



# NHBZ Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

July 7, 2018 ~ 24 Tammuz 5778

Candle Lighting 8:10 pm Shabbat Ends 9:13 pm

Torah Portion: Pinchas Numbers 25:10 - 30:1  
Maftir: Jeremiah 1:1 - 2:3

Chumash pages 876 - 899  
Chumash pages 1192-1193

## Thank you to our Sponsors:

Today's Kiddush lunch is sponsored with much love by **Joni & Bob Kaiser** to welcome their visiting children **Hannah & Lee Mirowitz**, and **Rebecca & Yehuda Bromberg**. The Kaisers also extend a very special heartfelt welcome to their beautiful new granddaughter **Nesya Zahava Mirowitz**. A special thank you to the "super smokers" who prepared today's chicken and apple cobbler: **Bob Kaiser, Lee Mirowitz** and **Yehuda Bromberg**.

Thank you to **Dr. Eliot & Sally Katz** for sponsoring the bulletin in celebration of **Mark Ragin's** birthday!

## SYNAPLEX SHABBAT

### Erev Shabbos, Friday, July 6

- Mincha & Ma'ariv ~ 7:00 pm

### Shabbos, July 7

- Shachris & Musaf ~ 8:30 am

- Pesukei D'Zimra: <b>Howard Sandler</b>	- Haftarah: <b>Alan Haber</b>
- Shacharis: <b>Menachem Szus</b>	- Drasha: <b>No Drasha</b>
- Leyning: <b>Moshe Leib Cohen</b>	- Musaf: <b>Menachem Szus</b>

- **Learners' Service** led by Rabbi Yosef David ~ 9:15 am (Rabbi David's last Learners' Service until September)
- **Starting Points: "Wisdom for Daily Living"** led by Rabbi Ze'ev Smason ~10:00 am  
Topic: "A Theory of Relative-ity: Getting Closer to Difficult Family Members"
- **Tot Shabbat & Junior Congregation** ~ 10:00 am (lower level)
- **Kiddush Luncheon** after services sponsored by **Bob & Joni Kaiser**
- **Mincha/ Ma'ariv/ Shalosh Seudos** ~ 7:55 pm

Mashgiach: Alan & Vivian Zarkowsky

Today's Shabbat Greeters: Howard Loiterstein and Jason Loiterstein

### This Week and Beyond....

Minyan Times	Shabbos July 7	Sun. July 8	Mon. July 9	Tues. July 10	Wed. July 11	Thurs. July 12	Fri.* July 13	Shabbos July 14
Shachris	8:30 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	6:45 am	9:00 am
Mincha/Ma'ariv	7:55 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:50 pm

\* Rosh Chodesh Av

## Synaplex Break-out Sessions ~ 11:15 am

1. "Is American Jewish Support for Israel Shrinking?--Repairing The Historic Partnership."  
**Robert A. Cohn, Editor-in-Chief Emeritus, St. Louis Jewish Light**
2. "The Power of Expectation: The Spiritual Gifts of Exile." **Rabbi Joey Rosenfeld**

## Kiddush Luncheon at approx. 12:15 pm

- **Tuesday, July 10** ~ Board Meeting at 7:30 pm
  - **Wednesday, July 11 ~ 2:00 pm** ~ Balance for Balabustes, an NHBZ Sisterhood and Senior Kollel Event that will get you moving!
  - **Wednesday, July 11 ~ 3:30 pm** ~ The Crown Center Speaker's Series presents: "Chesed –The Character of Kindness" with guest speaker **Rabbi Ze'ev Smason**.
  - **Friday, July 13 ~7:00 pm Mincha ~ Lail Shabbos / Friday night** ~ **Rabbi Yitzchok Kowalsky** and **Rabbi Yaakov Berkowitz** of the St. Louis Kollel will lead us in a special Kabbalas Shabbas program, as part of the Kollel's Yarchei Kallah / Annual Summer Learning Program.
  - **Shabbos, July 14 ~ Family Shalosh Seudos** with Guest Speaker: **Rabbi Mendy Rosner**, Rebbe at Missouri Torah Institute (MTI)
    - 7:00 pm ~ Pre-Mincha Shiur/Class: "Rebuilding the Beis HaMikdash on One Foot: The Importance of Ahavas Yisrael (Loving Your Fellow Jew)" *Rabbi Rosner*
    - 7:50 pm ~ Mincha will be followed by the Family Shalosh Seudos meal. "The Power of Prayer" *Rabbi Rosner*
- Thank you** to our Family Shalosh Seudos sponsors **Lenny & Fran Alper, Alan & Janet Haber,** and **Alan & Vivian Zarkowsky** for making this program possible.
- **Tuesday, July 24 ~ 12:00 pm ~ BINGO** sponsored by the NHBZ Sisterhood. Lunch and BINGO for \$9.00.
  - **Sunday, July 29 ~ KidsZone** will be having a fun, family, water-filled afternoon at the park next to NHBZ. Brush up on your baseball skills as we will try and get a family game going! Then come to pizza night! Time TBA
  - **Sunday, July, 29 ~ 4:00- 5:00 pm ~ Shaving Israel Speaker Event** with **Talia Wolkowitz**, a native St. Louisan who joined the IDF in December of 2015.
  - **Sunday, July 29 ~ 5:00- 7:00 pm ~ Pizza Night**

