



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

April 21, 2018 ~ 6 Iyar 5778

Candle Lighting 7:25 pm ~ Shabbat Ends 8:29 pm

Torah Portion: Tazria - Metzora
Maftir:

Leviticus 12:1 -- 15:33
2 Kings 7:3-20

Chumash page 608-635
Chumash page 1172-73

Thank you to our Sponsors:

This Shabbat bulletin is sponsored by **Ed & Helayne Levitt** in observance of the yahrzeit of Ed's mother Dena Levitt z"l.

~ Welcome Yeshivat Kadimah Students & Faculty to our Shabbaton ~

Erev Shabbos, Friday April 20

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, April 21

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **David Feit Mann**
 - Leyning: **Kadimah Students**
 - Haftarah: **Rabbi Daniel Freund**
 - Drasha: **Rabbi Naftali Rothstein**
 - Musaf: **Nachum Chase**
- Learners' Service led by **Rabbi Yosef David** ~ 9:30 am
- Starting Points: **Wisdom For Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "Are There Rules for Being Human?"
- Junior Congregation & Tot Shabbat ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- Kiddush Luncheon after service
- Mincha / Ma'ariv/ Shalosh Seudos~ 7:15 pm ~ Special guest speaker **Gidon Berman**
(Naale Elite Academy in Israel).
- Today's Shabbos Greeters: **Dr. Craig Berkin & Joni Kaiser**

This Week and Beyond

Minyan Times	Shabbos Apr 21	Sun. Apr 22	Mon. Apr 23	Tues. Apr 24	Wed. Apr 25	Thurs. Apr 26	Fri. Apr 27	Shabbos Apr 28
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:15 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:20 pm

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays: **Fran Reisler & Evan Woolf**

- **Shabbos, April 28 ~ Mitzvah Adventure Shabbat and Luncheon** (see the flyer for details)
- **Sunday, April 29 ~ Pizza Night ~ 5:00 -7:00 pm ~ \$12.00** ~Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage! Also, a movie for the kids! Please place your carry-out orders by 10:00 am on Sunday morning. Email orders preferred to jeff@nhbz.org (*you will receive an email confirmation*) or as a last resort, call 314-991-2100, ext.2.
- **Tuesday, May 1 ~ 2:00 - 4:00 pm** ~ Rabbi Doron Lazarus of the Jewish Learning Experience will be presenting a class on "Mindfulness". This event is sponsored by the NHBZ Sisterhood and the St. Louis Kollel.
- **Sunday , May 6 ~ 9:30 -11:00 am ~ Jewish National Fund Brunch at NHBZ** with speaker **Tremayne Smith** who first became involved with Israel advocacy while serving as student body president at George Washington University. Mr. Smith is currently a Special Assistant on Capitol Hill, and speaks across the country on behalf of JNF and Israel. To RSVP call 314.635.0400 or register online at <https://www.jnf.org/events-landing-pages/st-louis-2018-community-brunch>
- **Tuesday, May 8 ~ 7:30 pm** ~ NHBZ Board meeting
- **Shabbos, May 12 ~Synaplex Shabbat with Scholar-in-Residence Rabbi Yitzchok Feldheim**, (*Aish Hatorah International Lecturer*) and **Daniel Swindell** (*Journalist & Israel Advocate*). See flyer in this bulletin.
- **Tuesday , May 15 ~ 5:30 -7:00 pm ~ Special Women's Shavuos Program with Rebbetzin Chani Smason** (see the flyer for details)
- **Sunday, May 20 – Monday, May 21 ~ Shavuos, night of study, and dinner** (after Shabbos Saturday May 19)

Rabbi Smason will be away Sunday to Wednesday at a Rabbinic Conference. In an emergency he can be reached on his cell phone at 314 749-5271.

Thank you to our Shabbaton luncheon sponsors who helped make this Shabbaton with Kadimah possible: Dr. Daniel & Marcela Morgensztern, Denny & Amy Feit, Alan & Janet Haber, Mark Ragin & Gail Rose, Jay & Peggy Umansky, Ed & Helayne Levitt, Kenny & Barbara Bressler, and Richard & Mindy Woolf.

Tot Shabbat & Junior Congregation News by Alana Minoff

This week, our families can look forward to both Junior Congregation and Tot Shabbat! **The wonderful Bnot Sherut will be leading Junior Congregation this week!**

SAVE THE DATE: Mark your calendar for a wonderful **Yom Yerushalyim** program on **Sunday, May 13th from 2:30-4:30!** We will be partnering with PJ Library and Torah Mitzion St. Louis for an exciting afternoon here at NHBZ!! Cost is \$10/family in advance and \$15/family at the door. Come learn about Yom Yerushalyim through craft projects, a scavenger hunt, army training and of course no event would be complete without delicious food! Programming for 12 and under. Flyer coming soon!



Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason NO Class April 24 or May 2
Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

April 28: How to Love Your Difficult Neighbor or Relative

May 5: (Rabbi Smason will be in Israel. Rabbi Yosef David of Aish HaTorah will be presenting a Learners' Service at 10:15 am.)

May 12: Jewish Mothers: Are the Stereotypes True?

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

Parshas Tazria - Metzora

Parshas Tazria describes in great detail the varying manifestations of the disease called tzara'as. Although it has commonly been mistranslated as leprosy, this skin disease bears little resemblance to any bodily ailment transmitted through normal exposure. Rather, tzara'as is the physical manifestation of a spiritual malaise, a punishment from G-d primarily for the sin of speaking loshon hara. Loshon hara, meaning literally 'the evil tongue', is often translated as 'gossip'. However, loshon hara is the Hebrew term for derogatory speech that is true. Motzei shem rah refers to derogatory speech about others that is false and slanderous.

The metzora (one diagnosed with tzara'as) was to be sent into isolation, tear his garments, and to call out 'contaminated, contaminated!' Since he abused his power of speech, sowing strife and distancing people from one another, it was fitting that he too should suffer the effects of isolation. Parshas Metzora continues the discussion of tzara'as, detailing the purification process of the metzora. Tzara'as could afflict one's clothing and home, and necessitate the burning of one's clothes and demolishing of one's home if the disease spread. The various punishments recorded in the Torah are not intended to serve as revenge for the sin; they are measures that will hopefully restore the person to the correct path.

In the Community

Sunday, April 22 ~ 11:30 am – 4:00 pm ~ Israel at 70 ~ STL community celebration at Shaare Emeth. Family activities, kosher food, and more. Park at Temple Israel, shuttle bus to site.

Sunday April 22 ~ 1-3 pm ~ LAST used clothes collection. Watch for details of the upcoming May 6 Tznius Fashion Swap. Label ladies', girls', men's and boys' clothes separately. Bring to Kadimah HS 1146 N. Warson Rd. 63132 (behind EHA). Stay to arrange your items or pay \$2 per bag to drop & run. For more info, contact: Pnina Nitsun at 314.721.7951

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **“Mystical Moments”** with Rabbi Max Weiman. (Between Mincha & Maariv.)
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

Every Shabbat at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Fulfilling Mitzvos: *Choose Your Own Adventure!*

Shabbat, April 28, 2018

Davening begins at 8:30 am.

Then, at 11:15, choose your own Mitzvah Adventure!

Followed by a Kiddush luncheon!



Reaching New Heights

Enriching Prayer

Rabbi Ze'ev Smason



The Kashrut Connection

Soul, Body, and Food

Rebbetzin Chani Smason



Observe and Remember

Honoring the Sabbath

Rabbi Yosef David

Each session is 25 minutes, allowing everyone to
attend two of the three topics!



THE SISTERHOOD SCOOP APRIL

Volume I

Number 9

April 21, 2018



FASHION SHOW HELP WANTED

Sisterhood needs your help for the 3rd Annual **Dine 'N' Style** Fashion Show and Luncheon to be held on **Sunday, August 19, 2018. Sign-up now** for one of these committees:

- Marketing & Registration
- Decorations / Room Set-up
- Program / Speaker
- Food
- Fashion Show / Models
- Vendors / Raffle items

You'll have a blast!! To volunteer, contact **Debbie Sher** at **314-753-2261**, or email: **daps114@gmail.com**

WEB PAGE DESIGN HELP WANTED

Sisterhood is looking for a volunteer to help with our web page design. If interested, contact **Teree Farbstein** at **314-753-5035** or email: **tfarbstein2@gmail.com**

ST. LOUIS *Senior*
KOLLEL and ...
NHBZ Sisterhood
announce

Rabbi Doron Lazarus
of the Jewish Learning
Experience (JLE) will be
presenting a class on
"MINDFULNESS"
Tuesday, May 1
2:00-4:00pm at NHBZ
Refreshments will be served

Send a Sisterhood Tribute to
your friends and loved ones for
birthday greetings, holiday
celebrations, or milestone
events, and help support NHBZ
Sisterhood at the same time!

Call Laura at
314-991-2100
-ext. 3



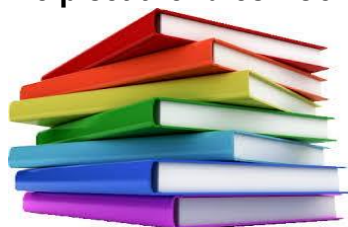
or stop by the NHBZ office to
purchase a pack of Sisterhood
Tribute Cards at the special
price of **5 cards for \$10**

Sisterhood is forming a NEW Book Club!

