



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*  
Affiliated with Union of Orthodox Congregations of America

February 17, 2018 ~ 2 Adar ~ Candle Lighting 5:21 pm ~ Shabbos Ends 6:26 pm

Torah Portion:  
Haftorah:

Terumah Exodus 25:1-27:19  
1 Kings 5:26 - 6:13

Chumash pages 444-463  
Chumash pages 1157-1158

**Mazel Tov to Scott McCary!**  
**Thank you to our Kiddush Luncheon sponsors**  
**Brian & Faye McCary and Jerry & Frances Cohen**  
**who welcome everyone as their son and grandson**  
**Scott becomes a Bar Mitzvah.**

Thank you to **Brian, Faye, and Scott McCary** for sponsoring Shalosh Seudos in appreciation of the hospitality of **Bob and Joni Kaiser** this Shabbos.

Thank you to **Uncle Steve, Aunt Barb, Nikki, Will, Alex, and Ammy** for sponsoring the bulletin in honor of **Scott's Bar Mitzvah**.

Thank you to **Gary and Trudy Sudin** for also sponsoring the bulletin in honor of **Alice Sudin's** birthday.

## Erev Shabbos, Friday, February 16

- **Mincha & Ma'ariv ~ 5:15 pm**

## Shabbos, Saturday, February 17

- **Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!**
  - Pesukei D'Zimra: **Menachem Szus**
  - Shacharis: **Louis Goldman**
  - Leyning: **Stuart Klamen**
  - Haftorah: **Scott McCary**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Louis Goldman**
- **Learners' Service** led by **Rabbi Yosef David ~ 9:30 am**
- **No Starting Points today** (due to Bar Mitzvah)
- **Junior Congregation and Tot Shabbat ~ 10:00 am** (TS in the Eli Ragin Children's Room)
- **Kiddush Luncheon in celebration of Scott McCary's Bar Mitzvah**
- **Mincha/Ma'ariv/Shalosh Seudos ~ 5:05 pm**
- **Today's Shabbos Greeters: Richard Woolf, Aida Greenberg, Joni Kaiser, Janet Haber, & Mike Minoff**

## This Week and Beyond

	Shabbos Feb 17	Sun. Feb 18	Mon. Feb 19	Tues.* Feb 20	Wed.* Feb 21	Thurs.* Feb 22	Fri. Feb 23	Shabbos Feb 24
Minyan Times								
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:05 pm	5:25 pm	5:25 pm	6:45 pm	6:45 pm	6:45 pm	5:25 pm	5:15 pm

\* Ma'ariv only

Nusach Hari B'nai Zion  
650 North Price Road, Saint Louis, Missouri 63132

Rabbi Ze'ev Smason  
Phone 314.991.2100

President Jay Umansky  
Web: [www.nhbz.org](http://www.nhbz.org)

**Barb, Steve Swerdlin, Alex Swerdlin and Nicole Swerdlin** all from New York, **Bruce Cohen** and **Kim Raisher**, from Kansas City, **Faye Kellerman** from California, **Eileen Terrell** from Texas, **Patty** and **Mark Brennan** from Kansas, **Andrew Farkas** from Detroit, and **Robbyn Lewin** from Texas.

**Birthdays:** **Maxwell Pepose, Samuel Pepose, Morissa Pepose, Ed Levitt, Rebecca Kaiser Bromberg, Andrew Epstein, and Matan Kadosh**

