

# **Shabbos Bulletin**

#### Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 10, 2018 ~ 2 Kislev 5779

Candle Lighting 4:35 pm

Shabbat Ends 5:37 pm

Torah Portion: Haftorah:

Genesis 25:19 -- 28:9 Malachi 1:1 - 2:7 Chumash pages 124-143 Chumash page 1138

#### Thank you to our Sponsors

Thank you to **Dr. Stan & Jean Margul** for sponsoring the Kiddush luncheon in honor of the 40<sup>th</sup> anniversary of the St. Louis Jewish Book Festival.

#### Welcome to our Guest Speaker ~ Stephen Flatow

#### **Erev Shabbos, Friday, November 9**

Mincha & Ma'ariv ~ 4:35 pm

#### Shabbos, November 10

Shachris & Musaf ~ 9:00 am

Pesukei D'Zimra: Howard Sandler
Shacharis: - Menachem Szus
Leyning: Michael Shapiro

Haftorah: Alan HaberDrasha: No Drasha today

- Musaf: Michael Shapiro

- Starting Points Wisdom for Daily Living led by Rabbi Ze'ev Smason ~10:15 am
   Topic: "Is G-d Testing Me? How to Know, and How to Pass the Test"
- Tot Shabbat and Junior Congregation ~ 10:00 am
- Kiddush Luncheon after services sponsored by Dr. Stan & Jean Margul
- Special Shabbos Guest Speaker ~ Stephen Flatow, author of "A Father's Story: My Fight for Justice Against Iranian Terror" ~ Mr. Flatow's topic will be: "Choices: The Prelude to a Father's Story".
- Mincha / Ma'ariv /Shalosh Seudos ~ 4:20 pm

Shabbos Greeters~ Menachem Szus and Margo Tzadok

#### This Week and Beyond....

Minyan Times	Shabbos Nov 10	Sun. Nov 11	Mon. Nov 12	Tues.* Nov 13	Wed. * Nov 14	Thurs.* Nov 15	Fri. Nov 16	Shabbos Nov 17
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:20 pm	4:30 pm	4:30 pm	6:45 pm	6:45 pm	6:45 pm	4:30 pm	4:10 pm

<sup>\*</sup> Ma'ariv only Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

In our continuing effort to improve security, the lower floor entrance will be locked on Shabbat. For the benefit of our senior members, please try to leave the upper lot available. There is also parking at Logos School and a shorter walk down the steps to the front door.

- Monday, November 12 ~ 7:00 pm ~ The Home Discussion Group returns with Chanukah as the topic led by Rabbi Smason at the home of Dr. Ram and Sallie Volotzky.
- Tuesday, November 13 ~ 7:00 pm ~ NHBZ Board Meeting
- Sunday, November 18 ~ 10:00 am ~ Annual NHBZ Membership Meeting and Board Elections and NHBZ Hidden Talent Survey \$50 gift card drawing. If you have not taken the survey, click on this link: https://www.surveymonkey.com/r/?sm=J\_2BTk\_2BwPcSGajex0GFq5yFA\_3D\_3D
- Sunday, November 25 ~ Pizza Night
- Shabbos, December 1 ~ After services ~ NHBZ Education Committee presents ~The Trial of Joseph — A debate between prosecutor and defense. "Was Joseph guilty of being a pursuer of his brothers?"
- Sunday, December 2 ~ NHBZ Kids Chanukah Party and Havdalah ~ see flyer for details.
- Sunday, December 16 ~ 113<sup>th</sup> Anniversary Banquet Dinner ~ RSVP and get your ads in now! Early Bird Raffle deadline is November 16.

#### Parsha Toldos

Isaac and Rebecca pray to G-d for a child. Rebecca finally conceives, and after a difficult pregnancy gives birth to twins -- Esau and Jacob. Their personality differences soon grow apparent, as Esau turns to hunting while Jacob is pure and wholesome, spending his time studying Torah. Returning from a hunting expedition, Esau finds Jacob cooking a pot of lentil soup. Jacob agrees to give his older brother a portion from the pot of soup in exchange for the spiritual birthright. Faced with a severe famine, Isaac and family settle in Gerar (the land of the Philistines within Israel's borders) rather than descend to Egypt as his father Abraham had done years before. After experiencing astonishing financial success, Isaac comes into continual conflict with King Avimelech over the wells which Isaac dug anew. This pattern of 'success and persecution' has repeated itself throughout Jewish history. Isaac decides to bless Esau as the firstborn. At Rebecca's insistence, Jacob disguises himself as his older brother and receives the blessing of the firstborn (which rightfully belonged to him). The Torah portion concludes with Jacob fleeing from Esau's wrath for 'stealing' his blessing and escaping to Charan to stay with his uncle, Laban, where he is to find a wife.

