



# Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

October 6, 2018 ~ 5779

Candle Lighting 6:20 pm

Shabbat Ends 7:21 pm

Torah Portion: Bereishis Genesis 1:1 -- 6:8  
Haftarah: Isaiah 42:5-21

Chumash page 2-29  
Chumash page 1130

## Thank you to our Sponsors

Thank you to **Dr. Chana Lowenstein** and her husband **Doug**, for sponsoring the Synaplex Kiddush Luncheon in the memory of Chana's parents, Bud Lowenstein, z"l and Helen Lowenstein, z"l.

Thank you to **Drs. Jay Pepose & Susan Feigenbaum** for sponsoring the brownies and cake in celebration of Susan's birthday.

## Shabbos Bereishis

### Erev Shabbos, Friday, October 5

- Mincha & Ma'ariv ~ 6:20 pm

### Shabbos, October 6 ~ Synaplex

- Shachris & Musaf ~ 8:30 am
  - Pesukei D'Zimra: **Howard Sandler**
  - Shacharis: **Menachem Szus**
  - Leyning: **Max Gornish**
  - Haftarah: **David Rubin**
  - Drasha: **No Drasha**
  - Musaf: **Max Gornish**
- Learners' Service led by Rabbi Yosef David of Aish HaTorah ~ 9:15 am
- Starting Points: Wisdom for Daily Living ~10:00 am ~ led by Rabbi Ze'ev Smason  
"Lessons from Adam & Eve: Growing Closer to the Ones You Love"
- Tot Shabbat with Alana Minoff and Junior Congregation with Bnot Sherut from Israel
- Synaplex Break-Out Sessions 11:30 am ~ Speaker's and topics:
  - "Back to the Future?: 'Zionism as Racism' in the African and Arab Human Rights Systems" **Robert P. Barnidge, Jr.** Author, and instructor at St. Louis University, University of Missouri - St. Louis, and affiliated professor at the University of Haifa
  - "Raising a Jewish Family" Rebbetzin **Mimi David**, Aish HaTorah St. Louis
- Kiddush Luncheon following presentations
- Mincha / Ma'ariv /Shalosh Seudos ~ 6:00 pm

### This Week and Beyond....

Minyan Times	Shabbos Oct 6	Sun. Oct 7	Mon. Oct 8	Tues.* Oct 9	Wed.* Oct 10	Thurs. Oct 11	Fri. Oct 12	Shabbos Oct 13
Shachris	8:30 am	8:00 am	7:00 am	6:45 am	6:45 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	6:00 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	6:05 pm	5:50 pm

\*Rosh Chodesh Chesvan

**Birthdays- Jordan Kadosh, Sallie Volotzky, Ina Makovsky, and David Morgensztern**

**Anniversaries- Dr. Jonathan & Naomi Shanker, Marvin & Sandra Greenberg,  
Michael & Alana Minoff, and Kenny & Barb Bressler**

- **Shabbos, October 13 ~ 8:15 pm ~ Bar Mitzvah of David Morgensztern, son of Dr. Daniel & Marcela Morgensztern.** Kiddush Luncheon to follow.
- **Saturday Night, Motzei, October 13 ~ 8:15 pm ~ CUFI (Christians United for Israel) and the St. Louis Friends of Israel presents speaker Major Elliott Chodoff of the IDF.** Major Chodoff is a political and military analyst, and one of the world's leading experts on Counter Terrorism and the Middle East conflict.
- **Shabbos, October 20~ Aufruf of Leib Smason**
- **Sunday, October 21 ~ 3<sup>rd</sup> Annual NHBZ Kosher BBQ Cook Off Contest ~** There is still time to get your team together and show off your BBQ skills! See the flyer for details.
- **Shabbos, October 27 ~ 8:30 am ~ Kollel Shabbaton at NHBZ ~** Davening will be led by the Kollel Rabbis followed by speakers at 11:30 am and a Kiddush luncheon at 12:30 pm.  
Speakers and topics:
  - ✓ **Rabbi Yaakov Silverman** - "Who Knows Three? An In-Depth Look at our Forefathers and their Lives"
  - ✓ **Rabbi Shlomo Eisenberg** - "Three Pillars of the Universe: Torah, Divine Service and Kindness"
  - ✓ **Mrs. Chana Bregman** (for women) "Our Mothers, Our Role Models"
- **Sunday, October 28 ~ Pizza Night**

