



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 15, 2018 ~ 7 Tevet 5779

Candle Lighting 4:22 pm

Shabbat Ends 5:25 pm

Torah Portion:
Maftir:

Vayigash Genesis 44:18 -- 47:27
Ezekiel 37: 15-28

Chumash pages 250-267
Chumash page 1144-1145

Our Sponsors~ Thank you to **Leslie Gitel, Rhonnie Goldfader** and **Peggy Umansky** for sponsoring the cake in celebration of their birthdays

Erev Shabbos, Friday, December 14

- **Mincha & Ma'ariv** ~ 4:20 pm

Shabbos, December 15

- **Shachris & Musaf** ~ 9:00 am
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Menchem Szus**
 - Leyning: **Max Gornish**
 - Haftorah: **Kenny Bressler**
 - Drasha: **Rabbi Ze'ev Smason**
 - Musaf: **Max Gornish**
- **Learners' Service** led by **Rabbi Yosef David** of Aish HaTorah ~ 9:30 am
- **Tot Shabbat and Junior Congregation** with B'not Sherut ~ 10:00 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am ~
Topic: "Freedom from Anger"
- **Mincha / Ma'ariv /Shalosh Seudos** ~ 4:05 pm

Shabbos Greeters~ **Don & Julie Eisenberg**

This Week and Beyond....

Minyan Times	Shabbos Dec 15	Sun. Dec 16	Mon. Dec 17	Tues.+ Dec 18	Wed. * Dec 19	Thurs.* Dec 20	Fri. Dec 21	Shabbos Dec 22
Shachris	9:00 am	8:00 am	7:00 am	6:45 am +	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm	4:10 pm +	6:45 pm	6:45 pm	4:20 pm	4:10 pm

+Asarah B'Tevet

+The Fast of the 10th of Teves -- Asara B'Teves Fast begins: 6:01 A.M. - Fast ends: 5:24 P.M.

Birthdays- Rodney John, Sandra Abrams, Dr. Jonathan Shanker, Frances Rothman, Peggy Umansky, Victoria John, Leslie Gitel, Rhonnie Goldfader, David Gellman and Mindy Woolf

Anniversaries- Dr. Daniel & Julie Rosenbluth Jay & Peggy Umansky and Irl & Myra Solomon

- **Sunday, December 16 ~ 113th Anniversary Banquet Dinner starts at 5:30 pm.**
Mincha/Ma'ariv at NHBZ at 4:20 pm
- **Monday, December 24 ~ Dinner & A Movie ~** A Falafel Dinner at 5:15 pm and a screening of "Above and Beyond" a film about US Air Force pilots during the War of Independence at 6:30 pm. Adults \$12.00 per plate in advance or \$14.00 at the door, Kids \$7.00 Kids or \$8.00 at the door.
NHBZ Members Family Max \$ 35. RSVP by Dec. 19 to jeff@nhbz.org
Presented by the Israel Committee
- **Shabbos, January 12, 2019 ~ Synaplex Shabbat and Board Installation ~** See flyer for details.
- **Monday, January 21, 2019 ~ 7:00 pm ~ Home Study Group,** Topic: "Jewish Prayers' Sources" ~ hosted by Trudy & Gary Sudin. RSVP to jeff@nhbz.org or 991-2100 ext.2

Parsha Vayigash

Judah makes an impassioned plea to the powerful Egyptian ruler (Joseph, still in disguise) for Benjamin's life, claiming that Jacob would surely die from sorrow if he lost Benjamin. Judah offers to remain in Egypt as a slave in place of his younger brother. Unable to restrain himself any longer, Joseph reveals his identity to his stunned brothers and forgives them for selling him into slavery so many years before.

