NHBZ Shabbos Bulletin

August 31, 2013

Welcome to Nusach Hari B'nai Zion

25 Elul 5773

Affiliated with the Union of Orthodox Jewish Congregations of America

Torah Portion: Parshas Nitzavim-Vayelech: Deuteronomy 29:9–31:30 Stone Chumash pages 1086-1099 Haftorah: Isaiah 61:10 – 63:9 Stone Chumash pages 1202-1204

Thanks to Ed and Judy Ziegelman for sponsoring this Shabbos Bulletin in honor of their Golden Wedding Anniversary, tomorrow, September First!!! Happy 50 th Anniversary to Ed & Judy!

Erev Shabbos - Friday, August 30

- Mincha & Ma'ariv (7:00 pm)
- Candle Lighting (7:16 pm)

Shabbos - Saturday, August 31

- Shachris & Musaf (9:00 am)
 - Pesukei D'Zimra: Howard Sandler
 - Shacharis: Menachem Szus
 - Leyning: Aryeh Needle
- Thank you for leading services:
- Haftorah: Moshe Pinto
- Drasha (Sermon): Rabbi Ze'ev Smason
- Musaf: Menachem Szus



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- Monument Dedication ~ The Monument Dedication for Charles Waxman, ז״ל, will take place tomorrow Sunday, September 1, at 11:00 a.m. at Beth Hamedrosh Hagadol Cemetery.
- Kiddush (After Musaf) Thanks to "POP-Stars" Jeremy & Lauren Brenner for giving a very generous donation to sponsor the soda, and add some special treats to Kiddush today in honor of their son Max, and to thank everyone at Nusach Hari B'nai Zion for their loving support. We will have Kiddush today in the Feigenbaum-Pepose Learning Center in the lower level.
- Mincha, Shalosh Seudos, Ma'ariv (6:55 pm)
- Shabbos Concludes (8:18 pm)
- Selichos Tonight ~ (12:30 am Saturday night/Sunday morning, Aug. 31/Sept. 1) Led by our chazan, Dr. Ethan Schuman.

MINYAN! IT'S GOOD FOR US & GOOD FOR YOU!!!

This Week At a Glance	Shabbos August 31	Sunday Sept. 1	Monday Sept. 2	Tuesday Sept. 3	Wed. Sept. 4	Thurs. Sept. 5	Friday Sept. 6	Shabbos Sept. 7
Selichos Shachris	9:00 am	8:00 am	7:30 am 8:00 am	6:30 am 7:00 am	6:15 am 7:00 am	8:00 am	8:00 am	9:00 am
Mincha/ Ma'ariv	6:55 pm	7:00 pm	7:00 pm	7:00 pm	7:05 pm	7:05 pm	7:05 pm	6:45 pm
Events – see times in Event Planner Box	Thanks to Jeremy & Lauren Brenner! Selichos 12:30 am Sept. 1st	ORDER YOUR ESROG & LULAV!	Labor Day!	ORDER CASH CARDS!	Erev Rosh Hashana No Wed. Lunch & Learn	1 st Day Rosh Hashana	2 nd Day Rosh Hashana	Good Shabbos to Everyone

NHBZ Event Planner (Check 'Coming Events' for time, date or location changes.) Call the office at 314-991-2100, ext. 2, to confirm the date and time of any event.

Weekly at NHBZ

SHABBOS

- Child Care (10:00 am Noon) kids 3 & under in the Children's Room
- Youth Programming (10:15 am 11:00 am) children 4-8, in the Youth Lounge.
- Learners Service (10:15 am) led by Rabbi Ze'ev Smason in the Chapel
- Shabbos Tanach (Bible) Study Group (45 minutes before Mincha)

SUNDAY

- Mishna Learning (after Shachris) with Rabbi Chanan Swidler of Aish
- Mystical Moments with Rabbi Max Weiman (between Mincha & Maariv.)
- Tanya (8:00 pm) with Rabbi Shaya Mintz of the St. Louis Kollel

MONDAY

 Women's Tefila Class (2nd & 4th Mondays, 7:00 pm with Rabbi Smason. Classes resume on October 14 at NHBZ

WEDNESDAY

Rabbi Smason's Lunch & Learn (12:15-1:00 pm)
 now studying Pirkei Avos. No classes on 9/4, 9/18, 9/25. There WILL be class on 9/11 before Yom Kippur. Weekly classes will resume on Oct. 2.

