



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 24, 2018 ~ 16 Kislev 5779

Candle Lighting 4:25 pm

Shabbat Ends 5:27 pm

Torah Portion:
Haftorah:

Vayishlach Genesis 32:4 -- 36:43
Obadiah 1:1-21

Chumash pages 170-197
Chumash page 1141-1142

Thank you to our Sponsors

The soda floats are in honor of **Jay Umansky's** 65th birthday, sponsored by his loving wife **Peggy** and family.

**In our continuing effort to improve security,
the lower floor entrance will be locked on Shabbat**

Erev Shabbos, Friday, November 23

- Mincha & Ma'ariv ~ 4:25 pm

Shabbos, November 24

- Shachris & Musaf ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menachem Szus**
 - Leyning: **Rabbi Perlman**
 - Haftorah: **David Rubin**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Perlman**
- Learners' Service led by **Rabbi Yosef David** of Aish HaTorah ~ 9:30 am
- Starting Points Wisdom for Daily Living led by **Rabbi Ze'ev Smason** ~10:15 am
Topic: "The Sandwich Generation: Coping with the Demands of Aging Parents and Needy Children"
- Mincha / Ma'ariv /Shalosh Seudos ~ 4:05 pm

This Week and Beyond....

Minyan Times	Shabbos Nov 24	Sun. Nov 25	Mon. Nov 26	Tues.* Nov 27	Wed. * Nov 28	Thurs. Nov 29	Fri. Nov 30	Shabbos Dec 1
Shachris	9:00 am	8:00 am	7:00 am	7:00 am	7:00 am	7:00 am	7:00 am	8:30 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm	6:45 pm	6:45 pm	6:45 pm	4:20 pm	4:05 pm

* Ma'ariv only

Note- Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

Birthdays- Jay Umansky, Shirley Hollander, Sandra Greenberg, Jack Ryan Loiterstein
Anniversaries- Dr. Stan & Jean Margul

- **Sunday, November 25 ~ Pizza Night 5:00- 7:00 pm** ~ Enjoy all-you-can-eat Kosher pizza, pasta, salad, garlic bread, dessert and a beverage. Plus, a movie for the kids!

If you prefer to carry out, cheese pizzas are \$12 each plus \$.75 for each topping. Carryout orders should be placed by 10 a.m. on Sunday, by sending an email to jeff@nhbz.org or by calling 314-991-2100,

- **Shabbos, December 1 ~ Kiddush Luncheon Sponsored by Menachem & Linda Szus**
- **Shabbos, December 1 ~ NHBZ Education Committee presents ~The Story of Joseph told through a Mock Trial – A debate between prosecutor and defense. "Were Joseph's brothers guilty of kidnapping and attempted murder?"**
- **Sunday, December 2 ~ NHBZ Kids Chanukah Party and Havdalah ~ see flyer for details.**
- **Sunday, December 16 ~ 113th Anniversary Banquet Dinner ~ RSVP and get your ads in now! RSVP deadline for ads and dinner is December 3rd.**
- **Monday, December 24 ~ "Dinner and a Movie" presented by the Israel Committee.**

Parsha Vayishlach

Jacob and his family returned from the house of Laban to the land of Israel, only to find Esau heading toward them with 400 men, ready for battle. After preparing his family for war and praying to G-d for help, Jacob attempts to appease his brother by sending him a gift of many animals. After his family crosses the river to await the meeting with Esau, Jacob is left alone for an all-night 'confrontation' with an angel disguised as a man. Although Jacob is victorious, he is left limping from a hip-dislocation. Rejoining his family, Jacob encounters Esau who accepts him with an apparent new-found brotherly love. Jacob and Esau part ways in peace. Another crisis arises when Jacob's daughter Dinah is abducted and raped by Shechem, the prince of a town with the same name. Two of Jacob's sons, outraged at the humiliation caused to their sister, trick the town's residents into circumcising themselves on the condition that they would then be allowed to intermarry with Jacob's family. Simeon and Levi (two sons of Jacob) then decimate the entire city and save Dinah. Later in the portion, G-d blesses Jacob and gives him the additional name, Israel. Soon after, Rachel dies while giving birth to Benjamin, Jacob's twelfth son. Finally, Jacob returns home and is reunited with his father Isaac. The Torah portion concludes with a lengthy genealogy of Esau's family.

Israel Committee "Pizza for Soldiers" Update

Over the summer you, NHBZ members and friends, generously donated nearly \$2900 for our "Pizza for Soldiers" campaign. When fighting along Israel's borders heated up we wanted to thank the brave soldiers of the IDF with pizzas as we had done in 2014.

After raising the money we learned that the process of donating to the IDF had been overhauled in 2015 and we could no longer give pizzas (or anything else) directly to units. So we had to get creative.