#### **President's Message**

Two weeks ago, I sent a letter to you, our members, concerning our Sefer Torah and the need to fund their evaluation and possible repair. Under the Board's directive, Rabbi Smason contacted a Sofer who came to NHBZ earlier this week to begin this task.

The goal, at the beginning of this process, is to raise \$2500.00 for the Torah Fund, to cover the expense of having our Torah scrolls evaluated and, if possible, for minor repairs to be done. To date we have raised \$840.00. We will not know the extent of repairs needed until after the Sofer has examined them, at which time the congregation will be informed of any further action that needs to be taken.

We would like to thank those who have donated to Torah Fund so far and encourage everyone to contribute what they can to maintaining our Sefer Torah. The Kashruth of our Torah scrolls is so very important to the Shul. Please contact the office at 314-991-2100 in order to participate in this important project.

Jay Umansky

#### **Kids Programs with Alana Minoff**

I hope you are having a wonderful week! This week we will have children's programming as NHBZ welcomes a guest speaker, Stephen Flatow. Please save the date for our annual Chanukah Party on Saturday, December 1st from 6:30-8:30. Flyer attached.

We are thrilled to kick off a new initiative where the kids will be making cards and pictures for IDF soldiers. Any time a NHBZ member travels to Israel, there will be a stack of homemade cards in the office, made by our kiddos, for them to take and hand out to soldiers. We will start this project at the Chanukah party!

Have a great rest of your week and hope to see you at our upcoming programs!

#### **Adult Learning at NHBZ**

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

November 17: "Thanksgiving: Gratitude, or Gobble Till You Wobble?"

November 24: "The Sandwich Generation: Coping with the Demands of Aging Parents and Needy Children"

December 2: "Chanukah: Are There Still Miracles Today?"

December 9: "How to Stay Calm When Your Life Is Chaotic"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with Rabbi Chanan Swidler

#### **Cash Cards for Chanukah**

Chanukah is in early December and our <u>Cash Cards</u> can help you and NHBZ with all your shopping. **Get your order in by November 15** to ensure delivery. Take a look at the Cash Card form in the back of the bulletin and see all the options. <u>New addition</u>: Cold Stone Creamery (Creve Coeur location has been certified as kosher)

#### In the Community

**The St. Louis Jewish Book Festival** is excited to begin its 40th season this fall. More than 35 authors will present their latest titles during the Festival, taking place November 4 - November 16. Festival-goers can take advantage of the Premier Pass. Passes can be ordered by calling 314-442-3299. More information can be found at www.stljewishbookfestival.org.

**St. Louis Kollel presents:** A \$10,000 Fundraising Raffle Sweepstakes 2018 Celebration ~ There are five ways to order your Raffle/Sweepstakes Tickets: 1) EMAIL office@stlkollel.com 2) CALL (314) 726-6047 3) FAX (314) 863-0820 4) MAIL IN Entry Form Below 5) ONLINE By credit card <a href="http://weblink.donorperfect.com/raffle\_2018">http://weblink.donorperfect.com/raffle\_2018</a>

**FOR MEN ONLY! Senior Kollel Men's Wellness Lunch & Learn** With Dr. Neal Neuman Monday, November 19th Young Israel 12:15 to 1:15PM Dr. Neuman has been a practicing urologist for 47 years and is widely known for his compassionate care and engaging sense of humor. To order your free lunch email <a href="mailto:office@stlkollel.com">office@stlkollel.com</a>



# Special Shabbos Guest Speaker

**Shabbat, November 10** 

# Stephen Flatow

Author of "A Father's Story: My Fight for Justice Against Iranian Terror"



Please join us for Kiddush Lunch SPONSORED BY DR. STAN & JEAN MARGUL

Mr. Flatow's topic during lunch will be "Choices: The Prelude to a Father's Story"

# NHBZ NOMINATION AND ELECTION OF OFFICERS AND BOARD OF DIRECTORS

Did you ever wonder how the officers of NHBZ are elected? Do you want to have a say in the future direction of NHBZ? Do you want to express your opinions to the Board of Directors?