**Birthdays:** Caryn Alper, Frieda Aaronson, Jane Lyss, Dvir Tzadok, Boris Yasinev, Mark Ragin, Murray Hochberg, and Naomi Shanker

**Anniversaries:** Dr. Milton & Sally Tofle and Meira & Shaul Ganel

## Parshas: Pinchas

In last week's Torah portion we found the Jewish hero Pinchas saving the day for the Jewish people by publicly executing the Jewish tribal head, Zimri, and his Midianite girlfriend, Kazbi. Those two had desecrated the Name of G-d and His Torah by having relations in plain view of Moses and the entire Jewish leadership. This week, Pinchas is rewarded for sanctifying the Name of G-d and is granted the blessing of peace and priesthood (Kehuna).

Pinchas' zealous response saves the Jewish people from a plague which had broken out in the camp. Five righteous daughters of Tzelofchad file a claim with Moses: In the absence of a brother, they request their deceased father's share in the Land of Israel. Moses asks G-d for a ruling.

The Almighty responds that the claim of these five women who so dearly love the Land of Israel is, indeed, just. Moses is told that he will ascend a mountain to view the Land that the Jewish people will soon inherit, though he will not be allowed to enter. Moses asks G-d to appoint a successor. Do you know who is chosen? Joshua, Moses' dedicated assistant and student. The Torah portion concludes with a lengthy description of the special offerings brought on various festivals. These sections are also read from the Torah throughout the year on the appropriate holidays.

### **The Three Weeks**

**The Three Weeks is an annual mourning period that falls out in the summer.** This is when we mourn the destruction of the Holy Temple and our launch into a still-ongoing exile. The period begins on the 17th of the Hebrew month of Tammuz and reaches its climax and **concludes with the fast of the 9th of Av**, the date when both Holy Temples were set aflame. This is the saddest day of the Jewish calendar, and it is also the date that many other tragedies befell our people.

### **Tehilim Prayer Group**

We are looking for more people to say Tehilim for those in need. Please call **Julie Eisenberg** for more information – 314.494.8437.

### **Cash Cards**

**Orders are now being taken through July 15.** Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

### **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~** A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

July 7: "A Theory of Relative-ity: Getting Closer to Difficult Family Members" *(at 10:00 am due to SYNAPLEX)*

July 14: "Finding Joy Again"

July 21: "Resilience: Rising Strong After Falling Hard"

July 28: "How to Discuss Politics Without Losing Friends"

**Please note:** Women's Home study group at Jackie Berkin's house will be on hiatus for the summer

## **KIDSZONE News by Alana Umansky**

As a reminder, these are the future dates for Tot Shabbat and Junior Congregation over the summer. Babysitting will be available the other weeks over the summer. July 28 and August 11, 25.

### **In the Community**

**The Holocaust Museum and Learning Center** will screen a special film, commemorating Tisha B'Av, the ninth day of the Jewish month of Av, **Sunday, July 22nd at 2:00 p.m.** in the HMLC theatre, Jewish Federation Kopolow Building, 12 Millstone Campus Drive. This date in the Hebrew calendar marks the destruction of both the first and second Temples in Jerusalem, and several other tragic events in Jewish history. The film is ***Besa: The Promise***, a 2012 documentary directed by Rachel Goslins, presents the powerful, largely unknown story of the Muslim men and women of Albania, who courageously save nearly 2,000 Jews from the Nazis during World War II.

