



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

May 5, 2018 ~ 20 Iyar 5778

Candle Lighting 7:37 pm

Shabbat Ends 8:41 pm

Torah Portion: Emor

Leviticus 21:1 - 24:23

Chumash pages 672-695

Maftir:

Ezekiel 44: 15-31

Chumash pages 1176-78

Thank you to our Sponsors:

Thank you to **Denny & Amy Feit** for sponsoring this week's Shabbat bulletin on the occasion of **Denny's** birthday!

Erev Shabbos, Friday, May 4

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, May 5

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Louis Goldman**
 - Leyning: **Moshe Leib Cohen**
 - Haftarah: **Lenny Alper**
 - Drasha: **Rabbi Yosef David**
 - Musaf: **Louis Goldman**
- **Learners' Service** led by **Rabbi Yosef David** ~ 10:15 am (*Time change due to Rabbi Smason being in Israel, no Starting Points today resumes, next Shabbos*).
- **Junior Congregation & Tot Shabbat** ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- **Mincha / Ma'ariv/ Shalosh Seudos** ~ 7:25 pm

Today's Shabbos Greeters: **Dr. Craig Berkin and Kenny Bressler**

This Week and Beyond

Minyan Times	Shabbos May 5	Sun. May 6	Mon. May 7	Tues. May 8	Wed. May 9	Thurs. May 10	Fri. May 11	Shabbos May 12
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am*
Mincha/Ma'ariv	7:25 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:30 pm

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

*SYNAPLEX

Birthdays: Boruch Smason, Daniel Chayet, Aida Greenberg, Dennis Feit, James Pollock, Linda Szus, Lou Edelstein, Nathan Avi Scheer, Dr. Milton Sallis

Anniversaries: Victor & Anna Rose Tendler and Dr. Eliot & Sally Katz

- **Tuesday, May 8 ~ 7:30 pm ~ NHBZ Board meeting**
- **Tuesday, May 8 ~ 2:00 pm ~ Senior Kollel and NHBZ Sisterhood present a "Balance for Balabustes" session with Jill Abrams at NHBZ. Exercise and more.**
- **Shabbos, May 12 ~ 8:30 am ~ Synaplex Shabbat with Scholar-in-Residence Rabbi Yitzchok Feldheim** (*Aish Hatorah International Lecturer*) and **Daniel Swindell** (*Journalist & Israel Advocate*). **Kiddush Luncheon** to follow breakout sessions.

Rabbi Feldheim will also be speaking at 6:30 pm – prior to Mincha - "Daring to Dream: Making the Omer Count" and at 7:30 pm his topic will be "The Kingdom of David: The House That Ruth Built" during Family Shalosh Seudos.

- **Sunday, May 13 ~ 2:30-4:30 pm ~ Yom Yerushalyim Kid's Program**
- **Tuesday, May 15 ~ 5:30 -7:00 pm ~ Special Women's Shavuot Program with Rebbetzin Chani Smason** (see the flyer for details)
- **Sunday, May 20 – Monday, May 21 ~ Shavuot / Dinner / Night of Study / Yizkor Service**
The Shavuot Dinner will be Saturday, May 19 t at 9:30 pm followed by a night of study. The cost is \$12.50 per person and **RSVP's are a must by Tuesday, May 15!** Late reservations will be charged \$15.00.

 **Please consider being a Shavuot Dinner sponsor for \$25. Call or email Jeff@nhbz.org or 991-2100 ext 2. See the full Shavuot schedule in this bulletin for all service times.**

- **Shabbos, May 26 ~ 9:00 am ~ Special guest speaker Morton Klein and Kiddush luncheon.**

Tot Shabbat & Junior Congregation News by Alana Minoff

The sun is shining and the weather is finally warming up! It is perfect weather to come to NHBZ. **This week, we will be having Junior Congregation with Jake Fendelman and Tot Shabbat!**

Mark your calendar for a wonderful **Yom Yerushalyim program on Sunday, May 13th from 2:30-4:30!** We will be partnering with PJ Library and Torah Mitzion St. Louis for an exciting afternoon here at NHBZ!! Cost is \$10/family in advance and \$15/family at the door. Come learn about Yom Yerushalyim through craft projects, a scavenger hunt, army training and of course no event would be complete without delicious food! Programming for 12 and under. RSVP to jeff@nhbz.org

We hope you enjoyed the Mitzvah Adventure this past Shabbos. We will be doing another Mitzvah Adventure that is Israel/Zionism oriented on June 9th. Stay tuned for details!!

