

*Nusach Hari B'nai Lion Congregation* בס"ד

**High Holidays 2010**  
**Yomim Noraim 5771**



*Rabbi Ze'ev & Chani Smason,  
the Officers and Trustees,  
and the members of the Boards of Directors,  
of our Shul, Sisterhood & The Irvin Alper Social Club  
wish each of you, and your families,  
Good Health, Happiness, and Prosperity in the New Year.  
**L'Shana Tova Tikatayvu***

## High Holiday Preparations

**CANDLES:** It is the woman's obligation to kindle 2 candles on the 1st & 2nd nights of Rosh Hashanah & Erev Yom Kippur.

### **ROSH HASHANAH BROCHOS FOR CANDLES:**

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHE'YOM TOV. (On Friday night: L'hadlik Ner Shel Shabbos V'Yom Tov.)

2. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM SH'HECHEYANU V'KEEY'MANU V'HIGH'ANU LAZMAN HAZEH. (Both nights)

### **YOM KIPPUR BROCHOS FOR CANDLES:**

1. BORUCH ATAW ADO-OI ELO-KEYNU MELECH HA-OLOM ASHER KIDSHAWNU B'MITZVOS-SOV V'TZIVANU L'HADLIK NER SHE'YOM HAKIPURIM.

2. SAME AS 2nd BROCHA ON ROSH HASHANAH.

**ON THE TABLE** It is customary to have fish and carrots at the table on Rosh Hashanah. Fish and carrots are symbolic of being fruitful and multiplying. We hope that our good deeds and Simchas will be many during the coming year.

**KIDDUSH** is recited on both evenings and mornings of Rosh Hashanah, at home, after services. The Kiddush for Rosh Hashanah is found in the daily siddur.

**HONEY** is used with Challah. We dip challah into honey after the Motzi prayer is recited. After eating the piece of bread, we pray for a sweet year. An apple is also dipped into honey, the blessing over fruit of the tree is recited and then, again, the prayer for a sweet year is offered. The prayer reads: MAY IT BE THY WILL O L-RD TO RENEW FOR US A GOOD, SWEET YEAR.

**SH'HECHEYANU:** It is customary to **display new fruit**, or wear new garments on the 2nd eve of Rosh Hashanah and keep these in mind when offering the Sh'hecheyanu prayer.

**TASHLICH** - prayers are offered on the shore of a river or body of water that contains fish. We symbolically cast off our sins into the depths on the afternoon of the second day of Rosh Hashanah, Friday, September 10.

**FAST DAY:** The Fast of Gedaliah is observed in commemoration of a disaster that befell the Jewish people in Israel following the murder of GEDALIAH, the Jewish governor appointed by NEBUCHADNEZZAR. The Fast begins on Sunday morning, Sept. 12 at 5:25 a.m., and concludes at 8:06 p.m.

**FAST OF YOM KIPPUR** is a biblical law. In order to fast properly, the Rabbis urge that a good meal be eaten on Erev Yom Kippur, Friday, September 17. One should not eat or drink after 7:00 p.m. We fast from Sunday evening until Monday night. On Yom Kippur, observant Jews wear a KITTEL, a white garment, and do not wear leather shoes. If a physician requires one to take medicine on Yom Kippur, call the Rabbi for proper procedures.

**KAPPORAS:** It is customary to SHLUG KAPPORAS on Erev Yom Kippur. Many Jews fulfill this custom today by placing money for each family member into a handkerchief, twirling it over one's head and saying: *"This is my Kapporo, my Atonement, this is in my stead, this money should go to charity & I should be privileged to have a long & pleasant life of peace"*. We will have a charity plates in the entrance of the main sanctuary on Erev Yom Kippur for your charity.

## Please Observe Shul Etiquette

1. **CONVERSATION** with one's neighbor is **improper** during services. Be mindful of our purpose in shul - to converse with G-d and pour out our hearts to G-d. Page numbers will be announced from the Pulpit.....please remain quiet so everyone can hear and follow the service!

2. **NO CONGREGATING in the LOBBY!** Enter services **quietly!** Ushers will help you find your seat to eliminate any unnecessary disturbance.

3. **NO ONE** will be allowed entrance during **Sermons, Hineni, and the Kedusha**. It is **improper to leave services during these times, or during the reading of the Torah**.

**Sermons:** 10:20 a.m. on Rosh Hashanah

11:45 a.m. on Yom Kippur

**Hineni:** 11:00 a.m. on Rosh Hashanah

1:00 p.m. on Yom Kippur

4. **Prayers may be offered in Hebrew or English.** G-d hears all prayers that are offered with a sincere heart! There will be 100 blasts of the **Shofar sounded before and during Musaf** on the second day of **Rosh Hashana (at about 10:45 a.m.)**.

