



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

May 26, 2018 ~ 12 Sivan 5778

Candle Lighting 7:56 pm

Shabbat Ends 9:00 pm

Torah Portion: Naso Numbers 4:21 - 7: 89

Chumash pages 748 - 773

Maftir: Judges 13:2-25

Chumash pages 1181-1182

## Thank you to our Sponsors:

Thank you to our sponsors, **Drs. Jay Pepose & Susan Feigenbaum, David and Laura Goldmeier, Traci Goldstein, Dr. Michael & Charlene Kass, Dr. Stanley & Jean Margul, Mark Rothschild, Richard Senturia, Irl Solomon, and the St. Louis Friends of Israel**, for hosting **Mr. Morton Klein** as our speaker this Shabbos.

The Shabbos bulletin is sponsored by **Mark Ragin & Sally Katz** in observance of the yahrzeit of their father, Eli Ragin z"l.

## Erev Shabbos, Friday, May 25

- Mincha & Ma'ariv ~ 7:00 pm

## Shabbos, May 26

- Shachris & Musaf ~ 9:00 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Louis Goldman**
  - Leyning: **Moshe Leib Cohen**
  - Haftorah: **Alan Haber**
  - Drasha: No Drasha
  - Musaf: **Louis Goldman**
- Learners' Service led by Rabbi Yosef David ~ 9:30 am
- Starting Points: "Wisdom for Daily Living" led by Rabbi Ze'ev Smason ~10:15 am  
Topic: "How Good is Your Decision Making?"
- Junior Congregation & Tot Shabbat ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- Kiddush Luncheon with Morton Klein, President of the Zionist Organization of America, as our guest speaker
- 7:40 pm ~ Mincha/ Ma'ariv/ Shalosh Seudos

Today's Shabbat Greeters: Teree Farbstein and Denny Feit

## This Week and Beyond

	Shabbos May 26	Sun. May 27	Mon.* May 28	Tues. May 29	Wed. May 30	Thurs. May 31	Fri. June 1	Shabbos June 2
<b>Minyan Times</b>								
<b>Shachris</b>	9:00 am	8:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
<b>Mincha/Ma'ariv</b>	7:40 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:45 pm

\*Memorial Day

**Birthdays:** Bruce Waxman, Brent Waxman, Adina Belasen, Myra Radinsky, Dr. Eliot Katz, June Cohen and Debra Barash

**Anniversaries:** Drs. Jay Pepose & Susan Feigenbaum, Dr. Erol & Sally Amon, Bruce & Faith Waxman, and Bob & Joni Kaiser

- **Sunday, May 27 ~ Pizza Night ~ 5:00 – 7:00 pm.** Bring your family and friends to enjoy a delicious dinner of pizza, pasta, salad, and garlic bread, dessert and beverage all for \$12.00. Also, a movie for the kids! Please place your carry-out orders by 10:00 am on Sunday morning. Email orders preferred to [jeff@nhbz.org](mailto:jeff@nhbz.org) (you will receive an email confirmation) or as a last resort, call 314-991-2100, ext.2.
- **Shabbos, June 2 ~ Graduation Shabbat!** Please send in the names of graduates from all grades and schools of your children and your grandchildren. We will have a special page in the bulletin highlighting them and a special dessert. Email names to: [jeff@nhbz.org](mailto:jeff@nhbz.org)
- **Sunday, June 3 ~ 7:30 pm ~ Birkat HaMazon Class~** Have you wanted to improve your ability to say the blessings after meals? Well here's your opportunity! Our own **David Rubin** is leading a class for men and women to learn Birkat HaMazon, the blessings after meals. See flyer for details.
- **Shabbos, June 9 ~ Mitzvah Adventure Shabbat and Israel Themed Kiddush ~ sponsored by Louis & Rebecca Goldman and Jason & Nicole Loiterstein**  
The Mitzvah Adventure topics will be:
  1. Rabbi Smason: "What's Special About Israel"
  2. Menachem Szus: "Zionism and its Relevance in 21st Century"
  3. Stuart Klamen: "Anti-BDS Legislation"
- **Wednesday, June 13 ~ 2:00 pm ~ Balance for Balabustes,** a Senior Kollel Event that will get you moving!

**There will be a monument dedication** for Yelizaveta Yasineva z"l, mother and mother-law of **Boris and Alla Yasinev** on Sunday, May 27 at 11:00am at Chevra Kadisha Cemetery on 1601 North and South Road.

**Discover the Shabbos Morning Service with Rabbi David!** Have you ever gotten lost while trying to follow along in the Siddur? Does everyone else seem to know what they're doing while you're looking for the page? Guess what... you're not alone! In three special classes in June, Rabbi Yosef David will help you learn the "how's" and "why's" of the Shabbat morning service.

