



Shabbos Bulletin

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 8, 2018 ~ 30 Kislev 5779

Candle Lighting 4:21pm

Shabbat Ends 5:24 pm

Torah Portion: Parshas Mikeitz Genesis 41:1 -- 44:17

Rosh Chodesh: Numbers 28:9-15

Maftir: (Chanukah) Numbers 7:42 – 47

Haftorah: Zechariah 2:14 - 4:7, Isaiah 66: 1,24,1 Samuel 20:18,42

Chumash pgs. 222-249

Chumash pgs 890-892

Chumash page 770

Chumash pgs.1210-11

Thank you to **Brian & Scott McCary** and **Jerry & Fran Cohen** for sponsoring the cake in celebration of the birthday of **Dr. Faye McCary**.



Chanukah - Rosh Chodesh

Erev Shabbos, Friday, December 7

- Mincha & Ma'ariv ~ 4:20 pm

Shabbos, December 8

- Shachris & Musaf ~ 9:00 am

- Pesukei D'Zimra: **Howard Sandler**

- Shacharis: **Richard Woolf**

- Leyning: **Stuart Klamen**

- Haftorah: **Reuven Tzadok**

- Drasha: **Rabbi Ze'ev Smason**

- Musaf: **Menachem Szus**

- **Learners' Service** led by **Rabbi Yosef David** of Aish HaTorah ~ 9:30 am
- **Tot Shabbat and Junior Congregation** ~ 10:00 am
- **Starting Points Wisdom for Daily Living** led by **Rabbi Ze'ev Smason** ~10:15 am ~Topic: "How to Stay Calm When Your Life Is Chaotic"
- **Mincha / Ma'ariv /Shalosh Seudos** ~ 4:05 pm

This Week and Beyond....

Rosh Chodesh +Chanukah

	Shabbos Dec 8 +	Sun. Dec 9 +	Mon. Dec 10+	Tues.* Dec 11	Wed. * Dec 12	Thurs.* Dec 13	Fri. Dec 14	Shabbos Dec 15
Minyan Times								
Shachris	9:00 am	8:00 am	6:45 am	7:00 am	7:00 am	7:00 am	7:00 am	9:00 am
Mincha/Ma'ariv	4:05 pm	4:20 pm	4:20 pm	6:45 pm	6:45 pm	6:45 pm	4:20 pm	4:05 pm

* Ma'ariv only Morning Blessings and the first Kaddish are started five minutes prior to Shachris.

~ For security, the lower floor entrance is locked on Shabbat ~

Birthdays- Brian Klarfeld, Dr. Eldad Bialecki, Orly Shanker, David Porter, Dr. Faye McCary, Sheera Tzadok and Chiyra Smason

Anniversaries- Scott & Leslie Gitel

- **Tuesday, December 11 ~ 7:00 pm ~ Board Meeting**
- **Wednesday, December 12 ~ 2:00 pm at NHBZ ~ Balance for Balabustes** ~Strength Training, Bone Health and Flexibility for Females with Dr. Jill Abrams. Sponsored by the NHBZ Sisterhood and the STL Kollel.
- **Sunday, December 16 ~ 113th Anniversary Banquet Dinner** ~ Last chance to RSVP for dinner. Join the NHBZ community for a great evening of food and memories at the Sheraton Clayton Plaza.
- **Monday, December 24 ~ Dinner & A Movie** ~ A Falafel Dinner at 5:15 pm and a screening of "Above and Beyond" a film about US Air Force pilots during the War of Independence at 6:30 pm. Adults \$12.00 per plate in advance or \$14.00 at the door, Kids \$7.00 Kids / \$8.00 at the door. Family max. \$35.00 Presented by the Israel Committee
- **Shabbos, January 12, 2019 ~ Synaplex Shabbat and Board Installation** ~ Speaker and topics TBA
- **Monday, January 21, 2019 ~ 7:00 pm ~ Home Study Group**, Topic: "Jewish Prayers' Sources" ~ hosted by Trudy & Gary Sudin

