



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

March 24, 2018 ~ 8 Nissan ~ Candle Lighting 6:57 pm ~ Shabbos Ends 8:01 pm

Shabbos HaGadol

Torah Portion: Parshas Tzav -- Leviticus 6:1 -- 8:36
Haftorah: Haftorah: Jeremiah 7:21 - 28, 9:22,23

Chumash pages 568-587
Chumash pages 1167-1168

Thank you to our Sponsors:

This week's bulletin is sponsored by **Rhonnie & Stan Goldfader** in honor of their **45th** anniversary and for the good fortune that Rabbi Yosef and Shiffy Landa, the Goldfader's very good friends, are speaking at Synaplex and Shalosh Seudos this Shabbat.

Thank you to **Frances Cohen** for sponsoring the cake and to **Brian, Faye, & Scott McCary** for sponsoring the ice cream sodas in honor of husband, father, and grandfather **Jerry Cohen** on his **90th** birthday.

Thank you to **Mimi Fiszal** for sponsoring the bulletin in celebration of her **70th** birthday.

Thank you to **Kenny & Barb Bressler** for also sponsoring the bulletin in honor the **40th** anniversary of **Menachem & Linda Szus**. Mazel tov to all!

SYNAPLEX SHABBAT

Erev Shabbos, Friday, March 23

- Mincha & Ma'ariv ~ 6:40 pm

Shabbos, Saturday, March 24

- Shachris & Musaf 8:30 am ~ Thank You for Leading Davening!
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Louis Goldman**
 - Leyning: **Moshe Leib Cohen**
 - Haftorah: **Kenny Bressler**
 - Drasha: **no Drasha today**
 - Musaf: **Louis Goldman**
- Learners' Service led by Rabbi Yosef David ~ 9:15 am
- Starting Points: Wisdom For Daily Living led by Rabbi Ze'ev Smason ~10:00 am
Topic: "You Don't Look Jewish! Jewish Identity and Identification"
- Junior Congregation and Tot Shabbat ~ 10:00 am (TS in the Eli Ragin Children's Room)
- Synaplex Break-out Sessions ~11:15 am
- Kiddush Luncheon ~ 12:15 pm
- Mincha / Ma'ariv / Family Shalosh Seudos ~ 6:40 pm

This Week and Beyond

Minyan Times	Shabbos Mar 24	Sun. Mar 25	Mon. Mar 26	Tues. Mar 27	Wed. Mar 28	Thurs. Mar 29	Fri.* Mar 30	Shabbos* Mar 31
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:40 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:05 pm

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris. **1st Seder Pesach**

Nusach Hari B'nai Zion
650 North Price Road, Saint Louis, Missouri 63132

Rabbi Ze'ev Smason
Phone 314.991.2100

President Jay Umansky
Web: www.nhbz.org

Synaplex Break-out Sessions prior to Lunch ~ 11:15 am

1. **“The Teachings of Chassidism, and What it Has to Teach Contemporary Jews.” Scholar-In-Residence, Rabbi Yosef Landa**, (Director, Chabad of Greater St. Louis)
2. **“Christians Travel to Poland to Repair Jewish Cemeteries.” Dr. Robin Park**
(Member of the Matzevah Foundation which restores desecrated Jewish cemeteries in Poland).

Kiddush Luncheon at approx. 12:15 pm

Family Shalosh Seudos Program ~ 5:45 pm with Rabbi Yosef and Shiffy Landa

1. **Rabbi Landa** will speak on *“Inspiration & Empowerment: A Few Lines of Tanya”*
2. **Rebbitzen Shiffy Landa** will speak on *“FYI: Chassidism IS for Women.”*
3. At 6:40 pm Mincha will be followed by the **Family Shalosh Seudos meal** along with Chassidic stories and songs led by Rabbi Yosef Landa. Thank you for our generous sponsors **Rhonnie Goldfader, Debbie Barash, Dr. Susan Feigenbaum, Fran Hoffman, Dr. Shayna Scribner, and Vivian Zarkowsky.**

