



NHBZ Shabbos & Yom Tov Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 8, 2018 ~ 5778

Candle Lighting 7:03 pm

Shabbat Ends 8:04 pm

Torah Portion: Parshas Nitzavim - Deuteronomy 29:9 - 30:20 Chumash pages 1086 - 1093
Maftir: Haftarah: Isaiah 61:10 - 63:9 Chumash pages 1202 - 1204

Thank you to our Sponsors:

- This Shabbos Bulletin is sponsored by **Sally Needle** wishing the NHBZ family and Klal Yisrael a year of peace, good health, and good mazel. Special birthday wishes to **Elie Needle** and **Jackie Berkin**!
- Thank you to **Moshe Pinto** for sponsoring the bulletin wishing everyone a Shanah Tovah!
- A very special thank you to **Jessica Fadem** for providing the Food Pantry baskets during Rosh Hashana. Don't forget to bring a can of food for the Yom Kippur food drive.

Erev Shabbos, Friday, September 7

- Mincha & Ma'ariv ~ 7:00 pm

Shabbos, September 8

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **David Rubin**
 - Leyning: **Elie Needle**
 - Haftarah: **David Rubin**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Elie Needle**
- Learners' Service led by Rabbi Yosef David ~ 9:30 am
- Starting Points: Wisdom for Daily Living ~10:15 am ~ led by Rabbi Ze'ev Smason
Topic: "Begin Again: What Can Make This the Best Year Ever?"
- Mincha/ Ma'ariv/ Shalosh Seudos ~ 6:45 pm

Today's Shabbat Greeters: Don & Julie Eisenberg

Birthdays: Carl Solomon, Irwin Rosen, Corey Woolf, Fran Hoffman, Daniel Morgensztern, Jesse Barash, Ayelet Smason, and Louise Givon

This Week and Beyond....

Minyan Times	Shabbos Sept 8	Sun. Sept 9	Mon.* Sept 10	Tues.* Sept 11	Wed.** Sept 12	Thurs. Sept 13	Fri. Sept 14	Shabbos Sept 15
Shachris	9:00 am	8:00 am	8:00 am	8:00 am	6:45 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	6:45 pm	6:50 pm	6:50 pm	6:50 pm	6:40 pm	6:50 pm	6:50 pm	6:35 pm

*Rosh Hashana

** Fast of Gedaliah

Erev Rosh Hashana – Sunday, September 9

Mincha & Maariv ~ 6:50 pm

Learners' Service ~ 6:40 pm Led by **Rabbi Yosef David** ~ Feigenbaum- Pepose Learning Center

YomTov Candle Lighting ~ 7:01 pm

Rosh Hashana ~ 1st Day – Monday, September 10

Shachris & Musaf ~ 8:00 am

Pesukei D'Zimra: **Menachem Szus**
Shacharis: **Rabbi Yaakov Berkowitz**
Leyning: **Elie Needle**
Shofar: **Rabbi Ze'ev Smason**

Haftorah: **Dr. Naftali Kadosh**
Drasha (Sermon): **Rabbi Ze'ev Smason**
Musaf: **Elie Needle**

Torah Portion: Genesis 21:1- 34
Maftir: Numbers 29:1 – 6
Haftorah: I Samuel 1:1 - 2:10

Machzor pp 164-166; Chumash pp 94-99
Machzor p 169; Chumash pp 894-895
Machzor pp 170-172; Chumash pp 1234

- **Learners' Service** ~10:00 am–12:30 pm ~ led by **Rabbi Yosef David**, of Aish HaTorah, Feigenbaum- Pepose Learning Center
- **Child Care** ~ 9:00 am - 1:00 pm ~ children 3 years old and younger, in the Eli Ragin Children's Room
- **Tot Yom Tov** ~ 10:00 am -1:00 pm ~ led by **Kate Freidman** in the Youth Lounge
- **Junior Congregation** ~10:00 am – 1:00 pm ~ led by **Richard Woolf** in the Chapel
- **Drasha** ~ Sermon 10:20 am
- **Shofar** ~10:45 am
- **Mincha & Ma'ariv** ~ 6:50 pm ~Tashlich between Mincha & Ma'ariv
- **Candle Lighting** ~ 8:01 pm

Rosh Hashana ~ 2nd Day – Tuesday, September 11

Shachris & Musaf ~ 8:00 am

Pesukei D'Zimra: **Menachem Szus**
Shacharis: **Rabbi Yaakov Berkowitz**
Leyning: **Elie Needle**
Shofar: **Rabbi Ze'ev Smason**

Haftorah: **Lenny Alper**
Drasha (Sermon): **Rabbi Ze'ev Smason**
Musaf: **Elie Needle**

Torah Portion: Genesis 22:1-24
Maftir: Numbers 29:1- 6
Haftorah: Jeremiah 31:1- 19

Machzor pp 164-166; Chumash pp 100-105
Machzor p 169; Chumash pp 894-895
Machzor pp 170-172; Chumash pp 1236-1237

- **Learners' Service** ~ 11:00 am -12:30 noon ~ led by **Mrs. Mimi David** - Feigenbaum-Pepose Learning Center
- **Child Care** ~ 9:00 am - 1:00 pm ~ children 3 years old and younger, in the Eli Ragin Children's Room
- **Tot Yom Tov** ~ 10:00 am -1:00 pm ~ led by **Kate Friedman** in the Youth Lounge
- **Junior Congregation** ~10:00 am - 1:00 pm ~led by **Richard Woolf** in the Chapel
- **Drasha / Sermon** ~10:20 am
- **Shofar** ~ 10:45 am
- **Mincha** ~ 6:50 pm
- **Yom Tov Ends** ~ 8:01 pm

Fast of Gedaliah, Wednesday, September 12

Fast begins ~ 5:27 am

Shachris ~ 6:45 am

Mincha ~ 6:40 pm

Fast Concludes ~ 7:56 pm

NHBZ President's Message

My wife Peggy, our family and I wish you the sweetest of New Years. I am humbled and honored at the opportunity to serve as your president. Thank you to each and every one of our members for ensuring the health and vitality of our Shul. We rely on your active support so that we can continue to inspire, educate and create a sacred place for all our community. Rosh Hashanah and teshuvah are annual reminders of the possibilities to renew our relationship with HaShem and with each other.

Nusach Hari B'nai Zion is a family, and like the members of a family, we all have responsibilities. At this time of year, it is appropriate to think not only of what the Shul can do for you, but to think of what you can do for the Shul. Feel free to reach out to me and the other officers and members of the congregation's board. Volunteer to serve on a committee. Attend the many classes we offer. I assure you that you will get far more out of it than the time you put in.

Your Yom Kippur pledge will allow us to continue to be a welcome home to all in the NHBZ family.

It is my fervent hope that each of us discover a new sense of possibility, a new belief in the gifts we have to offer and share, a renewed commitment to our Judaism and to our Shul.

May each of you be inscribed and sealed for a good year.

Jay B. Umansky, President

- **Sunday ~ September 16 ~ 9:30 am ~ NHBZ Sukkah Raising Party.** Please contact Menachem Szuz at menachem@alonsystems.com
- **Shabbos, October, 6 ~ 8:30 am ~ Synaplex Shabbat ~** The speakers and topics are:
 - *"Back to the Future?: 'Zionism as Racism' in the African and Arab Human Rights Systems."* **Robert P. Barnidge, Jr.** PhD, Professor & Coordinator of International Relations, Webster University
 - *"Raising a Jewish Family"* **Rebbetzin Mimi David, Aish HaTorah St. Louis**

Thank you to **Dr. Chana Lowenstein** and her husband **Doug**, for sponsoring Synaplex in memory of Chana's parents, Bud Lowenstein, z"l and Helen Lowenstein, z"l

Parshas: Nitzavim

Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's 'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. A question for your consideration- how could someone not present be bound to a commitment made by their ancestors? What is the binding force today that obligates all Jews to keep a Torah accepted over 3,000 years ago?

Moses tells the people that although eventually they will sin, in time they will repent and return to the Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Adult Learning at NHBZ

Notice- Lunch & Learn with Rabbi Smason will not meet on Wednesday's the remainder of September.

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Sept. 8. "Begin Again: What Can Make This the Best Year Ever?"

Sept. 15. "Mistakes We Need to Stop Making"

Sept. 22: "Tired of Keeping Up with the Joneses (or Goldbergs)?"

Sept. 29: "What Makes for a Happy Life?"

Oct. 6: "Lessons from Adam & Eve: Growing Closer to the Ones You Love" (Synaplex) 10:00am

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

KIDSZONE by Alana Minoff

You will not want to miss this Shabbat at NHBZ!! Two of our new Bnot Sherut will be teaching Junior Congregation! Dassi, who is teaching this year at Mirowitz and Atara, who is teaching at Epstein this year. We are so fortunate to welcome them to NHBZ once a month STARTING this Shabbat, September 8th! I hope to see you all there and show them what an amazing program we have at NHBZ!

We are gearing up for a busy and exciting High Holiday season! Morah Kate, Moreh Rich, Morah Julia and myself will be teaching throughout Rosh Hashana and Yom Kippur. There will be babysitting Erev Rosh Hashana and children's programming day 1 and 2 (September 10th and 11th) from 10-1.





New Year Greetings

5779 ~ 2018

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign by wishing everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year

L'Shana Tova Tikatevu

Lenny & Fran Alper
Jesse & Debbie Barash
Jackie & Craig Berkin
Shirley & Sam Bluestein
Arnold Brody
Alan, Marcie, Nathan and Eliana Brook
Frances & Jerry Cohen
June Cohen and Family
Julie & Don Eisenberg
Jessica Fadem
Teree Farbstein
Susan Feigenbaum, Jay Pepose & family
Amy & Denny Feit and Family
Mimi Fiszal
The Gelb Family
David & Lisa Gellman
Marvin & Jackie Gitel
Rhonnie & Stanley Goldfader
and Our Loving Family
Abert & Sheila Goodman and Family
Aida, Lila and Levi Greenberg
Marvin & Sandy Greenberg
Anna & Sol Guber
Fran & Harold Hoffman
Larry & Shirley Hollander

Sandy & Kurt Kahn
Joni & Bob Kaiser
Sally & Eliot Katz
Morris & Estelle Kram
Judy & Jacob Levin
Helayne & Ed Levitt
Norman & Marilyn Liss and Family
Phyllis & Howard Loiterstein
Ina & Ron Makovsky
Jean & Stan Margul
Faye Cohen McCary
Alana & Mike Minoff,
Yael, Max Rafi & Yishama
Sally Needle
Ruth Alper Novack
Rachael Pevnick and Family
Jim and Rachel Pollock
Libby Sorkin Routman
Debbie & Brian Sher
Marvin Stein
Gary & Trudy Sudin
Linda & Menachem Szus
Roberta "Bobbie" Tolpen
Reuven & Margo Tzadok
Peggy & Jay Umansky
Bruce & Faith Waxman

Help us meet our New Year Greeting fundraising goal for this year.
Add your name to the list, call by Wed., Sept. 12. Please be generous.

2018 High Holiday Newsletter 5779

High Holiday and Yom Tov Complete Schedule Of Services

SELICHOS PRIOR TO ROSH HASHANAH

Sat. Night / Sun. morn. Sept. 2 12:30 am
Mon. Sept 3 (Labor Day) 7:30 am
Tue. – Fri. Sept 4-7 6:30 am
Sunday, Sept. 9 7:15 am

ROSH HASHANA

Sunday Evening, September 9

Learner's Service 6:20 pm
Mincha 6:50 pm
Candle Lighting 7:01 pm

Monday, September 10

Shacharis 8:00 am
Learner's Service 10:00 am – 12:30 pm
Drasha (Sermon) 10:20 am
Children's Programs 10:30 am to 1:00 pm
Shofar 10:45 am
Mincha-Tashlich 6:50 pm
*Candle Lighting 8:02 pm

