



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*  
Affiliated with Union of Orthodox Congregations of America

February 3, 2018 ~ 18 Shevat ~ Candle Lighting 5:06 pm ~ Shabbos Ends 6:10 pm

Torah Portion:  
Haftorah:

Yisro Exodus 18:1 -- 20:23  
Isaiah 6:1-13

Chumash pages 394 - 415  
Chumash pages 115-1155

## To Our Generous Volunteers ... Todah Rabah

### Erev Shabbos, Friday, February 2

Mincha & Ma'ariv 4:50 pm

### Shabbos, Saturday, February 3

- **Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!**
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftorah: **Bruce Waxman**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Max Gornish**
- **Learners' Service** led by **Rabbi Yosef David** ~ 9:30 am
- **Junior Congregation and Tot Shabbat** ~ 10:00 am (TS in the Eli Ragin Children's Room)
- **Starting Points: Wisdom For Daily Living** 10:15 am ~ Topic: "The 10 Commandments: A Spiritual Guide to Personal Success". Led by **Rabbi Ze'ev Smason**

Today's Shabbos Greeters: Teree Farbstein and Lenny Alper

## This Week and Beyond

	Shabbos Feb 3	Sun. Feb 4	Mon. Feb 5	Tues.* Feb 6	Wed.* Feb 7	Thurs.* Feb 8	Fri. Feb 9	Shabbos Feb 10
<b>Minyan Times</b>								
<b>Shachris</b>	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
<b>Mincha/Ma'ariv</b>	4:50 pm	5:05 pm	5:05 pm	6:45 pm	6:45 pm	6:45 pm	5:05 pm	4:55 pm

\* Ma'ariv only      Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

**Birthdays:** Oren Kadosh, Kerry Klarfeld, Rabbi Ze'ev Smason, Paul Kleiman, Max Amon, Sivia Smason, Jeffrey Schnitzer, Alice Sudin, Sheryl Levine, Sally Amon, Marsha Feenberg, and Rebbetzin Chani Smason

**PURIM IS COMING PLEASE CONSIDER BECOMING A SPONSOR OF THE PURIM SEUDAH (DINNER) FOR \$25** Call Jeff at 991-2100 x2 or [jeff@nhbz.org](mailto:jeff@nhbz.org) **PURIM SCHEDULE IN FLYER**

- **Sunday February 4 ~ Super Bowl Pizza Carry Out.** Don't forget to pick up your order from 2:30 - 3:30 pm. You can also walk in and order from 2:30 -3:30 pm (20-30 min. wait possible).
- **February 10 ~ Shabbos Kiddush Luncheon** hosted by **Bob and Joni Kaiser and Eleanor Kaiser**
- **Shabbos, February 17 ~ Bar Mitzvah of Scott McCary and Kiddush Luncheon**
- **Tuesday, February 20 ~ Home Discussion Group ~ 7:00 - 8:30 pm** The topics are: "Me, Myself and I: Finding Your Unique Self" Led by **Rabbi Ze'ev Smason** and "What Does Your Handwriting Say About You?" Led by **Myra Radinsky**. At the home of **Dr. Stephen and Myra Radinsky**. RSVPs are needed. The address will be given at the time of your RSVP.
- **Shabbos, February 24 ~ Family Shalosh Seudos Program with speaker -- Rabbi Yaakov Green**, Head of School, Epstein Hebrew Academy
- **Sunday, February 25 ~3:30 -5:00 pm~ Hamantaschen baking for Kids 12 and under** right before Pizza night. There is no cost for the program but RSVP is a must. Please contact Alana Minoff at [alanaminoff@gmail.com](mailto:alanaminoff@gmail.com) or call the shul office no later than Wednesday, February 21<sup>st</sup> so we can have enough ingredients.
- **Sunday, February 25 ~ Pizza Night ~ 5:00 -7:00 pm ~ \$12.00** ~Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org) (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext.2.

## **Parshas: Yisro**

The weekly portion begins with Moses' father-in-law, Yisro, arriving at the Jewish people's camp in the desert, where he is greeted warmly by a large entourage. Yisro was inspired to join them when he heard about all of the wonders and miracles which G-d performed for the Jewish people during the Exodus from Egypt. Upon witnessing Moses serving as the people's sole judge from dawn until dusk, Yisro declares that this system will never work. He therefore suggests that subordinate judges be appointed to adjudicate the smaller cases. Moses agrees to this plan. The Jewish people arrive at Mt. Sinai and prepare to receive the Torah. Moses ascends the mountain and G-d tells him to convey to the people that they will be to Him a treasure from among the nations.