You are invited to attend the NHBZ Annual Membership Meeting and Election of Officers on Sunday, November 18, at 10:00 am.



Every November, we hold a Membership meeting to give members a 'state of the shul' report. This is an opportunity for you to interact directly with the Rabbi, President and other officers and Board members about the business of the shul. If you would like to give your opinion, makes suggestions or just listen, this is your chance.

We will also elect officers and members of the Board of Directors. Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year, it and comes up with a proposed slate of officers that is presented to the Board at the October Board Meeting. At the November Membership meeting, the slate is officially nominated, and other nominations are accepted from the floor. Note that we still have a few openings. All NHBZ members who attend the meeting have the privilege of voting. The Officers and Board members take office on January 1, 2019, with an official Installation early in 2019.

We have eight officers and fifteen Board members. Officers serve for one year, and can be reelected. Board members serve for three years, with one third of the Board up for election each year. Here is the slate of nominees for 2019:

#### 2019 Officer Nominees (1 year term)

# President Vice President

Vice President (open)

Treasurer Howard Loiterstein
Secretary Jennifer Hartranft

Gabbai Alan Zarkowsky

#### 2019 Board Nominees for a 3-year term

Stuart Klamen Bobby Levine Ed Levitt

Chana Lowenstein Phyllis Silverman

#### **Board Nominees for partial terms**

Larry Chervitz – 2 years Jaime Papa - 1 year

# Continuing Board Members through 12/31/2020

Marcie Brook Faye Cohen Jason Loiterstein Stella Vladimirov

# Continuing Board Members through 12/31/2019

Rhonnie Goldfader Mike Minoff Margo Tzadok (open)



Stay tuned to this bulletin for final Election Results



All women of Nusach Hari B'nai Zion and Members of the Sisterhood are invited to attend the Annual NHBZ Membership Meeting & Election of Officers and Board of Directors

# Sunday, November 18, at 10:00AM

The Sisterhood Election will take place immediately following the adjournment of the Shul Annual Meeting (at approximately 11:00AM).

#### 2019 Sisterhood Officer Nominees:

#### 2019 Board Nominees<sup>2</sup>

Joyce Hochberg Terri Schnitzer Margo Tzadok Sallie Volotzky

2 - Board term ending Dec. 2020

#### Continuing Board Members<sup>1</sup>

Amy Feit Phyllis Loiterstein Trudy Sudin Peggy Umansky

1 - Board term ending Dec. 2019

Any woman may nominate herself or another woman to ANY position until the election takes place on November 18. All Sisterhood members who attend the meeting have the privilege of voting. Any woman not currently a Sisterhood member may join at the meeting, with an extended membership continuing through December 2019! Annual Sisterhood Membership Dues – \$25

To nominate someone call Amy Feit at 314-374-3844. For more info, email: <a href="mailto:sisterhood@nhbz.org">sisterhood@nhbz.org</a>



Volume I Number 36 November 10, 2018

#### Did you know? Sisterhood...

- ☑ matches funds for children of NHBZ Members who are eligible for St. Louis 'JFed' Passport to Israel Program
- ☑ sponsors the NHBZ Sisterhood Meat and Dairy Kitchens – including equipment purchasing and regular cleaning
- ☑ presents NHBZ Sisterhood's DiNe 'N' StyLe Annual Luncheon & Fashion Show
- ☑ hosts monthly Bingo Luncheons for the community complete with prizes and fun!
- ☑ sponsors special Holiday treats at Purim, Simchas Torah, and Pesach
- ✓ organizes educational programs, social events, and chesed activities to strengthen our shul, support our community and enrich the lives of our members through spiritual growth in Torah values.

Next Sisterhood Board Meeting: THIS Tuesday, November 13, 5:00 pm

#### **BOOK CLUB NEWS!**

The next meeting of the NHBZ Sisterhood Book Club will be Monday, December 17, 7:15-8:45PM at the home of Rhonnie Goldfader.

Next book is: The Sisters Weiss,

by Naomi Ragen, a novel of sisters

in 1950's Brooklyn, with intergenerational drama, culture clash, religion, and the role of women!