Monthly at NHBZ

- Irvin Alper Social Club (First Sunday) ***(No Sisterhood or Social Club meetings in September)
- Women's Home Study Group (First Tuesday, 2:30 pm) with Rabbi Shaya Mintz, of the St. Louis Kollel at home of Jackie Berkin (no study groups in August & September)
- Morris Lenga Yiddish Club (First Thursday, 7:30 pm) (No Yiddish Club in September)
- Dine-In Pizza Night (Last Sunday 5:00 pm 7:00 pm) Carry-Out Pizzas also available. Pick up time 4:30 pm. Place orders: 314-991-2100, ext. 2.
- Sisterhood (Third Tuesday) ***(No Sisterhood or Social Club meetings in September)

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NHBZ Signature Events

- Synaplex Shabbos
- Shabbos Lunch & Learn

COMING EVENTS

- Rosh Hashana ~ Wednesday evening, Thursday & Friday, September 4, 5 & 6.
- Tzom Gedaliah ~ The Fast of Gedaliah, Sunday, September 8. ~ commemorates the assassination of Gedaliah, the governor of Judah, which ended Jewish rule following the destruction of the First Temple.
- Kol Nidre ~ Erev Yom Kippur ~ Friday evening, September 13
- Yom Kippur ~ Shabbos, September 14
- ✔ Lion's Den Pizza Night ✔ Our regular "Last Sunday" All-You-Can-Eat Pizza Buffet Sunday, September 29. Please place carry out orders by Sunday morning at 10:00 a.m. 314-991-2100, ext. 2.
- Bi-Monthly Women's Tefila Class. Led by Rabbi Ze'ev Smason, the class meets on the 2nd and 4th MONDAYS of the month, at 7:00 p.m. Classes will resume on October 14, at NHBZ. The focus of our class is the structure and deeper meaning of the Shabbos morning service and prayers, and how prayer can be used as a basis for our own communication with G-d. All women welcome.
- Next Synaplex ~ Shabbos, October 19.

Meetings

- Board of Directors & Executive Committee Combo Meeting ~ Tuesday, September 10.
 Minyan at 6:55 p.m., Meeting at 7:25 p.m.
- Irvin Alper Social Club ~ Next get-together Sunday, October 6
- Sisterhood Luncheon ~ Next meeting Tuesday, October 15

GET READY FOR THE HIGH HOLIDAYS!

- ▼EŞ!!! It's time to place Lulav and Esrog orders!!! Just a COUPLE OF DAYS until the ordering deadline. So please MAKE THE CALL ~ or email your order to sandleabrams@hotmail.com. Prices are the same as last year: \$45, \$55, \$65, and \$80. Our Lulavim and Esrogim will be delivered to our shul the day after Yom Kippur (September 15), tied in their holders. If anyone's Arovos (Willows) go bad, we will be provided with replacements on the Sunday of Chol Hamoed Sukkos (Sept. 22), free of charge. Please mark your calendars for Monday, September 2nd -- the deadline to place your orders; call the office, 314-991-2100, ext. 2. Our goal was to get so many orders that we wouldn't have room to list them all in this bulletin!!! We did it ~ 25 sets! Time's UP! Add YOUR NAME to our list by this Monday.
- Men's Mikvah Schedule ~ The Millstone Mikvah will be open with an attendant the following hours for men to use during the Yomim Tovim. <u>Erev Rosh Hashana</u>: Wednesday, September 4, 9am–5:00pm. <u>Erev Yom Kippur</u>. Friday, September 12, 9am–5:00pm. After 5pm the mikvah door will be on combination, Aleph, Gimmel, Hey.

<u>The fees are</u>: Adults: \$7.50; Pre-Bar Mitzvah boys: \$5.00; "Klei Kodesh": \$5.00; Yeshiva Bochurim: \$5.00; Sons of "Klei Kodesh": Free.