- June 9: P'sukei D'zimra
- June 16: Shacharis
- June 30: Musaf

## **Parshas: Naso**

Among the topics appearing in Naso is the mitzvah of the 'Sotah'. When compelling circumstantial evidence suggests an act of marital infidelity may have taken place, the Torah provides a means to clarify the hoped-for innocence of the suspect parties. Contained in this mitzvah is dissolving G-d's name that was written on a parchment. We learn from this the supreme importance of shalom bayis -- peace in the home. If G-d allows His Holy Name to be erased for the sake of peace between husband and wife, certainly each of us should seek shalom bayis with our spouses and other family members. What can each of us do to increase shalom bayis with those whom we love?

Parshas Naso also describes the nazir -- an individual who takes a vow to refrain from drinking wine, cutting his hair, and other restrictions. Remember the story of Samson? Samson -- who was a nazir -- was the great Jewish judge and hero who 'brought down the house.'

*Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. Please call the office to order your plaques – 314- 991-2100 ext 2*

## **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

## **In the Community**

**Monday, May 28 from 2 - 6 pm ~ Aish Memorial Day BBQ**

2 pm - Baseball game, 4 pm – Dinner. Enjoy a covered pavilion, playground, walking trail and splash pad (kids, bring change of clothes and a towel) Cost: Free to participate - there is a cost for food

Location: Millennium Park in Creve Coeur, 902 Mason Rd., 63141 (behind Barnes West Hospital) For more info, please call [314-862-2474](tel:314-862-2474) or email [cwolff@aish.com](mailto:cwolff@aish.com)



**Attend the daily Minyan**



# *Special Shabbos Guest Speaker*

## **Morton Klein** **National President, Zionist Organization of America**



**Mr. Klein's topic will be:**

**“The Orwellian Lies About  
Jerusalem, Settlements and Occupation”  
Shabbat, May 26 ~ Services begin at 9:00 a.m.  
Please join us for Kiddush Lunch!**

**SPONSORED BY NHBZ AND THE ST. LOUIS FRIENDS OF ISRAEL**

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**For more information call the NHBZ office at 991-2100 ext 2**





# THE SISTERHOOD SCOOP MAY

Volume I

Number 14

May 26, 2018

## ~ SAVE THE DATE ~

NHBZ Sisterhood presents the 3<sup>rd</sup> Annual

## Dine 'n' Style

Luncheon & Fashion Show

Sunday

August 19

11:30 a.m.



## FALLING FOR FASHION

Featuring

Fall/Winter 2018 Fashions  
from Ori's Boutique,  
Luncheon, and,  
of course, Shopping!

For more information  
call Debbie Sher  
at 314-753-2261



## Sisterhood's NEW Book Club is Up and Running!

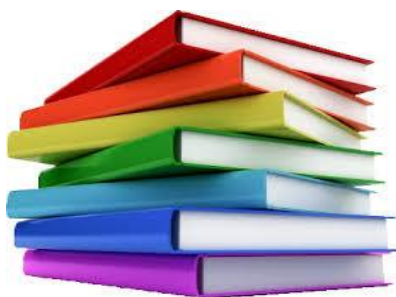
The first selection is: *Bread Givers* by Jewish-American author Anzia Yezierska; the story of a young girl growing up in an immigrant Jewish household in the early 20th-century in the Lower East Side.

The first Book Club discussion will be led by Amy Feit, and will be held

**Monday, June 25, 7:15-8:45pm**

at the office of Peggy Umansky  
12460 Olive Blvd. in Creve Coeur

For more information, directions,  
or to join the Book Club, contact  
Fran Alper at 314-993-4024  
fran.alper@outlook.com  
or Peggy at 314-306-4357  
peggyumansky@gmail.com



Next book is *Eternal Life* by Dara Horn, Book Club will meet August 27.

## THE IMPORTANCE OF THE DAILY MINYAN

### ~ WHAT WOMEN CAN DO ~

Ladies, remember an essential part of our Sisterhood Mission is to support our shul and our community. A foundation of our shul and our community is **prayer** – and our **daily minyan** is the optimal vehicle for prayer for our community.

To help strengthen and support our minyan, please encourage your husbands and sons to **commit to regularly attending** one, two, three or more minyanim each week. Your encouragement just may make the difference to help inspire the guys to fulfill this vital mitzvah. And, of course, it would be even better if you attend too!



NHBZ women learning laws and customs pertaining to the Torah scroll at the Sisterhood Shavuot Program on May 15.