**Anniversaries:** **Jerry & Frances Cohen**

- **Tuesday, February 20 ~ Home Discussion Group ~ 7:00 - 8:30 pm** The topics are: "Me, Myself and I: Finding Your Unique Self" Led by **Rabbi Ze'ev Smason** and "What Does Your Handwriting Say About You?" Led by **Myra Radinsky**. At the home of **Dr. Stephen and Myra Radinsky**. RSVPs are needed. The address will be given at the time of your RSVP.
- **Sunday, February 18 ~ Jewish Customs & Practices Class ~ Purim ~ 10:00-11:15 am at NHBZ with Rabbi Hershey Novack** (*Chabad Center at Washington University*).
- **Shabbos, February 24 ~ Family Shalosh Seudos Program with speaker -- Rabbi Yaakov Green**, Head of School, Epstein Hebrew Academy. Please RSVP and become a sponsor for \$15.
- **Sunday, February 25 ~3:30 -5:00 pm~ Hamantaschen baking for Kids 12 and under** right before Pizza night. There is no cost for the program but RSVP is a must. Please contact Alana Minoff at [alanaminoff@gmail.com](mailto:alanaminoff@gmail.com) or call the shul office no later than Wednesday, February 21 so we can have enough ingredients.
- **Sunday, February 25 ~ Pizza Night ~ 5:00 -7:00 pm ~ \$12.00** ~Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org) (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext.2.
- **Wednesday, February 28 -Thursday March 1 ~ Purim! See inserts for times**
- **Thursday, March 1 ~ Purim Seudah (dinner, costumes, and fun!) at 5:15 pm. RSVP only by February 20 to [jeff@nhbz.org](mailto:jeff@nhbz.org) or call the office.**
- **Shabbos, March 17 ~ New Member Shabbat ~ details to follow**
- **Shabbos, March 24 ~ Synaplex Shabbat with Scholar-In-Residence, Rabbi Yosef Landa**, (Director, Chabad of Greater St. Louis) and **Dr. Robin Park**. On Shabbos morning **Rabbi Landa's** topic is "*The Teachings of Chassididism, and what it has to teach contemporary Jews*". **Dr. Robin Park's** topic will be: "*Christians Travel to Poland to Repair Jewish Cemeteries*". Rabbi and Shiffy Landa will join us Shabbos afternoon. Details to follow.

**PURIM IS COMING - PLEASE CONSIDER BECOMING A SPONSOR OF THE PURIM SEUDAH (DINNER) FOR \$25 – CONTACT THE OFFICE ~ Thank you to our sponsors so far: Don & Julie Eisenberg, Bob & Joni Kaisers, Howard & Phyllis Loiterstein, Dr. David & Fran Reisler, Alan & Janet Haber, Jay & Peggy Umansky, Murray & Joyce Hochberg, and Irwin & Arlene Fredman.**

### **Purim Cards....Get your Purim Cards!**

Fulfill the mitzvah of Mishloach Manos give actual gifts of food to at least two friends, then send our **PURIM CARDS** to everyone else. **All proceeds will benefit our NHBZ Chesed Fund.** Cards may be purchased in our office at \$10.00 per pack for 5 cards with envelopes, or \$25 for three 5-packs.

## **Want to Fight the anti-Israel BDS Movement? Here's How.**

**Mishloach Manot (gifts on Purim)** is being given on behalf of **Nusach Hari's Israel Committee & the NHBZ Outreach Committee**, with one of the products from the Judea & Samaria region of Israel. This region is often targeted by the BDS (Boycott, Divestment, & Sanctions) movement, so our support there will be greatly appreciated. We are looking for your donations to enable the success of this initiative. Please contact Jason Loiterstein or Mike Minoff with questions or Jeff Miller @ [314-991-2100 x 2](tel:314-991-2100) with a donation. Suggested donation: \$25.00, or any amount you may generously contribute.

## **Parshas: Terumah Exodus**

Parshas Terumah begins a series of four out of five portions which discuss in detail the construction of the Mishkan, the traveling Tabernacle which would serve as a 'resting place' for G-d's presence among the Jewish people. This week's portion recounts G-d's description to Moses of how to construct the Mishkan, beginning with a listing of the various precious materials to be collected from the Jewish people for this monumental project. G-d describes the magnificent golden and wooden Ark which would house the tablets of the Ten Commandments, complete with its dazzling cover depicting two cherubim (angels with faces of children) facing each other. Next, G-d provides Moses with the blueprints of the shulchan (holy table) upon which the lechem hapanim (showbread) would be placed each week. Following the description of the pure golden menorah which was to be hammered from one large piece of gold, G-d describes the structure of the Mishkan itself. It contained splendidly woven and embroidered covers, curtains and partitions, and the sturdy outer walls. The Torah portion concludes with instructions for the copper altar and the Mishkan's large outer courtyard.

## **Adult Learning at NHBZ**

**Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason.** Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on 'media', then 'online classes', then 'ustream\_graphic'.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

### **Feb. 17: (No Starting Points: Scott McCary Bar Mitzvah)**

Feb. 24: This Is the Most Important Question You'll Ever Ask Yourself.....

March 3: Is Age More Than a Number?

