



# NHBZ Shabbos & Yom Tov Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

May 19, 2018 ~ 5 Sivan 5778

Candle Lighting 7:50 pm

Shabbat Ends 8:54 pm

Torah Portion: Parshas Bamidbar 1:1 -- 4:20

Chumash pages 726-747

Maftir: Hosea 1:2-22

Chumash pages 1180-118

## Thank you to our Sponsors:

Thank you to **Norman & Marilyn Liss** for sponsoring the bulletin in gratitude for the many tributes sent in remembrance of Wade DeWoskin, Marilyn's brother.

## Erev Shabbos, Friday, May 18

- Mincha & Ma'ariv ~ 7:00 pm

## Shabbos, May 19

- Shachris & Musaf ~ 9:00 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Moshe Leib Cohen**
  - Haftarah: **Dr. Naftali Kadosh**
  - Drasha: **Rabbi Yonason Goldson**
  - Musaf: **Rabbi Yonason Goldson**
- Learners' Service led by **Stuart Klamen** (Rabbi David returns next week) ~ 9:30 am
- Starting Points: "Wisdom for Daily Living" led by **Rabbi Ze'ev Smason** ~10:15 am  
Topic: "Five Great Ways to Ruin Your Life"
- Junior Congregation & Tot Shabbat ~ 10:00 am. (TS in the Eli Ragin Children's Room)

## Saturday Night, May 19, Shavuos

- 7:35 pm Mincha (Seuda Shlishis at home)
- 8:45 pm Ma'ariv
- 8:54 pm Candle lighting in shul or at home
- 9:30 pm Shavuos Dinner RSVP only
- 10:15 pm Early Learning –
  - "Four Disasters of the 20th Century: Their Implications in Jewish Law" - Rabbi Ze'ev Smason
  - "Musical Instruments of the Bible"- Dr. Eliot Katz
  - "Anti-BDS Legislation: A Short History" – Mike Minoff
- 11:30 pm All Night Learning with Rabbi Mintz

Today's Shabbat Greeters: Don & Julie Eisenberg

## This Week and Beyond

Minyan Times	Shabbos May 19	Sun. * May 20	Mon.** May 21	Tues. May 22	Wed. May 23	Thurs. May 24	Fri. May 25	Shabbos May 26
Shachris	9:00 am	9:00 am	9:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:35 pm	7:50 pm	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:40 pm

\*Shavuos \*\*Yizkor

### Sunday, May 20, Shavuos ~ Day 1

- 5:15 am Early morning minyan Shachris & Musaf
- 9:00 am Regular services Shachris & Musaf
- 7:50 pm Mincha and Ma'ariv
- 8:55 pm Candle lighting 2<sup>nd</sup> night of Yom Tov

### Monday, May 21, Shavuos ~ Day 2

- 9:00 am Shachris & Musaf
- 10:30 am Yizkor
- 7:50 pm Mincha and Ma'ariv
- 8:56 pm Havdalah – Yom Tov concludes

**Birthdays:** Sarah Beth Matt, Eleanor Kaiser, Jane Kadosh, Phyllis Silverman, and Howard Loiterstein

**Anniversaries:** Dr. Naftali & Jane Kadosh

- **Shabbos, May 19 ~ The St. Louis Mikvah** will have an appeal presented by **Rabbi Yonason Goldson**. There is no institution more important to a Jewish community than a Mikvah. In the spirit of the St. Louis Jewish community's annual Mikvah Appeal, **NHBZ has set for itself a goal of raising \$2500 in our "50 for \$50 Campaign"**: If fifty families contribute \$50 each, our shul will make a significant contribution to the support of Jewish family and spiritual life in our community. **Please contact the office or Rabbi Smason to make your pledge.**
- **Shabbos, May 26 ~ 9:00 am ~** Special guest speaker **Morton Klein**. Please join us for a Kiddush luncheon.
- **Sunday, May 27 ~ Pizza Night ~ 5:00 – 7:00 pm.** We will need more and new volunteers due to the holiday weekend.
- **Shabbos, June 2 ~ Graduation Shabbat!** Please send in the names of your graduates from all grades and schools. Your children and your grandchildren. We will have a special page in the bulletin highlighting them and a special dessert. Email names to: [jeff@nhbz.org](mailto:jeff@nhbz.org)
- **Sunday, June 3 ~ 7:30 pm ~ Birkat Hamazon Class~** Have you wanted to improve your ability to say the blessings after meals? Well here's your opportunity! Our own **David Rubin** is leading a class for men and women to learn Birkat Hamazon, the blessings after meals.
- **Shabbos, June 9 ~ Mitzvah Adventure Shabbat and Israel Themed Kiddush ~ sponsored by Louis & Rebecca Goldman and Jason & Nicole Loiterstein**  
The Mitzvah Adventure topics will be:
  1. **Rabbi Smason:** *"What's Special About Israel"*
  2. **Menachem Szus:** *"Zionism and its Relevance in 21st Century"*
  3. **Stuart Klamen:** *"Anti-BDS Legislation"*