## G-D'S PROMISE OF THE LAND

I assign the land you sojourn in to you and your offspring to come, the entire land of Canaan, as an everlasting possession; and I shall be a G-d to them.

– G-d's promise to Abraham, Genesis 17:8



# ***Pizza Night***

***Sunday, May 27***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while  
supplies last**

**All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10:00 am Sunday: email orders preferred to  
[jeff@nhbz.org](mailto:jeff@nhbz.org) or as a last resort call 314-991-2100, ext. 2**

**Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)**

**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**



**NEXT  
PIZZA NIGHT:  
SUNDAY  
JUNE 24**



# Children's Programming

## 10:00 am – Noon, Every Shabbat

### ***Junior Congregation*** for ages 7 to 11 in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

### ***Tot Shabbat*** for ages 6 and under in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

### ***Babysitting*** is also available

*All children welcome – no RSVP, no cost, no worries!*  
*All programs are on the NHBZ lower level,*  
*and include delicious snacks!*

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)

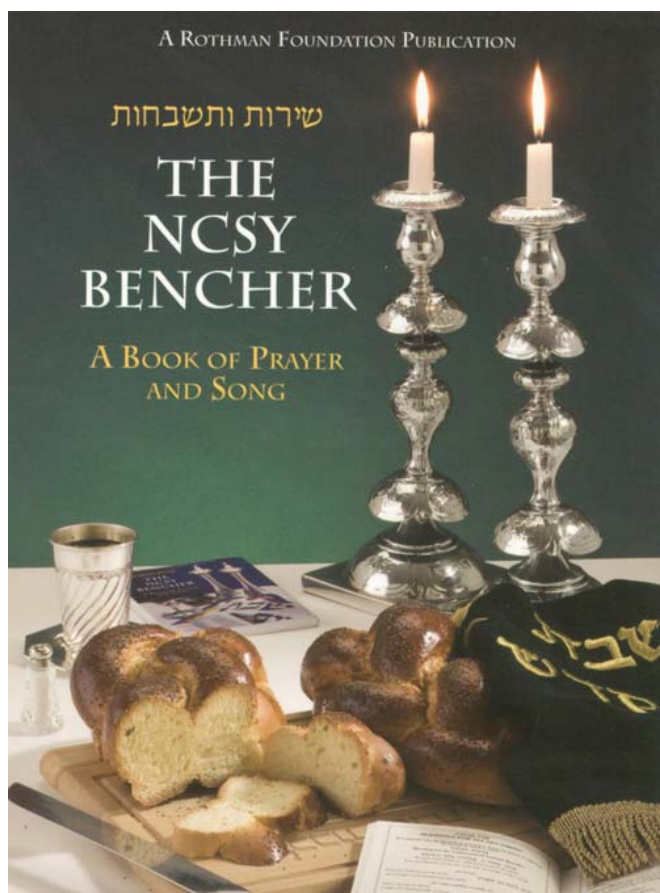


## Here's your opportunity to learn... ***Birkat Hamazon!***

*Part of the Mitzvah Adventure series.*

Have you wanted to improve your ability to say the blessings after meals? Well here's your opportunity! Our own David Rubin is leading ***a class for men and women to learn Birkat Hamzon***, the blessings after meals!

**Sunday, June 3 at 7:45 pm**  
***Lower Level at NHBZ***



What page are we on anyway?

Which blessings do I say when?

What are the melodies?

What am I supposed to do while everyone is mumbling to themselves?

**“You will eat and you will be satisfied, and bless Hashem, your G-d, for the good land that He gave you.” *Devarim 8:10***





# ***Mitzvah Adventure Shabbat & Israel-Themed Kiddush***

## **Shabbat, June 9, 2018**

**8:30 am**   Davening begins  
**11:15 am**   Choose 2 of 3 Mitzvah Adventures  
**12:15 pm**   Kiddush Lunch

**Sponsored by  
Louis & Rebecca Goldman  
and Jason & Nicole Loiterstein**



**What is  
Special About  
Israel?**

**Rabbi Ze'ev Smason**



**Zionism & its  
Relevance in  
21st Century**

**Menachem Szus**



**Anti-BDS  
Legislation**

**Stuart Klamen**

***Each session is 25 minutes long, so  
you can attend 2 of the 3 topics!***

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***For more information, call (314) 991-2100 extension 2***



# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for May and June, 2018**

May 26: How Good is Your Decision Making?

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

***Watch for future Starting Points Topics!***

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**

## NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn (12:15-1:00 pm)** Studying Pirkei Avos.

### Every Shabbat at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

**Synaplex Shabbos- Services begin at 8:30am**