***Besa: The Promise*** is in English and has a running time of 90 minutes. **Rabbi Ze'ev Smason** will lead a discussion following the screening. This program is free of charge and open to the public. For information please call 442-3711 or email [agoldfeder@jfedstl.org](mailto:agoldfeder@jfedstl.org).

#### **LAST WEEK OFFERED:**

Nusach Hari B'nai Zion is offering a unique opportunity to memorialize family members and friends. This year, through July 16, our normally priced memorial plaques of \$360.00 each will be available for \$600 for two memorial plaques. Ordering your plaques by this deadline should enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year.

Please call the office to order your plaques – 314- 991-2100 ext. 2



**Shabbat**

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## Saturday, July 7, 2018

- 8:30 am **Traditional Services** – in the sanctuary
- 9:15 am **Prayer Learners Service** – in the chapel  
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am **Starting Points** – in the chapel  
Topic: "A Theory of Relative-ity:  
Getting Closer to Difficult Family Members  
led by Rabbi Ze'ev Smason
- 10:00 am **Children's Programming** – lower level  
Tot Shabbat for ages 1-6, babysitting for younger children,  
Junior Congregation for ages 7 and up

### 11:15 am **Synaplex Breakout Sessions**

**"Is American Jewish Support for Israel Shrinking?  
– Repairing the Historic Partnership"**

presented by Robert A. Cohn,  
Editor-in-Chief Emeritus, St. Louis Jewish Light

**"The Power of Expectation: The Spiritual Gifts of Exile"**  
presented by Rabbi Joey Rosenfeld

12:15 pm **Kiddush Lunch for All** - in the Social Hall  
**Sponsored by Bob and Joni Kaiser**



## Join us for a **Family Shalosh Seudos**

# Shabbat, July 14, 2018

with Guest Speaker

## Rabbi Mendy Rosner

### Rebbe at Missouri

### Torah Institute (MTI)

- **7:00 pm ~ Pre-Mincha Shiur/Class:** *"Rebuilding the Beis HaMikdash on One Foot: The Importance of Ahavas Yisrael (Loving Your Fellow Jew)"*
- **7:50 pm ~ Mincha with the Family Shalosh Seudos meal to follow.** Topic: *"The Power of Prayer"*

*Presented by the NHBZ Education Committee*

*Thank you to our Family Shalosh Seudos sponsors Lenny & Fran Alper, Alan & Janet Haber, and Alan & Vivian Zarkowsky for making this program possible.*





# THE SISTERHOOD SCOOP JULY

Volume I

Number 18

July 7, 2018

**NHBZ Sisterhood presents the 3<sup>rd</sup> Annual**

## **Dine 'n' Style**

**Luncheon & Fashion Show**

**Sunday, August 19**

Shopping opens at 10:00 AM

Luncheon & Fashion Show promptly at Noon

## **FALLING FOR FASHION**

Featuring 2018 Fashions from **Orli's Boutique**, and of course, lots of Shopping, including:

**Accessories and Gifts, Jewelry, Fused Glass Art, Sculpted Silverware, Fashionable Headscarves, Motek Jewelry, and more...**

Registration \$20 – by Aug. 12

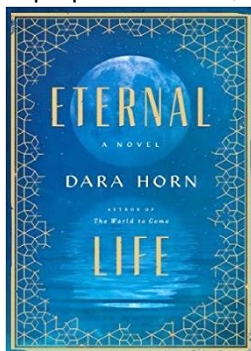
Call 314-991-2100, ext.3, or email: [FashionShow@NHBZ.org](mailto:FashionShow@NHBZ.org)

For more information contact **Debbie Sher** at 314-753-2261, or email: [ddaps114@gmail.com](mailto:ddaps114@gmail.com)



## **Critics agree: Sisterhood's BOOK CLUB is a hit!**

The **next book** selection is: *Eternal Life* by award-winning novelist **Dara Horn**. Described as "a gripping, hilarious, and moving psychological novel, that celebrates the bonds between generations, the power of faith, the purpose of death, and the reasons for being alive."



