



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 14, 2018 ~ 2 Av 5778

Candle Lighting 8:08 pm

Shabbat Ends 9:10 pm

Torah Portion: Matos - Masei
Maftir:

Numbers 30:2 - 36:13
Jeremiah 2:4-28, 4:1-2

Chumash pages 900-935
Chumash pages 1193-1194

Thank you to our Sponsors:

Thank you to our Family Shalosh Seudos sponsors: **Lenny Alper & Fran** in honor of the birthdays of **Joanna, Caryn, and Fran Alper, Alan & Janet Haber** in memory of Shurlie Weisberg, **Alan & Vivian Zarkowsky** in observance of the first yahrzeit of Marian Walters, **Gary & Trudy Sudin** in honor of the visit of **Lyle, Neeli, Elisheva, Gavi, and Donny Sudin** and Anonymous in remembrance of Eleanor Kaiser.

Happy Birthday **Anna Rose Tendler** with love from your good friend!

Erev Shabbos, Friday, July 13

- **Mincha & Ma'ariv ~ 7:00 pm ~ Lail Shabbos ~ Rabbi Yitzchok Kowalsky and Rabbi Yaakov Berkowitz** of the St. Louis Kollel will lead us in a special **Kabbalas Shabbas** program, as part of the Kollel's Yarchei Kallah / Annual Summer Learning Program.

Shabbos, July 14

- **Shachris & Musaf ~ 9:00 am**
 - Pesukei D'Zimra: **Ed Lyss**
 - Shacharis: **Richard Woolf**
 - Leyning: **Dr. Larry Gornish**
 - Haftorah: **Reuven Tzadok**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Dr. Larry Gornish**
- **Starting Points: led by Rabbi Ze'ev Smason ~10:15 am ~ Topic: "Finding Joy Again"**
- **Family Shalosh Seudos with Guest Speaker: Rabbi Mendy Rosner, Missouri Torah Institute (MTI)**

7:00 pm ~ Pre-Mincha Shiur/Class: "Rebuilding the Beis HaMikdash on One Foot: The Importance of Ahavas Yisrael (Loving Your Fellow Jew)" Rabbi Rosner

7:50 pm ~ Mincha will be followed by the Family Shalosh Seudos meal. "The Power of Prayer" Rabbi Rosner

Mashgicha: Norma Rubin

Today's Shabbat Greeters: Mike Minoff & Jim Pollock

This Week and Beyond....

Minyan Times	Shabbos July 14	Sun. July 15	Mon. July 16	Tues. July 17	Wed. July 18	Thurs. July 19	Fri. July 20	Shabbos July 21
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	1:45 pm* 9:30 pm*

* Mincha

* Ma'ariv

The 9th of Av

Birthdays: Toby Katz, Anna Rose Tendler, Irena Scheer, Ronald Makovsky, Esther Levine, Danny Sallis, Brian Feit, Kurt Kahn, Irene Schankman, and Charlene Kass

Anniversaries: Linda & Dan Fleshman and Jacob & Judy Levin

- **Tuesday, July 17 ~ 7:30 pm ~ Board Meeting**
- **Tuesday, July 24 ~ 12:00 pm ~ BINGO sponsored by the NHBZ Sisterhood.** Lunch and BINGO for \$9.00.
- **Sunday, July 29 ~ 3:00 -5:00 pm ~KidsZone** will be having a fun, family, water-filled afternoon at the park next to NHBZ. Brush up on your baseball skills as we will try and get a family game going! Then come to pizza night!
- **Sunday, July, 29 ~ 4:00- 5:00 pm ~ Shaving Israel Speaker Event with Talia Wolkowitz,** a native St. Louisan who joined the IDF in December of 2015.
- **Sunday, July 29 ~ 5:00- 7:00 pm ~ Pizza Night**

Rabbi Smason to be interviewed on CIAO St. Louis Radio! Rabbi Ride-Around mania gets an early start this summer. In advance of this year's Ride-Around, Rabbi Smason will be interviewed on **Monday, July 16 at 1:00 P.M.** on CIAO St Louis radio. Listen to the live-streamed broadcast at www.ciaostl.com and Facebook Live (from the CIAO St Louis Facebook page). In addition, a podcast will be available for download from the website. This year's Ride-Around will take place on August 26. Details to follow!

Parshas: Matos -- Masei

In the first of this week's two action-packed portions, Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. Anticipating entrance into the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer' Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance.