After three days of preparation the moment of revelation finally arrives. Amid thunder, lightning and the sound of the shofar, G-d descends upon the mountain and proclaims -- with the entire Jewish people listening -- the Ten Commandments. Referred to in Hebrew as the Aseres HaDibros, a more accurate translation would be the Ten Sayings or the Ten Statements.

One noteworthy feature of the revelation is that both before and since Sinai, no nation has ever made the claim that G-d spoke to an entire nation of millions of individuals. Moses then ascends the mountain to receive the remainder of the Torah from G-d, both the written and oral segments. The portion concludes with several mitzvos concerning the construction of the altar in the Temple.

## **Cash Cards**

**Orders are now being taken through February 15.** Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

## **Adult Learning at NHBZ**

**Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason.** Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at [www.nhbz.org](http://www.nhbz.org) - click on 'media', then 'online classes', then 'ustream\_graphic'.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Feb. 10: Love vs. Lust: Do You Know the Difference?

Feb. 17: (No Starting Points: Scott McCary Bar Mitzvah)

Feb. 24: This Is the Most Important Question You'll Ever Ask Yourself.....

March 3: Is Age More Than a Number?

March 10: Five Habits of Incredibly Interesting People

March 17: Overrated vs. Underrated: Common Beliefs We Get Wrong

March 24: You Don't Look Jewish! Jewish Identity and Identification (Synaplex)

**Amud-A-Week Program.** Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

## **In The Community**

**Thursday, February 15 ~ 7:30 pm ~ Aish HaTorah's Annual Rabbi Noah Weinberg Memorial Lecture** "Why Prayer Doesn't Work". Rabbi Gavriel Friedman, aka Rav Gav will show us how in his humorous and entertaining fashion that captivates audiences of all ages. Location: Hilton St. Louis Frontenac, Ambassador Ballroom, 1335 S. Lindbergh Blvd Suggested donation: \$18. Dessert reception to follow lecture. For more information or to rsvp: please call 314-862-2474 or email [carengoldstein61@gmail.com](mailto:carengoldstein61@gmail.com)

**Wednesday, February 21 ~ Missouri Torah Institute** invites the entire community for an evening of Learning, Song & Inspiration in memory of Greg Fox A"H, featuring a community learning session, plus world renowned speaker Rabbi Zecharia Wallerstein and a Kumsitz with the famous musician and singer Eitan Katz! 1809 Clarkson Road in Chesterfield. Time to be announced.

**Sunday, February 18<sup>th</sup> ~ STL Kollel presents "Jewish Unity Live"** at the Sheraton West Port Chalet Hotel. Speakers include Rabbi Aaron Kotler, CEO of Lakewood Yeshiva, Mark Bane, President of the OU and Howard Tzvi Friedman, Past President of AIPAC. This year's Jewish Unity Live awardees are Lynda Fields, Kollel Ambassador of the Year, Dr. Joe and Izzy Yazdi, Students of the Year, **Joey and Jamie Mufson**, Torah & Turf Partnership Awardees, **Dr. Craig and Jackie Berkin**, Keser Torah Awardees and Rabbi Moshe and Ariella Glazer, Partners In Torah Community Leadership Awardees. For more information, call 314 726-6047 or email [office@stlkollel.com](mailto:office@stlkollel.com).

## NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)  
Proceeds benefit The NHBZ Chesed Fund.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

### BI-MONTHLY at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

**Synaplex Shabbos- Services begin at 8:30am**





# ***Pizza Night***

---

**CARRY-OUT ONLY**

***Super Bowl Sunday, Feb. 4***

***Pick-up Sunday from 2:30 - 3:30 pm***

**Place your order by 3:00 pm TODAY, Feb. 2**  
**Or Walk-in and place your order on Sunday**  
**from 2:30- 3:30 pm (30 minute wait possible)**

Email orders preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org)  
Or call 314-991-2100, ext. 2

***Cheese Pizza \$12 plus \$.75 for each topping***

Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100





# Tot Shabbat

A program of the NHBZ Kid Zone  
NHBZ membership not required

## All Kids ages 6 and under

### 10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room  
on these selected dates

**February 3, 10, 17, & 24**

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

***No RSVP necessary, no cost, no worries!***

Babysitting is also available from 10:00 am to 12:00 pm

---

**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**





# *Junior Congregation*

*NHBZ membership not required  
Children of all levels of observance welcome*

## **All Children ages 7 to 11**

**10:00 am – 12:00 pm**

## **February 3, 10, 17, and 24**

- *Learn the key Shabbat prayers and tunes*
- *Review the weekly Torah portion*
- *Discuss cool facts about Israel*
- *Absorb Israeli culture and spoken Hebrew*
- *Hang out with old friends and make new ones*
- *Enjoy delicious snacks*

