



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

March 3, 2018 ~ 16 Adar ~ Candle Lighting 5:37 pm ~ Shabbos Ends 6:41 pm

Torah Portion:
Haftorah:

Ki Sisa Exodus 30:11 -- 34:35
1 Kings 18: 20-39

Chumash pages 484-515
Chumash pages 1161-62

Thank you to our Sponsors:

Thank you to **Drs. Jay Pepose & Susan Feigenbaum** for sponsoring the Kiddush today in celebration of their children's birthdays **Max, Sam and Morissa** (all 23) and **David** (32). And, with gratefulness to HaShem for **Morissa's** acceptance to the Brooklyn Conservatory's Masters in Vocal Performance (Opera) Program.

Thank you to **Jerry & Frances Cohen** for sponsoring the cake in celebration of their anniversary.

Thank you to **Faye, Brian & Scott McCary** for sponsoring the bulletin this Shabbos in honor of the 67th wedding anniversary of their parents, **Jerry & Frances Cohen**.

Thank you to **Sam & Shirley Bluestein** for sponsoring the bulletin in honor of the birth of their new Great Grandson.

Erev Shabbos, Friday, March 2

- Mincha & Ma'ariv ~ 5:30 pm

Shabbos, Saturday, March 3

- Shachris & Musaf 9:00 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Howard Sandler**
 - Leyning: **Michael Shapiro**
 - Haftorah: **David Rubin**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Michael Shapiro**
- Learners' Service led by **Rabbi Yosef David** ~ 9:30 am
- Starting Points: Wisdom For Daily Living 10:15 am ~ Topic: "Is Age More Than a Number?"
Led by **Rabbi Ze'ev Smason**
- Junior Congregation and Tot Shabbat ~ 10:00 am (TS in the Eli Ragin Children's Room)
- Mincha/Ma'ariv/Shalosh Seudos ~ 5:20 pm
- Today's Shabbos Greeters: **Ed and Helayne Levitt**

This Week and Beyond

Minyan Times	Shabbos Mar 3	Sun. Mar 4	Mon. Mar 5	Tues.* Mar 6	Wed.* Mar 7	Thurs.* Mar 8	Fri. Mar 9	Shabbos Mar 10
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	5:20 pm	5:40 pm	5:40 pm	6:45 pm	6:45 pm	6:45 pm	5:40 pm	5:25 pm

* Ma'ariv only

Nusach Hari B'nai Zion
650 North Price Road, Saint Louis, Missouri 63132

Rabbi Ze'ev Smason
Phone 314.991.2100

President Jay Umansky
Web: www.nhbz.org

Birthdays: Victor Tendler, Shirley Bluestein, Dr. Stanley Margul, Janet Haber, Pearl Figus, Jean Margul, and Eric Fleshman

Anniversaries: Gary & Trudy Sudin and Andy & Betty Epstein

- **Sunday March 11 ~ 4:00 pm ~** You are invited to a joint **Sisterhood- Israel Committee** event with **Israeli poet Jane Medved** who will read from her latest book and discuss life in Israel. A book signing and wine & cheese reception will follow.
 - **Tuesday, March 13 ~ 12:00 noon ~Sisterhood BINGO is back!** Lunch, door prizes, and Bingo all for \$9.00. Men and women of all ages welcome! **R.S.V.P. to Rachael: 314-395-6017.**
 - **Wednesday, March 14 ~ 2:00 pm~ Senior Kollel presentation at NHBZ “Secret St. Louis”**
 - **Tuesday , March 13 ~ Board Meeting ~ 7:00pm**
 - **Shabbos, March 17 ~ New Member Shabbat**
 - **Shabbos, March 24 ~ Synaplex Shabbat and Kiddush luncheon with Scholar-In-Residence, Rabbi Yosef Landa, (Director, Chabad of Greater St. Louis) and Dr. Robin Park (Member of the Matzevah Foundation, which restores desecrated Jewish cemeteries in Poland). On Shabbos morning Rabbi Landa’s topic is “*The Teachings of Chassididism, and what it has to teach contemporary Jews*”. Dr. Robin Park’s topic will be: “*Christians Travel to Poland to Repair Jewish Cemeteries*”. Rabbi and Shiffy Landa will join us Shabbos afternoon.**
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- **Thank you again to our sponsors for the Purim Seudah: Don & Julie Eisenberg, Bob & Joni Kaiser, Howard & Phyllis Loiterstein, Dr. David & Fran Reisler, Alan & Janet Haber, Jay & Peggy Umansky, Murray & Joyce Hochberg, Irwin & Arlene Fredman, Dr. Daniel & Marcela Morgensztern, Andy & Ellen Berg, Jacob & Judy Levin, Lenny & Fran Alper, Drs. Jay Pepose & Susan Feigenbaum, Leonid & Stella Vladimirov, and Kenny & Barb Bressler.**
 - **Todah to Head Chef Norma Rubin and to Anna Rose Tendler and Victoria John for preparing the wonderful Purim meal and to Jackie Berkin for making the Whiskey Slush.**
 - **And thank you our Purim Seudah Committee: Bobby Levine (Chair), Louis & Rebecca Goldman, Lenny & Fran Alper, Gary Sudin, Terri Farbstein & the Sisterhood for organizing another great Purim at NHBZ.**
 - **This Purim the Rabbi’s Charity Fund raised a record \$2377.00 to benefit Od Yosef Chai and local charity needs. Thank you to all who gave tzedakah.**