Will you be around this summer and interested in NHBZ kids programming? Send me an email and let me know what you hope to see from our summer programming

Parshas Emor

Following the command in last week's portion to be sanctified and holy, Parshas Emor begins by discussing various laws directed specifically to the Kohanim and the Kohen Gadol (High Priest). Included is the command for the Kohen to refrain from becoming ritually impure through contact with a dead body (except for close relatives) and increased restrictions on whom they may marry. G-d requires those with greater spiritual responsibilities to maintain a higher standard of spiritual purity. Parshas Emor contains two of the most significant mitzvos in the entire Torah; to always be mindful of not desecrating G-d's name, and on the contrary, to sanctify Him at all costs.

The Torah goes on to discuss the festivals of the year -- Pesach, Shavuos, Rosh Hashana, Yom Kippur, Succos and Shemini Atzeres. The festivals, including Shabbos, are referred to as moadim, appointed times; they are special days when Jews 'meet', as it were, with G-d.

The festivals interrupt our ordinary weekday activities and inspire us to rededicate ourselves to those ideals that life is really about. Later, two mitzvos in the Mishkan are stated: The daily lighting of the menorah and the display of the lechem hapanim (showbread). The portion concludes with the horrible incident of a man who cursed G-d's name.

CASH CARD Orders are now being taken through May 15. Use the card for all your shopping needs. The order form is attached to this week's bulletin. **You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?**

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

May 5: No starting Points - Rabbi Smason will be in Israel.

Rabbi Yosef David of Aish HaTorah will be presenting a Learners' Service at 10:15 am.

May 12: Jewish Mothers: Are the Stereotypes True? (At 10:00 am due to Synaplex)

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

In the Community

Sunday, May 6 ~ 9:30 am - 3:00 pm ~ Calling all shoppers to the annual Tznius Fashion Swap at Kadimah HS, 1146 N. Warson Rd. | 63132 (behind Epstein Hebrew Academy) \$5 suggested entry fee for all you can take. Scholarships available. Nobody will be turned away. For more info please call Pnina Nitsun at 721-7951

Sunday, May 6 ~ 10:30 am ~ Women of the community are invited to join in a Bridal Shower for Rachel David, 8278 Tulane Avenue. (She is registered at Bed Bath & Beyond.) Hosted by *Suri Botuck, Marcie Brook, Batsheva Florans, Lori Gavril, Shana Gordon, Pirchie Greenspon, Phyllis Loiterstein, Chaviva Muser, Peggy Umansky, and Esti Zuravin.*

Thursday, May 10 ~ 7:30 – 9:00 pm **The Mark Raiffie Memorial Lecture** featuring Rabbi Yitzchok Feldheim "Not Your Childhood Mt. Sinai: What really happened, a sophisticated look at God and revelation". Dessert reception to follow lecture. Location: Aish Firehouse, 457 N. Woods Mill Rd., Chesterfield, MO 63017 For more info, call 314-862-2474 or email carengoldstein61@gmail.com

Wednesday, May 23 ~ 7:00 pm ~ Everyone is invited to the Kadimah High School Graduation held at Young Israel.

NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha) led by Menachem Szus

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

Every Shabbat at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





THE SISTERHOOD SCOOP MAY

Volume I

Number 11

May 5, 2018

~ SAVE THE DATE ~

NHBZ Sisterhood presents the 3rd Annual

Dine 'n' Style

Luncheon & Fashion Show

Sunday

August 19

11:30 a.m.



FALLING FOR FASHION

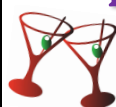
featuring

**Fall/Winter 2018 Fashions
from Orli's Boutique,
Luncheon, and,
of course, Shopping!**



For more information
call Debbie Sher
at 314-753-2261

Happy Hour ~ Torah Style



Please join us for a

Special Women's Shavuot Program

Tuesday, May 15

5:30 - 7:00 p.m.