Help set the rules! Come to the organizational meeting on

Monday, April 30, 7:00pm
at NHBZ - lower level classroom

To RSVP, contact Fran Alper
at 314-993-4024
fran.alper@outlook.com



What our Sisterhood Does

- ☑ matches funds for the children of NHBZ Members eligible for St. Louis 'JFed' Passport to Israel Program.
- ☑ sponsors the NHBZ Sisterhood Meat and Dairy Kitchens, including equipment purchasing and regular cleaning.
- ☑ presents the NHBZ Sisterhood Annual Luncheon and Fashion Show – **Dine 'N' Style** – combining tasty food with stylish fashions and informative learning about Jewish culture and tradition in dress and style!
- ☑ hosts monthly Bingo Luncheons for the community – prizes and fun!
- ☑ sponsors Holiday treats – hamantaschen at Purim, candy apples at Simchas Torah, and complete Pesach Kiddushim.
- ☑ presents a variety of social events, educational programs, and chesed activities to strengthen our shul, support our community and enrich the lives of our members through spiritual growth in Torah values.

Save the Date:

Shavuot Happy Hour – Torah Style!
Tuesday, May 15, 5:30 pm



Happy Hour ~ Torah Style



Please join us for a

Special Women's Shavuos Program

**Tuesday, May 15
5:30 - 7:00 p.m.**

**at Nusach Hari B'nai Zion
650 North Price Road, Olivette**

Rebbetzin Chani Smason will teach and inspire us:

- ❖ Experience the Torah Scroll up close and personal
- ❖ Learn the laws pertaining to women and the Torah
- ❖ Where *were* we at Sinai?
- ❖ And more . . .

5:30-6:00 – Complimentary Wine,
Salad, and Mac & Cheese

6:00-7:00 – Program

RSVP – by May 10 to: jeff@nhbz.org or 314-991-2100

A PROJECT OF THE NHBZ SISTERHOOD AND THE NHBZ EDUCATION COMMITTEE

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org



Scholar-in-Residence AND



With **Rabbi Yitzchok Feldheim**, Aish Hatorah International Lecturer
Sponsored by Bob and Joni Kaiser in memory of Lionel Kaiser, z"l, and
in honor of Eleanor Kaiser, Carolyn Koppel, and Martin & Sylvia Mintzer

Saturday, May 12, 2018

- 8:30 am Traditional Services - in the sanctuary
- 9:15 am Prayer Learners Service – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am Starting Points - in the chapel
Topic: "Jewish Mothers – Are the Stereotypes True?"
led by Rabbi Ze'ev Smason
- 10:00 am Children's Programming downstairs:
Tot Shabbat for ages 1-6, babysitting for younger children

11:15 am **Synaplex Breakout Sessions**

"G-d For Grownups" led by Rabbi Yitzchok Feldheim

"Anti-Zionism on Campus: The University, Free Speech & BDS"

led by Daniel Swindell, Journalist & Israel Advocate

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Additional Shabbos presentations by Rabbi Feldheim

6:30 pm – prior to Mincha - "Daring to Dream: Making the Omer Count"

7:30 pm – Mincha followed by Family Shalosh Seudos -

"The Kingdom of David: The House That Ruth Built"

*NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



Junior Congregation

*NHBZ membership not required
Children of all levels of observance welcome*

All Children ages 7 to 11

10:00 am – 12:00 pm

Every Shabbat

- ***Learn the key Shabbat prayers and tunes***
- ***Review the weekly Torah portion***
- ***Discuss cool facts about Israel***
- ***Absorb Israeli culture and spoken Hebrew***
- ***Hang out with old friends and make new ones***
- ***Enjoy delicious snacks***

Led by **Richard Woolf**

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under

10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

Every Shabbat

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are led by Rabbi Ze'ev Smason and held every Shabbat at 10:15 am in the NHBZ chapel on the lower level, unless otherwise noted.

April 21: Are There Rules for Being Human?

April 28: How to Love Your Difficult Neighbor ..or Relative

May 5: (Rabbi Smason will be in Israel. Rabbi Yosef David of Aish HaTorah will be presenting a Learners' Service at 10:15 am.)

May 12: Jewish Mothers: Are the Stereotypes True?

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

Watch for future Starting Points Topics!



Pizza Night

Sunday, April 29

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholv Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**



**NEXT
PIZZA NIGHT:
SUNDAY
MAY 27**