Parshas: Ki Sisa

The portion begins with G-d's command to Moses to take a census by collecting an equal contribution of a half-shekel coin from every adult male between the ages of 20 and 60, with the profits going to the Mishkan (Tabernacle). G-d designates Betzalel, of the tribe of Judah, and Oholiav, of the tribe of Dan, to supervise the upcoming construction of the Mishkan. The mitzvah of Shabbat is then repeated to caution the nation that even the construction of the Mishkan does not supersede the observance of the weekly day of rest. The Torah returns to the narrative of the Revelation at Mt. Sinai and describes the horrible sin of the golden calf. G-d relents to Moses' prayer that the Children of Israel should be spared from annihilation for this great transgression, and Moses descends from the mountain with the two tablets of the Ten Commandments in hand.

Upon witnessing a small segment of the population dancing around the golden calf, Moses smashes the tablets and burns the idol, initiating the process of repentance. Moses again ascends the mountain to pray to G-d that the Jewish people should be forgiven and regain their status as the chosen people. Moses eventually returns with the second set of tablets and a renewed covenant with G-d, his face radiant as a result of the Divine experience.

Pesach is coming.....

All coats, umbrellas, and other items in the coat rooms will be cleaned out before Pesach. Please remove your items asap.

Vaad Hoeir Maos Chittim Campaign ~ (through Pesach) – The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make your checks **payable to Vaad Hoeir Maos Chittim, and write “NHBZ” on the memo line**; send checks to the Vaad Hoeir , 4 Millstone Campus Dr, St. Louis, MO 63146

Adult Learning at NHBZ

Note: The Tuesday class at the Berkin's with Rabbi Mintz is cancelled March 6. There will be a special class with Rabbi Mintz on Tuesday, March 13.

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers. This class is also available to view from your computer on Wednesdays at 12 pm CST. Visit our website at www.nhbz.org - click on 'media', then 'online classes', then 'ustream_graphic'.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

March 10: Five Habits of Incredibly Interesting People

March 17: Overrated vs. Underrated: Common Beliefs We Get Wrong

March 24: You Don't Look Jewish! Jewish Identity and Identification (Synaplex)

Amud-A-Week Program ~ Join **Rabbi Daniel Freund** every Monday following Ma'ariv (please note the time change) for a weekly Talmud class/shiur. This class is open to everyone, whether you are unacquainted with Talmud or are on a basic or intermediate level.

In The Community

Monday, March 5 ~ 7:30 -9:00 pm ~ (Women Only) Saint Louis Mikvah Shower Event, pamper yourself at the U-City Shul. View invitation here: <http://evite.me/YqdW69qc5X>

Thursday, March 8th ~ The Chesed Committee of Aish HaTorah is hosting their 5th Annual BLOOD DRIVE at the Aish Firehouse . Come hydrated and ready to do a mitzvah!

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





THE SISTERHOOD SCOOP MARCH

Volume I

Number 2

March 3, 2018

*All Sisterhood Members are
cordially invited to a*

יָהּ Tea

Honoring

Rachael Pernick, President Emeritus

and celebrating all our
Sisterhood Past Presidents

**Sunday, March 11th
2:30 pm**

RSVP by Wednesday, March 8
to 314-991-2100-ext. 3
or email: laura@nhbz.org

Not yet a Sisterhood Member? Join at the Tea!



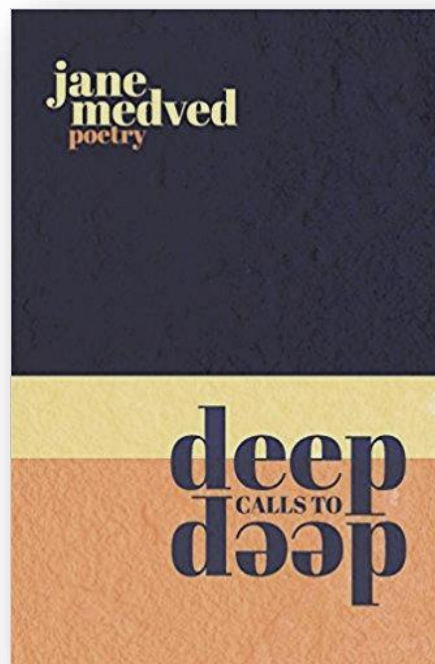
Sunday, March 11

4:00 pm

*Book Reading & Insights
with Israeli Poet
Jane Medved*

Jane has lived for the past 25 years in Jerusalem, where she teaches poetry and is the editor of *The Ilanot Review*. She will speak about writing poetry and life in today's Israel. **Get a personally signed copy of her book for just \$10.**

Wine and Cheese Reception following.



