



# Shabbos Bulletin

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

December 22, 2018 ~ 14 Tevet 5779

Candle Lighting 4:25 pm

Shabbat Ends 5:28 pm

Torah Portion: Vayechi Genesis 47:28 -- 50:26

Chumash pages 268-269

Maftir: 1 Kings 2:1-12

Chumash page 1145-1146

## Our Sponsors:

**Kenny Bressler** is sponsoring the Shabbat Bulletin "in thanks to the entire congregation for the warm reception, well wishes, and heartfelt journal messages with regards to the Hakoras HaTov award at the Anniversary dinner. My Family and I were overwhelmed by the kind words and sincere support."

## Erev Shabbos, Friday, December 21

- **Mincha & Ma'ariv** ~ 4:20 pm

## Shabbos, December 22

- **Shachris & Musaf** ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**

- Haftorah: **Bruce Waxman**

- Shacharis: **Richard Woolf**

- Drasha: **Rabbi Ze'ev Smason**

- Leyning: **Max Gornish**

- Musaf: **Max Gornish**

- **Learners' Service** led by **Rabbi Yosef David** of Aish HaTorah ~ 9:30 am
- **Tot Shabbat and Junior Congregation** ~ 10:00 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am ~  
Topic: "How to Pick Great Heroes"
- **Mincha / Ma'ariv /Shalosh Seudos** ~ 4:10 pm

Shabbos Greeters~ **Teree Farbstein and Denny Feit**

## This Week and Beyond....

Minyan Times	Shabbos Dec 22	Sun. Dec 23	Mon. Dec 24	Tues. Dec 25	Wed. * Dec 26	Thurs.* Dec 27	Fri. Dec 28	Shabbos Dec 29
<b>Shachris</b>	9:00 am	8:00 am	7:00 am	8:00 am	7:00 am	7:00 am	7:00 am	9:00 am
<b>Mincha/Ma'ariv</b>	4:10 pm	4:25 pm	4:25 pm	4:25 pm	6:45 pm	6:45 pm	4:25 pm	4:15 pm

\* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

**Birthdays- Norman Liss, Dr. Michael Kass, Betty Novick, Gary Sudin and Mark Tendler**

**Anniversaries- Abert & Sheila Goodman, Howard & Phyllis Loiterstein, Ronald & Sandra Segall and Dr. Craig & Jackie Berkin**

- **Monday, December 24 ~ Dinner & A Movie** ~ A Falafel Dinner prepared by **Reuven & Margo Tzadok** at 5:15 pm and a screening of "Above and Beyond" a film about US Air Force pilots during the War of Independence at 6:30 pm. Adults \$14.00 / Kids \$8.00 at the door NHBZ Members Family Max \$ 35. Presented by the Israel Committee.
- **Shabbos, January 12, 2019 ~ Synaplex Shabbat and Board Installation** ~ See flyer for details.
- **Monday, January 14, 2019 (new date) ~ 7:00 pm ~ Home Study Group**, Topic: "Jewish Prayers' Sources" ~ hosted by Trudy & Gary Sudin. RSVP to [jeff@nhbz.org](mailto:jeff@nhbz.org) or 991-2100 ext.2

## **Parsha Vayechi**

The final portion of the first book of the Torah describes Jacob's actions immediately preceding his death in Egypt. Jacob makes Joseph swear to bury him in the land of Israel, and then gives Joseph's two sons, Menashe and Ephraim, a special blessing. Notwithstanding Joseph's protest, Jacob insists on giving the younger Ephraim the right-hand position of primacy during the blessing (is this the origin of 'my right-hand man'? ). Jacob then proceeds to give each of his other sons their individual blessings in accordance with their own unique character traits and life purpose. Jacob passes away at the age of 147. He then is brought by his sons and accompanied by a great procession of Egyptian royalty to the land of Israel where he is buried in M'aras HaMachpelah (The Tomb of the Patriarchs). Upon returning to Egypt, Joseph's brothers fear that he will finally take revenge now that their father is dead. However, Joseph reassures them that he bears no hard feelings. The portion concludes with Joseph's death and the Jewish people's promise to carry his bones with them to Israel when they are finally redeemed

## **Adult Learning at NHBZ**

**Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason**

Study Pirkei Avos / Ethics of the Fathers.

**Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason** ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

December 22: "How to Pick Great Heroes"

December 29: "Welcoming 2019: How to Begin Getting Happier"

January 5: "Turning Failures into Insights"

January 12: "Tikun Olam: What Does It Mean To "Perfect The World"?"

**Every Shabbos ~ Tanach (Bible) Study** (3/4 hour before Mincha)

**Every Sunday ~ Mishna Learning** (after Shacharis) with **Rabbi Chanan Swidler**

The Sudin family wishes to thank the congregants and members of the NHBZ family for their heartfelt condolences and tributes in the honor of our mother, Alice Sudin. We are entirely overwhelmed by the generosity, support, and caring shown by our friends, relatives, and acquaintances.

