



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 9, 2018 ~ 26 Sivan 5778

Candle Lighting 8:06 pm

Shabbat Ends 9:09 pm

Torah Portion: Shelach Numbers 13:1 - 15:41
Maftir: Joshua 2: 1-24

Chumash pages 798 - 819
Chumash pages 1184-1185

Thank you to our Sponsors:

Thank you to **Louis & Rebecca Goldman** and **Jason & Nicole Loiterstein** for sponsoring the Themed Luncheon this Shabbat.

~ Israel Themed Mitzvah Adventure and Luncheon ~

Erev Shabbos, Friday, June 8

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, June 9

- Shachris & Musaf ~ 8:30 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Stuart Klamen**
 - Haftarah: **David Rubin**
 - Drasha: **None**
 - Musaf: **David Rubin**
- **Learners' Service** led by **Rabbi Yosef David** will help you learn the "how's" and "why's" of the Shabbat morning service. This week's special class is "*Pesukei D'zimra*" ~ 9:15 am
- **Starting Points: "Wisdom for Daily Living"** led by **Rabbi Ze'ev Smason** ~10:00 am
Topic: "*What Makes For Great Conversations?*"
- **Junior Congregation & Tot Shabbat** ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- **Your Mitzvah Adventure begins at 11:15 am ~ Choose 2 of 3 topics:**
 1. Rabbi Smason: "What's Special About Israel"
 2. Menachem Szus: "Zionism and its Relevance in 21st Century"
 3. Stuart Klamen: "Anti-BDS Legislation"
- **Israel Themed Mitzvah Adventure and Luncheon after Services ~**
- **7:50 pm ~ Mincha/ Ma'ariv/ Shalosh Seudos** with guest speaker **Rabbi Josh Boretsky**, of **The Jerusalem Kollel**. Rabbi Boretsky's topic will be "*The 10 Commandments of Fundraising*"

Today's Shabbat Greeters: Aida Greenberg and Joni Kaiser

This Week and Beyond

Minyan Times	Shabbos June 9	Sun. June 10	Mon. June 11	Tues. June 12	Wed. June 13	Thurs. June 14	Fri. June 15	Shabbos June 16
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	6:45 am*	6:45 am*	7:00 am	9:00 am
Mincha/Ma'ariv	7:50 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:55 pm

*Rosh Chodesh Tammuz

Birthdays: Nathan Brook, Barb Bressler, Julie Rosenbluth, and Kate Friedman

Anniversaries: Ed & Jane Lyss

- **Tuesday, June 12 ~ 7:30 pm ~** Board meeting
- **Wednesday, June 13 ~ 2:00 pm ~ Balance for Balabustes**, a Senior Kollel Event that will get you moving!
- **Sunday, June 17 ~** Abba's Day
- **Sunday, June 24 ~ 5:00 -7:00 pm ~** Pizza Night

Shabbos, July 7 ~ SYNAPLEX and Kiddush Luncheon ~ Topics and Speakers:

1. "The Israeli-Palestinian Conflict: A View from Outer Space," **Dr. Martin Rochester**, *Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis.*
2. "The Power of Expectation: The Spiritual Gifts of Exile" **Rabbi Joey Rosenfeld**

Discover the Shabbos Morning Service with Rabbi David! Have you ever gotten lost while trying to follow along in the Siddur? Does everyone else seem to know what they're doing while you're looking for the page? Guess what... you're not alone! In three special classes in June, Rabbi Yosef David will help you learn the "how's" and "why's" of the Shabbat morning service.

- June 16: Shacharis
- June 30: Musaf

Parshas: Parshas Shelach

Moses is pressed by the Jewish people to send twelve spies to the Land of Canaan (later to be called the Land of Israel). Forty days later they return carrying a gigantic cluster of grapes and two other large fruits. Ten of the spies warn that the inhabitants of the land are enormous in size and that the land 'consumes its inhabitants'. They convince the people that the land can't be conquered. Caleb and Joshua retain their faith in G-d, insisting that the Jewish people can, indeed, conquer the land. The people weep and proclaim that they'd rather return to Egypt. This tenth expression of a profound lack of faith in G-d prompts a Divine decree that entry into the Land should be delayed forty years. This decree was made on the ninth of the Hebrew month of Av -- known as Tisha B'Av. Numerous other tragedies occurred on Tisha B'Av, including the destruction of the first and second Temples and the expulsion of Spanish Jewry in 1492.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~

A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Sunday, June 17 ~ Monument Dedications

- **9:30 am ~ Rose Ragin z"l**, mother and mother-in-law of **Mark Ragin and Sally & Dr. Eliot Katz** at Chesed Shel Emes Cemetery, White Rd.
- **11:00 am ~ Marian Walters z"l**, mother and mother-in-law of **Vivian and Alan Zarkowsky** at Beth Hamedrosh Hagodol Cemetery.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

KIDSZONE News by Alana Umansky

I hope you are enjoying these beautiful summer days. We have been spending a lot of time by the pool and relaxing since school is out. As a mom, I love not making lunches or being anywhere at a specific time this week!

