



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

May 12, 2018 ~ 27 Iyar 5778

Candle Lighting 7:44 pm

Shabbat Ends 8:48 pm

Torah Portion: Behar /Bechukosai Leviticus 25:1 -- 27:34

Chumash pages 696-723

Maftir:

Jeremiah 16:19 - 17:14

Chumash pages 1179

Thank you to our Sponsors:

Thank you to **Don & Julie Eisenberg** for sponsoring the bulletin in gratitude for the tributes received on the engagement of their daughter **Danielle** to **Leib Smason** and on the occasion of **Don's** birthday.

SYNAPLEX SHABBAT

Erev Shabbos, Friday, May 11

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, May 12

- Shachris & Musaf ~ 8:30 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Max Gornish**
 - Haftarah: **Stuart Klamen**
 - Drasha: **No Drasha today**
 - Musaf: **Max Gornish**
- Learners' Service led by Rabbi Yosef David ~ 9:15 am
- Starting Points: "Wisdom for Daily Living" led by Rabbi Ze'ev Smason ~10:00 am
Topic: "Jewish Mothers: Are the Stereotypes True?"
- Junior Congregation & Tot Shabbat ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- Synaplex Breakout Sessions approx ~ 11:15 am
 1. "G-d for Grownups" with Scholar-in-Residence, Rabbi Yitzchok Feldheim (Aish Hatorah International Lecturer)
 2. "Anti-Zionism on Campus: The University, Free Speech & BDS" with Daniel Swindell (Journalist & Israel Advocate)
- Kiddush Luncheon following presentations
- Mincha / Ma'ariv/ Family Shalosh Seudos ~ 6:30 - 7:30 pm ~ As Scholar in Residence Rabbi Feldheim will also be speaking at 6:30 pm – prior to Mincha - "Daring to Dream: Making the Omer Count" and at 7:30 pm his topic will be "The Kingdom of David: The House That Ruth Built" during Family Shalosh Seudos.

This Week and Beyond

Minyan Times	Shabbos May 12	Sun. ^ May 13	Mon. May 14	Tues.* May 15	Wed. May 16	Thurs. May 17	Fri. May 18	Shabbos May 19
Shachris	8:30 am*	8:00 am	7:00 am	6:45 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:30 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:30 pm

SYNAPLEX ^Yom Yerushalayim *Rosh Chodesh

Today's Shabbat Greeters: Marcie Brook and Larry Chervitz

Birthdays: Don Eisenberg, Hershel Tendler, Dana (Szus) Sutton, and Nava Scheer

Thank you to our Synaplex sponsors Bob and Joni Kaiser. This Synaplex is dedicated in memory of Lionel Kaiser, z"l, and in honor of Eleanor Kaiser, Carolyn Koppel, and Martin & Sylvia Mintzer.

Thank you to our Family Shalosh Seudos sponsors: Dr. Alan and Marcie Brook, Nancy and Jason Rush, Bryson & Jennifer Hartranft, Dr. Daniel & Marcela Morgensztern, and Brian, Dr. Faye, & Scott McCary

- **Sunday, May 13 ~ 2:30- 4:30 pm ~ Yom Yerushalyim Day Kid's Program** (see flyer)
- **Tuesday, May 15 ~ 5:30 -7:00 pm ~ Special Women's Shavuos Program with Rebbetzin Chani Smason** (see the flyer for details)
- **Sunday, May 20 – Monday, May 21 ~ Shavuos / Yizkor Service / Dinner / Night of Study**
The Shavuos Dinner will be Saturday, May 19 at 9:30 pm followed by a night of study. The cost is \$12.50 per person and **RSVPs are a must by Tuesday, May 15!**
Late reservations will be charged \$15.00.

Shavuos services are Sunday and Monday, May 20 & 21 at 9:00 am.

Yizkor services will be on Monday at approx. 10:00 am.