**Gary and Trudy Sudin and Family**



**This Shabbos Parshas Vayechi is the Shabbos designated by TEAM, the Traditional End-of-Life Awareness Movement, to generate awareness about the inherent sanctity of life, the significance of making appropriate end-of-life decisions and the importance of traditional Jewish Burial.**

In the secular world, the medical ethic defines life by its quality. Hospitals and medical institutions frequently push patients to pull the plug and minimize medical procedures, ending their lives prematurely.

There is a widespread lack of knowledge and awareness about the importance of every moment of life, the Torah view on the afterlife, and the requirements of Kevurah K'Halachah. Therefore, people within our community, and certainly many of our relatives, acquaintances and co-workers, make end-of-life choices that are contrary to Torah values.

**NHBZ is proud to participate in this National “Team Shabbos” Program**

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### **In the Community**

**Tuesday, Dec 25 ~ 10 am - 3:30 pm** Event for the whole family with Chinese Lunch  
Childcare and kids' programs. Suggested donation for adults is \$25  
Cost for Chinese Lunch: \$18 per adult, \$10 for kids (ages 3-11), kids 2 and under are free  
Location: Aish Firehouse, 457 N. Woods Mill Rd., RSVP and for more information, call the Aish office at 314-862-2474 or email [cwolff@aish.com](mailto:cwolff@aish.com)

**January 12<sup>th</sup>** ~ MTI invites you to an exciting pre-Tu B'Shvat evening of Art & Spirits! Motzei Shabbos, 8:30 PM- Come taste and learn about the newly launched Righteous Seven® Liquor, a premium blend of the Shivas Haminim, crafted by local Saint Louisan, David Hermelin. See and experience Judaica art with world-renowned artist Rabbi Yonah Weinrib of Judaica Illuminations. Couvert \$18/person. Missouri Torah Institute 1809 Clarkson Road in Chesterfield. RSVP encouraged to [rabbibregman@missouritorah.org](mailto:rabbibregman@missouritorah.org) . call 636-778-1896 x 108.



# Dinner and a Movie!

**Monday, December 24, 2018**

***Falafel Dinner beginning at 5:15 p.m.***

***Chefs Reuven & Margo Tzadok***

Special viewing of **“ABOVE AND BEYOND”**



A documentary about US Air Force pilots fighting for Israel in the War of Independence.



***The Movie will begin at 6:30 p.m***

***\*You can come just to view the movie***

**\$14 ADULTS / \$8 Kids**

**NHBZ MemberFamily Max. \$35**

**Sponsored by the NHBZ Israel Committee**





# THE SISTERHOOD SCOOP DECEMBER



Volume I

Number 42

14 Tevet 5779

December 22, 2018

**Coming Soon to a  
Theater Near You:  
NHBZ Sisterhood**



**Watch for Details**

*"When we are no longer able to  
change a situation, we are challenged  
to change ourselves."* – Viktor Frankl

In every situation in life, we can choose how to  
respond to our circumstances and through that  
choice, moment by moment, we grow and  
transform ourselves. – Sara Debbie Gutfreund

## *Sisterhood's* **BOOK CLUB is thriving!**

Thanks to Rhonnie Goldfader for hosting AND  
leading the Book Club discussion for  
December. *The Sisters Weiss* by Naomi Ragen  
generated an enthusiastic conversation.

The next Book Club meeting is February 25 at  
the home of Trudy Sudin, and the book  
selection is: *The Kidnapping of Edgardo  
Mortara*, by David I. Kertzer, the moving and  
informative true story of how one Jewish boy's  
kidnapping became a pivotal event in the  
collapse of the Vatican as a secular power and  
changed Europe forever. A captivating and  
compelling read!



**ALL WOMEN WELCOME!**

**FOR MORE INFO**  
CONTACT Fran Alper  
phone: 314-993-4024  
fran.alper@outlook.com

YOU ARE INVITED YOU ARE INVITED YOU ARE INVITED YOU ARE INVITED

*All paid-up Sisterhood Members  
are invited to a **Membership Tea***



*honoring YOU and our long-time Sisterhood Members*

**SUNDAY, FEBRUARY 10, 2:30 PM**

*A Kosher Wine-Tasting will follow the Tea,  
where you will learn that there's more  
to Shabbos kiddush than Manischewitz!*