Today’s Shabbos Greeters: Mike Minoff and Jim Pollock

- **Sunday, March 25 ~ Pizza Night ~ 5:00-7:00 pm. All-You-Can-Eat Pizza Buffet for \$12.00 ~** enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Please place carry-out orders by 10:00 a.m. on Sunday morning. Email orders preferred to jeff@nhbz.org (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext. 2. Pick up time for carry out pizzas is 4:3-4:45 p.m. Food prepared under the supervision of Rabbi Ze’ev Smason.
- **Friday, March 30 ~ First Night of Pesach**
- **Shabbos, March 31 ~ Shabbat and Pesach Day 1**
- **Sunday, April 1 ~ Pesach Day 2**
- **Friday, April 6 ~ Pesach Day 7**
- **Shabbos, April 7 ~ Shabbat, Pesach, and Yizkor Day 8**

Birthdays: Alla Yasinev, Mimi Fiszal, Sergio Chayet, and Alan Haber

Anniversaries: Stanley & Rhonnie Goldfader, Daniel & Marcela Morgensztern, and Dr.Caryn Garriga & Dr. Adrian Shifren

Lost & Found for Pesach ~ On Monday, March 26 all coats, umbrellas, and other items in the coat rooms will be cleaned out before Pesach and stored. Please remove your items ASAP.

Today’s Shabbos Greeters: Mike Minoff and Jim Pollock

Parshas: Tzav

The portion begins with G-d continuing to teach Moses many of the laws relating to the Mishkan service. However, while last week’s portion described the korbanos (offerings) from the perspective of the giver, this week the Torah focuses more directly on the Kohanim, providing details about their service. After first describing the maintenance of the fire which burned on the altar, the Torah discusses the various kinds of korbanos which Aaron, his sons, and the succeeding generations of Kohanim would be offering. The offerings must be brought with the proper intention and eaten in a state of spiritual purity. Finally, Moses performs the lengthy consecration service of the Mishkan, and anoints Aaron and his sons for their service in the Mishkan, in front of the entire congregation of Israel.

Shabbos HaGadol

Shabbos HaGadol is the Shabbos that comes before Pesach. The main reason that it is called Shabbos HaGadol is because of the great miracle that occurred then. The Jewish people were ordered to tie the sheep - which they were going to offer as a Korban Pesach - to their bed post. The Egyptians, who worshipped the sheep, could only look on in dismay and said nothing. This was a tremendous miracle.

Getting Ready for Pesach

Selling Chometz / Mechiras Chometz: All non-Pesach food that cannot be eaten before Pesach can be sold to a non-Jew. Rabbi Smason will be available to act as your agent for the selling of chometz. Passover begins Friday night, March 30, 2018. There are two ways to sell your Chometz to Rabbi Smason:

1. **In Person with Rabbi Smason:** If you would like to make Rabbi Smason your agent for the sale of Chometz, please call and make an appointment with Rabbi Smason, whether in the office or at minyan.
2. **By Telephone:** Call Jeff at the shul office, 314-991-2100, ext. 2 until noon on Wednesday, March 28. Make checks payable to NHBZ with the notation SELLING CHOMETZ.

Tzdekah for Pesach - Vaad Hoeir Maos Chittim Campaign ~ The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make your checks **payable to Vaad Hoeir Maos Chittim, and write "NHBZ" on the memo line**; send checks to the Vaad Hoeir, 4 Millstone Campus Dr, St. Louis, MO 63146

There are two books by Rabbi Max Weiman that may be of interest to you as we head towards Pesach. The books are "A Simple Guide to Happiness" and "48 Things 49 Days - Tapping into the Power Within". Rabbi Weiman teaches "Mystical Moments" at NHBZ on Sunday's between Mincha & Ma'ariv. Both books together are \$36.00 and are available in our office.

Note: Rabbi David's Learners' Class will not meet on the first and eighth day of Pesach - March 31 and April 6

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason. Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

March 31: Raising Children & Passover

April 7: What Does Freedom Mean to You? (9:30 am)

April 14: Five Things Smart People Never Say

In The Community

Sunday, March 25 ~ 2:00 pm-4:00 pm Shaving Israel is presenting speaker, Captain (Res.) Nir Sarid, who will speak and share his experiences serving in the Israeli Defense Force. At Congregation B'nai Amoona.

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze’ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children’s Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma’ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





MINYAN AT NUSACH HARI B'NAI ZION OPEN FOR YOU 7 DAYS A WEEK

We have an obligation to ourselves, our fellow members and to the community to have a minyan. While 10 men will do, more is always better. A thriving minyan is the mainstay of any Shul. We are able to maintain our minyan thanks to our dedicated Minyan Men listed below. If you aren't on the list, join now. Contact Rabbi Smason, Howard Sandler or Alan Zarkowsky. We cannot maintain our minyan without your help.