**Discussion of *Eternal Life* will be Monday, August 27, 7:15-8:45pm**  
at Mansions on the Plaza, 8300 Delmar  
hosted by Chana Lowenstein

FOR MORE INFORMATION CONTACT:  
Fran Alper at 314-993-4024  
[fran.alper@outlook.com](mailto:fran.alper@outlook.com)  
or Chana at 314-274-8718  
[lcloenstein@gmail.com](mailto:lcloenstein@gmail.com)



**Did you know that Sisterhood Members regularly volunteer at Pizza Night? And it's fun!**

- ☒ Join us!
- ☒ Become a Member
- ☒ Volunteer for a Committee

## **NHBZ Sisterhood Luncheon**



**Tuesday, July 24, 12:00 NOON**

*Delicious Lunch*

**Everyone is Welcome  
Men & Women of all Ages  
ATTENDANCE PRIZES!!**



**\$9 Donation**

**RSVP Rachael: 314-395-6017**

**NEXT BOARD MEETING:  
Tuesday, July 24, 6:00 pm**



# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for July, 2018**

July 7: "A Theory of Relative-ity: Getting Closer to Difficult Family Members" *(at 10:00 am due to SYNAPLEX)*

July 14: "Finding Joy Again"

July 21: "Resilience: Rising Strong After Falling Hard"

July 28: "How to Discuss Politics Without Losing Friends"

***Watch for future Starting Points Topics!***

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**



# Slices for Soldiers:

Dear NHBZ Members,

As you know, Israel is embroiled in conflict with Syria and ultimately Iran on its northern borders. If you've found yourself asking "What can I do?" or "In what way can I help?" **The Israel Committee of Nusach Hari B'nai Zion is bringing back the Slices for Soldiers project that was so successful in 2014.** This seemingly small gesture will go a long way toward providing Israeli soldiers with a little smile and respite from the battle field. Previously the project raised \$2,500 to feed front line Israeli Soldiers, so let's come together and make this campaign even more successful!

**We will be collecting money from today until July 30th, with every dollar used for the purchase of pizza from local Israeli pizzerias for troops on the front lines.** Receiving pizza on the battlefield from people half way around the world goes a long way to encourage our soldiers. May Hashem guard and protect them and all of Israel, and may they be successful in their mission and return home quickly and safely.

Please email or call the office at 991-2100 ext. 2 or 3 or [laura@nhbz.org](mailto:laura@nhbz.org) to make your donation or mail it to: NHBZ, 650 North Price Road, Olivette, MO 63132

Thank You,  
Jason Loiterstein  
NHBZ Israel Committee





# Shabbat Children's Programming (Summer)

**July 7 & 28 - August 11 & 25**

***Junior Congregation*** for children ages 7 to 11

**10:00 am – 12:00 pm** in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

***Tot Shabbat*** for Children ages 6 and under

**10:00 am – 11:30 am** in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay


***Babysitting*** is also available **10:00 am - 12:00 pm**

***All children welcome – no RSVP, no cost, no worries!***

***All programs are on the NHBZ lower level,  
and include delicious snacks!***

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)



Crown Center 2018

# SPEAKER SERIES

BUILDING CHARACTER VERSUS BEING A CHARACTER

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**Chesed — The Character of Kindness**  
**Presented by Rabbi Ze'ev Smason from Nusach Hari B'nai Zion**  
**Wednesday, July 11 at 3:30 p.m**

The trait of chesed is one of three 'fine gifts' that G-d gave the Jewish nation. Don't confuse being kind with being nice. Being nice means acting in a pleasant and socially agreeable manner. We will examine the differences between chesed and being nice.

For those 60+, please consider staying for dinner. Make your reservation at 314-991-2055, ext. 124 by Monday, July 9

Please mark your calendars for our next event in this series:  
**August 8th: Rabbi Amy Feder, Temple Israel**



8350 Delcrest Drive  
St. Louis, MO 63124





Nusach Hari B'Nai Zion

# SISTERHOOD LUNCHEON

# BINGO



**WHEN:** Tuesday, **July 24**

**WHERE:** NHBZ Auditorium, 650 N. Price Road

**TIME:** 12:00 NOON **"BINGO! You Won!!"**

*Delicious Lunch  
Everyone is Welcome!*

**Also There will be Attendance Prizes!!**

**\*\*\* \$9.00 Donation \*\*\***

**Hope to see you! Men & Women of ALL Ages!**  
**R.S.V.P. - Rachael: 314-395-6017**

## NHBZ Event Planner

(Check "This Week and Beyond . . ." for time, date or location changes.)

- Call the office, 314-991-2100, ext. 2, to confirm the date and time of any event.
- All events will be at NHBZ unless otherwise noted.