Parsha Mikeitz

Pharaoh has a two-part dream about seven scrawny cows devouring seven robust cows, followed by seven thin stalks of grain swallowing seven healthy, good ones. When his advisers are unable to adequately interpret the dream, Pharaoh summons Joseph, who had been in prison for a total of twelve years. Ascribing his power of interpretation solely to G-d, Joseph tells Pharaoh that Egypt will first experience seven years of abundant crops, and then will be ravaged by a devastating famine. Pharaoh appoints Joseph as viceroy of Egypt, making him the second most powerful man in the land (this is a source for the sport of tennis in the Torah -- we see that Joseph ... served in Pharaoh's court). Joseph's wife Asnat gives birth to two sons, Menashe and Ephraim, and the years of plenty and famine unfold just as Joseph had predicted. With the famine devastating the land of Canaan (Israel), Joseph's brothers descend to Egypt to purchase food. When they don't recognize their royal brother, Joseph sets in motion a plan to determine if the brothers have fully repented for their sin of selling him almost twenty-two years before. Joseph acts detached, accusing them of being spies, and holds Simeon hostage. Joseph then allows the rest of the brothers to go with food to their father on the condition that they return with their youngest brother Benjamin. With great reluctance, Jacob agrees to this condition. Mikeitz concludes with the looming threat that Benjamin will be made a slave to the Egyptian ruler.

Cash Cards

Orders are now being taken through December 15th. Use the card for all your shopping needs. The order form is attached to this week's bulletin. You probably will be shopping at Amazon, Dierbergs, CVS, or Walgreens this month, so why not benefit NHBZ as you shop?

Kids News by Alana Minoff

I hope you are having a wonderful Chanukah, enjoying lots of family time, eating delicious sufganiyot and lots of latkes! We had so much fun at our Chanukah party this past Saturday night. Thank you to all who joined in the dreidel spinning fun! Stay tuned for information about our Tu B'Shvat program!

This week we will have Junior Congregation and Tot Shabbat. Don't miss next week when the Bnot Sherut girls will be back at NHBZ!

Have a great rest of your week and hope to see you at our upcoming programs!

Adult Learning at NHBZ

Every Wednesday 12:15 pm ~ Lunch & Learn with Rabbi Smason

Study Pirkei Avos / Ethics of the Fathers.

Every Shabbos ~ Starting Points: "Wisdom for Daily Living" with Rabbi Ze'ev Smason ~ A program tailor-made for those, regardless of prior educational or observance level, interested in growing Jewishly. Each freestanding session (at 10:15 am every Shabbos, unless otherwise noted) explores a distinct Jewish concept in practical, understandable terms.

Join us to learn, explore, and raise your Jewish soul with the following eye-opening sessions:

December 8: "How to Stay Calm When Your Life Is Chaotic"

December 15: "Freedom from Anger"

December 22: "How to Pick Great Heroes"

December 29: "Welcoming 2019: How to Begin Getting Happier"

January 5: "Turning Failures into Insights"

January 12: "Tikun Olam: What Does It Mean To "Perfect The World"?"

Every Shabbos ~ Tanach (Bible) Study (3/4 hour before Mincha)

Every Sunday ~ Mishna Learning (after Shacharis) with **Rabbi Chanan Swidler**

In the Community

Family Power Seminar. The next Seminar is starting on Dec. 15. For information contact redbiel@juno.com

THE 12TH ANNUAL ST LOUIS JEWISH COMMUNITY BLOOD DRIVE: will take place on Sunday, January 6, 2019 at Young Israel, 10am – 4pm. Please come and participate in the life saving chesed.





THE SISTERHOOD SCOOP DECEMBER



Volume I

Number 40

December 8, 2018

**Now Accepting NEW and Renewal
Sisterhood Memberships for 2019**

**NHBZ Sisterhood
is aiming for**



**100% participation
by all NHBZ women**

**Annual Sisterhood Dues – \$25
Join NOW, avoid the January rush!**

BOOK CLUB MEMBERS...

don't forget... The next meeting of the NHBZ Sisterhood Book Club is on Monday, December 17, 7:15-8:45 PM at the home of Rhonnie Goldfader. Contact Rhonnie to RSVP and to get directions: 314-434-5068 or rhonnieg@sbcglobal.net

The December book is: *The Sisters Weiss*, by Naomi Ragen, a novel about sisters in 1950's Brooklyn, complete with intergenerational drama, culture clash, religion, identity, loyalty, and love!

For those who like to read ahead, the next Book Club meeting is February 25 at the home of Trudy Sudin, and the book selection is: *The Kidnapping of Edgardo Mortara*, by David I. Kertzer



ALL WOMEN WELCOME!