Masei (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. The boundaries of the Land of Israel are defined. Since the Levites would not be receiving a regular portion of the land, 48 cities are set aside for them. Cities of refuge are established; one who unintentionally murders can flee there. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

The 9 Days

Rosh Chodesh Av occurred on Friday, July 13. This began a period of time known as the '9 Days.' The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples. In addition to the restrictions that apply to the entire three-week period, during this time we refrain from the following additional joyous activities: Eating meat and drinking wine (except for Shabbos), laundering clothing, swimming or bathing for pleasure and remodeling or expanding a home. For questions or further details, please contact Rabbi Smason

Tehilim Prayer Group

We are looking for more people to say Tehilim for those in need. Please call **Julie Eisenberg** for more information – 314.494.8437.

Cash Cards

Orders are now being taken through July 16. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 14: "Finding Joy Again"

July 21: "Resilience: Rising Strong After Falling Hard"

July 28: "How to Discuss Politics Without Losing Friends"

Please note: Women's Home study group at Jackie Berkin's house will be on hiatus for the summer.

KIDSZONE News by Alana Umansky

As a reminder, these are the future dates for Tot Shabbat and Junior Congregation over the summer. Babysitting will be available the other weeks over the summer.

July 28 and August 11, 25.

In the Community

The Holocaust Museum and Learning Center will screen a special film, commemorating Tisha B'Av, the ninth day of the Jewish month of Av, **Sunday, July 22nd at 2:00 p.m.** in the HMLC theatre, Jewish Federation Kopolow Building, 12 Millstone Campus Drive. This date in the Hebrew calendar marks the destruction of both the first and second Temples in Jerusalem, and several other tragic events in Jewish history. The film is ***Besa: The Promise***, a 2012 documentary directed by Rachel Goslins, presents the powerful, largely unknown story of the Muslim men and women of Albania, who courageously save nearly 2,000 Jews from the Nazis during World War II. **Rabbi Ze'ev Smason** will lead a discussion following the screening. This program is free of charge and open to the public. For information please call 442-3711 or email agoldfeder@jfedstl.org.

LAST WEEK OFFERED:

Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year.

Please call the office to order your plaques – 314- 991-2100 ext. 2



Join us for a **Family Shalosh Seudos**

Shabbat, July 14, 2018

with Guest Speaker

Rabbi Mendy Rosner

Missouri Torah Institute (MTI)

- **7:00 pm ~ Pre-Mincha Shiur/Class:** *"Rebuilding the Beis HaMikdash on One Foot: The Importance of Ahavas Yisrael (Loving Your Fellow Jew)"*
- **7:50 pm ~ Mincha with the Family Shalosh Seudos meal to follow.** Topic: *"The Power of Prayer"*

Presented by the NHBZ Education Committee
Thank you to our Family Shalosh Seudos sponsors Lenny & Fran Alper, Alan & Janet Haber, Gary & Trudy Sudin, Anonymous, and Alan & Vivian Zarkowsky for making this program possible.

Slices for Soldiers



Dear NHBZ Members,

As you know, Israel is embroiled in conflict with Syria and ultimately Iran on its northern borders. If you've found yourself asking "What can I do?" or "In what way can I help?" **The Israel Committee of Nusach Hari B'nai Zion is bringing back the Slices for Soldiers project that was so successful in 2014.** This seemingly small gesture will go a long way toward providing Israeli soldiers with a little smile and respite from the battle field. Previously the project raised \$2,500 to feed front line Israeli Soldiers, so let's come together and make this campaign even more successful!

We will be collecting money from today until July 30th, with every dollar used for the purchase of pizza from local Israeli pizzerias for troops on the front lines. Receiving pizza on the battlefield from people half way around the world goes a long way to encourage our soldiers. May Hashem guard and protect them and all of Israel, and may they be successful in their mission and return home quickly and safely.

Please mail your check, made out to NHBZ to: Nusach Hari B'nai Zion, 650 North Price Road, Olivette, MO 63132 ~ Sorry, no credit cards for this campaign.

Thank You,
Jason Loiterstein
NHBZ Israel Committee





THE SISTERHOOD SCOOP JULY

Volume I

Number 19

July 14, 2018

NHBZ Sisterhood presents the 3rd Annual

Dine 'n' Style

Luncheon & Fashion Show

Sunday, August 19



Shopping opens at 10:00 AM

Luncheon & Fashion Show promptly at Noon

FALLING FOR FASHION

Featuring 2018 Fashions from **Orli's Boutique**, and of course, lots of Shopping, including:

Accessories, Jewelry, Fused Frameworked Glass, Sculpted Silverware, Fashionable Headscarves, Israeli Jewelry, Purses, & more...

Registration NOW OPEN – \$20

(by August 12, please)

Call 314-991-2100, ext.3, or email: FashionShow@NHBZ.org

For more information contact

Debbie Sher at 314-753-2261, or email: ddaps114@gmail.com



NEXT SISTERHOOD BOARD MEETING:
Tuesday, July 24, 6:00 pm

Critics agree: Sisterhood's BOOK CLUB is a hit!