### WEEKLY at NHBZ

#### SHABBOS

- **Tefillah Class (9:30 am)** led by Rabbi Yosef David in the Rivkin Chapel.
- **Starting Points (10:15 am)** led by Rabbi Ze'ev Smason in the Rivkin Chapel.
- **Child Care (10:15 am – Noon)** for kids 3 & under in the Children's Room.
- **Shabbos Tanach (Bible)** (3/4 hour before Mincha)

#### SUNDAY

- **Mishna Learning** (after Shacharis) with Rabbi Chanan Swidler.
- **Tanya** with Rabbi Shaya Mintz, of the St. Louis Kollel at 8:00pm.

#### MONDAY

- **Amud-A-Week Program** with Rabbi David Freund after Ma'ariv, weekly Talmud class/shiur.

#### WEDNESDAY

- **Rabbi Smason's Lunch & Learn (12:15-1:00 pm)** Studying Pirkei Avos.

### Shabbat at NHBZ

#### JUNIOR CONGREGATION & TOT SHABBAT

#### MONTHLY at NHBZ

- **Women's Home Study Group** (First Tuesday) 2:30 pm with Rabbi Shaya Mintz, of the St. Louis Kollel, at the home of Jackie Berkin.
- **Dine-In Pizza Night** (Last Sunday) 5:00 – 7:00 pm. Place Carry-Out Pizza orders by 10:00 am, 314-991-2100, ext 2. Pick up time 4:30–4:45 pm.

### NHBZ Signature Events

**Synaplex Shabbos- Services begin at 8:30am**





# NHBZ Cash Card Order Form

*What is scrip, and how does it work?*

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- When you use scrip gift cards at your favorite retailers, you're fundraising while you shop. It's time to put your shopping dollars to work!
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. (Questions? Call Laura at 991-2100 x3)

Retailer	Denomination (in Dollars)	%	Qty	Total Amount	Retailer	Denomination (in Dollars)	%	Qty	Total Amount
Amazon.com	\$ 25.00	2.25%			Jewel-Osco	\$ 25.00	4.0%		
	\$ 100.00	2.25%				\$ 100.00	4.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Mobil	\$ 50.00	1.0%		
Best Buy	\$ 25.00	4.0%			Office Max/ Office Depot	\$ 25.00	5.0%		
	\$ 100.00	4.0%				\$ 100.00	5.0%		
BP Gas Card	\$ 50.00	1.5%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Container Store	\$ 25.00	9.0%			REI	\$ 25.00	8.0%		
	\$ 100.00	9.0%			Shell Gas Card	\$ 25.00	2.0%		
Crate & Barrel	\$ 25.00	8.0%			Starbucks	\$ 10.00	7.0%		
CVS	\$ 25.00	6.0%				\$ 25.00	7.0%		
	\$ 100.00	6.0%			Stein Mart	\$ 25.00	7.0%		
Dierberg's	\$ 25.00	2.5%			Target	\$ 25.00	2.5%		
	\$ 100.00	2.5%				\$ 50.00	2.5%		
Dillards	\$ 25.00	9.0%			Talbots	\$ 25.00	13.0%		
	\$ 100.00	9.0%			T.J. Maxx/Marshall's/ Home Goods	\$ 25.00	7.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	7.0%		
Gap/Old Navy/ Banana Republic	\$ 25.00	14.0%			Ulta Beauty	\$ 25.00	4.0%		
Home Depot	\$ 100.00	14.0%			Walgreens	\$ 25.00	5.0%		
	\$ 25.00	4.0%				\$ 100.00	5.0%		
iTunes	\$ 100.00	4.0%			Walmart/ Sam's Club	\$ 25.00	2.5%		
	\$ 15.00	5.0%				\$ 100.00	2.5%		
JC Penney	\$ 25.00	5.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 25.00	5.0%				\$ 100.00	3.0%		
	\$ 100.00	5.0%			Other**				

**TOTAL THIS ORDER: \$** \_\_\_\_\_

- Orders & payments to NHBZ may be made by **check or cash only**, and MUST accompany your order form.
- Payments received after the 15th of the month will automatically be placed on the next order date.

\*\*A complete list of participating businesses can be found at ShopWithScrip.com. If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP CODE \_\_\_\_\_

*And please remember to use your Schnuck's Card for NHBZ credit!!!*