Rebbetzin Chani Smason will teach and inspire us:

- Experience the Torah Scroll up close and personal
- Learn the laws pertaining to women and the Torah
- Where were we at Sinai?
- And more . . .



Complimentary wine, salad, and lite dairy meal

RSVP by May 10 to: jeff@nhbz.org
or call 314-991-2100

**A PROJECT OF THE NHBZ SISTERHOOD
AND THE NHBZ EDUCATION COMMITTEE**

Sisterhood's NEW Book Club is Up and Running!

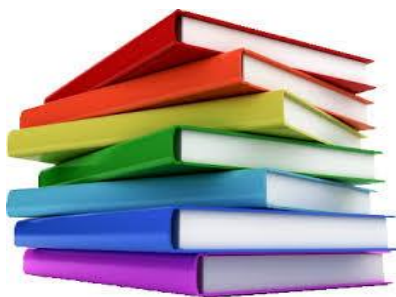
The first selection is *The Bread Givers* by Jewish-American author Anzia Yezierska; the story of a young girl growing up in an immigrant Jewish household in the early 20th-century in the Lower East Side.

NHBZ Sisterhood Members are welcome to join the discussion on

Monday, June 25, 7:15-8:45pm

at the office of Peggy Umansky
12460 Olive Blvd. in Creve Coeur

For more information, directions,
or to join the Book Club, contact
Fran Alper at 314-993-4024
fran.alper@outlook.com
or Peggy at 314-306-4357
peggyumansky@gmail.com



ST. LOUIS *Senior*

KOLLEL and ...

NHBZ Sisterhood

present

BALANCE FOR BALABUSTES

Strength Training ~ Bone Health

~ Flexibility for Females ~

with Dr. Jill Abrams

TUESDAY, MAY 8

2:00-4:00pm at NHBZ

Refreshments will be served

**BACK BY
POPULAR
DEMAND!**



Scholar-in-Residence AND



With **Rabbi Yitzchok Feldheim**, Aish Hatorah International Lecturer
Sponsored by Bob and Joni Kaiser in memory of Lionel Kaiser, z"l, and
in honor of Eleanor Kaiser, Carolyn Koppel, and Martin & Sylvia Mintzer

Saturday, May 12, 2018

- 8:30 am Traditional Services - in the sanctuary
- 9:15 am Prayer Learners Service – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am Starting Points - in the chapel
Topic: "Jewish Mothers – Are the Stereotypes True?"
led by Rabbi Ze'ev Smason
- 10:00 am Children's Programming downstairs:
Tot Shabbat for ages 1-6, babysitting for younger children

11:15 am **Synaplex Breakout Sessions**

"G-d For Grownups" led by Rabbi Yitzchok Feldheim

"Anti-Zionism on Campus: The University, Free Speech & BDS"

led by Daniel Swindell, Journalist & Israel Advocate

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Additional Shabbos presentations by Rabbi Feldheim

6:30 pm – prior to Mincha - "Daring to Dream: Making the Omer Count"

7:30 pm – Mincha followed by Family Shalosh Seudos -

"The Kingdom of David: The House That Ruth Built"

*NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



Balance for Balabustes



Senior Kollel and Eishes Chayil Women's Division
in Cooperation with Nusach Hari B'nai Zion Sisterhood
present

"Balance for Balabustes"

Strength Training ~ Bone Health
~ Flexibility for Females ~

with

Dr. Jill Abrams

Chiropractic Physician • Personal Fitness Trainer • Massage Therapist

Tuesday, May 8th 2PM at Nusach Hari

For more info, email office@stlkollel.com



SHAVUOS

Saturday, May 19 – Monday, May 21

Saturday Night, May 19

7:35 pm Mincha (Seuda Shlishis at home)

8:45 pm Ma'ariv

8:54 pm Candle lighting in shul or at home

9:30 pm Dinner \$12.50 per person

RSVP is a must by Tuesday, May 15

Consider being a sponsor for \$25

10:15 pm Early Learning –

- *“Four Disasters of the 20th Century: Their Implications in Jewish Law” - Rabbi Ze’ev Smason*
- *“Musical Instruments of the Bible”- Dr. Eliot Katz*
- *“Anti-BDS Legislation: A Short History” - Stuart Klamen*