FOR MORE INFO
CONTACT Fran Alper
phone: 314-993-4024
fran.alper@outlook.com

NHBZ Sisterhood

and the ST. LOUIS Senior
KOLLEL
present

A CONTINUING
CLASS FOR
WOMEN

BALANCE FOR BALABUSTES

*Strength Training ~ Bone Health
~ Flexibility for Females ~
with Dr. Jill Abrams*

THIS WEDNESDAY, DECEMBER 12

2:00-4:00pm at NHBZ

Refreshments will be served

Lights that Distinguish



Adapted from *Our Many Colored Selves, Our Singular Holiness*, by Elana Mizrahi

Jewish women can be tall, short, brunette, blonde, brilliant or not – a very diverse people. So, what makes a Jewish woman Jewish? What makes her part of the Jewish nation? What makes her different than anyone else? It's her soul!

In the winter months, the nights are long, the days are short. It's a time governed by darkness. In the dark, it's very hard to make distinctions.

When the Greeks ruled over Israel, they had a mission: Extinguish holy light and make everyone the same. One of the things they outlawed was the observance of the Sabbath. Why? What bothered them so much about the Sabbath?

Shabbat is the holy light that distinguishes. When a woman lights candles on Friday night, she's making a distinction. She separates the holy from mundane, for herself and her entire household. With those candles, she illuminates the darkness, and brings out the inherent beauty of herself and each member in her home. "Here," she says, "in this Jewish home . . . here, we stop." The world might be filled with darkness—a darkness that overshadows each one of our beautiful internal lights, our souls—but in this home, not only is there the internal light of everyone's soul but here, we can see it!

This is what the Greeks tried to destroy. They tried to destroy our holy light. They tried to destroy what makes us different and beautiful.

King Solomon writes: "The soul of man is G-d's candle" (Proverbs 20:27). Each Jewish soul is a light that has the potential to illuminate its surroundings—to illuminate the entire world. When we light the menorah's candles on Chanukah, we reclaim the light that they tried to extinguish. When we usher the Sabbath in each week with the lighting of candles, we're making a statement. We're opening our homes and our hearts to holiness—a holiness that is already there, but that we don't openly exhibit all the time.

This light shows the world that yes, we are unique, we are different. We are beautiful, and we are holy.

- at Chabad.org/theJewishWoman



Shabbat Children's Programming

December 8, 15 & 22

Junior Congregation Ages 7 to 11

10:00 am – 12:00 pm in the Youth Lounge

- Learn the key Shabbat prayers and tunes
- Review the weekly Torah portion
- Discuss cool facts about Israel
- Absorb Israeli culture and spoken Hebrew
- Hang out with old friends and make new ones

Dec. 15th with Bnot Sherut from Israel

Tot Shabbat Children ages 6 and under

10:00 am – 11:30 am in the *Eli Ragin Kids' Play Room*

- Enjoy a fun, engaging, activity-filled Shabbat with songs, stories, games, dancing, puppets & more
- Parents and grandparents are invited to stay

Babysitting is also available **10:00 am - 12:00 pm**

All children welcome – no RSVP, no cost, no worries!

***All programs are on the NHBZ lower level,
and include delicious snacks!***

For questions, please email *Alana Minoff*
at alanaumansky@gmail.com

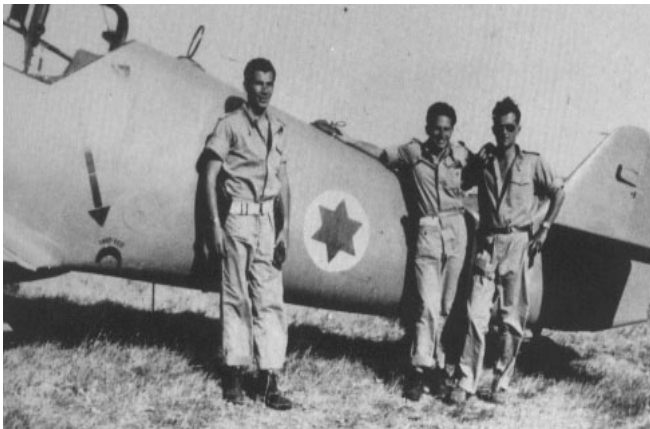


Dinner and a Movie!

Monday, December 24, 2018

Falafel Dinner beginning at 5:15 p.m.

Special viewing of **“ABOVE AND BEYOND”**



A documentary about the Air Force pilots fighting for Israel in the War of Independence.



