

NHBZ Shabbos & Yom Tov Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 31, 2018 ~ 15 Nissan ~ Candle Lighting 7:04 pm ~

Thank you to our Sponsors:

This bulletin is sponsored by **Bob Kaiser** to thank everyone for their tributes and warm wishes in honor of his 60th birthday. "Your thoughtfulness is much appreciated. Thanks to my NHBZ family for being part of my special celebration!"

The bulletin is also sponsored by **Zev** and **Matan** in honor of Grandma and Grandpa.

Erev Shabbos and Yom Tov, Friday, March 30

Mincha & Ma'ariv ~ 7:00 pm

Shabbos and First Day of Pesach, March 31, 2018

Kiddush sponsored by Jeff & Murray Baker ~ Jesse & Debbie Barash ~ The NHBZ Sisterhood

Shachris & Musaf ~ 9:00 am

Pesukei D'Zimra: Jacob Horn
 Shacharis: Louis Goldman
 Leyning: Kenny Bressler
 Haftorah: Dr. Naftali Kadosh
 Drasha: Rabbi Ze'ev Smason
 Musaf: Rabbi Yaakov Berkowitz

Torah Portion: Exodus 12: 21-51 Siddur page 496 Maftir: Numbers 28: 16-25 Siddur page 497

Haftorah: Joshua 3: 5-7; 5:2-6:1; 6:27 Siddur pages 497-498

 Starting Points: Wisdom For Daily Living led by Rabbi Ze'ev Smason ~10:15 am Topic: "Raising Children & Passover".

- Junior Congregation and Tot Shabbat ~ 10:00 am (TS in the Eli Ragin Children's Room)
- Mincha / Ma'ariv ~ 7:05 pm
- Yom Tov Candle Lighting ~ 8:08 pm (Shabbos Ends)
- Today's Shabbos/Yom Tov Greeters: Mark Ragin & Robin Rickerman

This Week and Beyond

Minyan Times	Shabbos Mar 31	Sun. Apr 1	Mon.* Apr 2	Tues.* Apr 3	Wed.* Apr 4	Thurs.* Apr 5	Fri. Apr 6	Shabbos Apr 7
Shachris	9:00 am	9:00 am	6:45 am	6:45 am	6:45 am	6:45 am	9:00 am	9:00 am
Mincha/Ma'ariv	7:05 pm	7:05 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:30 pm

Pesach 1 Pesach 2

*Chol Hamoed

Pesach 7 Pesach 8

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Nusach Hari B'nai Zion 650 North Price Road, Saint Louis, Missouri 63132 Rabbi Ze'ev Smason Phone 314.991.2100 President Jay Umansky Web: www.nhbz.org

Second Day of Pesach, Sunday April 1, 2018

Kiddush sponsored by Irwin & Rosalind Rosen ~ Scott & Leslie Gitel ~ Marvin & Jackie Gitel ~ The NHBZ Sisterhood

Shachris & Musaf ~ 9:00 am

Pesukei D'Zimra: Jacob Horn
 Shacharis: Louis Goldman
 Haftorah: Lenny Alper
 Musaf: David Rubin

- Leyning: Stuart Klamen

Torah Portion: Leviticus 22:26 - 23:44 Siddur pages 498-500 Maftir: Numbers 28: 16-25 Siddur pages 500-501 Haftorah: 2 Kings 23: 1-9, 21-25 Siddur page 501

Mincha/Ma'ariv ~ 7:05 pm Yom Tov Concludes ~ 8:09 pm

- Wednesday, April 4 ~ 3:00 -7:00 pm ~ Chol HaMoed Picnic at Irv Zeid Park sponsored by NHBZ, U City Shul, and Chabad. Food for sale and games for the entire family.
- Friday, April 6 ~ 9:00 am ~ Pesach Day 7
- Shabbos, April 7 ~ 9:00 am ~ Shabbat, Pesach, and Yizkor Services
- Wednesday, April 18 ~ 7:30 9:00 pm ~The Israel Committee presents "Innovation Nation" an evening with Guy Weitzman, CEO of Atomation, who will discuss why Israel has earned this nickname and why St Louis is the perfect location for the global expansion of Israeli companies.

Birthdays: Keith Zeff, Andrew Feit, Eliana Brook, Morris Scheer, Loren Abrams, & Margo Tzadok

Anniversaries: Jason and Nancy Rush

Pesach is Here

Tzdekah for Pesach - Vaad Hoeir Maos Chittim Campaign ~ The campaign assists people in Israel and St. Louis to properly observe and celebrate Pesach. Please make your checks payable to Vaad Hoeir Maos Chittim, and write "NHBZ" on the memo line; send checks to the Vaad Hoeir, 4 Millstone Campus Dr, St. Louis, MO 63146

There are two books by Rabbi Max Weiman that may be of interest to you as we head towards Pesach. The books are <u>"A Simple Guide to Happiness"</u> and "<u>48 Things 49 Days - Tapping into the Power Within".</u> Rabbi Weiman teaches "Mystical Moments" at NHBZ on Sunday's between Mincha & Ma'ariv. Both books together are \$36.00 and are available in our office.