11:30 pm All Night Learning with Rabbi Mintz

Sunday, May 20

5:15 am Early morning minyan Shachris & Musaf

9:00 am Regular services Shachris & Musaf

7:50 pm Mincha and Ma'ariv

8:55 pm Candle lighting 2nd night of Yom Tov

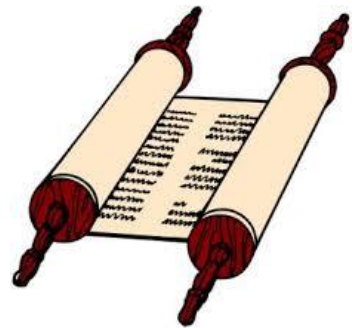
Monday, May 21

9:00 am Shachris & Musaf

10:30 am Yizkor

7:50 pm Mincha and Ma'ariv

8:56 pm Havdalah – Yom Tov concludes



RSVP for Dinner or to be a Sponsor
email: jeff@nhbz.org or phone: 991-2100 ext 2

51 Years

**Reunification
of Jerusalem
May 13, 2018
Sunday**

Celebration of Yom Yerushalayim 2:30-4:30 pm

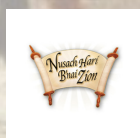
- ☆ Food
- ☆ Arts @ crafts
(for kids of all ages)
- ☆ Face painting
- ☆ Scavenger hunt
for ages 10 & up

Community event!

**Cost: early bird- \$10/per family
at the door- \$15/ per family**

**@ Nusach Hari Bnai Zion
650 N Price Rd**

**Please RSVP by May 7th
to: jeff@nhbz.org**





Special Shabbos Guest Speaker

Morton Klein **National President, Zionist Organization of America**



Mr. Klein's topic will be:

**“The Orwellian Lies About
Jerusalem, Settlements and Occupation”
Shabbat, May 26 ~ Services begin at 9:00 a.m.
Please join us for Kiddush Lunch!**

SPONSORED BY NHBZ AND THE ST. LOUIS FRIENDS OF ISRAEL

For more information call the NHBZ office at 991-2100 ext 2




Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for May and June, 2018

- May 5: Rabbi Smason will be in Israel.
Rabbi David will present a Learner's Service at 10:15 a.m.
- May 12: Jewish Mothers: Are the Stereotypes True? –
Session is at 10:00 as part of 
- May 19: Five Great Ways to Ruin Your Life
- May 26: How Good is Your Decision Making?
- June 2: Haters and Critics: How to Deal With People Judging You
- June 9: What Makes For Great Conversations?
- June 16: How Fathers Change Lives: Stories of Remarkable Dads
- June 23: Making Decisions: Is Life More Like Chess or Poker?
- June 30: Is Life Really Supposed to Be This Hard?

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Junior Congregation

*NHBZ membership not required
Children of all levels of observance welcome*

All Children ages 7 to 11

10:00 am – 12:00 pm

Every Shabbat

- ***Learn the key Shabbat prayers and tunes***
- ***Review the weekly Torah portion***
- ***Discuss cool facts about Israel***
- ***Absorb Israeli culture and spoken Hebrew***
- ***Hang out with old friends and make new ones***
- ***Enjoy delicious snacks***

Led by **Richard Woolf**

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Tot Shabbat

A program of the NHBZ Kid Zone
NHBZ membership not required

All Kids ages 6 and under
10:00 am – 11:30 am

NHBZ lower level in the Eli Ragin Kids' Play Room
on these selected dates

Every Shabbat

- *Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more*
- *Snacks are provided*
- *Parents and grandparents are invited to stay*

No RSVP necessary, no cost, no worries!

Babysitting is also available from 10:00 am to 12:00 pm

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2



Themed Kiddush

A new opportunity for you to sponsor a “Themed Kiddush”

Here is how it works. One or two families or individuals will sponsor a Kiddush with their own theme, or one of the following suggested themes:

Chocolate



Cardinals



Ice Cream



Israeli



**Your sponsorship will include
themed decorations and delicious themed foods
at a reasonable cost!**

The goal is to have a creative Kiddush experience
and to give sponsoring families the opportunity
to invite their friends to visit our
shul to attend your Kiddush.

For all the details call or email Jeff at 314-991-2100 ext. 2 or jeff@nhbz.org

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!