



NHBZ Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 25, 2018 ~ 5778

Candle Lighting 7:25 pm

Shabbat Ends 8:27 pm

Torah Portion: Parshas Ki Seitzei Deuteronomy 21:10 - 25:19 Chumash pages 1046-1067

Maftir: Isaiah 54:1 - 55:5

Chumash pages 1199-1201

Thank you to our Sponsors:

Thank you to **Jesse and Debbie Barash** for enhancing the Kiddush in celebration of their wedding anniversary!

Thank you to **Jay and Peggy Umansky** for the desserts this Shabbos in observance of the chai yahrzeit of Peggy's father, Bernard J Cook z"l and the yahrzeit of Jay's grandfather, Eli Glass z"l.

Erev Shabbos, Friday, August 24

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, August 25

- Shachris & Musaf ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**

- Shacharis: **Menachem Szus**

- Leyning: **Moshe Leib Cohen**

- Haftorah: **Howard Sandler**

- Drasha: **Rabbi Ze'ev Smason**

- Musaf: **Alan Haber**

- **Starting Points: Wisdom for Daily Living** ~10:15 am ~ led by Rabbi Ze'ev Smason
Topic: "Five Polite Ways to Disarm Rude People"
- **Tot Shabbat and Junior Congregation** ~ 10:00 am ~ led by Alana Minoff
- **Mincha/ Ma'ariv/ Shalosh Seudos** ~ 7:00 pm

Today's Shabbat Greeters: Dr. Craig Berkin and Kenny Bressler

This Week and Beyond....

Minyan Times	Shabbos Aug 25	Sun. Aug 26	Mon. Aug 27	Tues. Aug 28	Wed. Aug 29	Thurs. Aug 30	Fri. Aug 31	Shabbos Sept 1
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	7:00 pm	6:55 pm

Birthdays: Dodi Smason, Brigitte Rosenbluth, Daria Rosenbluth, and Daniel Shanker

Anniversaries: none

- **Sunday, August 26 ~ 10th Annual Rabbi Ride Around ~ 10:00 am - 2:00 pm**
Where: Forest Park Shelter # 8. This year's ride is dedicated to Gino Bartali, a great Italian cyclist who saved hundreds of Jews during the Shoah. The RRA is a fun-filled picnic with balloons, face painting, kid's attendance prizes, a raffle, a bike themed silent auction and of course lunch.
- **Sunday, August 26 ~ Pizza Night ~ Best Kosher Pizza in St. Louis!** Would you like to get out of the kitchen and enjoy the Best Kosher Pizza in St. Louis? If so, please bring your entire family to Nusach Hari's Pizza Night where everyone can enjoy a delicious dinner of all-you-can-eat Kosher pizza, pasta, salad, garlic bread, dessert and a beverage. Plus, a movie for the kids! No reservations are required and credit card payments are accepted. If you prefer to carry out, cheese pizzas are \$12 each plus \$.75 for each topping. Carryout orders should be placed by 10 a.m. on Sunday, by sending an email to jeff@nhbz.org or by calling 314-991-2100, ext. 2. Pick up is between 4:30 - 4:45 p.m. Hope to see you there!
- **Thursday, August 30 ~ 7:45 pm ~ Holiday Study Class taught by Rabbi Smason ~**
Topic: "The Structure of the Rosh Hashana Machzor" Class will be held at the home **Dr. Craig & Jackie Berkin**. Please RSVP to 314-991-2100 or jeff@nhbz.org.
- **Shabbos, September 1 ~ Family Shalosh Seudos ~** with Guest speaker **Rabbi Yaakov Silverman** of the STL Kollel. At 6:00 pm prior to Mincha, the topic will be: "Reaching New Heights Through the High Holidays". At 7:25 pm during Shalosh Seudos the topic will be: "*Sho-far, Sho-good: Connecting to the Shofar*".
This Family Shalosh Seudos is sponsored by **Julie Eisenberg** in memory of her father Stuart Raskas z"l, **Keith Zeff** in memory of his mother Beth Zeff z"l, and **Linda Carton** in memory of her mother Sarah Kalmes z"l.

Lulav and Etrog Orders are now being taken until Tuesday, August 28. Please place your order now as we **cannot guarantee that more sets will be available** after that date. Order by email to: jeff@nhbz.org or phone 991-2100 ext. 2.