### **Thank you to ALL our sponsors for the Simchas Torah Dinner**

Kenny & Barb Bressler, Jim Pollock, Rachel Pevnick, Jennifer & Bryson Hartranft, Don & Julie Eisenberg, Howard & Phyllis Loiterstein, Jay & Peggy Umansky, Alan & Janet Haber, Bob & Joni Kaiser, Sid & Phyllis Silverman, Richard & Mindy Woolf, Drs. Susan Feigenbaum & Jay Pepose, Amy & Denny Feit, Dr. Eliot & Sally Katz, Alan & Vivian Zarkowsky, & Ed & Helayne Levitt.

### **Mezuzah Campaign**

**The Mezuzahs have arrived....Rabbi Smason has 25 Mezuzah scrolls that are looking for a good home.** These new kosher scrolls are \$45.00 and a plastic case for \$2.00 if you need one. Please contact Rabbi Smason who will also ensure it is installed properly.

### **Kids Programs with Alana Minoff**

Wow! I can't believe the holidays have come and gone. I hope you had a wonderful end to Sukkot and a great Shemini Atzeret and Simchat Torah. The kids are finally back at school and starting to get back to normal!

This is a very exciting Shabbat Synaplex at NHBZ and we hope you will join us! We are kicking off a Parent and young family track during Synaplex. Rebbetzin Mimi David will be our first presenter and she will be speaking about raising a Jewish family. This talk is for both men and women, parents and grandparents! You won't want to miss it! We will have Tot Shabbat for the younger kiddos and the very special Bnot Sherut for our Junior Congregation at 10am.

## **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

Oct. 6: "Lessons from Adam & Eve: Growing Closer to the Ones You Love" (10:00 am Synaplex)

**Every Shabbos ~ Tanach (Bible) Study** (3/4 hour before Mincha)

**Every Sunday ~ Mishna Learning** (after Shacharis) with **Rabbi Chanan Swidler**

## **Cash Cards**

**Orders are now being taken through October 15<sup>th</sup>.** Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

## **Save the Date**

**Nusach Hari B'nai Zion Congregation**

**113<sup>th</sup> Anniversary Banquet**

*Guest of Honor - Robert A. Cohn*

*HaKaras HaTov Award recipient - Kenneth Bressler*

*Israel Advocacy Award recipient - Donn Rubin*

**Sunday, December 16, 2018**

## **In the Community**

### **Tomchei Shabbos Fund**

Tomchei Shabbos delivers discreetly to families in need packages of food which enable them to make Shabbos each week. Your donations allow us to continue this important work in our community.

Visit us online at [www.tomcheistl.org](http://www.tomcheistl.org) to donate.



# Shabbat Children's Programming

## October 6

**Junior Congregation** for children ages 7 to 11

**10:00 am – 12:00 pm** in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

**Tot Shabbat** for Children ages 6 and under

**10:00 am – 11:30 am** in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

**Babysitting** is also available **10:00 am - 12:00 pm**

***All children welcome – no RSVP, no cost, no worries!***

***All programs are on the NHBZ lower level,  
and include delicious snacks!***

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)



**Shabbat**

Thank you to Dr. Chana Lowenstein & her husband Doug for sponsoring Synaplex in memory of Chana's parents, Bud Lowenstein, z"l and Helen Lowenstein, z"l