Led by **Richard Woolf** and by **Bnot Sherut**, (young women of the Israeli National Service, *once per month* (indicated above by \*))

---

For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)



# **Starting Points: *Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

## **Schedule for February and March, 2018**

**Feb 3: The 10 Commandments: A Spiritual Guide to Personal Success**

**Feb 10: Love vs. Lust: Do You Know the Difference**

**Feb 17: (No Starting Points – Scott McCary's Bar Mitzvah)**

**Feb 24: This is the Most Important Question You'll Ever Ask Yourself . . .**

**Mar 3: Is Age More Than a Number?**

**Mar 10: Five Habits of Incredibly Interesting People**

**Mar 17: Overrated vs. Underrated: Common Beliefs We Get Wrong**

**Mar 24: You Don't Look Jewish! Jewish Identity and Identification**

*- this session at 10:00 as part of* 

***Watch for future Starting Points Topics!***

---

**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**





# Hamantaschen Bake

A program of the NHBZ Kid Zone

**Sunday, February 25<sup>th</sup>**

**4:15 pm – 5:00 pm**

(just before Pizza Night)

for families with children age 12 and under

***Get ready for Purim***

***Bake delicious Hamantaschen***



Program is **FREE** but please RSVP by Wed. Feb. 21  
to ensure that we have enough ingredients for all  
RSVP to [alanaminoff@gmail.com](mailto:alanaminoff@gmail.com) or call the office at 991-2100 ext 2





# Join Us For Purim!

2018  
5778



**Wednesday Feb. 28th**

Shachris: 6:45 am | Mincha at 5:20pm

Ma'ariv at 6:35pm

**Megillas Esther at 6:45 pm**

WEDNESDAY  
**FEB 28**

FAST OF ESTHER  
FAST BEGINS  
5:23 AM



**Thursday March 1st**

Shachris: 6:30 am | Mincha at 5:00pm

**Megillas Esther at 7:00 am**

Mincha at 5:00 pm • **SEUDAH** at 5:15 • Ma'ariv Following Meal

**The Delicious**

# SEUDAH

## Costume Contest & Schtick Nite

**The Delicious and Festive Meal**

is being prepared by our own NORMA RUBIN, so you know it will be DELICIOUS!

Menu to come, so please stay tuned... Jackie's whiskey slush, and desert!

**COSTUME CONTEST:** Prizes 3 categories - Children, Adults and Couples

**SCHTICK:** Skits, Games, Poems, Jokes, Musical Entertainment, (3-5 minutes max)

Enter with the title of 'Your Schtick' to Bobby Levine to be scheduled into the evening's entertainment lineup! (rxlevine@charter.net) or 602-1796.

BUY!  
FOOD DRIVE  
PASTA  
GROGGERS  
**\$4**



**\$15 ADULT • \$8 CHILD • \$45 MAX/FAMILY**

**Kids 4-10 \$8.00 and Kids 3 & Under Free.**



**RSVP BY FEB 20TH**  
**991-2100 EXT: 2**





JOIN THE BAR & BAT MITZVAH JOURNEY

# בר/בת מצוה

## Prepare for Your Exciting Milestone with Friends and Great Teachers



Highlights of this interactive and multi-faceted program are to include:

- Jewish Identity, Pride, & Contemporary Issues • Things Every Jew Should Know •
- Shabbat • Holidays • Jewish History Highlights • Israel & Us •
- Jewish Life Cycle • Jewish Heroes and Heroines • Community Leadership •

**~ 30 WEEKLY SESSIONS ~**

**Sundays 4-5:30pm | No prior formal Jewish studies required**

**Open to all regardless of level of observance | NHBZ membership not required!**

**All participants will be eligible to celebrate their Bar/Bat Mitzvah at NHBZ.**

## Course Starts March 4th, 2018.

Sign up online by 3/1/2018: [www.nhbz.org](http://www.nhbz.org), or Call: 991-2100 Ext 2



# NHBZ Cash Card Order Form

*What is scrip, and how does it work?*

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

**TOTAL THIS ORDER: \$** \_\_\_\_\_

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

\*\*A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

*And please remember to use your Schnuck's Card for NHBZ credit!!!*