Basic Lulav & Etrog set = \$45
Deluxe Lulav & Etrog set = \$65

Standard Lulav & Etrog set = \$55
Premium Lulav & Etrog set = \$80

Parshas: Ki Seitzei

This week's Torah portion contains 74 mitzvos (commandments) -- more than 10% of the 613 mitzvos of the Torah. Among the highlights:

- Guidelines for treatment of captured female prisoners of war
- Treatment of the 'stubborn and rebellious son'
- Prohibition of wearing shatnez -- a mixture of wool and linen in the same garment
- The case of the defamation of a married woman
- Men are forbidden from wearing women's clothing and vice versa.
- Taking interest for lending to a Jew is forbidden
- The requirement of a get (bill of divorce) when divorce takes place
- The obligation to pay workers in a timely fashion (handymen, babysitters, etc.)
- Special consideration must be given to a widow and orphan

This power-packed Torah portion concludes with the command to remember the atrocities which the nation of Amalek (from whom Haman came) committed against us upon our exodus from Egypt.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason
Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms. Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

August 25: "Five Polite Ways to Disarm Rude People"
Sept. 1: "How to Forgive When You Can't Forget"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

KIDSZONE by Alana Minoff

We have lot of exciting programming coming up this week! We will have Junior Congregation and Tot Shabbat. We are gearing up for the High Holidays and would love to hear if you have any thoughts or ideas for fun programming. We are also looking for a fun, energetic Tot Shabbat teacher to teach 1-2/month after Morah Kate moves to Florida. If you know of anyone, please let me know!

Thank you to the following Rabbi Ride Around Event Sponsors

Kenny & Barbara Bressler, Dr. Faye and Brian McCary, Don & Julie Eisenberg, Stan & Rhonnie Goldfader, Aida Greenberg, Alan & Janet Haber, Bob & Joni Kaiser, Dr. Eliot & Sally Katz, Jason & Nicole Loiterstein, Dr. Daniel & Marcela Morgensztern, David Porter, and Mark Ragin & Gail Rose



On Sunday, August 26 at 7:00 pm Julie Eisenberg will be hosting at her home a G-d wink (G-d wink is your story of how Hashem has touched you) in memory of Julie's father, Stuart Raskas z"l. Contact Julie before or after Shabbos at 314-494-8437



JOIN US
Sunday August 26, 2018



JOIN US (and tell all your friends) For
The RALLY and PICNIC & MORE

Rabbi Smason Rides 50 Miles on the Forest Park Bike Trail.

The Ride begins at 10:00 AM

Plus Fun Kids Activities • Way Cool Balloons™ • RAFFLE Prizes at 1:00

Delicious Picnic Lunch at NOON!

RAFFLE: PLEDGES OF 25¢/MILE TO \$1.00/MILE (\$12.50 - \$50.00) = 1 FREE RAFFLE TICKET AWARDED FOR EACH ADDITIONAL \$50.00 PLEDGED, ANOTHER RAFFLE TICKET IS AWARDED. (2 TICKETS FOR \$100, 4 FOR \$200 ETC.) YOU NEED NOT BE PRESENT TO WIN!



GINO BARTALI
1914 - 2000

Call 314-991-2100 ext. 2
TO PLEDGE/SPONSOR Rabbi Smason

This year's Rabbi Ride Around is dedicated to the memory of Gino Bartali, a Great Italian cyclist who saved 100's of Jews during the Shoah.



2018 High Holiday Newsletter 5779

High Holiday and Yom Tov Complete Schedule Of Services

SELICHOS PRIOR TO ROSH HASHANAH

Sat. Night / Sun. morn. Sept. 2 12:30 am
Mon. Sept 3 (Labor Day) 7:30 am
Tue. – Fri. Sept 4-7 6:30 am
Sunday, Sept. 9 7:15 am

ROSH HASHANA

Sunday Evening, September 9

Learner's Service 6:20 pm
Mincha 6:50 pm
Candle Lighting 7:01 pm

Monday, September 10

Shacharis 8:00 am
Learner's Service 10:00 am – 12:30 pm
Drasha (Sermon) 10:20 am
Children's Programs 10:30 am to 1:00 pm
Shofar 10:45 am
Mincha-Tashlich 6:50 pm
*Candle Lighting 8:02 pm

Tuesday, September 11

Shacharis 8:00 am
Learner's Program 11:00 am – 12:30 pm
Drasha (Sermon) 10:20 am
Children's Programs 10:30 am to 1:00 pm
Shofar 10:45 am
Mincha 6:50 pm
Yom Tov Candle Lighting 8:01 pm

TZOM GEDALIAH (Fast of Gedaliah)

Wednesday, September 12

Fast Begins 5:27 am
Selichos 6:45 am
Shacharis 7:00 am
Mincha 6:40 pm
Fast Concludes 7:56 pm