Please consider being a Shavuos Dinner sponsor for \$25. Call or email Jeff@nhbz.org or 991-2100 ext 2. See the full Shavuos schedule in this bulletin for all service times

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- **Shabbos, May 19 ~ The St. Louis Mikvah** will have an appeal presented by **Rabbi Yonason Goldson**. There is no institution more important to a Jewish community than a mikvah. In the spirit of the St. Louis Jewish community's annual Mikvah Appeal, **NHBZ has set for itself a goal of raising \$2500 in our "50 for \$50 Campaign"**: If fifty families contribute \$50 each, our shul will make a significant contribution to the support of Jewish family and spiritual life in our community. **Please contact the office or Rabbi Smason to make your pledge in advance of the May 19 appeal by Rabbi Goldson.**
 - **Shabbos, May 26 ~ 9:00 am ~ Special guest speaker Morton Klein.** Please join us for a Kiddush luncheon.
 - **Sunday, May 27 ~ Pizza Night ~ 5:00 – 7:00 pm.**
 - **Shabbos, June 2 ~ Graduation Shabbat!** Please send in the names of your graduates from all grades and schools. Your children and your grandchildren. We have a special page in the bulletin highlighting them and a special dessert. Email names to: jeff@nhbz.org
 - **Shabbos, June 9 ~ Mitzvah Adventure Shabbat and Israeli Themed Kiddush ~**
The Mitzvah Adventure topics will be:
 1. **Rabbi Smason:** "What's Special About Israel"
 2. **Menachem Szus:** "Zionism and its Relevance in 21st Century"
 3. **Stuart Klamen:** "Anti-BDS Legislation"

Tot Shabbat & Junior Congregation News by Alana Minoff

I can't believe we are gearing up for the end of the school year already! This week at NHBZ is Synaplex (please see NHBZ's facebook page or weekly email for more info). We will have Tot Shabbat and Junior Congregation. Don't miss next weekend when we have our last class with the Bnot Sherut (May 19th)

Don't miss our wonderful **Yom Yerushalyim program THIS Sunday, May 13th from 2:30-4:30!** We will be partnering with PJ Library and Torah Mitzion St. Louis for an exciting afternoon here at NHBZ!!

Cost is \$10/family in advance and \$15/family at the door. Come learn about Yom Yerushalyim through craft projects, a scavenger hunt, army training and of course no event would be complete without delicious food! Programming for 12 and under.

Parshas: Behar /Bechukosai

Behar focuses primarily on mitzvos concerning the land of Israel, beginning with the command to observe a Sabbatical (Shemitta) year. During the Sabbatical year one's fields are to remain uncultivated every seventh year, refraining from the normal cycle of planting and harvesting. Similarly, the land in Israel is to remain unworked in the Jubilee (Yovel) or 50th year, at which time ownership of all land automatically returns to its ancestral heritage. A quote found on the Liberty Bell, "And you should sanctify the fiftieth year, and proclaim liberty throughout the land ..." is taken from the passage describing the Jubilee year. Behar also speaks about the poor and downtrodden. Not only are we commanded to give them tzedaka and do acts of loving kindness for them, but ideally provide them with the means to raise themselves out of their poverty-stricken state.

Bechukosai, the last Torah portion in the book of Leviticus, begins by briefly listing some of the blessings and rewards that the Jewish people will receive for diligently learning and following the Torah. The Portion then shifts to the subject matter which has made it famous -- G-d's admonitions and warnings of the consequences if the Jewish people abandon the Torah. Step by step, the Torah describes the tragedies which will befall the Jewish people if they abandon observance of the Torah, providing an eerie account of what has been part of our history to this day. There is good news, however; teshuva (return or repentance) is possible at any time to avert an otherwise harsh decree. The book of Leviticus concludes with a brief discussion of tithes.

CASH CARD Orders are now being taken through May 15. Use the card for all your shopping needs. The order form is attached to this week's bulletin. **You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?**

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

May 12: Jewish Mothers: Are the Stereotypes True? (At 10:00 am due to Synaplex)

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

In the Community

Wednesday, May 23 ~ 7:00 pm ~ Everyone is invited to the Kadimah High School Graduation held at Young Israel.