### Parshas: Bamidbar

This week we begin reading Sefer Bamidbar -- known in English as 'The Book of Numbers'. Bamidbar ('in the wilderness') begins with G-d telling Moses to take a census of all men over the age of 20. If you like names and numbers, you'll love this week's portion.

The count reveals just over 600,000, excluding the Levites who weren't included in the census. We also find described the manner in which the Jewish People camped around the Mishkan (Tabernacle), and the order in which they traveled during the 40 years in the desert. The Jewish People were arranged in four sections around the Mishkan; east, south, west and north. The Levites are singled out for special responsibilities.

A formal transfer is made between the first-born and the Levites, whereby the Levites take over the role the first-born would have served. The sons of Levi are divided into three main families; Gershon, Kehas and Merari. Each is given a special task in transporting the Mishkan.

## **Shavous**

The major festival of Shavous begins on Saturday evening May 19 and concludes Monday evening, May 21. You may remember Cecil B. DeMille's film 'The Ten Commandments', starring Charlton Heston. Good film; however, the book was better than the movie! On Sunday morning the Torah reading (Exodus 19:1 - 20:23) contains the narrative of the giving of the Torah and the *Aseres HaDibros* -- "The Ten Statements", often inaccurately translated as 'The Ten Commandments.' On the second day of Shavous, Monday, the Torah reading (Deut. 15:19 - 16:17) contains a brief description of the Shalosh Regalim - Passover, Shavous and Succos. An argument can be made that Shavous is THE most important holiday of the Jewish year. After all, without the Torah, what is Judaism?

***Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year.***

***Please call the office to order your plaques – 991-2100 ext 2***

## **Tot Shabbat & Junior Congregation News by Alana Minoff**

We have a very busy week this week at NHBZ! The **Bnot Sherut** will be here for their last monthly class before returning to Israel. We will also have Tot Shabbat for the younger ones. 10 am-12 pm in the lower level of NHBZ.

There will also be Junior Congregation and babysitting during Shavuot services Sunday and Monday.

## **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A** program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

May 26: How Good is Your Decision Making?

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

## **In the Community**

**Wednesday, May 23 ~ 7:00 pm ~** Everyone is invited to the Kadimah High School Graduation held at Young Israel.

**The Vaad Hoer of St. Louis** is pleased to present the latest edition of "The Voice of the Vaad" now available at <https://goo.gl/UxhCxn>

## **~ Shavuos ~**

### **Sunday, May 20 ~ Services 9:00 am**

Thank you for leading services:

- Pesukei D'Zimra: Howard Sandler
- Shacharis: TBA
- Akdamus: Rabbi Ze'ev Smason

- Leyning: Max Gornish
- Drasha: No Drasha
- Musaf:
- Haftorah: Rabbi Ze'ev Smason

Torah Portion: Exodus 19:1 – 20:26; Siddur: pages 520-522;  
Maftir: Numbers 28:26 – 28:31 Siddur: page 522;  
Haftorah: Ezekiel 1:1 – 1:28; 3:12 Siddur pages 522-523;

Chumash: pp. 400-415  
Chumash: pp. 892-893  
Chumash: pp. 1228-1229

Kiddush ~ Following Musaf  
Mincha & Ma'ariv ~ 7:50 pm  
Yom Tov Candle Lighting ~ after 8:55 pm