Joseph then sends his brothers back to the land of Israel, laden with gifts, to bring Jacob and their families down to Egypt where they will live in the province of Goshen. Before Jacob leaves home, G-d appears to him in a 'vision of the night', reassuring him that He will be with them and that they will eventually return to the land of Israel as a great nation. After 22 years of separation, Jacob is reunited with his beloved son Joseph. Joseph embraces his father and weeps, overflowing with joy, and then brings his father to meet Pharaoh. The portion concludes by describing how Joseph uses his vast power to amass nearly all of the wealth of Egypt for Pharaoh's treasury.

Cash Cards

Orders are now being taken through December 17th. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

December 15: "Freedom from Anger"

December 22: "How to Pick Great Heroes"

December 29: "Welcoming 2019: How to Begin Getting Happier"

January 5: "Turning Failures into Insights"

January 12: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**



THE SISTERHOOD SCOOP DECEMBER



Volume I

Number 41

7 Tevet 5779

December 15, 2018

**Now Accepting NEW and Renewal
Sisterhood Memberships for 2019**

**NHBZ Sisterhood
is aiming for**



**100% participation
by all NHBZ women**

**Annual Sisterhood Dues – \$25
Join NOW, avoid the January rush!
and be our guest at the Tea on Feb. 10**

BOOK CLUB MEETS THIS MONDAY – Dec. 17 @7:15

at the home of Rhonnie Goldfader. Call Rhonnie to RSVP and to get directions – 314-434-5068 or rhonnieg@sbcglobal.net

The book is: *The Sisters Weiss*, by Naomi Ragen, a novel about sisters in 1950's Brooklyn, through present-day. It's complete with intergenerational drama, culture clash, religion, identity, loyalty, and love!

For those who like to read ahead, the *next* Book Club meeting is February 25 at the home of Trudy Sudin, and the book selection is: *The Kidnapping of Edgardo Mortara*, by David I. Kertzer



ALL WOMEN WELCOME!

FOR MORE INFO
CONTACT Fran Alper
phone: 314-993-4024
fran.alper@outlook.com

~ SAVE THE DATE ~

All paid-up Sisterhood Members

*are invited to a **Membership Tea***



honoring YOU and our long-time Sisterhood Members

ON SUNDAY, FEBRUARY 10, 2:30 PM

*A Kosher Wine-Tasting will follow the Tea,
where you will learn that there's more
to Shabbos kiddush than Manischewitz!*



WANT TO KNOW WHAT'S AHEAD? Here's a Preview of Sisterhood Events Planned for 2019:

**Hands-On Art Event at Craft Central
Paid-Up Membership Tea and Kosher Wine-Tasting
Girls-Night-Out Movie Night
History of Jewish St. Louis Bus Tour
4th Annual 'Dine 'N' Style' Fashion Show and Luncheon
Sisterhood's Tuesday Bingo Luncheons
Sisterhood Book Club**

**Chanukah Party and Israeli Gift Boutique
Join us and bring YOUR ideas for 2019! Don't miss out!**

Parsha Vayigash *Feminine Power*

The total of Jacob's household who came to Egypt was 70 persons. -Genesis 46:27
By descending into the Egyptian exile, the Jewish people began the process of elevating and transforming the 70 nations of the world. Yocheved's birth just before Jacob's family entered Egypt brought their number to 70, thus enabling Jacob to begin the mission of refining the 70 nations.

The process of transforming the world is twofold: first, we must cure the world of its opposition to holiness, and then, we must transform it into holiness. The former is the "masculine," assertive approach, whereas the latter is the "feminine," nurturing approach.