<u>Schedule of Men's Use of Shabbos Mikvah at Young Israel During the Yomim Tovim</u>: Tuesday, 9/3 to Friday, 9/6, 2nd day Rosh Hashana - Not Available., Shabbos, 9/7 to Thursday, 9/12 – Available. Friday, 9/13 to Shabbos, 9/14, Yom Kippur - Not Available. Sunday, 9/15 to Monday, 9/16 – Available. Tuesday, 9/17 to Friday, 9/20, the 2st day Succos - Not Available. Shabbos, 9/21 to Monday, 9/23 – Available. Tuesday, 9/24 to Friday, 9/27 Simchas Torah - Not Available. Shabbos, 9/28 – Available. **The regular schedule will resume on September 28, 2013.**

Reminders

- Buy and Use Cash Cards call the office ASAP to order your cards and earn free money for NHBZ!
- Schnucks E-Scrip Card Use your Schnucks Card every time you shop! Make it count!!!
- **Sponsorships** If you would like to sponsor Kiddush, Soda, Shalosh Seudos, this Bulletin, or something unique in honor or in memory of a loved one, please call 314-991-2100, extension 2, to make arrangements.
- Tributes Show your friends you care; a tribute is a donation in honor of a birth, a birthday, an anniversary, a healthy recovery, or in memory of a loved one, or for any reason to show you care; tributes will be listed in this bulletin monthly. For Shul Tributes call Gloria Waxman, 314-872-3296; for Sisterhood call Phyllis Silverman, 314-434-2482; for Libby Needle Fund call Sally Needle, 314-991-2575.
- Buy a Brick Online or by Phone Our website now accepts online donations for the Brick and Planting Campaign; go to http://www.nhbz.org/dedications.asp or call the office at 314-991-2100.
- **Synagogue Honors** It is customary to make a donation to the shul for Aliyos or other honors received.
- *Shalosh Seudos*, The 3rd Meal of Shabbos ~ To sponsor Shalosh Seudos on Shabbos, which takes place between Mincha and Ma'ariv, please call the office to make arrangements. We are very grateful to those of you who sponsor the Third Meal as you observe the yahrtzeits of your dear family members.
- Mi Shebarach List ~ Prayers will be said for a Refuah Shelayma for your loved ones and friends. Please call the office, 314-991-2100, ext. 2, by 10:00 a.m. Friday mornings so we can include the names on our Mi Shebarach list for Shabbos. We need the names of the person who is ill AND his/her mother's name in Hebrew, or English--if Hebrew names are unavailable. Your contributions are greatly appreciated.
- Memorial Plaques ~ Memorial plaques from our former location are lovingly mounted in our new building.
 Remember your loved ones with a plaque; prices range from \$150 to \$275. Call the office for details.
- Mishna Study ~ Learning Mishnayos in memory of a loved one or for a Refuah Shelayma for a person who is ill is an age-old Jewish Tradition. The word Mishna (learning) is closely related to the word Neshama (soul), and we believe that learning Mishnayos in someone's name acts as a Spiritual Elevation for that person or that person's soul. Our NHBZ Mishnayos Shiur learns every Sunday following morning minyan, carrying on this tradition by dedicating the MIshnayos to our loved ones. You may dedicate Mishnayos for 1 year: \$250; 6 months: \$150; 3 months: \$96; 1 month, \$50. May your loved one be bound up in the bond of eternal life. May HaShem be filled with compassion to restore the health of your loved one.