### **Monday, May 21 ~ Services 9:00 am**

Thank you for leading services:

- Pesukei D'Zimra: Howard Sandler
- Shacharis: TBA
- Leyning: Max Gornish

- Haftorah: TBA
- Drasha: Rabbi Ze'ev Smason
- Musaf: Max Gornish

Torah Portion: Deuteronomy 15:19 – 16:17 Siddur: pp. 525-526; Chumash: pp. 1018-1023  
Maftir: Numbers 28:26 – 28:31; Siddur: page 522; Chumash: pp. 892-893  
Haftorah: Habakkuk 2:20 – 3:19 Siddur pages 526-527; Chumash: pp. 1229-1231

#### **Yizkor (Approx. 10:30 am)**

Kiddush ~ Following Musaf  
Mincha & Ma'ariv ~ 7:50 pm  
Yom Tov Concludes ~ 8:56 pm

Thank you to Libby Sorkin Routman for sponsoring the cheesecake for Shavuos.  
Thank you to Jessica Fadem for sponsoring the beautiful Bimah flowers.  
Thank you to Sandie Abrams for the special apple kugel for this Yom Tov.

# The NHBZ Mikvah Campaign

NHBZ has set for itself a goal of raising \$2500 in our "50 for \$50" Mikvah Campaign. If fifty families contribute \$50 each, our shul will make a significant contribution to the support of Jewish family and spiritual life in our community. After all, there is no institution more important to a Jewish community than a mikvah.

We would like thank those who have already pledged \$50.00 thus far:

Lenny & Fran Alper	Dr. Michael & Charlene Kass
Ruth Alper	Stuart Klamen
Dr. Erol & Sally Amon	Paul Kleiman (and family)
Jesse & Debbie Barash	Helayne & Ed Levitt
Dr. Craig & Jackie Berkin	Howard & Phyllis Loiterstein
Sam & Shirley Bluestein	Chana Lowenstein
Kenny Bressler	Bryan McCary & Dr. Faye Cohen
Dr. Alan & Marcie Brook	Dr. Stan & Jean Margul
Sergio Chayet & Nancy Lisker	Dr. Daniel & Marcela Morgensztern
Larry & Rayna Chervitz	Drs. Jay Pepose & Susan Feigenbaum
Jerry & Fran Cohen	Moshe Pinto
Don & Julie Eisenberg	Mark Ragin & Gail Rose
Terri Farbstein	Irwin & Roz Rosen
Amy & Denny Feit	Dr. Jonathan & Naomi Shanker
Mimi Fiszal	Rabbi Ze'ev & Chani Smason
Irwin & Arlene Fredman	Gary & Trudy Sudin
Leslie & Scott Gitel	Bruce & Faith Waxman
Rhonnie & Stanley Goldfader	Richard & Mindy Woolf
Alan & Janet Haber	Boris & Alla Yasinev
Dr. Paul & Debra Hauptman	Alan & Vivian Zarkowsky
Harold & Fran Hoffman	'Moishe'
Rodney & Victoria John	Anonymous (2)
Joni & Bob Kaiser	



1142 North Warson Road  
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fax 314.942.3167  
[www.YeshivatKadimah.org](http://www.YeshivatKadimah.org)

May 7, 2018

Rabbi Ze'ev Smason  
Nusach Hari B'nai Zion  
650 N. Price Road  
Olivette, MO 63132

Dear Rabbi Smason,

Thank you very much for hosting Yeshivat Kadimah High School at Nusach Hari B'nai Zion for Tefilat Shabbat and for the Se'udat Shabbat. Our students appreciated the opportunity to lead the services and share words of Torah, which truly helped them develop their leadership skills, as they continue to prepare themselves to be our future Jewish leaders. Thank you very much for inviting me to deliver the drasha. It was an honor to speak at your beautiful shul to your wonderful tzibur.

We very much appreciate the tremendous efforts by you and your congregants in order to ensure a beautiful Shabbat for all. We would like to thank all those who helped plan, coordinate, prepare and organize this wonderful event. In addition, we would like to thank those who sponsored and prepared the delicious lunch!