Note: Rabbi David's Learners' Class will **not meet** on the first and eighth day of Pesach - March 31 and April 7.

In advance of Pesach and the first Yizkor service of the calendar year, Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plagues by this deadline should enable us to have your plagues mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year.

Please call the office or Howard Loiterstein (314-434-1339) to order your plaques, or for information concerning many other dedication opportunities such as Torah Mantles, Sanctuary Menorahs, and Mezuzah for the Chapel.

<u>Tot Shabbat & Junior Congregation News by Alana</u> Minoff

I hope you are staying dry! Spring has really come in with some nasty wet weather! I know it is supposed to rain this Shabbos but we hope to see you at NHBZ for a fun filled Pesach Shabbat!

This week, we will be having both Junior Congregation and Tot Shabbat! **Kate Friedman** will be back to teach Junior Congregation to our younger crew.

Stay tuned for information on an upcoming Havdallah and smores program in April after Pesach!

Adult Learning at NHBZ

Wednesday at 12:15 pm ~ Lunch & Learn with Rabbi Smason.

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

April 7: What Does Freedom Mean to You? (9:30 am)

April 14: Five Things Smart People Never Say

April 21: Are There Rules for Being Human?

April 28: How to Love Your Difficult Neighbor ..or Relative



2018 Passover Newsletter 5778

NHBZ Pesach Schedule 2018

* All Pesach Kiddushim are co-sponsored by the NHBZ Sisterhood

Thursday, March 29	Monday – Thursday, April 2–5 Chol Hamoed
Shacharis7:00 am	Monday - Thursday, April 2-3 Chor Hambed
Bedikas Chometz (Search) After 7:00 pm	Shacharis6:45 am Mincha/Maariv7:00 pm
Friday, March 30, Erev Pesach	
	Thursday, April 5, Chol Hamoed -Erev Yom Tov
Shacharis7:00 am	
Siyum for First Born Following Shacharis	Make Eruv Tavshilin
Mechiras Chometz (Selling)by 7:45 am	Mincha/Maariv7:00 pm
Finish Eating Chometz10:36 am	Candle Lighting Erev Yom Tov7:10 pm
Biyur Chometz (Burning)by 11:50 am	
Bitul Chometz (Annulling)by 11:50 am	Friday, April 6, 7th Day of Pesach
Mincha/Maariv7:00 pm	
Candle Lighting Yom Tov7:04 pm	Shacharis9:00 am
First Sederafter 8:07 pm	Sermon by Rabbi Ze'ev Smason
	Kiddush sponsored by *
Shabbos, March 31, 1st Day of Pesach	Ron & Ina Makovsky and Dr Milton Tofle
Chasharia 0.00 are	Mincha/Maariv7:00 pm
Shacharis9:00 am	Candle Lighting for Shabbos & Yom Tov7:11 pm
Sermon by Rabbi Ze'ev Smason Kiddush sponsored by *	Shabbas April 7 9th Day of Bassah (Vizkar)
Jeff & Murray Baker and	Shabbos, April 7, 8th Day of Pesach (Yizkor)
Jesse & Debbie Barash	Shacharis9:00 am
Mincha/Maariv7:05 pm	Sermon by Rabbi Ze'ev Smason
Candle Lighting & Second Seder After 8:08 pm	Yizkor 10:30 am
Candic Eighting & Occord Ocaci Arter 6.00 pm	Kiddush sponsored by *
Sunday, April 1, 2nd Day of Pesach	Sam & Shirley Bluestein and
Sanday, 7 pm 1, 2nd Say of 1 Sodon	Stan & Rhonnie Goldfader
Shacharis9:00 am	Mincha/Seudat Moshiach/Maariv6:30 pm
Kiddush sponsored by *	Pesach Concludes8:15 pm
Irwin & Rosalind Rosen,	
Marvin & Jackie Gitel, and	Important Note: before eating chometz,
Scott & Leslie Gitel	you must wait for at least one hour after Pesach
No sermon	concludes, until 9:15 pm, so that the rabbis have
Mincha7:05 pm	time to buy back your chometz & until pesach
Yom Tov Concludes8:09 pm	utensils are put away.



NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- Child Care (10:15 am Noon) for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- "Mystical Moments" with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- Mah Jongg (Mondays, 4-6:00 pm)
 Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- Rabbi Smason's Lunch & Learn (12:15-1:00 pm) Studying Pirkei Avos.

BI-MONTHLY at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- Women's Home Study Group (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- Dine-In Pizza Night (Last Sunday) 5:00 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





MINYAN AT NUSACH HARI B'NAI ZION OPEN FOR YOU 7 DAYS A WEEK

We have an obligation to ourselves, our fellow members and to the community to have a minyan. While 10 men will do, more is always better. A thriving minyan is the mainstay of any Shul. We are able to maintain our minyan thanks to our dedicated Minyan Men listed below. If you aren't on the list, join now. Contact Rabbi Smason, Howard Sandler or Alan Zarkowsky. We cannot maintain our minyan without your help.

From Rabbi Smason: "A person should make great effort to daven in a minyan because of the tremendous holiness in davening with a minyan and because when one prays in a minyan, one's tefillos are accepted before Hashem."