A PROJECT OF NHBZ SISTERHOOD
AND THE NHBZ ISRAEL COMMITTEE

Questions? Call Chani Smason 314-303-0703

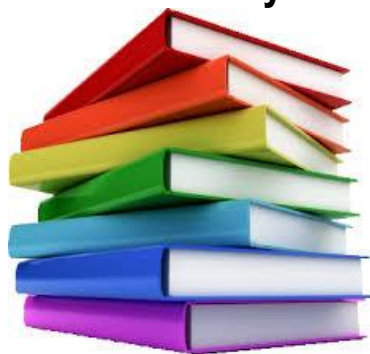
Sisterhood is forming a NEW Book Club!

If you are interested in attending an
organizational meeting

contact Fran Alper
at 314-993-4024

fran.alper@outlook.com

**Join us and
bring your ideas!**





Double Feature

Sunday, March 11th

...at 2:30 pm

You are cordially invited to a
Paid-Up Membership

יָדָיָה Tea



honoring Rachael Pernick, President Emeritus
and all our Sisterhood Past Presidents & Leadership

...at 4:00 pm

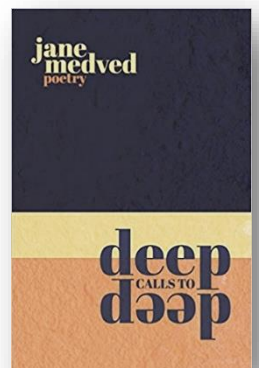
Poetry Reading and Insights

with Jane Medved,



poet and editor at *The Ilanot Review*, reads from her latest collection of poems *Deep Calls to Deep* and speaks about the practice of writing poetry and life in today's Israel.

**Book signing with complimentary
Wine & Cheese Reception following**
Get a personally signed copy of her book for just \$10



Questions? Please call Chani Smason @ 314-303-0703

A PROJECT OF THE NHBZ SISTERHOOD AND THE NHBZ ISRAEL COMMITTEE



Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, March 13

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON "BINGO! You Won!!"

*Delicious Lunch
Everyone is Welcome!*

Also There will be Attendance Prizes!!

***** \$9.00 Donation *****

Hope to see you! Men & Women of ALL Ages!
R.S.V.P. - Rachael: 314-395-6017



Junior Congregation

*NHBZ membership not required
Children of all levels of observance welcome*

All Children ages 7 to 11

10:00 am – 12:00 pm

March 3

- ***Learn the key Shabbat prayers and tunes***
- ***Review the weekly Torah portion***
- ***Discuss cool facts about Israel***
- ***Absorb Israeli culture and spoken Hebrew***
- ***Hang out with old friends and make new ones***
- ***Enjoy delicious snacks***

Led by **Richard Woolf** and by **Bnot Sherut**, (young women of the Israeli National Service, *once per month* (indicated above by *))

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under

10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

March 3

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Shabbat

Scholar-in-Residence Synaplex

“A Taste of Chassidut” with Rabbi Yosef Landa

Director of Chabad of Greater St. Louis

Saturday, March 24, 2018

8:30 am Traditional Services - in the sanctuary

9:15 am Prayer Learners Service – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis

10:00 am Starting Points - in the chapel
Topic: “You Don’t Look Jewish! Jewish Identity and Identification”
led by Rabbi Ze’ev Smason

11:15 am Synaplex Breakout Sessions

“What is Chassidut? *Teachings of Chassidism for contemporary Jews*
led by Rabbi Yosef Landa

“Unearthing the Past in Poland”, led by Dr. Robin Park,
Child & Adolescent Psychiatrist, & member of *Matzevah Foundation*, dedicated to helping Poland's
small Jewish community through service projects like restoration of desecrated cemeteries

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Family Shalosh Seudos Program

5:45 pm prior to Mincha

“Inspiration & Empowerment: A Few Lines of Tanya”- Rabbi Landa

“FYI: Chassidism **IS** for Women” –

led by Rebbitzen Shiffy Landa, Co-director, Chabad of Greater St. Louis

6:40 pm Mincha followed by family Shalosh Seudos

Chassidic Stories and Song - led by Rabbi Yosef Landa

***Free & open to the Jewish public. Home hospitality available.
Call the office at 314-991-2100 ext. 2 for details.***



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for February and March, 2018

Mar 3: Is Age More Than a Number?

Mar 10: Five Habits of Incredibly Interesting People

Mar 17: Overrated vs. Underrated: Common Beliefs We Get Wrong

Mar 24: You Don't Look Jewish! Jewish Identity and Identification

- *this session at 10:00 as part of* 

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2

New Outreach Program

The NHBZ Outreach Committee is starting a new program called “Themed Kiddush”. The purpose of the program is to present a Kiddush with a theme that would be unique and attractive to many people.

Here is how it works. One or two families or individuals will sponsor a Kiddush with their own theme, or one of the following suggested themes:

Chocolate



Cardinals



Ice Cream



Israeli



**Your sponsorship will include
themed decorations and foods!**

For details call or email

Jeff at 314-991-2100 ext. 2 or jeff@nhbz.org