance welcome*

All Children ages 7 to 11

10:00 am – 12:00 pm

January 20* Led by Bnot Sherut *

January 27

February 3,10,17,and 24

- ***Learn the key Shabbat prayers and tunes***
- ***Review the weekly Torah portion***
- ***Discuss cool facts about Israel***
- ***Absorb Israeli culture and spoken Hebrew***
- ***Hang out with old friends and make new ones***
- ***Enjoy delicious snacks***

Led by **Richard Woolf** and by **Bnot Sherut**, (young women of the Israeli National Service, *once per month* (indicated above by ***))

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under

10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

January 20 & 27

February 3, 10, 17, & 24

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Pizza Night

Sunday, January 21

5:00 pm – 7:00 pm

(Note Earlier Date due to EHA Annual Dinner)

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

Place orders by 10 am Sunday: call 314-991-2100, ext. 2

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Tu B'Shevat Seder

A program of the NHBZ Kid Zone

Sunday, January 28th

4:15 pm – 5:00 pm

for families with children age 12 and under
led by Rebecca Goldman

***Families will participate in a
child-friendly Tu B'shvat Seder***



Program is **FREE** but please RSVP by Wed. Jan. 24
to ensure that we have enough food from the 7 species

RSVP to alanaminoff@gmail.com or call the office at 991-2100 ext 2



Home Discussion Group

THE LATEST IN A SERIES OF TALKS AT THE HOMES OF OUR MEMBERS & FRIENDS

“The Nose Knows: The Jewish View of the Sense of Smell”

Led by Rabbi Ze'ev Smason

plus

“Aromatherapy:

A Mind-Body-Spirit Approach to Health & Wellness”

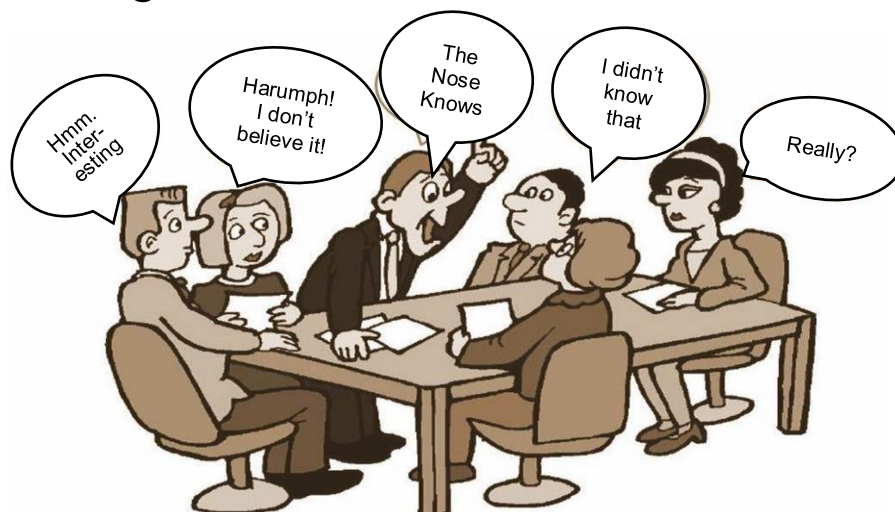
***Led by Angie Kitko, Aromatherapist and
Holistic Wellness Coach***



Monday, Jan. 29, 2018, 7:00-8:30 pm

at the home of Julie and Don Eisenberg

Light refreshments will be served



Please RSVP to **Jeff** at **314-991-2100** or jeff@nhbz.org.
We will provide the address and phone number at the time of your RSVP.