## Shabbos, October 6, 2018

- 8:30 am **Traditional Services** – in the sanctuary
- 9:15 am **Prayer Learners Service** – in the chapel  
led by Rabbi Yosef David of Aish HaTorah St. Louis
- 10:00 am **Starting Points** – in the chapel  
Topic: "Lessons from Adam & Eve: Growing Closer to the Ones You Love" led by Rabbi Ze'ev Smason
- 10:00 am **Children's Programming** – lower level  
Tot Shabbat for ages 1-6, babysitting for younger children,  
Junior Congregation for ages 7 and up

### 11:30 am **Synaplex Breakout Sessions**

**"Back to the Future? 'Zionism as Racism' in the African and Arab Human Rights Systems"**

led by Robert P. Barnidge, Jr., PhD, author, and instructor at St. Louis University, University of Missouri - St. Louis, and affiliated professor at the University of Haifa

**"Raising a Jewish Family"** led by Rebbetzin Mimi David,  
Aish HaTorah St. Louis

### 12:30 pm **Kiddush Lunch for All** - in the Social Hall

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*NHBZ Synaplex Shabbat is free and open to the Jewish public  
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*





# THE SISTERHOOD SCOOP OCTOBER



Volume I

Number 31

October 6, 2018

## SAVE THE DATE

When: **Thursday, November 1**

Where: The Ritz Carlton, St. Louis



**Women's Philanthropy**  
**St. Louis Jewish Federation**  
presents:

**"L'CHAIM!**

**Women Changing the World"**

featuring Linor Abargil - former Miss World

**If you are going:** When you register, ask to be seated at the **NHBZ table**. Sisterhood is representing Nusach Hari B'nai Zion again this year in support of Women's Philanthropy programming. If you did not receive an invitation in the mail, you may register online at: [www.jfedstl.org/events/lchaim2018/](http://www.jfedstl.org/events/lchaim2018/)

## BOOK CLUB NEWS

**Next Book Selection:**

***Home in the Morning***

**by Mary Glickman**

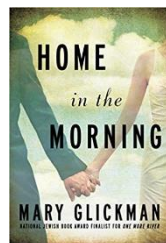
**Next Meeting:**

**Monday, October 22**

**7:15-8:45 PM**

**HOSTED BY: Sallie Volotzky**

**FACILITATED BY: Terri Schnitzer**



**Dec. 17 Book Selection:**

***Sisters Weiss*, by Naomi Ragen**

FOR MORE INFO CONTACT Fran Alper  
phone: 314-993-4024 email: [fran.alper@outlook.com](mailto:fran.alper@outlook.com)

## SISTERHOOD ELECTIONS ARE COMING!

If you are a member of Sisterhood, you are eligible to vote in the elections that will take place Sunday, Nov. 18.

This is your opportunity to help determine the leadership of NHBZ Sisterhood, as well as to help shape the activities and programs for next year.

**Any woman who would like more information about becoming a Sisterhood Officer or Board Member**

**call Amy Feit at 314-374-3844, or email: [amyph8@yahoo.com](mailto:amyph8@yahoo.com).**



**To join Sisterhood – call Laura at NHBZ–314-991-2100, ext.3**

## Internal Will by Sara Blau



What came first, the chicken or the egg?  
It's not only a joke, but a deep philosophical question debated by many wise individuals.  
What was the cause, and what was the effect?

In a similar vein, a question is posed: What came first, the creation of the world or G-d's desire for mitzvot? Was there a beautiful world that would be perfected by people exhibiting kindness, or did G-d desire kindness—and therefore created people who could be kind to one another?

It's the latter.

G-d had a deep desire. And He created and sustains the entire universe, in order for people to fulfill His innermost will: the mitzvot.

Just like a car has no opinion or will of its own, but is a vehicle to fulfill the will of the driver, when Jews do a mitzvah, they are completely selfless, fulfilling the reason they were created. That is why the patriarchs were called "chariots"; at every moment of every day, they were concerned only with fulfilling G-d's will, riding through life with the subservience of a chariot to its rider.