The students and staff members of YKHS greatly enjoyed the Shabbaton at NHBZ, and it was a very meaningful experience for all of us. We look forward to continuing our relationship with NHBZ in the future. On behalf of our students, staff, and Board, I offer our Hakarat HaTov and abundant thanks.

Sincerely,

A handwritten signature in black ink, which appears to read 'Naftali Rothstein'.

Rabbi Naftali Rothstein  
Principal





# THE SISTERHOOD SCOOP MAY

Volume I

Number 13

May 19, 2018

~ **SAVE THE DATE** ~

**NHBZ Sisterhood presents the 3<sup>rd</sup> Annual  
Dine 'n' Style  
Luncheon & Fashion Show**

**Sunday  
August 19  
11:30 a.m.**



**FALLING FOR FASHION**

featuring

**Fall/Winter 2018 Fashions  
from Orli's Boutique,  
Luncheon, and,  
of course, Shopping!**

**For more information  
call Debbie Sher  
at 314-753-2261**



## Sisterhood's NEW Book Club is Up and Running!

The first selection is: *Bread Givers* by Jewish-American author Anzia Yezierska; the story of a young girl growing up in an immigrant Jewish household in the early 20th-century in the Lower East Side.

The first Book Club discussion will be led by Amy Feit, and will be held

**Monday, June 25, 7:15-8:45pm**

**at the office of Peggy Umansky  
12460 Olive Blvd. in Creve Coeur**

**For more information, directions,  
or to join the Book Club, contact  
Fran Alper at 314-993-4024  
fran.alper@outlook.com  
or Peggy at 314-306-4357  
peggyumansky@gmail.com**



Next book is *Eternal Life* by Dara Horn, Book Club will meet August 27.

## SHAVUOS INSIGHTS

### Why the All-Nighter?



The current practice to stay up all night learning Torah is attributed to Rav Yosef Karo, the 16th-century codifier of the Shulchan Aruch, though its roots are much older. The Zohar speaks of Rabbi Shimon bar Yochai, who lived in the second century, staying up all night. His reason for doing so is compared to an attendant helping to prepare a bride prior to her wedding. (A common metaphor for the revelation at Sinai is a wedding between G-d and the Jewish people.) The ultimate basis for the tradition is a Midrash in Shir HaShirim Rabbah to the effect that on the morning when G-d was to give them the Torah, the Jews slept in, showing a lack of enthusiasm. Throughout the generations, we rectify this national flaw through the many enthusiastic volunteers who spend the entire night engaged in study to show their love of G-d and appreciation for the gift of His Torah.

Unlike a Passover Seder or reading the Megillah on Purim, staying up on Shavuot night is not an obligation, neither biblically nor rabbinically. It is a voluntary practice, much to be praised, but not for everyone.

**Although women are not obligated to stay up and learn, many women choose to do so.**

Unlike staying up to cram for a final exam, our goal is more profound. We seek to demonstrate our love for G-d and draw closer to Him through His Torah. On Shavuot morning, when we read about the revelation at Sinai and re-enact in microcosm the transmission of the Torah to the Jewish people through Moses, we have prepared ourselves, emotionally and intellectually, to appreciate the "Guidebook to Life" that G-d has given us.

(adapted from [www.ou.org/holidays/shavuot](http://www.ou.org/holidays/shavuot))



**NEXT BOARD MEETING:  
Tuesday, May 22, 6:00 pm**



# Children's Programming

## 10:00 am – Noon, Every Shabbat

### ***Junior Congregation*** for ages 7 to 11 in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

### ***Tot Shabbat*** for ages 6 and under in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

### ***Babysitting*** is also available

*All children welcome – no RSVP, no cost, no worries!*  
*All programs are on the NHBZ lower level,*  
*and include delicious snacks!*

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)





# *Special Shabbos Guest Speaker*

## **Morton Klein** **National President, Zionist Organization of America**



**Mr. Klein's topic will be:**

**“The Orwellian Lies About  
Jerusalem, Settlements and Occupation”  
Shabbat, May 26 ~ Services begin at 9:00 a.m.  
Please join us for Kiddush Lunch!**

**SPONSORED BY NHBZ AND THE ST. LOUIS FRIENDS OF ISRAEL**

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**For more information call the NHBZ office at 991-2100 ext 2**