Sunday, June 3rd from 9:30 am-12:30 pm ~ Congregation Shaare Emeth ~ You are invited to attend **Shedding Light on Alzheimer's**, a Jewish community education program for caregivers and supporters of families facing Alzheimer's disease, memory loss or dementia. Call 800.272.3900

NHBZ Event Planner

(Check “This Week and Beyond . . .” for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)
Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

Every Shabbat at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am





Scholar-in-Residence AND



With **Rabbi Yitzchok Feldheim**, Aish Hatorah International Lecturer
Sponsored by Bob and Joni Kaiser in memory of Lionel Kaiser, z"l, and
in honor of Eleanor Kaiser, Carolyn Koppel, and Martin & Sylvia Mintzer

Saturday, May 12, 2018

- 8:30 am Traditional Services - in the sanctuary
- 9:15 am Prayer Learners Service – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am Starting Points - in the chapel
Topic: "Jewish Mothers – Are the Stereotypes True?"
led by Rabbi Ze'ev Smason
- 10:00 am Children's Programming downstairs:
Tot Shabbat for ages 1-6, babysitting for younger children

11:15 am **Synaplex Breakout Sessions**

"G-d For Grownups" led by Rabbi Yitzchok Feldheim

"Anti-Zionism on Campus: The University, Free Speech & BDS"

led by Daniel Swindell, Journalist & Israel Advocate

12:15 pm **Kiddush Lunch for All** - in the Social Hall

Additional Shabbos presentations by Rabbi Feldheim

6:30 pm – prior to Mincha - "Daring to Dream: Making the Omer Count"

7:30 pm – Mincha followed by Family Shalosh Seudos -

"The Kingdom of David: The House That Ruth Built"

*NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*

51 Years

**Reunification
of Jerusalem
May 13, 2018
Sunday**

Celebration of Yom Yerushalayim 2:30-4:30 pm

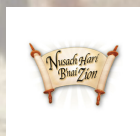
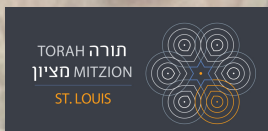
- ☆ Food
- ☆ Arts @ crafts
(for kids of all ages)
- ☆ Face painting
- ☆ Scavenger hunt
for ages 10 & up

Community event!

**Cost: early bird- \$10/per family
at the door- \$15/ per family**

**@ Nusach Hari Bnai Zion
650 N Price Rd**

**Please RSVP by May 7th
to: jeff@nhbz.org**





THE SISTERHOOD SCOOP MAY

Volume I

Number 12

May 12, 2018

~ **SAVE THE DATE** ~

**NHBZ Sisterhood presents the 3rd Annual
Dine 'n' Style
Luncheon & Fashion Show**

**Sunday
August 19
11:30 a.m.**



FALLING FOR FASHION

featuring

**Fall/Winter 2018 Fashions
from Orli's Boutique,
Luncheon, and,
of course, Shopping!**

For more information
call Debbie Sher
at 314-753-2261



Shavuos Insights – Ladies First

When G-d instructed Moses to prepare the people of Israel to receive the Torah at Mount Sinai, He said: "Speak to the house of Jacob, and tell the sons of Israel" (Exodus 19:3). The "house of Jacob," our sages explain, are the women; "the sons of Israel," the men. In other words, speak first with the ladies. Why did G-d give the Torah first to the women? One explanation is that man is an external creator; his role in creation is to banish the earthly darkness and bring down light from the heavens. Woman is a nurturer, relating to what is rather than what must be done, finding G-dliness within the world rather than importing it from without. Both are integral to the Creator's plan: our mission in life is to bring G-d into the world (the male role) and to make the world a home for G-d (the woman's specialty); to vanquish darkness (male), and to uncover the light implicit within the darkness (female). (adapted from Yanki Tauber, Chabad.org)

**Happy Hour
~ Torah Style**

Please join us for a

**Special Women's
Shavuos Program**

**Tuesday, May 15
5:30 - 7:00 p.m.**

Rebbetzin Chani Smason will teach and inspire us:

- Experience the Torah Scroll up close and personal
- Learn the laws pertaining to women and the Torah
- Where were we at Sinai?
- And more . . .