In October we sponsored a pizza party for a home for soon-to-be IDF lone soldiers. This past week we partnered with Josh Wonder, Yeshai Fleisher and Josh Hasten who toured several of the Israeli towns that border Gaza and are often the target of terrorist attacks. Josh and company toured the area thanking the soldiers who were working in these towns to keep citizens and tourists safe as well as the families that live in these communities. They brought and distributed 50 boxes of delicious sufganiyot. The spirits of soldiers and families were clearly lifted upon seeing the support of the three pro-Israel advocates who visited. An added boost to their morale came from the dozens of people who watched and commented live on Facebook, knowing that so many more contributed and care so much about them.

Thank you for your support as we will continue to spend these funds supporting our heroes in the IDF and Israelis who are often targets of terrorist attacks.

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason
Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: “Wisdom for Daily Living” with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

November 24: “The Sandwich Generation: Coping with the Demands of Aging Parents and Needy Children”

December 1: “Chanukah: Are There Still Miracles Today?”

December 8: “How to Stay Calm When Your Life Is Chaotic”

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

In the Community

St. Louis Kollel presents: A \$10,000 Fundraising Raffle Sweepstakes 2018 Celebration ~

There are five ways to order your Raffle/Sweepstakes Tickets: 1) EMAIL office@stlkollel.com 2) CALL (314) 726-6047 3) FAX (314) 863-0820 4) MAIL IN Entry Form Below 5) ONLINE By credit card http://weblink.donorperfect.com/raffle_2018

December 24, 2018

Dinner and a Movie

Join Us for Dinner and a special viewing of

“Above and Beyond”

A documentary about US Air Force pilots

fighting for Israel in the War of Independence



THE SISTERHOOD SCOOP NOVEMBER



Volume I

Number 38

November 24, 2018

News Alert: Sisterhood Election Results

President *Teree Farbstein*
Vice President *Debbie Sher*
Vice President *Open*
Treasurer *Helayne Levitt*
Recording Secretary *Aida Greenberg*
Communications Secretary *Fran Alper*

Board of Directors for 2019

2-Year Board Term through 2020:

Joyce Hochberg
Terri Schnitzer
Margo Tzadok
Sallie Volotzky

Continuing Board Members:

Amy Feit
Phyllis Loiterstein
Trudy Sudin
Peggy Umansky

Congratulations to all Sisterhood Officers and Board Members! Special thanks to Amy Feit and the Nominating Committee, to all who attended the Election Meeting on Sunday, November 18, and to all those Sisterhood members who participated in the email vote!

Gratitude and Humility Vayishlach (Genesis 32:4 - 36:43)

In this week's portion Jacob returns home to finally confront Esau. To prepare, Jacob prays that G-d should deliver him safely from this ordeal, despite being—in his estimation—unworthy of this favor. Jacob sees himself as “small,” as lacking merit and undeserving of G-d's help. But why did Jacob see himself as “small” and unworthy? During the years away, he faced many challenges. Yet, he was able to marry, raise a family, prosper and retain his ideals. G-d had clearly been guiding and protecting Jacob all the time. So, why wouldn't he just assume that G-d would see him through this next travail? The answer is that there are two opposing ways to react to a favor. For Jacob, the multitude of blessings in his life is precisely what led him to believe that he was unworthy of Divine aid. Rather than becoming sure of himself, Jacob was instead humbled by all of the blessings in his life, thinking that whatever little merit he may have had was certainly already expended, and he had no right to expect any further kindness from G-d. But, from an ego perspective, the more favors G-d grants us, the more outrageously entitled we feel. Invoking a warped logic that cites our good fortune as the very proof of our worthiness, we audaciously lay claim to all sorts of expectations. But from a selfless, spiritual point of view, the more G-d gives kindness to us, the more overwhelmed with gratitude and humility we become. As G-d continues to show us His kindness, we may be easily lured back into a false sense of entitlement, that we deserve it, and have earned a better life. Instead, we should, like Jacob, remember that the closer G-d brings us to Him, the more keenly aware are we of our smallness.

—adapted from [chabad.org/Rabbi Ben A.](http://chabad.org/Rabbi_Ben_A)

**Now Accepting NEW and Renewal
Sisterhood Memberships for 2019**

**NHBZ Sisterhood
is aiming for**



**100% participation
by all NHBZ women**

**Annual Sisterhood Dues – \$25
Join NOW, avoid the January rush!**

Sisterhood Tribute Cards are available

to send for Chanukah, birthdays, or milestone events. Call Laura at 314-991-2100, ext.3, or stop by the NHBZ office to purchase a pack of Sisterhood Tribute Cards at the special price of **5 cards for \$10.**

HELP SUPPORT YOUR SISTERHOOD!

BOOK CLUB MEMBERS...

...are you enjoying *The Sisters Weiss*?