From Rabbi Smason: "A person should make great effort to daven in a minyan because of the tremendous holiness in davening with a minyan and because when one prays in a minyan, one's tefillos are accepted before Hashem."

Attending our minyan is good for our Shul and even better for you.

Our Minyan Men:

Lenny Alper * Jeff Baker * Jesse Barash * Dr. Craig Berkin * Dr. Eldad Bialecki
Larry Chervitz * Jerry Cohen * Moishe Leib Cohen * Don Eisenberg * Andy Epstein
Denny Feit * Irwin Fredman * Robert Friedman * David Gellman
Larry Goldenberg * Louis Goldman * Larry Gornish * Alan Haber * Bob Kaiser
Dr. Elliot Katz * Stuart Klamen * Bobby Levine * Alex Lyss * Howard Loiterstein
Scott McCary * Mike Minoff * Rabbi Mintz * Jim Pollock * Mark Ragin *
Dr. David Reisler * Irwin Rosen * David Rubin * Howard Sandler * Eliyahu Scheinberg
* Sid Silverman * Rabbi Smason * David Stein * Marvin Stein * Rabbi Swidler *
Moishe Swidler * Menachem Szus * Vic Tendler * Jay Umansky * Boris Yasinev *
Leonid Vladimirov * Brent Waxman * Bruce Waxman * Scott Waxman *
Rabbi Weiman * Alan Zarkowsky * Keith Zeff



Shabbat

Scholar-in-Residence Synaplex

“A Taste of Chassidut” with Rabbi Yosef Landa

Director of Chabad of Greater St. Louis

Saturday, March 24, 2018

8:30 am Traditional Services - in the sanctuary

9:15 am Prayer Learners Service – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis

10:00 am Starting Points - in the chapel
Topic: “You Don’t Look Jewish! Jewish Identity and Identification”
led by Rabbi Ze’ev Smason

11:15 am Synaplex Breakout Sessions

“What is Chassidut? *Teachings of Chassidism for contemporary Jews*
led by Rabbi Yosef Landa

“Unearthing the Past in Poland”, led by Dr. Robin Park,
Child & Adolescent Psychiatrist, & member of *Matzevah Foundation*, dedicated to helping Poland's
small Jewish community through service projects like restoration of desecrated cemeteries

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Family Shalosh Seudos Program

5:45 pm prior to Mincha

“Inspiration & Empowerment: A Few Lines of Tanya”- Rabbi Landa

“FYI: Chassidism **IS** for Women” –

led by Rebbitzen Shiffy Landa, Co-director, Chabad of Greater St. Louis

6:40 pm Mincha followed by family Shalosh Seudos

Chassidic Stories and Song - led by Rabbi Yosef Landa

***Free & open to the Jewish public. Home hospitality available.
Call the office at 314-991-2100 ext. 2 for details.***



Join us for a **Family**

Shalosh Seudos (Third Meal)

Shabbat, March 24, 2018

with Guest Speakers

Rabbi Yosef Landa
Rebbitzen Shiffy Landa

5:45 pm prior to Mincha

"Inspiration & Empowerment: A Few Lines of Tanya"

led by Rabbi Yosef Landa

"FYI: Chassidism IS for Women"

led by Rebbitzen Shiffy Landa

The Landa's are the Director and Co-director of Chabad of Greater St. Louis

6:40 pm Mincha followed by Family Shalosh Seudos

Chassidic Stories and Song - led by Rabbi Yosef Landa

Everyone is welcome!



THE SISTERHOOD SCOOP PESACH EDITION

Volume I

Number 5

March 24, 2018

A Passover Message

Passover, celebrating the greatest series of miracles ever experienced in history, is a time to reach above nature to the miraculous. But how are miracles achieved? Let's take our cue from the matzah. Flat and unflavored, it embodies humility. Through ridding ourselves of inflated egos, we are able to tap into the miraculous well of divine energy we all have within our souls.

(excerpted from Chabad.org)

Send a Sisterhood Tribute to your friends and loved ones for birthday greetings, holiday celebrations, or milestone events, and help support NHBZ Sisterhood at the same time!