Complimentary wine, salad, and lite dairy meal

RSVP by May 10 to: jeff@nhbz.org
or call 314-991-2100

**A PROJECT OF THE NHBZ SISTERHOOD
AND THE NHBZ EDUCATION COMMITTEE**

Sisterhood's NEW Book Club is Up and Running!

The first selection is: *Bread Givers* by Jewish-American author Anzia Yezierska; the story of a young girl growing up in an immigrant Jewish household in the early 20th-century in the Lower East Side. The first Book Club discussion will be led by Amy Feit, and will be held

Monday, June 25, 7:15-8:45pm

at the office of Peggy Umansky
12460 Olive Blvd. in Creve Coeur

For more information, directions,
or to join the Book Club, contact
Fran Alper at 314-993-4024
fran.alper@outlook.com
or Peggy at 314-306-4357
peggyumansky@gmail.com



Next book is *Eternal Life* by Dara Horn, Book Club will meet August 27.



SHAVUOS

Saturday, May 19 – Monday, May 22

Saturday Night, May 19

- 7:35 pm Mincha (Seuda Shlishis at home)
8:45 pm Ma'ariv
8:54 pm Candle lighting in shul or at home
9:30 pm Dinner \$12 per perso
~ RSVP is a must by Tuesday, May 15 ~
~ Consider becoming a sponsor for \$25 ~

10:15 pm Early Learning

- *Four Disasters of the 20th Century: Their Implications in Jewish Law* – Rabbi Ze'ev Smason
- *Musical Instruments of the Bible* – Dr. Eliot Katz
- *Anti-BDS Legislation: A Short History* – Stuart Klamen

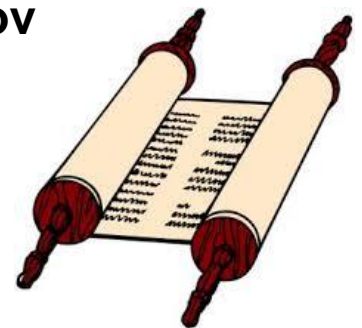
11:30 pm All Night Learning with Rabbi Mintz

Sunday, May 20

- 5:15 am Early morning minyan Shachris & Musaf
9:00 am Regular services Shachris & Musaf
7:50 pm Mincha and Ma'ariv
8:55 pm Candle lighting 2nd night of Yom Tov

Monday, May 21

- 9:00 am Shachris & Musaf
10:30 am Yizkor
7:50 pm Mincha and Ma'ariv
8:56 pm Havdalah – Yom Tov concludes



RSVP for Dinner or to be a Sponsor
email: jeff@nhbz.org or phone: 991-2100 ext 2



Special Shabbos Guest Speaker

Morton Klein **National President, Zionist Organization of America**



Mr. Klein's topic will be:

**“The Orwellian Lies About
Jerusalem, Settlements and Occupation”
Shabbat, May 26 ~ Services begin at 9:00 a.m.
Please join us for Kiddush Lunch!**

SPONSORED BY NHBZ AND THE ST. LOUIS FRIENDS OF ISRAEL

For more information call the NHBZ office at 991-2100 ext 2



Children's Programming

10:00 am – Noon, Every Shabbat

Junior Congregation for ages 7 to 11 in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat for ages 6 and under in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available

All children welcome – no RSVP, no cost, no worries!
All programs are on the NHBZ lower level,
and include delicious snacks!

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com




Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for May and June, 2018

- May 5: Rabbi Smason will be in Israel.
Rabbi David will present a Learner's Service at 10:15 a.m.
- May 12: Jewish Mothers: Are the Stereotypes True? –
Session is at 10:00 as part of  *Chavrusa • Education • Community*
- May 19: Five Great Ways to Ruin Your Life
- May 26: How Good is Your Decision Making?
- June 2: Haters and Critics: How to Deal With People Judging You
- June 9: What Makes For Great Conversations?
- June 16: How Fathers Change Lives: Stories of Remarkable Dads
- June 23: Making Decisions: Is Life More Like Chess or Poker?
- June 30: Is Life Really Supposed to Be This Hard?

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2

NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!