



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

June 2, 2018 ~ 18 Sivan 5778

Candle Lighting 8:01 pm

Shabbat Ends 9:05 pm

Torah Portion: Beha'aloscha Numbers 8:1 - 12:16

Chumash pages 774 - 797

Maftir: Zechariah 2:14 - 4:7

Chumash pages 1182-1184

## Thank you to our Sponsors:

Thank you to **Dr. Erol & Sally Amon** for sponsoring the Kiddush today in honor of the engagement of their son Max (Menachem) to Jessica (Devorah) Lieberman and for Dr. Erol and Sally's 30<sup>th</sup> wedding anniversary.

The Bulletin is sponsored as thanks to wonderful wife **Joni Kaiser** by **Bob Kaiser**, on the occasion of their 33rd wedding anniversary.

**Mazel tov to all the Graduates!**

## Erev Shabbos, Friday, June 1

- Mincha & Ma'ariv ~ 7:00 pm

## Shabbos, June 2

- Shachris & Musaf ~ 9:00 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **David Rubin**
  - Leyning: **Stuart Klamen**
  - Haftorah: **David Rubin**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Alan Haber**
- Learners' Service led by Rabbi Yosef David ~ 9:30 am
- Starting Points: "Wisdom for Daily Living" led by Rabbi Ze'ev Smason ~10:15 am  
Topic: "Haters and Critics: How to Deal with People Judging You".
- Junior Congregation & Tot Shabbat ~ 10:00 am. (TS in the Eli Ragin Children's Room)
- 7:45 pm ~ Mincha/ Ma'ariv/ Shalosh Seudos

Today's Shabbat Greeters: Mimi Fiszal and Janet Haber

## This Week and Beyond

	Shabbos June 2	Sun. June 3	Mon. June 4	Tues. June 5	Wed. June 6	Thurs. June 7	Fri. June 8	Shabbos June 9
<b>Minyan Times</b>								
<b>Shachris</b>	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
<b>Mincha/Ma'ariv</b>	7:45 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm

**Birthdays:** Rafi Minoff, Julie Friedman, Ed Lyss, Joyce Hochberg, Larry Goldenberg, Noah Belau, Ann Lenga, & Gia Shifren

**Anniversaries:** Don & Julie Eisenberg, Kerry & Sandy Klarfeld, Sid & Phyllis Silverman, and Dr. David & Fran Reisler

- **Sunday, June 3 ~ 7:45 pm ~ Birkat HaMazon Class~** Have you wanted to improve your ability to say the blessings after meals? Well here's your opportunity! Our own **David Rubin** is leading a class for men and women to learn Birkat HaMazon, the blessings after meals. See flyer for details.
- **Shabbos, June 9 ~ Mitzvah Adventure Shabbat and Israel Themed Kiddush Luncheon ~ sponsored by Louis & Rebecca Goldman and Jason & Nicole Loiterstein**

The Mitzvah Adventure topics will be:

1. Rabbi Smason: "What's Special About Israel"
2. Menachem Szus: "Zionism and its Relevance in 21st Century"
3. Stuart Klamen: "Anti-BDS Legislation"

- **Tuesday, June 12 ~ 7:30 pm ~ Board meeting**
- **Wednesday, June 13 ~ 2:00 pm ~ Balance for Balabustes**, a Senior Kollel Event that will get you moving!

**Discover the Shabbos Morning Service with Rabbi David!** Have you ever gotten lost while trying to follow along in the Siddur? Does everyone else seem to know what they're doing while you're looking for the page? Guess what... you're not alone! In three special classes in June, Rabbi Yosef David will help you learn the "how's" and "why's" of the Shabbat morning service.

- June 9: P'sukei D'zimra
- June 16: Shacharis
- June 30: Musaf

## **Parshas: Beha'aloscha**

Beha'aloscha (Hebrew for "when you step up") is thematically diverse, beginning with the daily lighting of the golden menorah in the Mishkan. The Levites are initiated into the Tabernacle service. The Torah then describes the celebration of Passover in the second year in the desert, complete with the bringing of the Korban Pesach (Passover offering). Some men could not bring the offering due to ritual impurity, and were thus commanded to celebrate Pesach Sheni, a 'make-up Passover' a month later. Lesson: Second chances are available. Additionally, the standard procedure by which the Jewish people would break camp to travel in the desert is described. Soon after leaving Mt. Sinai, the people begin to kvetch. Spurred by the mixed multitude of insincere converts who joined the Jewish people upon leaving Egypt, the complaining is directed toward the manna, their daily miraculous portion of heavenly bread. G-d sends a massive flock of quail which the people gather to eat; those who had complained about the lack of food overstuff themselves and die during this supernatural event. The portion concludes with Miriam speaking loshon hara (defamatory words) to Aaron about their brother Moses. She is punished by G-d with tzaraas (a skin condition indicating a spiritual deficiency) and is quarantined outside the camp for seven days.

***Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. Please call the office to order your plaques – 314- 991-2100 ext 2***

## **Adult Learning at NHBZ**

### **Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

June 9: What Makes For Great Conversations?

June 16: How Fathers Change Lives: Stories of Remarkable Dads

June 23: Making Decisions: Is Life More Like Chess or Poker?

June 30: Is Life Really Supposed to Be This Hard?

**CASH CARD Orders are now being taken through June 15. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?**



**Attend the daily Minyan**

## Mazel Tov to all the Graduates!

Ellie Pinto, Daughter of Moshe Pinto, graduated with a Bachelor of Arts in Business from Hamilton College in New York.

Levi Greenberg, son of Aida Greenberg, graduated from Rhodes College in Memphis.

Rebecca Bromberg, daughter of Bob and Joni Kaiser, earned a Master's Degree in Social Work from the University of Chicago.

Yehuda Bromberg, son-in-law of Bob and Joni Kaiser, graduated with a Bachelor of Science in Nursing from Loyola University in Chicago.

Rafi Minoff, son of Mike and Alana Minoff, graduated from preschool and will begin kindergarten at Saul Mirowitz Day School in the fall.

Yael Sabin, Yael Sabin, daughter of Mike and Alana Minoff, graduated from elementary school and will begin 6th grade at Ladue Middle School in the fall.

Benjamin Fiszal, nephew of Mimi Fiszal, graduated from Blue Valley North High School in Overland Park, Kansas and has earned a 4 year full scholarship to Duke University.



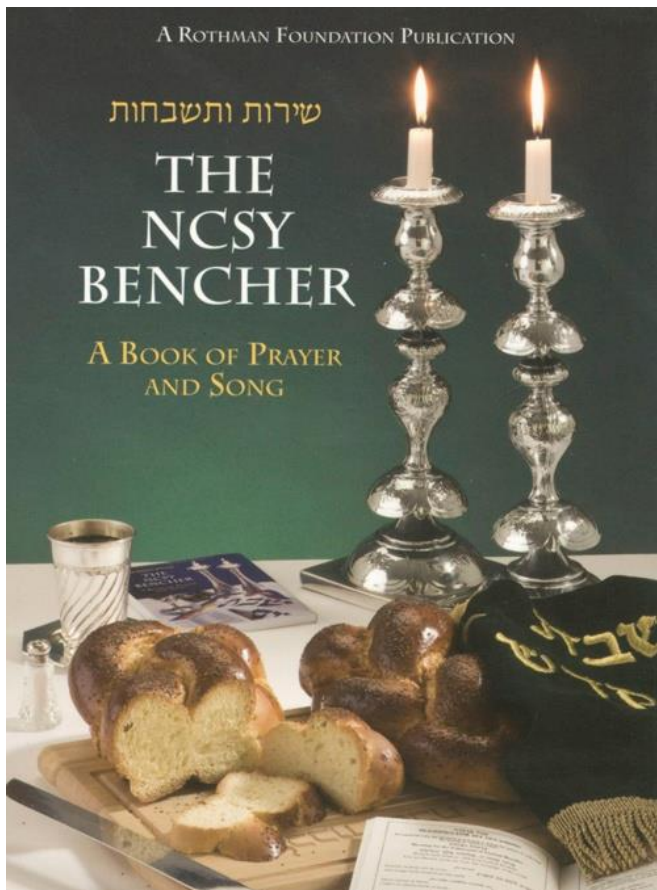


## Here's your opportunity to learn... ***Birkat Hamazon!***

*Part of the Mitzvah Adventure series.*

Have you ever wanted to join in the singing of the Blessing After Meals? Well here's your opportunity! Our own David Rubin is leading ***a class for men and women to learn to sing the Birkat Hamazon***, the blessings after meals!  
No Hebrew is Necessary!

### Sunday, June 3 at 7:45 pm



Learn to Sing along with everyone else!

Learn the order of the blessings!

Learn the tunes!

Learn some background on why we  
"Bentch" after meals!