*Tanya: When I use my hands to give charity, they become a chariot, or vehicle, for G-d's innermost will.*

(Inspired from Chapter 23 of Tanya)

By Sara Blau, reprinted from:

[https://www.chabad.org/theJewishWoman/article\\_cdo/aid/3744217/jewish/](https://www.chabad.org/theJewishWoman/article_cdo/aid/3744217/jewish/)

**NEXT SISTERHOOD BOARD MEETING:**

**THIS Tuesday, October 9, 5:30 PM**

# CHRISTIANS UNITED FOR ISRAEL

# STANDING WITH ISRAEL

in ST. LOUIS, MO



*"Peace for Israel means security, and we must stand with all our might to protect its right to exist"*  
- Dr. Rev. Martin Luther King, Jr.



## Keynote Speaker:

### Major Elliot Chodoff

*Israel Defense Force, Political & Military Analyst*

Imagine looking at a map of war torn Syria and being able to point to your home, or sitting on your porch and being able to see smoke from an ISIS rocket. Meet Elliot Chodoff, a political and military analyst, and one of the world's leading experts on Counter Terrorism and the Middle East conflict. He serves as the Deputy Chief of Staff for Population for the Northern Region of Israel in Home Front Command. He is the author of the Israel Defense Forces Field Handbook, is an expert in infantry weapons and tactics, and teaches courses in field craft and small unit tactics, counter terrorism, and military history and strategy.



## Speaker:

### Pastor Lyndon Allen

*CUFI's Central Regional Coordinator*

He has ministered in Nashville, TN for over a decade. In 2011, Allen launched Total Life Victory, an organization dedicated to teaching about the importance of the Hebraic foundation of the Church and the Kingdom of God. Allen has been to Israel several times on governmental and spiritual tours, leading scores of pastors to the Holy Land. He hosts a weekly video podcast— Total Life Victory LIVE. Allen holds a degree from Biola University in Organizational Leadership with an emphasis in Biblical Studies and Apologetics. He and his wife Sharyl are the proud parents of four adult children.

Saturday, October 13  
8:15pm



Nusach Hari B'Nai Zion  
650 North Price Rd  
St. Louis MO 63132

In Cooperation with: St. Louis Friends of Israel



## Admission is FREE!

*"With over 4.3-million members, CUFI is the largest pro-Israel organization in the United States and one of the leading Christian grassroots movements in the world."*

PO Box 1307, San Antonio, TX 78295  
TOLL FREE (877) 706-2834

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[www.cufi.org](http://www.cufi.org)







# Holy Smokes!

## SAVE THE DATE! October 21, 2018

*Kasherus  
Supervised By*

Rabbi  
Ze'ev  
Smason

*Officially  
Sanctioned By*



## Thanks to our sponsors (so far):



For more information, please contact Mindy Woolf at [mwoolf2002@gmail.com](mailto:mwoolf2002@gmail.com)





# **Starting Points:**

## ***Wisdom for Daily Living***

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

### **Schedule for October**

**Oct. 6:** "Lessons from Adam & Eve: Growing Closer to the Ones You Love" (10:00 am due to Synaplex)

**Oct. 13:** (No Starting Points: Morgensztern Bar Mitzvah)

**Oct. 20:** The Art of Interesting Small Talk

**Oct. 27:** Why Don't Facts Change Our Minds?

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**For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2**

# NHBZ CASH CARD ORDER FORM

## WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED  
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red )**  
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** \_\_\_\_\_ **PHONE#:** \_\_\_\_\_ **EMAIL:** \_\_\_\_\_

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders &amp; payments to NHBZ may be made by check or cash only, and <b>MUST</b> accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p><b>**A complete list of participating businesses can be found at:</b> <b><a href="http://ShopWithScrip.com">ShopWithScrip.com</a></b></p> <p>If you do not have access to a computer or internet, please contact our office. Please do <b>NOT</b> order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!  
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

**Total Order:**



**NHBZ MEMBERS,  
WE NEED YOUR HELP.**



**shopwithscrip™.com**

# FREE MONEY FOR THE SHUL!