This week, **Dodi Smason** will be teaching **Junior Congregation and Julia and I will be there for Tot Shabbat!**

We have decided to scale back over the summer and offer Junior Congregation and Tot Shabbat 2x/month. Please keep these dates for your reference. Babysitting will be available the other weeks over the summer. **The dates are: June 23, July 7, 28, and August 11, 25.**

In the Community

Thursday, June 21 at 7:30 pm ~ “The Prospects for Peace and the Two -State Solution” with speaker Bassen Eid at United Hebrew Congregation, 13788 Conway Rd.
Sponsored by the St. Louis Friends of Israel.

Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year.

Please call the office to order your plaques – 314- 991-2100 ext 2

A Message from Louis Goldman about the Mitzvah Adventure Program:

My son Joseph, of blessed memory, was often hesitant to try new things. Sometimes he would enjoy a new experience... and sometimes he would not. But whatever the outcome, he was always pleased that he had tried something new, and truly excited to tell people about it.

With Joseph as my inspiration, I suggested the “Mitzvah Adventure” concept. My vision was that congregants and guests would have the opportunity to learn about mitzvot of interest to them, and—with the proper knowledge and guidance—be inspired to “try new things,” enriching their lives with enhanced mitzvah observance.

I speak from personal experience when I say that NHBZ provides an exceptional environment in which to try new things. For example, it may surprise some of you to learn that just over four years ago, my Hebrew reading was exceedingly slow, and I had never led davening. But with support and encouragement from so many individuals in this congregation, I’ve led Shabbat services, weekday services, and Yomtov services; I’ve read Torah at weekday minyanim on a semi-regular basis; and I’ve even taught Hebrew classes. I can’t imagine a better place to learn more, do more, and grow as a Jew.

I hope that everyone reading this will view the Mitzvah Adventure program as an opportunity to try something new and grow Jewishly, regardless of your current level of knowledge or observance. Even though we might be hesitant to “try new things,” I encourage each of us to take a chance. Learn something new. Try something new. I think you’ll be glad you did. I know I am.

With gratitude, appreciation, and love, *Louis Goldman*



Mitzvah Adventure Shabbat & Israel-Themed Kiddush

Shabbat, June 9, 2018

8:30 am Davening begins
11:15 am Choose 2 of 3 Mitzvah Adventures
12:15 pm Kiddush Lunch

**Sponsored by
Louis & Rebecca Goldman
and Jason & Nicole Loiterstein**



**What is
Special About
Israel?**

Rabbi Ze'ev Smason



**Zionism & its
Relevance in
21st Century**

Menachem Szus



**Anti-BDS
Legislation**

Stuart Klamen

***Each session is 25 minutes long, so
you can attend 2 of the 3 topics!***

For more information, call (314) 991-2100 extension 2



THE SISTERHOOD SCOOP MAY

Volume I

Number 15

June 9, 2018

NHBZ Sisterhood presents the 3rd Annual

Dine 'n' Style

Luncheon & Fashion Show

SAVE THE DATE

Sunday, August 19



FALLING FOR FASHION

Featuring

**Fall/Winter 2018 Fashions
from Ori's Boutique,
Luncheon, and,
of course, Shopping!**



For more information
or to volunteer contact
Debbie Sher at 314-753-2261, or email: ddaps114@gmail.com

**Next Fashion Show Committee Meeting:
Tuesday, June 12 at 6:00pm**

Sisterhood's NEW Book Club is Up and Running!

It's not too late to get in on the first book club selection:
Bread Givers by Jewish-American author Anzia Yezierska.

Monday, June 25, 7:15-8:45pm

at the office of Peggy Umansky – 12460 Olive Blvd. in Creve Coeur

FOR MORE INFORMATION CONTACT:

Fran Alper at 314-993-4024

fran.alper@outlook.com

or Peggy at 314-306-4357

peggyumansky@gmail.com



Next book is **Eternal Life** by Dara Horn
Book Club will meet **August 27**.

CHALLAH: THE DIVINE DOUGH

How Jewish women can unleash the holiness of bread

Although we usually refer to the braided Shabbos loaves as "challah," halachically, challah does not mean bread or dough. It's root word means "ordinary" or "secular," and refers to the mitzvah described in this week's Torah portion (Numbers 15:17-21): "...It shall be that when you eat the bread of the land, you shall set aside a portion [of dough] for G-d."

Rebbetzin Tziporah Heller notes that in the biblical text the mitzvah of challah is juxtaposed with the laws prohibiting idol worship. What is the connection?

The nature of idol worship is to see the Creator as being removed from His creations... To idol worshippers it is inconceivable that G-d can be found in the midst of the world... but, by taking challah, we are saying that G-d is **here!** He is the source of our souls, bodies, and the forces that sustain them. He is One, and nothing is separate from His transcendental unity.

Women are given precedence in performing the mitzvah of taking challah. As life-givers they can rectify the world by relating it to its source... They are the ones who knead the dough and feel how its components of flour and water -- physical and spiritual -- join.

May it be our merit to see the unity and wholeness -- that challah so deeply represents -- redefining the fragmented and wounded world in which we live.

- excerpted from Rebbetzin Tziporah Heller, at www.aish.com

**NEXT BOARD MEETING:
Sunday, June 24, 10:30 am**



Shabbat Children's Programming (Summer)

June 9 & 23 - July 7 & 28 - August 11 & 25

Junior Congregation for children ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat for Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for May and June, 2018

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

Watch for future Starting Points Topics!

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2

NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn (12:15-1:00 pm)** Studying Pirkei Avos.

Every Shabbat at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am