**"You will eat and you will be satisfied, and bless Hashem, your G-d,  
for the good land that He gave you."** *Devarim 8:10*





# ***Mitzvah Adventure Shabbat & Israel-Themed Kiddush***

## **Shabbat, June 9, 2018**

**8:30 am** Davening begins  
**11:15 am** Choose 2 of 3 Mitzvah Adventures  
**12:15 pm** Kiddush Lunch

**Sponsored by  
Louis & Rebecca Goldman  
and Jason & Nicole Loiterstein**



**What is  
Special About  
Israel?**

**Rabbi Ze'ev Smason**



**Zionism & its  
Relevance in  
21st Century**

**Menachem Szus**



**Anti-BDS  
Legislation**

**Stuart Klamen**

***Each session is 25 minutes long, so  
you can attend 2 of the 3 topics!***

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***For more information, call (314) 991-2100 extension 2***



# THE SISTERHOOD SCOOP MAY

Volume I

Number 14

June 2, 2018

**NHBZ Sisterhood presents the 3<sup>rd</sup> Annual**

## **Dine 'n' Style**

**Luncheon & Fashion Show**

**SAVE THE DATE**

**Sunday, August 19**



## **FALLING FOR FASHION**

**Featuring**

**Fall/Winter 2018 Fashions  
from Ori's Boutique,  
Luncheon, and,  
of course, Shopping!**



For more information  
or to volunteer contact  
**Debbie Sher** at 314-753-2261, or email: [ddaps114@gmail.com](mailto:ddaps114@gmail.com)

**Next Fashion Show Committee Meeting:  
Tuesday, June 12 at 6:00pm**

## **Sisterhood's NEW Book Club is Up and Running!**

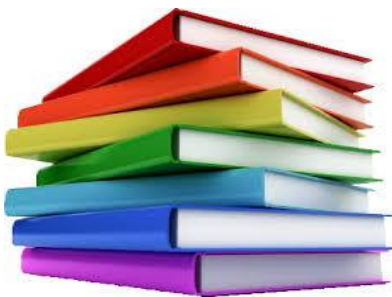
The first selection is: *Bread Givers* by Jewish-American author Anzia Yezierska; the story of a young girl growing up in an immigrant Jewish household in the early 20th-century in the Lower East Side.

The first Book Club discussion will be led by Amy Feit, and will be held

**Monday, June 25, 7:15-8:45pm**

**at the office of Peggy Umansky  
12460 Olive Blvd. in Creve Coeur**

For more information, directions,  
or to join the Book Club, contact  
**Fran Alper** at 314-993-4024  
[fran.alper@outlook.com](mailto:fran.alper@outlook.com)  
or **Peggy** at 314-306-4357  
[peggyumansky@gmail.com](mailto:peggyumansky@gmail.com)



Next book is *Eternal Life* by Dara Horn, Book Club will meet **August 27**.

## **CONGRATULATIONS, GRADUATES!**



Too often commencement addresses are filled with meaningless clichés. Instead of advising graduates to "go out and change the world" maybe we should remind them to *be grateful* for all they have and to focus first on *self-improvement*.

As Mona Charen, nationally syndicated columnist and author, recently wrote\*:

"So many things about our society work well... Before graduates are urged to change the world, perhaps they should be encouraged to change themselves or, at least, to look inward. How many people have vainly resolved to lose 10 pounds or to donate 10 percent of their income to the less fortunate? Change is hard, even when — or perhaps especially when — you're trying to change yourself. If you've been unable to reform yourself, take that humility to the world, and remember it when you notice others' flaws. Each graduate can ask himself: How kind was I to my siblings this year, and how dutiful to my parents?"

Humility, duty, self-examination, gratitude. Perhaps those are not the most inspiring words. But heeded, they stand the best chance of truly changing the world."

\*<http://www.jewishworldreview.com/cols/charen052518.ph>  
p3#DQO3wldlCeq6XJ4B.99

*"People often avoid making decisions out of fear of making a mistake. Actually, the failure to make decisions is one of life's biggest mistakes."*

— Rabbi Noah Weinberg, of blessed memory



# Children's Programming

## 10:00 am – Noon, Every Shabbat

### ***Junior Congregation*** for ages 7 to 11 in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

### ***Tot Shabbat*** for ages 6 and under in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

### ***Babysitting*** is also available

*All children welcome – no RSVP, no cost, no worries!*  
*All programs are on the NHBZ lower level,*  
*and include delicious snacks!*

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)





# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for June, 2018**

- June 2: Haters and Critics: How to Deal With People Judging You
- June 9: What Makes For Great Conversations?
- June 16: How Fathers Change Lives: Stories of Remarkable Dads
- June 23: Making Decisions: Is Life More Like Chess or Poker?
- June 30: Is Life Really Supposed to Be This Hard?

***Watch for future Starting Points Topics!***

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**

## NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn (12:15-1:00 pm)** Studying Pirkei Avos.

### Every Shabbat at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

**Synaplex Shabbos- Services begin at 8:30am**



# NHBZ Cash Card Order Form

*What is scrip, and how does it work?*

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

**TOTAL THIS ORDER: \$** \_\_\_\_\_

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

\*\*A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

*And please remember to use your Schnuck's Card for NHBZ credit!!!*