March 10: Five Habits of Incredibly Interesting People

March 17: Overrated vs. Underrated: Common Beliefs We Get Wrong

March 24: You Don't Look Jewish! Jewish Identity and Identification (Synaplex)

**Amud-A-Week Program.** Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

## **New Outreach Program**

The NHBZ Outreach Committee is starting a new program called "Themed Kiddush". The purpose of the program is to present a Kiddush with a theme that would be unique and attractive to many people.

Here is how it works. One or two families or individuals will sponsor a Kiddush with their own theme, or one of the following suggested themes:

**Chocolate**



**Cardinals**



**Ice Cream**



**Israeli**



**Your sponsorship will include  
themed decorations and delicious themed foods!**

**For all the details call or email**

**Jeff at 314-991-2100 ext. 2 or [jeff@nhbz.org](mailto:jeff@nhbz.org)**

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### **In The Community**

**Sunday, February 18 ~ STL Kollel presents "Jewish Unity Live"** at the Sheraton West Port Chalet Hotel. Speakers include Rabbi Aaron Kotler, CEO of Lakewood Yeshiva, Mark Bane, President of the OU and Howard Tzvi Friedman, Past President of AIPAC. This year's Jewish Unity Live awardees are Lynda Fields, Kollel Ambassador of the Year, Dr. Joe and Izzy Yazdi, Students of the Year, **Joey and Jamie Mufson**, Torah & Turf Partnership Awardees, **Dr. Craig and Jackie Berkin**, Keser Torah Awardees and Rabbi Moshe and Ariella Glazer, Partners In Torah Community Leadership Awardees. For more information, call 314 726-6047 or email [office@stlkollel.com](mailto:office@stlkollel.com).

**Wednesday, February 21 ~ Missouri Torah Institute** invites the entire community for an evening of Learning, Song & Inspiration in memory of Greg Fox A"H, featuring a community learning session, plus world renowned speaker Rabbi Zecharia Wallerstein and a Kumsitz with the famous musician and singer Eitan Katz! 1809 Clarkson Road in Chesterfield. Time to be announced.

**Saturday, February 24~Yeshivat Kadimah's 5th Annual Gala** will be at the Mahler Ballroom at 8:30 pm. Rsvp can be made to [www.yeshivatkadimah.org](http://www.yeshivatkadimah.org).

**Thursday, March 8<sup>th</sup> ~ The Cheesed Committee of Aish HaTorah** is hosting their 5th Annual BLOOD DRIVE at the Aish Firehouse . Come hydrated and ready to do a mitzvah!

## NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)  
Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

### BI-MONTHLY at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am







**NHBZ EDUCATION COMMITTEE SERIES**  
**HOME DISCUSSION GROUP**

*Rabbi Smason* will lead a discussion on  
**“ME, MYSELF AND I: FINDING YOUR  
UNIQUE SELF”**

Followed by *Myra Radinsky* on:  
**“WHAT DOES YOUR HANDWRITING  
SAY ABOUT YOU?”**

*The latest in a series of discussions at the  
homes of our members and friends.*

**Monday, Feb. 20, 2017**

**at the home of *Dr. Stephen and  
Myra Radinsky***

**7:00 – 8:30 pm**



Light refreshments will be served. *Space is Limited, so RSVP's are a Must!*

Please RSVP to Jeff at **314-991-2100** or [jeff@nhbz.org](mailto:jeff@nhbz.org) by the Wednesday before the gathering. First come, First Served! *Addresses and phone numbers will be given at the time of your RSVP.*

# PURIM 2018/5778

## Wednesday, February 28

Fast of Esther begins- 5:23 am ~

Shachris at 6:45 am

Mincha at 5:20 pm

Ma'ariv at 6:35 pm

**Reading of (Megillah) Megillas Esther at 6:45 pm**

## Thursday, March 1

Shachris at 6:30 am

**Reading of (Megillah) Megillas Esther at approximately 7:00 am.**

Mincha at 5:00 pm

## **PURIM SEUDAH (DINNER) 5:15 PM**

**Join us for our Purim Seudah, costume ball, and talent contest!**

**Adults: \$15.00, Kids 6-10: \$10.00, \$45.00 Family Max. Kids 5 & under: Free**

**Reservations are a MUST, call by February 20<sup>th</sup> ~ Call 314-991-2100 ext 2**

**~ Become a Purim Seudah Sponsor for \$25.00 ~**

## **FROM RABBI SMASON - PURIM**

**With the festive holiday of Purim fast approaching,** I'm writing to remind you of the time-sensitive mitzvah of Matanos L'Evyonim -- tzedaka (charity) to the poor. For many years, we at NHBZ have collected Matanos L'Evyonim in conjunction with the worthy organization Od Yosef Chai.