February 25 Book Selection: The Kidnapping of Edgardo Mortara, by David I. Kertzer



### ALL ARE WELCOME TO JOIN US!

FOR MORE INFO CONTACT Fran Alper phone: 314-993-4024 fran.alper@outlook.com

### SISTERHOOD ELECTIONS ARE COMING



If you are a member of Sisterhood, you are eligible to vote in the elections that will take place Sunday, Nov. 18. If you are not currently a member you may join at the meeting with extended membership through December 2019! Annual Dues is \$25. This is your opportunity to help determine the leadership of NHBZ Sisterhood and help shape the many activities and programs for next year.

Any woman who would like more information about becoming an Officer or Board Member contact *Amy Feit* at 314-374-3844, or: <a href="mailto:amyph8@yahoo.com">amyph8@yahoo.com</a>.

Supporting Nusach Hari B'nai Zion Congregation since 1950 *Teree Farbstein*, President *Rachael Pevnick*, President Emeritus

#### **Real Strength**

Toldot (Genesis 25:19-28:9)

The Talmud teaches us that true strength and power is not found in the ability to control others, but rather in the ability to control ourselves. Rashi (11th century) explains that anytime we are tempted to do something immoral or wrong yet restrain ourselves, we achieve the highest level of intimacy with the Divine.

He explains that part of our many failings stem from our insistence on forming rationalizations and justifications with which we allow ourselves to indulge in whatever we want. In this week's Torah portion, Isaac is faced with an incredible dilemma. For over 60 years he has been pinning his hopes and dreams on his eldest son, Esau, to carry on his legacy, yet when faced with the reality that his judgment was wrong, he avoids all rationalizations and excuses and says, "Jacob will be blessed" (Gen. 27:33).

That is why in Jewish mysticism Isaac is the only one of the three Patriarchs to be described as "strong." He had the ability to face the truth and avoid all attempts at justifying himself. He had real strength: the strength of character to do what was right, not just what was pragmatic and comfortable. Anytime we do conquer our inner drive and exert self-control, we attain a taste of the Divine, right here and now.

by Rabbi Ron Jawary (<u>www.aish.com</u>)



# LET US DO THE BAKING FOR YOU THIS THANKSGIVING!



### You make the Gobbler, we'll make the Cobbler!

Smoked Apple Cobbler



Only \$18.00 for a 9x13 pan

(Parve, under the Kashrut supervision of Rabbi Ze'ev Smason)

# Orders must be in by November 9 and can be picked up on November 18

(Limited Availability: First Come, First Serve)

For more info, please contact Mindy Woolf at mwoolf2002@gmail.com



# Shabbat Children's Programming

### November 10

## **Junior Congregation**

children ages 7 to 11

10:00 am - 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

# Tot Shabbat Children ages 6 and under 10:00 am - 11:30 am in the Eli Ragin Kids' Play Room

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available 10:00 am - 12:00 pm

All children welcome – no RSVP, no cost, no worries!

All programs are on the NHBZ lower level,

and include delicious snacks!



NHBZ Education Committee Series

## **Home Discussion Group**

Rabbi Smason will lead a discussion on

# Chanukah:

Do Miracles Still Happen Today?



The latest in a series of discussions at the homes of our members and friends

Monday, Nov. 12, 2018

Please join us at the home of

Dr. Ram & Sallie Volotzky

7:00 – 8:30 pm



Light refreshments will be served. Space is Limited, so RSVP's are a Must!

Please RSVP to Jeff at **314-991-2100** or <a href="mailto:jeff@nhbz.org">jeff@nhbz.org</a> by the Wednesday before the gathering. First come, First Served! Addresses and phone numbers will be given at the time of your RSVP.

# **Kosher Thanksgiving** *Police and Firefighters Feast*

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving dinner for police officers and firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, we need volunteers before Thanksgiving as well as on Thanksgiving Day itself. We need people to do the following:

- Donations to buy 2 Turkeys
- Prepare food in the NHBZ kitchen
- Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day
- This year we will be serving alongside with Epstein Hebrew Academy



If you want volunteer to help, please contact Stella Vladimirov at (314) 540-4450 any day after 6 pm



### WE INVITE YOU

### Nusach Hari B'nai Zion Congregation 113<sup>TH</sup> Anniversary Banquet

Guest of Honor

Robert A. Cohn

HaKaras HaTov Award recipient

Kenneth Bressler

Israel Advocacy Award recipient

Donn Rubin

Sunday, December 16, 2018

Hors d'oeuvres at 5:30 p.m. | Dinner & Program at 6:30 p.m.