YOM KIPPUR

Erev Yom Kippur - Tuesday, September 18

Mincha 1:30 pm
Fast Begins Prior to Kol Nidre
Candle Lighting at home *. 6:47 pm or earlier
(* No Candle Lighting at NHBZ)
Babysitting 5:45 – 9:00 pm
Take out Torahs 6:15 pm
Kol Nidre 6:20 pm
Maariv Concludes Approximately 9:30 pm

Yom Kippur - Wednesday, September 19

Shacharis 8:00 am
Learner's Service 10:00 am
Children's Programs 10:30 am to 1:00 pm
Drasha (Sermon) 11:45 am
Yizkor 12:15 pm
Musaf 1:00 pm

Mincha 4:55 pm
Neilah 6:25 pm
Maariv 7:35 pm
Havdalah 7:50 pm
Shofar Sounded 7:55 pm
Fast Concludes After Shofar is Sounded

SUKKOS

Sunday Evening, September 23

Mincha 6:30 pm
Candle Lighting 6:39 pm

Monday, September 24

Shacharis 9:00 am
Drasha (Sermon) 10:45 am
Mincha 6:30 pm
*Candle Lighting 7:40 pm

Tuesday, September 25

Shacharis 9:00 am
Drasha (none today)
Mincha 6:30 pm
Yom Tov Ends 7:39 pm

CHOL HAMOE'D SUKKOS

Wed. – Fri. Sept. 26 - 28

Shacharis 6:45 am
Mincha 6:30 pm

Shabbos, Sept 29.

Shacharis 9:00 am
Mincha 6:15 pm

Sunday, September 30

Shachris-Hoshana Raba 8:00 am

SHEMINI ATZERES

Sunday Evening, September 30

Mincha 6:20 pm
Candle Lighting 6:28 pm

Monday, October 1

Shacharis 9:00 am
Yizkor 10:30 am
Mincha 6:20 pm
Ma'ariv 7:10 pm
Candle Lighting 7:29 pm

SIMCHAS TORAH

Monday Evening, October 1

Hakofos & Parade of Torahs 7:25 pm
Break for dinner (free to all) 8:00 pm
Resume Hakofos 8:35 pm

Tuesday, October 2

Shacharis 9:00 am
Kol Hanarim – Call all kids to Torah 11:00 am
Mincha 5:30 pm
Yom Tov Ends 7:28 pm



Pizza Night

Sunday, August 26

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Home Study Class

Two Self-Contained Sessions

THE LATEST IN A SERIES OF TALKS AT THE HOMES OF OUR MEMBERS & FRIENDS

taught by Rabbi Ze'ev Smason

Rosh Hashana



Structure of the Machzor

Thursday Aug 30, 7:45 pm

at the home of Dr. Craig and Jackie Berkin
light refreshments will be served



Please RSVP to **Jeff** at **314-991-2100** or jeff@nhbz.org
We will provide the address and phone number at the time of your RSVP.



THE SISTERHOOD SCOOP AUGUST



Volume I

Number 25

August 25, 2018

Send in your check for Sisterhood's
New Year Greetings fundraiser

Sisterhood invites you to wish *L'Shana Tova Tikatevu* to everyone in our NHBZ shul family.

Deadline is Tuesday Aug. 28

PROCEEDS BENEFIT NHBZ's **PASSPORT TO ISRAEL**

Sisterhood Book Club for August

Discussion of **Eternal Life** by award-winning novelist **Dara Horn** will be **Monday, August 27, 7:15-8:45pm** at Mansions on the Plaza, 8300 Delmar hosted by Chana Lowenstein discussion led by Peggy Umansky

FOR MORE INFORMATION:

Fran Alper - 314-993-4024, fran.alper@outlook.com
or Chana - 314-274-8718, lcloenstein@gmail.com

Join NHBZ Sisterhood in Support of the Rabbi-Ride-Around

Come to the Sisterhood Booth at the 10th Annual Rabbi-Ride-Around and help cheer on Rabbi Smason as he rides 50 miles. Stop by for a special Italian treat in tribute to the memory of Gino Bartali, the great Italian cyclist who saved hundreds of Jews during the Shoah. This **Sunday, August 26**

Forest Park Shelter 8



THANKS to THE VENDORS

Fabric Art by Berta Goldgaber
FletcherWorks – Lauren Nall
JoAnn Ford Dyes
Glasswork by Sallie – Sallie Volotzky
Gifts and More – Charlene Eidelman
Knot Thinkers – Anna & Shelly Sher
LHM Creative Design – Linda Marcus
Morris Minerals, Metals & Glassworks
Motek – Bar Rodin
Orli's Boutique – Orli Axelbaum
St. Louis Kollel – Linda Markowitz
Wrapunzel St.Louis – Jackie Zitlin