# ***Pizza Night***

***Sunday, May 27***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while  
supplies last**

**All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10:00 am Sunday: email orders preferred to  
[jeff@nhbz.org](mailto:jeff@nhbz.org) or as a last resort call 314-991-2100, ext. 2**

**Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)**

**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**



**NEXT  
PIZZA NIGHT:  
SUNDAY  
JUNE 24**

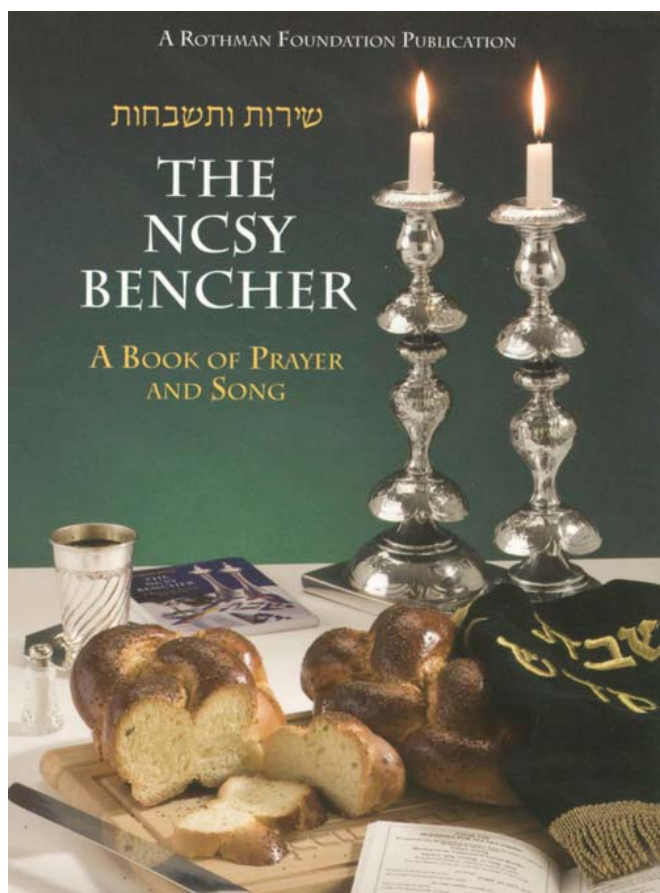


## Here's your opportunity to learn... ***Birkat Hamazon!***

*Part of the Mitzvah Adventure series.*

Have you wanted to improve your ability to say the blessings after meals? Well here's your opportunity! Our own David Rubin is leading ***a class for men and women to learn Birkat Hamzon***, the blessings after meals!

**Sunday, June 3 at 7:45 pm**  
***Lower Level at NHBZ***



What page are we on anyway?

Which blessings do I say when?

What are the melodies?

What am I supposed to do while everyone is mumbling to themselves?

**“You will eat and you will be satisfied, and bless Hashem, your G-d, for the good land that He gave you.” *Devarim 8:10***



# ***Mitzvah Adventure Shabbat & Israel-Themed Kiddush***

## **Shabbat, June 9, 2018**

**8:30 am** Davening begins  
**11:15 am** Choose 2 of 3 Mitzvah Adventures  
**12:15 pm** Kiddush Lunch

**Sponsored by  
Louis & Rebecca Goldman  
and Jason & Nicole Loiterstein**



**What is  
Special About  
Israel?**

**Rabbi Ze'ev Smason**



**Zionism & its  
Relevance in  
21st Century**

**Menachem Szus**



**Anti-BDS  
Legislation**

**Stuart Klamen**

***Each session is 25 minutes long, so  
you can attend 2 of the 3 topics!***

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***For more information, call (314) 991-2100 extension 2***



# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for May and June, 2018**

May 19: Five Great Ways to Ruin Your Life

May 26: How Good is Your Decision Making?

June 2: Haters and Critics: How to Deal With People Judging You

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

***Watch for future Starting Points Topics!***

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**



## NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Mah Jongg** (Mondays, 4-6:00 pm)  
Proceeds benefit The NHBZ Chesed Fund.
- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn** (12:15-1:00 pm) Studying Pirkei Avos.

### Every Shabbat at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am