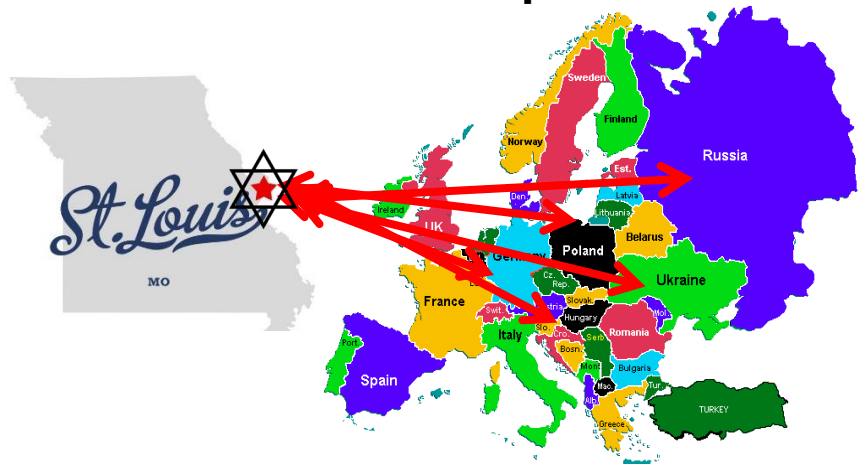


**~ SAVE THE DATE ~**

**NHBZ Sisterhood Presents  
*St. Louis Jewish Legacy Bus Tour***

**Sunday, June 23, 2019**

**1:00 – 5:00 pm**



**Tour starts from Nusach Hari B'nai Zion  
650 North Price Road, Olivette  
*Details and registration to follow***



# Shabbat Children's Programming

**December 22**

***Junior Congregation*** Ages 7 to 11

**10:00 am – 12:00 pm** in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

***Tot Shabbat*** Children ages 6 and under

**10:00 am – 11:30 am** in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

***Babysitting*** is also available **10:00 am - 12:00 pm**

***All children welcome – no RSVP, no cost, no worries!***

***All programs are on the NHBZ lower level,  
and include delicious snacks!***

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For questions, please email *Alana Minoff*  
at [alanaumansky@gmail.com](mailto:alanaumansky@gmail.com)



# ***Home Discussion Groups*** ***led by Rabbi Ze'ev Smason and others***

**YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP**  
*(Check Shabbos Bulletins for any time changes)*

## ***Jewish Prayers Sources***

**Jan. 14, 2019, 7:00 pm**, hosted by Trudy & Gary Sudin

## ***Pesach***

**Mar. 25, 2019, 7:45 pm**, hosted by Sally Needle

## ***Kaddish***

**May 20, 2019, 7:45 pm**, hosted by Alan & Vivian Zarkowsky

## ***Structure of Jewish Books***

**Jul.15, 2019, 7:45 pm**, host to be determined

## ***Rosh Hashana & Yom Kippur***

**Sep. 9, 2019, 7:45 pm**, hosted by Amy & Denny Feit

## ***Medical Methods and Halacha***

**Nov. 11, 2019, 7:00 pm**, hosted by Jackie & Craig Berkin

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To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or [jeff@nhbz.org](mailto:jeff@nhbz.org). We will provide host address & phone # at time of RSVP



# ***Pizza Night***

***Sunday, December 30***

***5:00 pm – 7:00 pm***

## **All You Can Eat Buffet**

**Includes Pizza, Pasta, Salad and Garlic Bread  
plus a Dessert and a Beverage**

**Cheese is Cholov Yisroel; pareve & gluten free crusts available while  
supplies last**

**All food under the supervision of Rabbi Ze'ev Smason**

## ***Dine-In Buffet***

***Movies for kids on lower level***

**Adults: \$12.00 ~ Kids 4-10: \$6.00 ~ Kids 3 & under: FREE**

**WE ACCEPT CREDIT CARDS**

## ***Or Carry Out***

**Cheese Pizza \$12 plus \$.75 for each topping**

**Place orders by 10:00 am Sunday: email orders preferred to  
[jeff@nhbz.org](mailto:jeff@nhbz.org) or as a last resort call 314-991-2100, ext. 2**

**Pick up between 4:30 pm - 4:45 pm (pre-paid orders only)**



**Nusach Hari B'nai Zion  
650 North Price Road  
Olivette, MO 63132  
314-991-2100**







# Shabbat January 12, 2019

**8:30 am** - Traditional Services - in the Sanctuary

**9:15 am** - Learners Service – in the Chapel

Led by *Rabbi Yosef David* of Aish HaTorah St. Louis

**10:00 am** - Starting Points - in the Chapel

Topic: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Led by *Rabbi Ze'ev Smason*

**10:00 am** - Children's Programming – Lower Level

Tot Shabbat for ages 1-6, babysitting for younger children,

Junior Congregation for ages 7 and up

**11:15 am** **Synaplex Breakout Sessions**

**"The Israeli-Palestinian Conflict: A View from Outer Space"?** Dr. J. Martin Rochester - *Curators' Distinguished Teaching Professor of Political Science, University of Missouri-St. Louis*

**"The Jewish Journey: What Does it Mean to Live as a Jew?"** Rabbi Avi Roberts, *Ignite YP, Director*

**12:15 pm** **Kiddush Lunch for All** - Social Hall

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*NHBZ Synaplex Shabbat is free and open to the Jewish public.  
Home hospitality is available. Call the NHBZ office at 314-991-2100 ext. 2 for details.*