**Our special arrangement with Od Yosef** enables me to distribute locally half of all money collected. The remaining half supports our Jewish brethren in Jerusalem and elsewhere. All money pledged and collected for Matanos L'Evyonim is distributed on Purim. This year, Purim takes place on February 28-March 1.

**Your donation of \$10, \$18, \$36, \$54, \$100 -** or whatever amount you care to give-- will make a significant difference to those in need, and enable you to fulfill the precious Purim mitzvah of Matanos L'Evyonim. Checks can be made out to 'Rabbi's Charity Fund' by Monday, February 26.





# Join Us For Purim!

2018  
5778



**Wednesday Feb. 28th**

Shachris: 6:45 am | Mincha at 5:20pm

Ma'ariv at 6:35pm

**Megillas Esther at 6:45 pm**

WEDNESDAY  
**FEB 28**

FAST OF ESTHER  
FAST BEGINS  
5:23 AM



**Thursday March 1st**

Shachris: 6:30 am | Mincha at 5:00pm

**Megillas Esther at 7:00 am**

Mincha at 5:00 pm • **SEUDAH** at 5:15 • Ma'ariv Following Meal

**The Delicious**

# SEUDAH

## Costume Contest & Schtick Nite

**The Delicious and Festive Meal**

is being prepared by our own NORMA RUBIN, so you know it will be DELICIOUS!

Menu to come, so please stay tuned... Jackie's whiskey slush, and dessert!

**COSTUME CONTEST:** Prizes 3 categories - Children, Adults and Couples

**SCHTICK:** Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max)

Enter with the title of 'Your Schtick' to Bobby Levine to be scheduled into the evening's entertainment lineup! (rxlevine@charter.net) or 602-1796.

BUY!  
FOOD DRIVE  
PASTA  
GROGGERS  
**\$4**



**\$15 ADULT • \$8 CHILD • \$45 MAX/FAMILY**

**Kids 4-10 \$8.00 and Kids 3 & Under Free.**



**RSVP BY FEB 20TH**  
**991-2100 EXT: 2**







# THE SISTERHOOD SCOOP FEBRUARY

Volume I

Number 1

February 10, 2018



Come to NHBZ's Purim Seudah on  
Purim Day **Thursday, March 1st**

## **Celebrate Purim with Sisterhood**



Participate in Sisterhood's Schtick



Wear Sisterhood's official costume



Learn Sisterhood's secret handshake

To join in the fun, contact Teree Farbstein at 314-753-5035  
or email: [tfarbstein2@gmail.com](mailto:tfarbstein2@gmail.com)

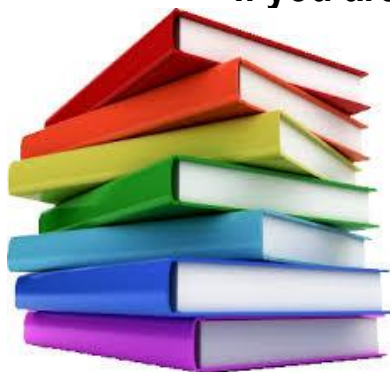
*Any woman who joins Sisterhood at the Purim Seudah  
will be entered in the drawing to win a Purim prize!*