Attending our minyan is good for our Shul and even better for you.

Our Minyan Men:

Lenny Alper * Jeff Baker * Jesse Barash * Dr. Craig Berkin * Dr. Eldad Bialecki
Larry Chervitz * Jerry Cohen * Moishe Leib Cohen * Don Eisenberg * Andy Epstein
Denny Feit * Irwin Fredman * Robert Friedman * David Gellman
Larry Goldenberg * Louis Goldman * Larry Gornish* Alan Haber * Bob Kaiser
Dr. Elliot Katz * Stuart Klamen * Bobby Levine * Alex Lyss * Howard Loiterstein
Scott McCary *Mike Minoff * Rabbi Mintz * Jim Pollock * Mark Ragin
Dr. David ReislerIrwin Rosen * David Rubin * Howard Sandler * Eliyahu Scheinberg
Sid Silverman Rabbi Smason * David Stein * Marvin Stein * Rabbi Swidler
Moishe Swidler Menachem Szus * Vic Tendler * Jay Umansky* Boris Yasinev
Leonid Vladimirov Brent Waxman * Bruce Waxman * Scott Waxman
Rabbi WeimanAlan Zarkowsky * Keith Zeff



THE SISTERHOOD SCOOP PESACH EDITION

Volume I Number 6 March 31, 2018

A Passover Message

Passover, celebrating the greatest series of miracles ever experienced in history, is a time to reach above nature to the miraculous. But how are miracles achieved? Let's take our cue from the matzah. Flat and unflavored, it embodies humility. Through ridding ourselves of inflated egos, we are able to tap into the miraculous well of divine energy we all have within our souls.

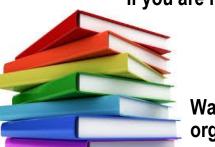
(excerpted from Chabad.org)

Send a Sisterhood Tribute to your friends and loved ones for birthday greetings, holiday celebrations, or milestone events, and help support NHBZ Sisterhood at the same time!



Call Laura at 314-991-2100, ext. 3, or stop by the NHBZ office to purchase a pack of Sisterhood Tribute Cards at the special price of 5 cards for \$10

Sisterhood is forming a NEW Book Club! If you are interested in attending an



organizational meeting contact Fran Alper at 314-993-4024 fran.alper@outlook.com

Watch for announcement of organizational meeting date following Passover.



Chametz Vs. Matzah

No Chametz

To commemorate the unleavened bread that the Israelites ate when they left Egypt, we don't eat—or even retain in our possession—any chametz from midday of the day before Passover until the conclusion of the holiday. Chametz means leavened grain—any food or drink that contains even a trace of wheat, barley, rye, oats, spelt or their derivatives, and which wasn't guarded from leavening or fermentation. This includes bread, cake, cookies, cereal, pasta, and most alcoholic beverages. Moreover, almost any processed food or drink can be assumed to be chametz unless certified otherwise.

Ridding our homes of chametz is an intensive process. It involves a full-out spring-cleaning search-and-destroy mission during the weeks before Passover and culminates with a ceremonial search for chametz on the night before Passover, and then a burning of the chametz ceremony on the morning before the holiday. Chametz that cannot be disposed of can be sold to a non-Jew (and bought back after the holiday).

Matzah

Instead of chametz, we eat matzah—flat unleavened bread. It is a mitzvah to partake of matzah on the two Seder nights, and during the rest of the holiday it is optional.

Remembering Miriam

The Jewish women as slaves in Egypt were led by Miriam, and they **never lost faith** that their prayers would be answered. In the merit of their righteousness we were redeemed.

Happy Passover! (excerpted from Chabad.org)



Starting Points: Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are led by Rabbi Ze'ev Smason and held every Shabbat at 10:15 am in the NHBZ chapel on the lower level, unless otherwise noted.

March 31: Raising Children & Passover

April 7: What Does Freedom Mean to You? (9:30 am)

April 14: Five Things Smart People Never Say

April 21: Are There Rules for Being Human?

April 28: How to Love Your Difficult Neighbor ..or Relative

May 5: (Rabbi Smason will be in Israel. Rabbi Yosef David of Aish HaTorah will

be presenting a Learners' Service at 10:15 am.)

May 12: Jewish Mothers: Are the Stereotypes True?

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2





Themed Kiddush

A new opportunity for you to sponsor a "Themed Kiddush"

Here is how it works. One or two families or individuals will sponsor a Kiddush with their own theme, or one of the following suggested themes:



Your sponsorship will include themed decorations and delicious themed foods at a reasonable cost!

The goal is to have a creative Kiddush experience and to give sponsoring families the opportunity to invite their friends to visit our shul to attend your Kiddush.



Junior Congregation

NHBZ membership not required Children of all levels of observance welcome

All Children ages 7 to 11 10:00 am - 12:00 pm

Every Shabbat

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones
- Enjoy delicious snacks

Led by Richard Woolf

For questions, please email *Alana Minoff* at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone NHBZ membership not required

All Kids ages 6 and under 10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room on these selected dates

Every Shabbat

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Snacks are provided
- Parents and grandparents are invited to stay

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm