



# Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

October 20, 2018 ~ 5779

Candle Lighting 5:59 pm

Shabbat Ends 7:01 pm

Torah Portion: Lech Lecha: Genesis 12:1 -- 17:27  
Haftorah: Isaiah 40:27 - 41:16

Chumash page 54-77  
Chumash page 1133

## Thank you to our Sponsors

Thank you to **Rabbi Ze'ev** and **Rebbetzin Chani Smason** for today's Kiddush luncheon in honor of the Aufruf of **Leib Smason**.

## Erev Shabbos, Friday, October 19

- **Mincha & Ma'ariv** ~ 5:55 pm

## Shabbos, October 20

- **Shachris & Musaf** ~ 9:00 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Moshe Leib Cohen**
  - Haftorah: **Kenny Bressler**
  - Drasha: **Rabbi Ze'ev Smason**
  - Musaf: **Richard Woolf**
- **Learners' Service** led by **Marc Chervitz** of Aish HaTorah ~ 9:30 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason**. Topic: "The Art of Interesting Small Talk" 10:15 am
- **Tot Shabbat and Junior Congregation** ~ 10:00 am
- **Aufruf of Leib Smason**. Kiddush Luncheon to follow.
- **Mincha / Ma'ariv / Shalosh Seudos** ~ 5:40 pm

## This Week and Beyond....

Minyan Times	Shabbos Oct 20	Sun. Oct 21	Mon. Oct 22	Tues. Oct 23	Wed. Oct 24	Thurs. Oct 25	Fri. Oct 26	Shabbos Oct 27
<b>Shachris</b>	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
<b>Mincha/Ma'ariv</b>	5:40 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:45 pm	5:30 pm

**Birthdays- Libby Routman, Dr. Chana Lowenstein, Jeffrey Scheer,  
Jason Loiterstein and Gloria Waxman**

- **Sunday, October 21 ~ 3<sup>rd</sup> Annual NHBZ Kosher BBQ Cook Off Contest.** 12:00 -4:00 pm
- **Shabbos, October 27 ~ 8:30 am ~ Kollel Shabbaton and Kiddush Luncheon sponsored by Sam & Shirley Bluestein and Lenny & Fran Alper ~** Davening will be led by the Kollel Rabbis followed by speakers at 11:30 am. The topics are:
  - ✓ **Rabbi Yaakov Silverman** - "Who Knows Three? An In-Depth Look at our Forefathers and their Lives"
  - ✓ **Rabbi Shlomo Eisenberg** - "Three Pillars of the Universe: Torah, Divine Service and Kindness"
  - ✓ **Mrs. Chana Bregman** (for women) "Our Mothers, Our Role Models"
- **Sunday, October 28 ~ Pizza Night ~** Would you like to get out of the kitchen and enjoy the Best Kosher Pizza in St. Louis? If so, please bring your entire family to Nusach Hari's Pizza Night where everyone can enjoy a delicious dinner of all-you-can-eat Kosher pizza, pasta, salad, garlic bread, dessert and a beverage. Plus, a movie for the kids! No reservations are required and credit card payments are accepted. If you prefer to carry out, cheese pizzas are \$12 each plus \$.75 for each topping. Carryout orders should be placed by 10 a.m. on Sunday, by sending an email to jeff@nhbz.org or by calling 314-991-2100, ext. 2. Pick up is between 4:30 - 4:45 p.m. Hope to see you there!
- **Shabbos, November 10 ~** NHBZ will host lawyer and noted author **Steven Flatow**. Mr. Flatow is appearing at the St. Louis Book Festival to discuss his book "*A Father's Story: My Fight for Justice Against Iranian Terror*". Mr. Flatow will be speaking twice on Shabbos. In the morning his topic will be "***Ancient Paths: Relying on the Past to Help us Cope with the Present***" and during the Family Shalosh Seudos Mr. Flatow's topic will be "***Choices: The prelude to a Father's Story***"
- **Sunday, November 18~ 10:00 am ~ Annual NHBZ Membership Meeting**  
**NOMINATION AND ELECTION OF OFFICERS AND BOARD OF DIRECTORS**

Did you ever wonder how the officers of NHBZ are elected?  
Do you want to have a say in the future direction of NHBZ?  
Do you want to express your opinions to the Board of Directors?

Every November, we hold a Membership meeting to give members a 'state of the shul' report. This is an opportunity for you to interact directly with the Rabbi, President and other officers and Board members about the business of the shul. If you would like to give your opinion, makes suggestions or just listen, this is your chance.



**The NHBZ Community Engagement Committee is participating in the City of Olivette's Rapid Access Lock Box Program which helps to save lives. See the flyer for how you can help.**

### **Parsha Lech Lecha**

Abraham was called by G-d to leave his homeland, his father's house, and his position of status and prosperity to travel to the land that G-d would show him. Upon arrival with his wife Sarah and nephew Lot in the land of Israel, they discover it to be ravaged by a horrible famine. Traveling to descend to Egypt for a temporary stay, the immoral Egyptians immediately capture Sarah and take her to the Egyptian king. G-d responds by afflicting the king and his household with a debilitating plague until he releases her. Guess what the plague was?

Back in the land of Israel, Lot parts ways with Abraham, with Lot relocating to the fertile plains of Sodom. Abraham subsequently rescues the kidnapped Lot by miraculously defeating four kings and their armies. Through a Covenant, G-d promises Abraham that his descendants will be as numerous as the stars in the sky. Because she had no children, Sarah gives her maidservant Hagar to Abraham as a wife, and their son Yishmael is born. At the age of 99 Abraham circumcises himself, his son Yishmael, and the other male members of his household.

### **Kids Programs with Alana Minoff**

Good morning! I hope you are enjoying the sun...even though we skipped Fall and went right into Winter! As we gear up for the awesome 3rd annual Kosher BBQ Sunday, space at the shul will be tight but we will have **Tot Shabbat and Junior Congregation** this week!

### **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**  
Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A** program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Oct. 20: The Art of Interesting Small Talk

Oct. 27: Why Don't Facts Change Our Minds?

**Every Shabbos ~ Tanach (Bible) Study** (3/4 hour before Mincha)

**Every Sunday ~ Mishna Learning** (after Shacharis) with **Rabbi Chanan Swidler**

### **In the Community**

**The St. Louis Jewish Book Festival** is excited to begin its 40th season this fall. More than 35 authors will present their latest titles during the Festival, taking place November 4 - November 16, with additional bookend events scheduled throughout the year. Nationally recognized for both its excellence and its size, the Festival is one of the largest in the country with more than 10,000 audience members annually. Festival-goers can take advantage of the Premier Pass. Passes can be ordered by calling 314-442-3299. More information can be found at [www.stljewishbookfestival.org](http://www.stljewishbookfestival.org).

**Missouri Torah Institute and the Community Initiative to Strengthen Families** invite the community to a lecture for men and women by Rabbi Zvi Turk, veteran teacher and dean of Tiferes Yisroel of Brooklyn. Motzei Shabbos, November 3rd at 9:00 PM at the home of Dr. & Mrs. Dovid Greengart. 8145 Balson Avenue in University City. The topic will be "Maximizing our Children's Potential". There is no charge and light refreshments will be served.



# Holy Smokes!

**Sunday, October 21, 2018**  
**12:00 pm - 4:00 pm**

*Kasherus  
Supervised By*

Rabbi  
Ze'ev  
Smason

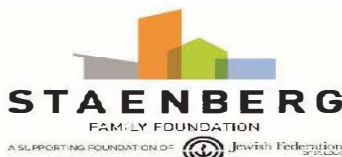
IT'S THE THIRD ANNUAL



*Officially  
Sanctioned By*



**Thank you to our sponsors**



For more information, please contact Mindy Woolf at [mwoolf2002@gmail.com](mailto:mwoolf2002@gmail.com)





# Shabbat Children's Programming

**October 20**

***Junior Congregation*** for children ages 7 to 11

**10:00 am – 12:00 pm** in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

***Tot Shabbat*** for Children ages 6 and under

**10:00 am – 11:30 am** in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

***Babysitting*** is also available **10:00 am - 12:00 pm**

***All children welcome – no RSVP, no cost, no worries!***

***All programs are on the NHBZ lower level,  
and include delicious snacks!***

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)



# THE SISTERHOOD SCOOP OCTOBER



Volume I

Number 33

October 20, 2018

## Women's Philanthropy St. Louis Jewish Federation presents:



### "L'CHAIM!

### Women Changing the World"

featuring Linor Abargil – former Miss World

Thursday, November 1

The Ritz Carlton, St. Louis

Sisterhood is representing NHBZ in support of Women's Philanthropy programming. Register online at: [www.jfedstl.org/events/lchaim2018/](http://www.jfedstl.org/events/lchaim2018/)

Ask to be seated at the NHBZ table

## Early Biblical Timeline leading to Avraham:

### 10 Generations from Adam to Noah

	Year Born	Year Died	Years Lived
Adam	1	930	930
Shes	130	1042	912
Enosh	235	1140	905
Keynan	325	1235	910
Mahalalel	395	1290	895
Yered	460	1422	962
Chanoch	622	987	365
Mesushelach	687	1656	969
Lemech	874	1651	777
Noah	1056	2006	950

### 10 Generations from Noah to Avraham

	Year Born	Year Died	Years Lived
Shem	1558	2158	600
Arpachshad	1658	2096	438
Shelach	1693	2126	433
Ever	1723	2187	464
Peleg	1757	1996	239
Re'u	1787	2026	239
Serug	1819	2049	230
Nachor	1849	1997	148
Terach	1878	2083	205
Avraham	1948	2123	175

## SISTERHOOD ELECTIONS ARE COMING!



If you are a member of Sisterhood, you are eligible to vote in the elections that will take place Sunday, November 18. This is your opportunity to help determine the leadership of NHBZ Sisterhood, as well as to help shape the activities and programs for next year.

Any woman who would like more information about becoming a Sisterhood Officer or Board Member contact Amy Feit at 314-374-3844, or email: [amyph8@yahoo.com](mailto:amyph8@yahoo.com)

## Parshas Lech Lecha: Test Time!

Hashem said to Avram, "Go for yourself from your land, from your relatives, and from your father's house to the land that I will show you." (Gen. 12:1)

This is Avraham's first trial: to give up his entire past and follow G-d's lead to a new land. It was a challenge for Avraham to desert his aged father and leave his homeland. The question arises: since G-d knows all future events and how every person will respond to any given situation, why was it necessary to test Avraham?

There was a man who trained to become a public speaker. He read all the material he found on the subject and learned many great techniques. He watched many professional and charismatic speakers in the business, and spent countless hours practicing in front of the mirror. However, this man would still not be considered a public speaker. He may know all the information, but until he actually lectures, standing in front of an audience to speak, it is all theoretical. It may be hard and uncomfortable for him to speak, but that is the only way he can really advance.

Similarly, a man with an anger problem can learn about the dangers of anger, and promise that he'll never get angry again, but until he is put in a challenging situation we cannot say that the man has changed. A test is what brings a person to the next level. Putting everything you know into action makes all the difference.

G-d knew that Avraham would pass the test. However, He still tested Avraham to enable him to become greater. By Avraham choosing correctly he put his potential into action and made himself into a greater person.<sup>(1)</sup>

"Lech Lecha" literally means "Go to yourself." A trial brings out the abilities and potential that is buried deep within a person. When a difficult or annoying situation comes your way, instead of thinking, "Oh no, this is not what I need now," you can view it as an opportunity for growth. An opportunity to make yourself into a greater person.

— adapted from Rabbi Eli Scheller at [www.aish.com](http://www.aish.com)

NOTES: 1. Ramban Bereishis 22:1.

## Book Club meets this Monday – October 22, 7:15-8:45PM

HOSTED BY: Sallie Volotzky

FACILITATED BY: Terri Schnitzer

Home in the Morning, by Mary Glickman / for info call Fran Alper, 314-993-4024



## **RAPID ACCESS RESIDENTIAL LOCK BOX PROGRAM FOR THE OLIVETTE COMMUNITY**

We love the beautiful city of Olivette, the home of our congregation. It is peaceful, quiet, and friendly. We appreciate our neighbors and the security & protection that our Olivette Police and Firefighters provide.

In appreciation of the hard and dangerous work of our firefighters, and to support the Olivette community, **Nusach Hari B'nai Zion Congregation** will be participating in a Fire Department Program called the **ACCESS RESIDENTIAL LOCK BOX PROGRAM**.

This program is intended to assist the Fire Department in gaining access to a house in an emergency when a resident cannot. It can save lives! The security lock box (known as a "Kidde Lock Box") costs between \$30 and \$35. Currently there is a waiting list for these boxes!!!

**We are asking for small donations with a goal of raising \$500 by the end of October.**

If 50 families donate only \$10, we will reach our goal in no time. If you would like to donate, please send a check to the office and make it payable to NHBZ. Thank you!

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**The NHBZ Community Engagement Committee**



# *Special Shabbos Guest Speaker*

Shabbat, November 10

# Steven Flatow

Author of

**“A Father’s Story: My Fight for Justice Against Iranian Terror”**



**Mr. Flatow’s topics for Shabbos morning will be:**

***“Ancient Paths: Relying on the Past to Help us Cope with the Present”***

**At the Family Shalosh Suedes Mr. Flatow’s topic will be**

***“Choices: The prelude to a Father’s Story”***

**Please join us for Kiddush Lunch**

**SPONSORED BY DR. STAN & JEAN MARGUL**

**For more information call the NHBZ office at 991-2100 ext 2**

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# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for October**

**Oct. 20:** The Art of Interesting Small Talk

**Oct. 27:** Why Don't Facts Change Our Minds?

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**



## SAVE THE DATE

### *Nusach Hari B'nai Zion Congregation 113<sup>TH</sup> Anniversary Banquet*

Guest of Honor

***Robert A. Cohn***

HaKaras HaTov Award recipient

***Kenneth Bressler***

Israel Advocacy Award recipient

***Donn Rubin***

***Sunday, December 16, 2018***

Hors d'oeuvres at 5:30 p.m. | Dinner & Program at 6:30 p.m.

Sheraton Clayton Plaza Hotel St Louis  
7730 Bonhomme Avenue  
Clayton, Missouri 63105

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*Invitations to be mailed in October – Early Bird deadline is Nov. 16*

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Opportunities for sponsorships, ads, and greetings available

Phone: 314-991-2100, ext.2

Email: [reservations@nhbz.org](mailto:reservations@nhbz.org)

Nusach Hari B'nai Zion • 650 North Price Road  
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