THE MODELS

Caryn Alper
Joanna Alper
Dr. Faye Cohen
Fran Hoffman
Helayne Levitt
Phyllis Loiterstein
Terri Schnitzer
Dodi Smason
Ayelet Smason

Set-Up VOLUNTEERS

Lenny Alper
Denny Feit
Ed Levitt
Howard Loiterstein
Brian Sher
Gary Sudin
Jay Umansky

THANKS TO

David Gellman
Leslie Gitel
Norma Rubin
Terri Schnitzer
Faith Waxman

Thanks to all who made Sisterhood's 3rd Annual DINE 'N' Style

**Luncheon & Fashion Show
a smashing success**

THE STAFF

Laura Krueger
Jeff Miller
Teretha Carter
Alan Swan

THE COMMITTEE

Teree Farbstein, Co-Chair
Debbie Sher, Co-Chair
Fran Alper
Marcie Brook
Amy Feit
Aida Greenberg
Sally Katz
Helayne Levitt
Phyllis Loiterstein
Chani Smason
Trudy Sudin
Peggy Umansky

THE PROGRAM PARTICIPANTS

Orli Axelbaum
Joni Kaiser
Howard Sandler, accompanist



NHBZ Sisterhood Board Members



Family Shalosh Seudos *(the Third Shabbat Meal)*

Saturday, September 1, 2018

with Guest Speaker

Rabbi Yaakov Silverman
of The St. Louis Kollel



6:00 pm prior to Mincha – “Reaching New Heights Through the High Holidays”

6:55 pm – Mincha

7:25 pm during Shalosh Seudos – “Sho-far, Sho-good: Connecting to the Shofar”

Shalosh Seudos is sponsored by:

Linda Carton in memory of her mother Sarah Kalmes
Julie Eisenberg in memory of her father Stuart Raskas
Keith Zeff in memory of his mother Beth Zeff

RSVP to Jeff at 314-991-2100 ext. 2 or jeff@nhbz.org



New Year Greetings

fundraiser

The NHBZ Sisterhood
wishes you and your loved ones
Health, Happiness & Prosperity in the New Year

**Our Sisterhood invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family.**

Make your check payable to NHBZ,
and write '*Sisterhood Greeting*' on the memo line.
(\$5 minimum, please – no maximum!)

Names will be published in the 5779 Rosh Hashanah Bulletin.

Send your contribution, along with the form below, by **August 28** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

Or, you may email your greeting information directly to laura@nhbz.org

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT. 3

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5779 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ (*\$5 minimum – no maximum!*)

Please list my name(s) as follows:





Shabbat Children's Programming (Summer)

August 25

Junior Congregation for children ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat for Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

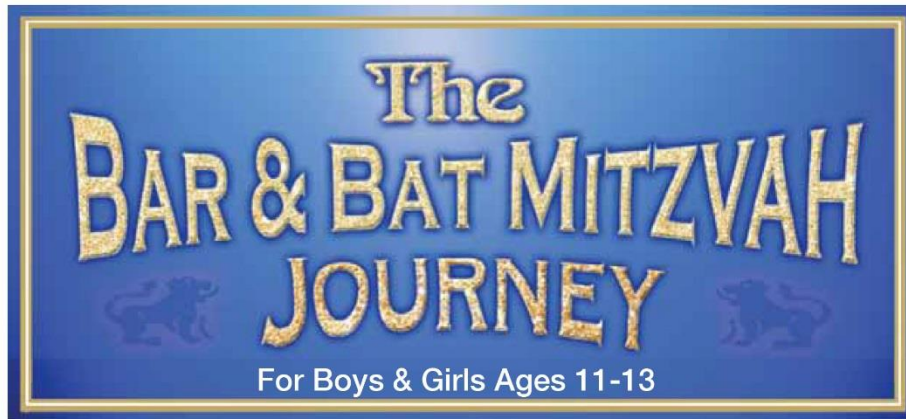
For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



JOIN THE BAR & BAT MITZVAH JOURNEY

בר/בת מצוה

Prepare for Your Exciting Milestone with Friends and Great Teachers



Highlights of this interactive and multi-faceted program are to include:

- Jewish Identity, Pride, & Contemporary Issues • Things Every Jew Should Know •
- Shabbat • Holidays • Jewish History Highlights • Israel & Us •
- Jewish Life Cycle • Jewish Heroes and Heroines • Community Leadership •

~ 27 WEEKLY SESSIONS ~

Sundays 4-5:30pm | No prior formal Jewish studies required

Open to all regardless of level of observance | NHBZ membership not required!

All participants will be eligible to celebrate their Bar/Bat Mitzvah at NHBZ.

Course Starts October 7, 2018

Sign up online by 9/21/18: www.nhbz.org, or Call: 991-2100 Ext 2