## **Sisterhood is forming a NEW Book Club!**

If you are interested in attending an  
*organizational* meeting

contact Fran Alper  
at 314-993-4024

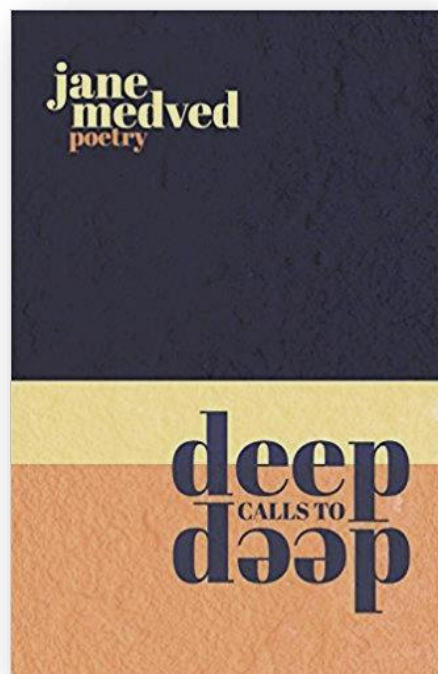
[fran.alper@outlook.com](mailto:fran.alper@outlook.com)



**Join us and  
bring your ideas!**

*Save the Date!*  
**Coming Sunday, March 11...**  
***Paid-Up Membership Tea***  
*at 2:30pm followed by*  
*4:00pm Book Reading &*  
*Insights with Israeli author*  
*Jane Medved*

Jane has lived for the past 25 years  
in Jerusalem, where she teaches  
poetry and is the editor of *The Ilanot*  
*Review*. Get a personally signed  
copy of her book for just \$10.



**Next Board Meeting:**  
Sunday, February 25, 10:30 am



# Jewish Customs & Practices The Holiday Series

## ***Purim:***

### ***Masks, Megillas, Miracles & Merriment***

**Led by Rabbi Hershey Novack**

**Co-director of the Chabad Center at Washington U.**

- \* What is uniquely joyous about Purim?
- \* Why is G-d's name absent in the Megilla?
- \* Is it really a mitzvah to get drunk on Purim?



**Rabbi Hershey Novack**

**Sunday, February 18, 2017**

**10:00 am – 11:15 am**

**Feigenbaum-Pepose Multi-purpose Room**

Our ***Holiday Series*** explores the details of the Jewish holidays and how to truly observe them, and delves into their deeper meanings

Classes are free, but please RSVP by Friday, February 16  
to Jeff at 314-991-2100 ext. 2 or [jeff@nhbz.org](mailto:jeff@nhbz.org)



Join us for a **Family**

# **Shalosh Seudos** (Third Meal)

## **Shabbat, February 24, 2018**

with Guest Speaker

# **Rabbi Yaakov Green**

Head of School, Epstein Hebrew Academy



4:30 p.m. prior to Mincha Rabbi Green will speak on

## **“Purim: Revealing the Hidden”**

5:15 p.m. Mincha followed by *Shalosh Seudos*

***Please consider becoming a sponsor! Families  
or individuals can sponsor the event for \$18.***

**Everyone is welcome!**

**Please RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org) or 991-2100**





JOIN THE BAR & BAT MITZVAH JOURNEY

# בר/בת מצוה

## Prepare for Your Exciting Milestone with Friends and Great Teachers



Highlights of this interactive and multi-faceted program are to include:

- Jewish Identity, Pride, & Contemporary Issues • Things Every Jew Should Know •
- Shabbat • Holidays • Jewish History Highlights • Israel & Us •
- Jewish Life Cycle • Jewish Heroes and Heroines • Community Leadership •

**~ 30 WEEKLY SESSIONS ~**

**Sundays 4-5:30pm | No prior formal Jewish studies required**

**Open to all regardless of level of observance | NHBZ membership not required!**

**All participants will be eligible to celebrate their Bar/Bat Mitzvah at NHBZ.**

## Course Starts March 4th, 2018.

Sign up online by 3/1/2018: [www.nhbz.org](http://www.nhbz.org), or Call: 991-2100 Ext 2





# Hamantaschen Bake

A program of the NHBZ Kid Zone

**Sunday, February 25<sup>th</sup>**

**3:30 pm – 5:00 pm**

(just before Pizza Night)

for families with children age 12 and under

***Get ready for Purim***

***Bake delicious Hamantaschen***



Program is **FREE** but please RSVP by Wed. Feb. 21  
to ensure that we have enough ingredients for all  
RSVP to [alanaminoff@gmail.com](mailto:alanaminoff@gmail.com) or call the office at 991-2100 ext 2



# *Junior Congregation*

*NHBZ membership not required  
Children of all levels of observance welcome*

## **All Children ages 7 to 11**

**10:00 am – 12:00 pm**

### **February 17\* and 24**

- *Learn the key Shabbat prayers and tunes*
- *Review the weekly Torah portion*
- *Discuss cool facts about Israel*
- *Absorb Israeli culture and spoken Hebrew*
- *Hang out with old friends and make new ones*
- *Enjoy delicious snacks*