Tuesday, September 11

Shacharis 8:00 am
Learner's Program 11:00 am – 12:30 pm
Drasha (Sermon) 10:20 am
Children's Programs 10:30 am to 1:00 pm
Shofar 10:45 am
Mincha 6:50 pm
Yom Tov Candle Lighting 8:01 pm

TZOM GEDALIAH (Fast of Gedaliah)

Wednesday, September 12

Fast Begins 5:27 am
Selichos 6:45 am
Shacharis 7:00 am
Mincha 6:40 pm
Fast Concludes 7:56 pm

YOM KIPPUR

Erev Yom Kippur - Tuesday, September 18

Mincha 1:30 pm
Fast Begins Prior to Kol Nidre
Candle Lighting at home *. 6:47 pm or earlier
(* No Candle Lighting at NHBZ)
Babysitting 5:45 – 9:00 pm
Take out Torahs 6:15 pm
Kol Nidre 6:20 pm
Maariv Concludes Approximately 9:30 pm

Yom Kippur - Wednesday, September 19

Shacharis 8:00 am
Learner's Service 10:00 am
Children's Programs 10:30 am to 1:00 pm
Drasha (Sermon) 11:45 am
Yizkor 12:15 pm
Musaf 1:00 pm

Mincha 4:55 pm
Neilah 6:25 pm
Maariv 7:35 pm
Havdalah 7:50 pm
Shofar Sounded 7:55 pm
Fast Concludes After Shofar is Sounded

SUKKOS

Sunday Evening, September 23

Mincha 6:30 pm
Candle Lighting 6:39 pm

Monday, September 24

Shacharis 9:00 am
Drasha (Sermon) 10:45 am
Mincha 6:30 pm
*Candle Lighting 7:40 pm

Tuesday, September 25

Shacharis 9:00 am
Drasha (none today)
Mincha 6:30 pm
Yom Tov Ends 7:39 pm

CHOL HAMOED SUKKOS

Wed. – Fri. Sept. 26 - 28

Shacharis 6:45 am
Mincha 6:30 pm

Shabbos, Sept 29.

Shacharis 9:00 am
Mincha 6:15 pm

Sunday, September 30

Shachris-Hoshana Raba 8:00 am

SHEMINI ATZERES

Sunday Evening, September 30

Mincha 6:20 pm
Candle Lighting 6:28 pm

Monday, October 1

Shacharis 9:00 am
Yizkor 10:30 am
Mincha 6:20 pm
Ma'ariv 7:10 pm
Candle Lighting 7:29 pm

SIMCHAS TORAH

Monday Evening, October 1

Hakofos & Parade of Torahs 7:25 pm
Break for dinner (free to all) 8:00 pm
Resume Hakofos 8:35 pm

Tuesday, October 2

Shacharis 9:00 am
Kol Hanarim – Call all kids to Torah 11:00 am
Mincha 5:30 pm
Yom Tov Ends 7:28 pm

PARKING FOR THE HIGH HOLIDAYS

NUSACH HARI B'NAI ZION

We have arrangements with our neighbor, Logos School, to use the vacant spaces on their lower parking lot (nearest to NHBZ). There are only 25 spaces available during the Rosh Hashana & Yom Kippur day services so this lot will fill quickly - Do not park on their upper lot (closest lot to Old Bonhomme) or you will be towed.

For evening services the Logos parking lot may be used in full.

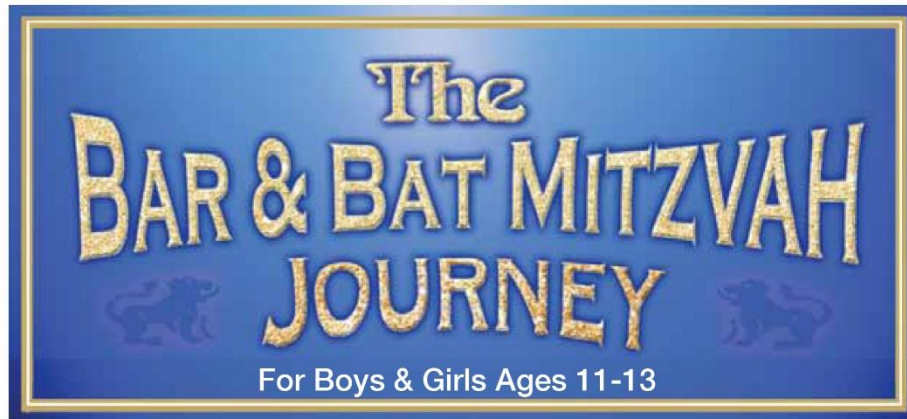
There is also parking on both sides of Old Bonhomme from Price Road east to 170 and there is parking on side streets, unless there are posted No Parking signs. Also, please do not block our neighbor's driveways or mailboxes.



JOIN THE BAR & BAT MITZVAH JOURNEY

בר/בת מצוה

Prepare for Your Exciting Milestone with Friends and Great Teachers



Highlights of this interactive and multi-faceted program are to include:

- Jewish Identity, Pride, & Contemporary Issues • Things Every Jew Should Know •
- Shabbat • Holidays • Jewish History Highlights • Israel & Us •
- Jewish Life Cycle • Jewish Heroes and Heroines • Community Leadership •

~ 27 WEEKLY SESSIONS ~

Sundays 4-5:30pm | No prior formal Jewish studies required

Open to all regardless of level of observance | NHBZ membership not required!

All participants will be eligible to celebrate their Bar/Bat Mitzvah at NHBZ.

Course Starts October 7, 2018

Sign up online by 9/21/18: www.nhbz.org, or Call: 991-2100 Ext 2





Shabbat

Thank you to Dr. Chana Lowenstein & her husband Doug for sponsoring Synaplex in memory of Chana's parents, Bud Lowenstein, z"l and Helen Lowenstein, z"l

Saturday, October 6, 2018

- 8:30 am **Traditional Services** – in the sanctuary
- 9:15 am **Prayer Learners Service** – in the chapel
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am **Starting Points** – in the chapel
Topic: "Lessons from Adam & Eve: Growing Closer to the Ones You Love" led by Rabbi Ze'ev Smason
- 10:00 am **Children's Programming** – lower level
Tot Shabbat for ages 1-6, babysitting for younger children,
Junior Congregation for ages 7 and up

11:15 am **Synaplex Breakout Sessions**

"Back to the Future? 'Zionism as Racism' in the African and Arab Human Rights Systems"

led by Robert P. Barnidge, Jr., PhD
Professor & Coordinator of International Relations at
Webster University.

"Raising a Jewish Family" led by Rebbetzin Mimi David,
Aish HaTorah St. Louis

12:15 pm **Kiddush Lunch for All** - in the Social Hall

*NHBZ Synaplex Shabbat is free and open to the Jewish public
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*



Starting Points:

Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for September, 2018

Sept. 8: "Begin Again: What Will Make This the Best Year Ever?"

Sept. 15: "Mistakes We Need to Stop Making"

Sept. 22: "Tired of Keeping Up with the Joneses (or Goldbergs)?"

Sept. 29: "What Makes for a Happy Life?"

Oct. 6: "Lessons from Adam & Eve: Growing Closer to the Ones You Love" (Synaplex)

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

WE NEED YOUR HELP!

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)** (questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at:</p> <p>ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



shopwithscrip.com

FREE MONEY FOR THE SHUL!

JEWISH UNITY MENTORING PROGRAM

Boys Division

WHAT: Boys ages 8-13 have the opportunity to:

- Increase Jewish knowledge in a friendly and positive atmosphere.
- Pair up with fun, enthusiastic, mentors from Missouri Torah Institute.

WHEN: Wednesdays from 6–7 pm

WHERE: MTI Campus
1809 Clarkson Road
Chesterfield, MO 63017

COST: \$75 per child (covers 15 regular sessions and all additional trips/events)
Scholarships available



For more information, please contact Rabbi Efraim Fromowitz
at 917-587-2425 or efromowitz@gmail.com

In conjunction with **aish**
St Louis