Thus, the commandments entrusted to women – ensuring that the family is nourished in accordance with the Torah's laws, ensuring the safety and spiritual warmth of the home (as exemplified by kindling the Sabbath candles), and sanctifying marital life—are all ways of transforming the mundane aspects of ordinary human life into expressions of holiness. -Adapted by Moshe Wisniewsky/www.Chabad.org



Shabbat Children's Programming

December 15 & 22

This week: B'not Sherut from Israel

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com



Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Jewish Prayers Sources

Jan. 21, 2019, 7:00 pm, hosted by Trudy & Gary Sudin

Pesach

Mar. 25, 2019, 7:45 pm, hosted by Sally Needle

Kaddish

May 20, 2019, 7:45 pm, hosted by Alan & Vivian Zarkowsky

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP

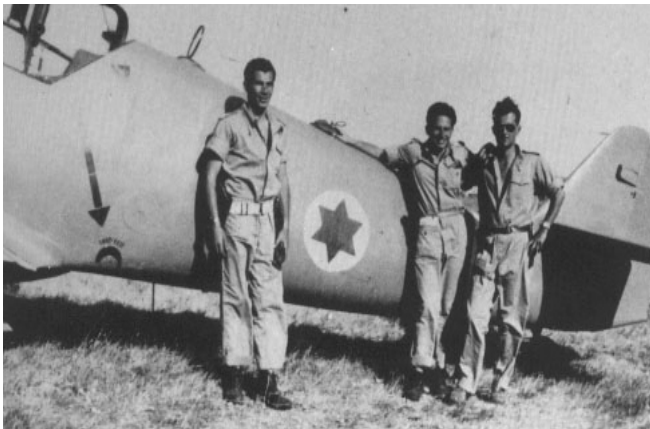


Dinner and a Movie!

Monday, December 24, 2018

Falafel Dinner beginning at 5:15 p.m.

Special viewing of **“ABOVE AND BEYOND”**



A documentary about the Air Force pilots fighting for Israel in the War of Independence.

The Movie will begin at 6:30 p.m

****You can come just to view the movie***



\$12 per plate in advance/ \$14 at the Door

Kids \$7/\$8 at the door

NHBZ MemberFamily Max. \$35

RSVP to jeff@nhbz.org or 991-2100 ext.2

Sponsored by the NHBZ Israel Committee



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for December & January



December 15: “Freedom from Anger”

December 22: “How to Pick Great Heroes”

December 29: “Welcoming 2019: How to Begin Getting Happier”

January 5: “Turning Failures into Insights”

January 12: “Tikun Olam: What Does It Mean To "Perfect The World"?”

At 10:00 am due to Synaplex Shabbat.



Pizza Night

Sunday, December 30

5:00 pm – 7:00 pm

All You Can Eat Buffet

**Includes Pizza, Pasta, Salad and Garlic Bread
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while
supplies last**

All food under the supervision of Rabbi Ze'ev Smason

Dine-In Buffet

Movies for kids on lower level

Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE

WE ACCEPT CREDIT CARDS

Or Carry Out

Cheese Pizza \$12 plus \$.75 for each topping

**Place orders by 10:00 am Sunday: email orders preferred to
jeff@nhbz.org or as a last resort call 314-991-2100, ext. 2**

Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)



**Nusach Hari B'nai Zion
650 North Price Road
Olivette, MO 63132
314-991-2100**





Shabbat January 12, 2019

8:30 am - Traditional Services - in the Sanctuary

9:15 am - Learners Service – in the Chapel

Led by *Rabbi Yosef David* of Aish HaTorah St. Louis

10:00 am - Starting Points - in the Chapel

Topic: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Led by *Rabbi Ze'ev Smason*

10:00 am - Children's Programming – Lower Level

Tot Shabbat for ages 1-6, babysitting for younger children,

Junior Congregation for ages 7 and up

11:15 am Synaplex Breakout Sessions

"The Israeli-Palestinian Conflict: A View from Outer Space"? Dr. J. Martin Rochester - *Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis*

"The Jewish Journey: What Does it Mean to Live as a Jew?" Rabbi Avi Roberts, *Ignite YP, Director*

12:15 pm Kiddush Lunch for All - Social Hall

*NHBZ Synaplex Shabbat is free and open to the Jewish public.
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)**
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at: ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



shopwithscrip.com

FREE MONEY FOR THE SHUL!