Call Laura at 314-991-2100, ext. 3,
or stop by the NHBZ office to
purchase a pack of Sisterhood
Tribute Cards at the special price of
5 cards for \$10

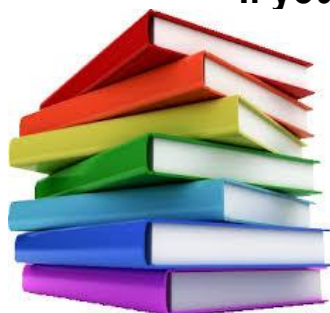
Sisterhood is forming a NEW Book Club!

If you are interested in attending an
organizational meeting

contact Fran Alper
at 314-993-4024

fran.alper@outlook.com

Join us and
bring your ideas!



Chametz Vs. Matzah

No Chametz

To commemorate the unleavened bread that the Israelites ate when they left Egypt, we don't eat—or even retain in our possession—any chametz from midday of the day before Passover until the conclusion of the holiday. Chametz means leavened grain—any food or drink that contains even a trace of wheat, barley, rye, oats, spelt or their derivatives, and which wasn't guarded from leavening or fermentation. This includes bread, cake, cookies, cereal, pasta, and most alcoholic beverages. Moreover, almost any processed food or drink can be assumed to be chametz unless certified otherwise.

Ridding our homes of chametz is an intensive process. It involves a full-out spring-cleaning search-and-destroy mission during the weeks before Passover and culminates with a ceremonial search for chametz on the night before Passover, and then a burning of the chametz ceremony on the morning before the holiday. Chametz that cannot be disposed of can be sold to a non-Jew (and bought back after the holiday).

Matzah

Instead of chametz, we eat matzah—flat unleavened bread. It is a mitzvah to partake of matzah on the two Seder nights, and during the rest of the holiday it is optional.

It is ideal to use handmade shmurah matzah, which has been zealously guarded against moisture from the moment of the harvest.

Next Board Meeting:
Sunday, April 22, 10:30 am



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are led by Rabbi Ze'ev Smason and held every Shabbat at 10:15 am in the NHBZ chapel on the lower level, unless otherwise noted.

March 31: Raising Children & Passover

April 7: What Does Freedom Mean to You? (9:30 am)

April 14: Five Things Smart People Never Say

April 21: Are There Rules for Being Human?

April 28: How to Love Your Difficult Neighbor ..or Relative

May 5: (Rabbi Smason will be in Israel. Rabbi Yosef David of Aish HaTorah will be presenting a Learners' Service at 10:15 am.)

May 12: Jewish Mothers: Are the Stereotypes True?

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Junior Congregation

*NHBZ membership not required
Children of all levels of observance welcome*

All Children ages 7 to 11

10:00 am – 12:00 pm

Every Shabbat

- ***Learn the key Shabbat prayers and tunes***
- ***Review the weekly Torah portion***
- ***Discuss cool facts about Israel***
- ***Absorb Israeli culture and spoken Hebrew***
- ***Hang out with old friends and make new ones***
- ***Enjoy delicious snacks***

Led by **Richard Woolf**

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under
10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

Every Shabbat

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Themed Kiddush

A new opportunity for you to sponsor a “Themed Kiddush”

Here is how it works. One or two families or individuals will sponsor a Kiddush with their own theme, or one of the following suggested themes:

Chocolate



Cardinals



Ice Cream



Israeli



**Your sponsorship will include
themed decorations and delicious themed foods
at a reasonable cost!**

The goal is to have a creative Kiddush experience
and to give sponsoring families the opportunity
to invite their friends to visit our
shul to attend your Kiddush.

For all the details call or email Jeff at 314-991-2100 ext. 2 or jeff@nhbz.org



Presented by the NHBZ Israel Committee

Innovation Nation

Did You Know . . .

- Israel is consistently ranked as one of the top locations for entrepreneurs and venture capitalists?
- Israel is known as the "Start-up Nation," despite its size and young economy?



To Find Out Why . . .

Join ***Guy Weitzman, CEO of Atomation***, who will discuss why Israel has earned this nickname and why St Louis is the perfect location for the global expansion of Israeli companies.

Wednesday, April 18 at 7:30 pm

ATOMATION

NHBZ ~ 650 North Price Road

RSVP by Sunday, April 15

314-991-2100 ext. 2 or jeff@nhbz.org