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Simchas, News & FEATURES

- MAZEL TOV ON SIMCHAS August 31 September 6. Happy Birthday to Francine Attoun, Norma Rubin, and Howard Sandler! Happy Anniversary to Lester & Pearl Figus, Joel & Susan Manesberg, and Ed & Judy Ziegelman! Show your friends you care ~ send a tribute. Shul: Gloria Waxman 314-872-3296; Sisterhood: Phyllis Silverman 314-434-2482; Libby Needle Fund: Sally Needle 314-991-2575; For Chesed Fund: Drop by the office for a Card Pack.
- A VERY BIG "THANK YOU" to Alan Haber, Howard Sandler, Dr. Ethan Schuman, and Mayer Taller for agreeing to go to the cemeteries, and give of themselves and their valuable time to help our members with prayers for their loved ones during this sacred time of the year.
- Adult Bar & Bas Mitzvos ~ Whether for the first time or your second time around, here's your chance to celebrate with family and friends!! A ten-week course that will provide you with the knowledge, skills and experience that a Bar or Bas Mitzvah is really all about. Members: \$99; Non-members: \$125. Reservations are a MUST! Please call 314-991-2100, ext. 2. Welcome to our first students ~ Rhonnie Goldfader and Howard & Phyllis Loiterstein!!!
- BECOME ENERGIZED!!! Sponsor Your Own Solar Panel!!! Lock in the 2014 price of just \$216 for a full year. Introductory Offer ~~ For the remainder of 2013, your cost will be pro-rated to only \$108 through the end of December. Your sponsorship will appear on the lobby monitor with an individual display with your personal or business name. Sponsor a panel for yourself, your friends, your business, or dedicate one in honor of a loved one. If you are interested in sponsoring a solar panel, please call 314-991-2100, ext. 2 and we will send you the form to complete with your wording! Thanks to Jeff & Terri Schnitzer for becoming our very FIRST Solar Panel Sponsors!!! And, to Marvin & Jackie Gitel for becoming our SECOND sponsors!!!
- Kashrus Alert The Vaad Hoeir is pleased to announce that special arrangements were made with Dierbergs to produce the following baked goods as Pareve and Pas Yisroel: Honey Cake-16oz, Almond Honey Cake-16oz, Cinnamon Bobka-18oz, Raisin Crumb Bobka-18oz, and Apple Walnut Bobka-18oz. These products bear the OV symbol and state Pas Yisroel on the label. They may be purchased beginning 8/25/13 at the Brentwood Pointe, West Oak, Market Place, Four Seasons, Clarkson, Warson, Des Peres, Manchester and Heritage Dierbergs stores.
- cRc Kashrus Alert~ Chocolate Chunks Semi-Sweet Chocolate Chips under the Saco brand, Middleton, Wisconsin, mistakenly bears a plain cRc. In fact, this product is dairy (Cholov Stam), as indicated in the ingredients and allergen statement. Corrective measures are being taken.
- Special Gifts Campaign ~ It's Never Too Late to HELP YOUR SHUL!!! Your Special Gifts support the many programs you have come to expect and enjoy, including learning, children's programming, and so much more. You have the choice of donating your pledge in full or installments, whichever is most comfortable for you. Thanks to all of you who have sent or pledged your Special Gifts! If you haven't made a pledge yet, it's never too late! Your shul needs your help. Please give generously!!! Many Thanks to Nanette Holtzman for the Special Gift she sent to Nusach Hari B'nai Zion!!!
- Tomchei Shabbos!! Families need extra assistance with non-perishable food. Please pick up a bag available at NHBZ in the office, and fill it with your choices of non-perishable food items. Money donations are always welcome! CHAGIM FOOD DROP-OFF: Please help our families prepare for the Chagim with non-perishable food items! Please drop off bags in the parking lot just west of Merle Hartstein's home (8115 Delmar) tomorrow Sunday morning, Sept. 1, anytime from 9:00 to 11:00 am. Chesterfield drop-off is at the home of Janice Mankowitz, 186 Stablestone Dr. If you need items for the chagim picked up at your home, please call Merle at 725-1192, or Jackie Oppenheimer at 997-6924. AND, Please Save This Date --- The Tomchai Shabbos annual event will be held Sunday, Oct. 13th!! New project kickoff will be announced! Details will follow! For more details, or to arrange other pick ups at your home, please call Sally Needle at 991-2575.

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• The St. Louis Jewish Light Celebrates Half Century ~ "The Light's history is the local Jewish community's history," says Myrna Meyer, Light Trustee. "If it has been important to Jewish St. Louisans, then it's been in the Light." A community-wide event, the Golden Light Gala, is slated for the evening of October 6 at the Ritz Carlton Hotel. Meyer, the event chair, says that the evening will be filled with fun and exciting samples of the last half-century's news. Contact the Light at 314-743-3660 for more information about attending the event.

Beyond Twelve Gates by Rabbi Ze'ev Smason Parshas Nitzavim-Vayelech August 31, 2013

Welcome to Beyond Twelve Gates

A lighthearted video project that sent a 4-year-old boy's toy train into the stratosphere captured the hearts of YouTube viewers. "A Toy Train in Space" has been viewed more than 4 million times since it was posted last September by its producer and doting father, Ron Fugelseth of Aptos, California. Ron found a weather balloon and rigged a camera to a pole with his son Jayden's favorite train, Stanley, on the end of it. Then he made a box of foam and filled it with an old mobile phone that could relay GPS coordinates to another cellphone to track it. He added pocket warmers on the electronics' batteries so they wouldn't freeze up in the colder high altitudes. Stanley, the star of the entire 2 and a half minute show, floated 18 miles up in the air before the balloon burst and landed back onto Earth— in a corn field 27 miles away from where he was launched.