Led by **Richard Woolf** and by **Bnot Sherut**, (young women of the Israeli National Service, *once per month* (indicated above by *\**))

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)





# Tot Shabbat

A program of the NHBZ Kid Zone  
NHBZ membership not required

## All Kids ages 6 and under

### 10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room  
on these selected dates

## February 17 & 24

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

***No RSVP necessary, no cost, no worries!***

Babysitting is also available from 10:00 am to 12:00 pm

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**



# ***Pizza Night***

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***Sunday, February 25***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while  
supplies last**

**All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10 am Sunday: email preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org)  
or call 314-991-2100, ext. 2 Pick up between 4:30 pm - 4:45 pm**

**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**





# **Starting Points: *Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

## **Schedule for February and March, 2018**

**Feb 17:** (No Starting Points – Scott McCary's Bar Mitzvah)

**Feb 24:** This is the Most Important Question You'll Ever Ask Yourself . . .

**Mar 3:** Is Age More Than a Number?

**Mar 10:** Five Habits of Incredibly Interesting People

**Mar 17:** Overrated vs. Underrated: Common Beliefs We Get Wrong

**Mar 24:** You Don't Look Jewish! Jewish Identity and Identification

- *this session at 10:00 as part of*  *Choices • Connections • Community*

***Watch for future Starting Points Topics!***

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**





Nusach Hari B'Nai Zion

# SISTERHOOD LUNCHEON

# BINGO



**WHEN:** Tuesday, March 13

**WHERE:** NHBZ Auditorium, 650 N. Price Road

**TIME:** 12:00 NOON "BINGO! You Won!!"

*Delicious Lunch  
Everyone is Welcome!*

**Also There will be Attendance Prizes!!**

**\*\*\* \$9.00 Donation \*\*\***

**Hope to see you! Men & Women of ALL Ages!**  
**R.S.V.P. - Rachael: 314-395-6017**



**Shabbat**

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## **Scholar-in-Residence Synaplex**

### ***“A Taste of Chassidut” with Rabbi Yosef Landa***

***Director of Chabad of Greater St. Louis***

**Saturday, March 24, 2018**

8:30 am Traditional Services - in the sanctuary

9:15 am Prayer Learners Service – in the chapel  
led by Rabbi Yosef David of Aish HaTorah St. Louis

10:00 am Starting Points - in the chapel  
Topic: “You Don’t Look Jewish! Jewish Identity and Identification”  
led by Rabbi Ze’ev Smason

### **11:15 am Synaplex Breakout Sessions**

“What is Chassidut? *Teachings of Chassidism for contemporary Jews*  
led by Rabbi Yosef Landa

“Unearthing the Past in Poland”, led by Dr. Robin Park,  
Child & Adolescent Psychiatrist, & member of *Matzevah Foundation*, dedicated to helping Poland's  
small Jewish community through service projects like restoration of desecrated cemeteries

12:15 pm **Kiddush Lunch for All** - in the Social Hall

### **Family Shalosh Seudos Program**

5:45 pm prior to Mincha

“Inspiration & Empowerment: A Few Lines of Tanya”- Rabbi Landa

“FYI: Chassidism **IS** for Women” –

led by Rebbitzen Shiffy Landa, Co-director, Chabad of Greater St. Louis

6:40 pm Mincha followed by family Shalosh Seudos

Chassidic Stories and Song - led by Rabbi Yosef Landa

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***Free & open to the Jewish public. Home hospitality available.  
Call the office at 314-991-2100 ext. 2 for details.***

It's about the food  
and so much more!



## CROWN CENTER HOME DELIVERY

Home delivery available to those meeting eligibility requirements.

- Must be 60 or older
- Require or prefer a kosher meal
- Live in the University City area

### Call today!

For more information, call Ezra Rabinsky at  
314-991-2055 for more information.

8350 Delcrest Drive  
St. Louis, MO 63124  
[www.crowncenterstl.org](http://www.crowncenterstl.org)

crown  
center  
**DINING**

Certified Kosher under supervision by the Vaad Hachad of St. Louis

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