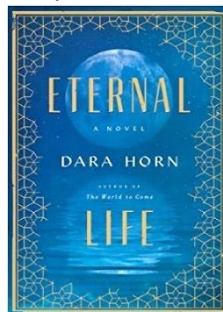
The next book selection is: ***Eternal Life*** by award-winning novelist **Dara Horn**. Described as "a gripping, hilarious, and moving psychological novel, that celebrates the bonds between generations, the power of faith, the purpose of death, and the reasons for being alive."

Discussion of *Eternal Life* will be Monday, August 27, 7:15-8:45pm

at Mansions on the Plaza, 8300 Delmar
hosted by Chana Lowenstein

FOR MORE INFORMATION CONTACT:

Fran Alper at 314-993-4024 ~ fran.alper@outlook.com
or **Chana** at 314-274-8718 ~ iclownstein@gmail.com



NHBZ Sisterhood Luncheon



Tuesday, July 24, 12:00 NOON

Delicious Lunch

Everyone is Welcome

Men & Women of all Ages

ATTENDANCE PRIZES!!

\$9 Donation

RSVP Rachael: 314-395-6017



Understanding Tisha B'Av **Mourning What is Missing**

Tisha B'Av is not about the destruction of a building, but about the exile of a people from their homeland, an estrangement of a nation from G-d, and a separation of the spiritual from the physical. Each one of us has individual struggles and all of us await redemption from them, and the day when Tisha B'Av will no longer be a day of mourning, but a day of celebration. Why do the Jewish people continue to mourn and weep year after year? Mourning a death is very different than mourning something or someone that is missing. Even if a person is missing and presumed dead, the search for that person is never forgotten. Until there is closure, we cannot begin to move on. Tisha B'Av shows us that we are not mourning a death, we are mourning what is missing. The Temples were destroyed, but not forever. Until the Third Temple is rebuilt Tisha B'Av is the reminder of what we have temporarily lost. This is why one of the questions that will be asked by the Heavenly Court after a person dies is "Did you expect (wait for) the Redemption?" Some say that the word used by the sages is "to expect" (tzepta) or "wait for." It doesn't use "hope for" or "want," but a word which describes a *looking out for – with certainty*. This is like a family with a missing child. Years may have gone by, but that family waits every single day for a phone call that their child has been found. Every day they grieve that the child is missing, yet simultaneously, every day they pray and hope. This is the crying and mourning we do on Tisha B'Av. For as hard as it is to live without our Temple and to be in exile, we wait every single day for it to be returned to us and pray that immediately we will be redeemed.

- excerpted from *Elana Mizrahi* at www.chabad.org



Shabbat Children's Programming (Summer)

July 28 - August 11 & 25

Junior Congregation for children ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat for Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Nusach Hari B'Nai Zion

SISTERHOOD LUNCHEON

BINGO



WHEN: Tuesday, **July 24**

WHERE: NHBZ Auditorium, 650 N. Price Road

TIME: 12:00 NOON **"BINGO! You Won!!"**

*Delicious Lunch
Everyone is Welcome!*

Also There will be Attendance Prizes!!

***** \$9.00 Donation *****

Hope to see you! Men & Women of ALL Ages!
R.S.V.P. - Rachael: 314-395-6017



Shaving Israel

Speakers Series

Sunday, July 29

4:00-5:00 pm

Guest Speaker

Talia Wolkowitz



Talia is a native St. Louisan who joined the IDF in December of 2015. She rose to the rank of Sergeant and was a Canine-Track and Attack Operational Handler.

Stay for NHBZ Pizza Night from 5-7pm!

All-you-can-eat pizza, pasta, & salad - \$12.00



Pizza Night

Sunday, July 29

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)

**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**



**NEXT
PIZZA NIGHT:
SUNDAY
Aug 26**

NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

WEEKLY at NHBZ

SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

MONDAY

- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

WEDNESDAY

- **Rabbi Smason's Lunch & Learn (12:15-1:00 pm)** Studying Pirkei Avos.

Shabbat at NHBZ

JUNIOR CONGREGATION & TOT SHABBAT

MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

NHBZ Signature Events

Synaplex Shabbos- Services begin at 8:30am



NHBZ Cash Card Order Form

What is scrip, and how does it work?

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

TOTAL THIS ORDER: \$ _____

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

**A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME _____
 ADDRESS _____ CITY _____ STATE _____ ZIP CODE _____

And please remember to use your Schnuck's Card for NHBZ credit!!!