The best part of the video is when father and son go looking for Stanley. Ron trudged through a field and found the orange box that he had marked "Harmless Weather Balloon Project" with black letters -- so he knew it was the right one. He didn't touch it, then he woke up Jayden, sleeping in the car, and let him find it on his own. The pure joy on the 4-year-old's face is unadulterated awesomeness—he's so happy that his favorite toy got to go to space and that he got home safely. Watch the video here -- http://www.youtube.com/watch?v=XoMN-zg7r3M -- and have tissues nearby.

Good parenting is THAT important. Know and follow the values you want your children to live with, and understand your child's uniqueness. As King Solomon said, "Educate a child according to his way, so even when he grows old, he won't depart from it." (Proverbs) Fill your children's hearts and heads with love, dreams, and aspirations and inspiration at an early age. And, then, like Stanley the train, your child's imagination and ambition will soar.

Parshas Nitzavim - Vayelech Deuteronomy 29:9 - 31:30

Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's 'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. A question for your consideration; how could someone not present be bound to a commitment made by their ancestors? What is the binding force today that obligates all Jews to keep a Torah accepted over 3,000 years ago?

Moses tells the people that although eventually they will sin, in time they will repent and return to the Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Vayelech opens with Moses walking through the Jewish camp on the final day of his life to say goodbye to his beloved people. He teaches them the mitzvah of *Hakel*, the once-in-seven-years gathering of the entire nation to hear the king read certain passages from the Torah. G-d commands that a special Torah, written by Moses, be placed by the Levites at the side of the Holy Ark to bear witness against Israel if they were to ever deviate from its teachings.

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Rabbinic Ruminations

In 2006 researchers from Columbia's Business School asked students to appraise the resume of an entrepreneur named Howard Roizen. His resume showed that Mr. Howard had worked at Apple, launched his own software company and been a partner at a venture capital firm. He was a proficient networker and had very powerful friends including Bill Gates. Colleagues described him as a "catalyst" and a "captain of industry". The students thought he'd be an excellent person to have within a company because he was someone who got things done and was likable. The interesting part of this experiment was that Mr. Howard didn't exist. Heidi Roizen, however, was the real-life entrepreneur with the accomplishments and qualifications stated in 'Howard's' resume. The professors then had another group of students read Roizen's story with her real name attached. While the students rated Howard and Heidi equally in terms of success, they thought Howard was likable while Heidi seemed selfish, less likable, and not "the type of person you would want to hire or work for." Many studies underline the obstacles women face. A 2000 study found that female musicians advanced 50 percent more often in orchestra auditions when their gender was masked. A study from 1998 found that when college students read anonymous essays written by sixth-graders in stereotypically male or female handwriting, they gave the "boys" higher grades.

Perception can have a powerful impact on how we think and act. "A human being is a deciding being," Victor Frankl wrote in his 1946 book, "Man's Search for Meaning," which sold more than 10 million copies. "Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and our freedom." The first statement in Ethics of the Fathers teaches, "Be deliberate in judgement". Don't be quick to pass judgment -- not on others nor on any other perspective on life or wisdom.

Quote of the Week

For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone -- *Audrey Hepburn*

Joke of the Week

Moishe Goldberg was heading out of the synagogue on Rosh Hashana and as always, Rabbi Mendel was standing at the door, shaking hands as the congregation departed.

The rabbi grabbed Moishe by the hand, pulled him aside and whispered, "You need to join the Army of G-d!" Moishe replied: "I'm already in the Army of G-d, Rabbi."

The rabbi questioned: "How come I don't see you except for Rosh Hashanah and Yom Kippur?" Moishe whispered back: "I'm in the secret service."

The Deadline to submit new information to appear in our Shabbos Bulletin is Wednesday, at 12:00 noon each week. The bulletin is printed <u>first thing</u> every Thursday morning.

During the weeks of Rosh Hashana, Sukkos, and Shemini Atzeres/Simchas Torah, the deadline for new information to appear in our Yom Tov/Shabbos Bulletin will be Mondays of those weeks at 12:00 noon. For Rosh Hashana week, the deadline will be this Monday, Sept. 2nd (I know, it's Labor Day, email your information or call the office!); for Sukkos week, the deadline will be Monday, Sept. 16th; and for the week of Shemini Atzerez/Simchas Torah, the deadline will be Monday, Sept. 23rd.

The bulletins during the High Holidays will be printed first thing Tuesday mornings.

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