The Movie will begin at 6:30 p.m

****You can come just to view the movie***

\$12 per plate in advance/ \$14 at the Door

Kids \$7/\$8 at the door Family Max. \$35

RSVP to jeff@nhbz.org or 991-2100 ext.2

Sponsored by the NHBZ Israel Committee



Starting Points: *Wisdom for Daily Living*

Join us for these sessions designed for those who are interested in growing Jewishly, regardless of education or level of observance. Each session explores Jewish concepts in practical, understandable terms.

Sessions are held every Shabbat at 10:15 in the NHBZ chapel on the lower level, unless otherwise noted.

Schedule for December & January



December 8: "How to Stay Calm When Your Life Is Chaotic"

December 15: "Freedom from Anger"

December 22: "How to Pick Great Heroes"

December 29: "Welcoming 2019: How to Begin Getting Happier"

January 5: "Turning Failures into Insights"

January 12: "Tikun Olam: What Does It Mean To 'Perfect The World'?"

At 10:00 am due to Synaplex Shabbat.



Home Discussion Groups ***led by Rabbi Ze'ev Smason and others***

YOU SPOKE, AND WE LISTENED - HERE IS THE 2019 LINE UP
(Check Shabbos Bulletins for any time changes)

Jewish Prayers' Sources

Jan. 21, 2019, 7:00 pm, hosted by Trudy & Gary Sudin

Pesach

Mar. 21, 2019, 7:45 pm, hosted by Sally Needle

Kaddish

May 20, 2019, 7:45 pm, hosted by Alan & Vivian Zarkowsky

Structure of Jewish Books

Jul.15, 2019, 7:45 pm, host to be determined

Rosh Hashana & Yom Kippur

Sep. 9, 2019, 7:45 pm, hosted by Amy & Denny Feit

Medical Methods and Halacha

Nov. 11, 2019, 7:00 pm, hosted by Jackie & Craig Berkin

To RSVP, or to host a Discussion Group, contact **Jeff** at **314-991-2100** or jeff@nhbz.org. We will provide host address & phone # at time of RSVP

NHBZ CASH CARD ORDER FORM

WHAT IS SCRIP, AND HOW DOES IT WORK?

**WE NEED
YOUR HELP!**

- You purchase gift cards from NHBZ at face-value and NHBZ receives a percentage of your purchase from each card as listed below. It's that simple.
- Orders are due on the 15th of each month, and the cards are usually available to pick up in the office within 5 business days.
- Just fill out a form and mail or drop off at the office with your payment. **Fill Out: (All areas in red)**
(questions? Call Laura at 991-2100 x:3)

► **YOUR NAME:** _____ **PHONE#:** _____ **EMAIL:** _____

POPULAR CASH CARDS PURCHASED:	RETAILER	DENOMINATION	% TO NHBZ	QUANTITY	TOTAL
<p>Orders & payments to NHBZ may be made by check or cash only, and MUST accompany your order form.</p> <p>Payments received after the 15th of the month will automatically be placed on the next order date.</p> <p>**A complete list of participating businesses can be found at: ShopWithScrip.com</p> <p>If you do not have access to a computer or internet, please contact our office. Please do NOT order directly from the website.</p> <p>Write-in - Other Listed Retailer ►</p>	Amazon.com	\$25.00	2.25%		
		\$100.00	2.25%		
	AMC Theatres	\$25.00	8.0%		
	CVS	\$25.00	6.0%		
		\$100.00	6.0%		
	Dierberg's	\$25.00	2.5%		
		\$100.00	2.5%		
	Home Depot	\$25.00	4.0%		
		\$100.00	4.0%		
	Macy's	\$25.00	10.0%		
		\$100.00	10.0%		
	Starbucks	\$10.00	7.0%		
		\$25.00	7.0%		
	Target	\$25.00	2.5%		
		\$50.00	2.5%		
	Walgreens	\$25.00	5.0%		
		\$100.00	5.0%		
	Walmart/ Sam's Club	\$25.00	2.5%		
		\$100.00	2.5%		

**YOU RECEIVE THE FULL VALUE ON THE CASH CARDS!
IN ADDITION, NHBZ RECEIVES THE % INDICATED.** ►

Total Order:



**NHBZ MEMBERS,
WE NEED YOUR HELP.**



shopwithscrip[™].com

FREE MONEY FOR THE SHUL!