Sheraton Clayton Plaza Hotel St Louis 7730 Bonhomme Avenue Clayton, Missouri 63105

RSVP by Nov. 16 to be entered in Early Bird Raffle to win Prizes!

Opportunities for sponsorships, ads, and greetings available

Phone: 314-991-2100, ext.2 Email: reservations@nhbz.org

Nusach Hari B'nai Zion • 650 North Price Road Saint Louis, Missouri 63132



# Starting Points: Wisdom for Daily Living

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

#### Schedule for November & December

**November 10**: "Is G-d Testing Me? How to Know, and How to Pass the Test"

November 17: "Thanksgiving: Gratitude, or Gobble Till You Wobble?"

November 24: "The Sandwich Generation: Coping with the Demands of Aging

Parents and Needy Children"

**December 2**: "Chanukah: Are There Still Miracles Today?"

**December 9: "**How to Stay Calm When Your Life Is Chaotic"

For questions, call Jeff in NHBZ's office at (314) 991-2100, ext. 2

## NHBZ Cash Card Order Form Chanukah Orders

#### What is scrip, and how does it work?

- \* Purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below.
- ☼ Orders are due on the 15th of each month, and the cards are available to pick up in the office in 5 to 7 business days.



	Denomination			Total		Denomination			Total
Retailer	(in Dollars)	%	Qty	Amount	Retailer	(in Dollars)	%	Qty	Amount
Amazon.com	\$ 25.00	2.25%			JC Penney	\$ 25.00	5.0%		
	\$ 100.00	2.25%				\$ 100.00	5.0%		
AMC Theatres	\$ 25.00	8.0%			Kohl's	\$ 25.00	4.0%		
Barnes & Noble	\$ 10.00	8.0%				\$ 100.00	4.0%		
	\$ 25.00	8.0%			Lowe's	\$ 25.00	4.0%		
Bath & Body Works	\$ 10.00	13.0%				\$ 100.00	4.0%		
	\$ 25.00	13.0%			Macy's	\$ 25.00	10.0%		
Bed, Bath & Beyond	\$ 25.00	7.0%				\$ 100.00	10.0%		
	\$ 100.00	7.0%			Office Max/	\$ 25.00	5.0%		
Best Buy	\$ 25.00	4.0%			Office Depot	\$ 100.00	5.0%		
	\$ 100.00	4.0%			PetSmart	\$ 25.00	5.0%		
Build A Bear	\$ 25.00	8.0%			Pier 1	\$ 25.00	9.0%		
Cold Stone Creamery	\$ 10.00	11.0%			REI	\$ 25.00	8.0%		
Container Store	\$ 25.00	9.0%			Starbucks	\$ 10.00	7.0%		
	\$ 100.00	9.0%				\$ 25.00	7.0%		
Crate & Barrel	\$ 25.00	8.0%			Target	\$ 25.00	2.5%		
CVS	\$ 25.00	6.0%				\$ 50.00	2.5%		
	\$ 100.00	6.0%			Talbots	\$ 25.00	13.0%		
Dierberg's	\$ 25.00	2.5%			T.J. Maxx/Marshall's/	\$ 25.00	7.0%		
	\$ 100.00	2.5%			Home Goods	\$ 100.00	7.0%		
Dillards	\$ 25.00	9.0%			Ulta Beauty	\$ 25.00	4.0%		
	\$ 100.00	9.0%			Walgreens	\$ 25.00	5.0%		
Famous Footwear	\$ 25.00	8.0%				\$ 100.00	5.0%		
Gap/Old Navy/	\$ 25.00	14.0%			Walmart/	\$ 25.00	2.5%		
Banana Republic	\$ 100.00	14.0%			Sam's Club	\$ 100.00	2.5%		
Home Depot	\$ 25.00	4.0%			Whole Foods	\$ 25.00	3.0%		
	\$ 100.00	4.0%				\$ 100.00	3.0%		
iTunes	\$ 15.00	5.0%			Other**				
	\$ 25.00	5.0%							

OTAL THIS ORDER:	\$	
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	Payment may by made by	by <u>Cash</u> or <u>Check paya</u>	ble to NHBZ, and r	must accompany yo	ur order
NAME_					
ADDRE	:SS	CITY	STATE	ZIP CODE	

And please remember to use your Schnuck's Card for NHBZ credit!!!