The next meeting of the NHBZ Sisterhood Book Club is in 3 weeks – Mon., Dec. 17, 7:15-8:45 PM at the home of Rhonnie

Goldfader. Call Rhonnie for directions or to RSVP: Phone: 314-434-5068 email: rhonnieg@sbcglobal.net
 Book is: *The Sisters Weiss*, by Naomi Ragen, a novel about sisters in 1950's Brooklyn, complete with intergenerational drama, culture clash, religion, identity, loyalty, and love!

February 25 Book Selection is *The Kidnapping of Edgardo Mortara*, by David I. Kertzer



ALL WOMEN WELCOME!

FOR MORE INFO
 CONTACT Fran Alper
 phone: 314-993-4024
fran.alper@outlook.com



Family **Chanukah** Program

NHBZ Kids Invite You To
Celebrate **Chanukah** & Havdalah

Saturday Evening, December 1, 2018
6:30 p.m. – 8:30 p.m.

Nusach Hari B'nai Zion



Fun, family friendly activities!
There will be latkes, a dreidel spinning
contest, crafts and more

\$10/family in advance, \$18/family at door
(NHBZ membership NOT required...invite your friends!)

Call NHBZ at 314- 991-2100, ext. 2
or email jeff@nhbz.org





Pizza Night

Sunday, November 25

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**



NHBZ ELECTION RESULTS

Polls closed at Noon on November 18, 2018

The election results are in.

Congratulations to the new Officers and newly elected Board Members

NHBZ Officers for 2019

President	<i>Jay Umansky</i>
Vice President	<i>Kenny Bressler</i>
Vice President	<i>Denny Feit</i>
Vice President	<i>Rich Woolf</i>
Vice President	<i>Open</i>
Treasurer	<i>Howard Loiterstein</i>
Secretary	<i>Jennifer Hartranft</i>
Gabbai	<i>Alan Zarkowsky</i>

Newly Elected Board Members

Full 3-Year Term, 2019- 2021

Stuart Klamen

Bobby Levine

Ed Levitt

Chana Lowenstein

Phyllis Silverman

Partial Term, 2019 - 2020

Larry Chervitz

Partial Term through 2019

Stan Margul

Jaime Papa

Continuing Board Members

Through 2020

Marcie Brook

Faye Cohen

Jason Loiterstein

Stella Vladimirov

Through 2019

Rhonnie Goldfader

Mike Minoff

Margo Tzadok

*Thanks to all who
attended the
membership
meeting and voted
in the election!
Stay tuned for the
installation date.*





Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.



Schedule for November & December

November 24: “The Sandwich Generation: Coping with the Demands of Aging Parents and Needy Children”

December 1: “Chanukah: Are There Still Miracles Today?”

December 8: “How to Stay Calm When Your Life Is Chaotic”

For questions, call Jeff in NHBZ’s office at (314) 991-2100, ext. 2



Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Jewish Prayers' Sources

Jan. 21, 2019, 7:00 pm, hosted by Trudy & Gary Sudin

Pesach

Mar. 21, 2019, 7:45 pm, hosted by Sally Needle

Kaddish

May 20, 2019, 7:45 pm, host to be determined

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, host to be determined

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted of Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP



113th Anniversary Banquet

Sunday, December 16, 2018

Sheraton Clayton Plaza Hotel St. Louis

7730 Bonhomme Avenue

Clayton, Missouri 63105

Hors d'oeuvres at 5:30PM ☞ Dinner & Program at 6:30PM



Guest of Honor

Robert A. Cohn is Editor-in-Chief Emeritus of the St. Louis Jewish Light, a member of the University City High School Hall of Fame, and a member of the St. Louis Media Hall of Fame. Mr. Cohn is an award-winning journalist, attorney, community leader, thoughtful and articulate lecturer, and good friend of Israel and NHBZ.

Ha Karas Ha Tov Award

Kenneth Bressler is Vice President of NHBZ, a Registered Architect with CRB, a member of both the American Institute of Architects and the National Council of Architectural Registration Boards, and Past President of the St. Louis Woodworker's Guild. Mr. Bressler designed and built NHBZ's exquisite Aron Kodesh.



Israel Advocacy Award

Donn Rubin is President and CEO of BioSTL, whose mission is to build St. Louis' innovation economy, and is the Founder of GlobalSTL, which connects Israel and St. Louis through business initiatives. Mr. Rubin's work supporting a strong Israel - US business alliance represents the Zionist mission of NHBZ.

\$125.00 per person

Opportunities for Sponsorships, Ads, and Greetings available

R.S.V.P. by December 3, 2018

Early Bird deadline is November 16 to be entered in the Early Bird Raffle to win prizes!

Anniversary Dinner Committee: Sandie Abrams, Fran & Lenny Alper, Don Eisenberg, Marsha Feenberg, Rhonnie Goldfader, Sally & Eliot Katz, Bobby Levine, Jeff Miller, Robin Rickerman, Nancy & Jason Rush, Anna Rose Tendler