5. **It is permissible** to bring your Talis **on Rosh Hashana**. But you must bring your Talis **before Yom Kippur** because we are not allowed to carry on Yom Kippur unless you live within the Eruv. It is also customary to place charity in the charity plates, in the shul, before Yom Kippur begins on Kol Nidre evening.

6. **DO NOT CHEW GUM!** Our mouths should be used for prayer!

7. **THE TELEPHONE MAY NOT BE USED! (Unless there is an emergency.)**

8. **SMOKING IS FORBIDDEN ON YOM KIPPUR!**

9. **MARRIED WOMEN MUST WEAR A HAT** or head covering.

## For Our Children

10:30 a.m. - 1:00 p.m.

### **ON ROSH HASHANAH & YOM KIPPUR**

Baby-sitting for children 3 and under, and Child Care for boys & girls ages 4-12 will be available in the Playroom & Auditorium. Snacks will be served to the children on both days of Rosh Hashana, and lunch on Yom Kippur . . . and PLEASE . . .

**RSVP FOR LUNCH IS AN ABSOLUTE MUST!**

**314-991-2100, ext. 2**

### **HIGH HOLIDAY PREPARATIONS**

A beautiful custom is the blessing that the father gives to his children before leaving for shul on Erev Yom Kippur:

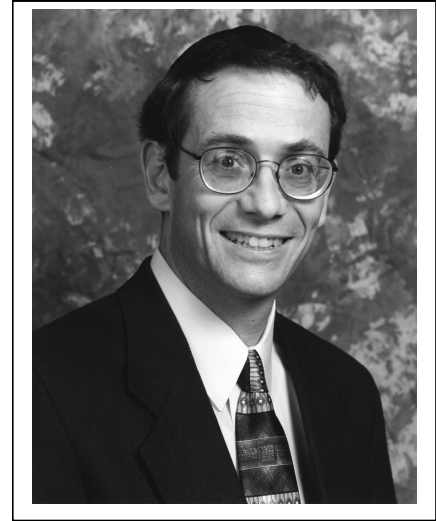
*"G-d make thee as Ephraim and Menasseh. The L-rd bless you and keep you. The L-rd cause his countenance to shine upon you and be gracious unto you. The L-rd turn his countenance to you and grant you peace."*

At this point, one can add a prayer of his own or use the prayer suggested by the Shulchan Aruch:

*"May it be the will of our Father in Heaven, that HE put in your heart HIS love. May reverence of G-d always be upon you that you sin not. May you long for the Torah and its precepts. Let your mouth speak wisdom and your heart mediate reverence. May your hand be engaged in the performance of precepts. May your feet run to do the will of your Father in Heaven. May HE grant you good sons and daughters who will engage in the study of Torah and the performance of precepts, all of their lives."*

*May you be fruitful. May HE grant that your livelihood be legitimate, peaceful and abundant, that it come from G-d's bounty, an occupation that will enable you to serve G-d. May you be inscribed and sealed for a good, long life among all the righteous of Israel. AMEN."*

From the desk of  
*Rabbi Ze'ev Smason*



A popular theme relating to the Days of Awe is that everyone matters and each person counts. Let me share two examples.

The Yom Kippur Temple service included the **ketores**, or incense. The **ketores** consisted of various sweet smelling spices, but also galbanum, a foul-smelling spice. This spice represented sinners, and the inclusion of it within the **ketores** teaches that we must also include sinners within public fasts and prayers, rather than thinking of them as individuals to be excluded from the Jewish people.

A similar concept is expressed with the **arba minim** (four species) on Sukkos. The **arba minim** include two plant species which bear fruit, and two that do not. One might think that those species without fruit are less important — much like the galbanum — but one can only fulfill the mitzvah with all types bound into one unit. Rashi comments (Amos 9:6) that “when Bnei Yisrael fast, they will be answered when they are one unit, the righteous and wicked together, just like those species (of the **arba minim**) that bear fruit and those which do not.”

In a true community, everyone matters and each person counts. One of the outstanding features of Nusach Hari Bnai Zion is our sense of community. There is an exceptional spirit of acceptance and inclusion that exists among us. We have all worked to create a strong sense of **kehilla**, striving for tolerance and mutual understanding as we rejoice in our diversity and accomplishments. We represent many different stages of life, varying levels of religious observance and education, diverse political positions, professional activities and family challenges. Nevertheless, just this past year we have shared a number of experiences as a community.

Several activities come to mind. Our Kosher Chili Cookoff, Rabbi Ride Around and Chanukah classical music concert were innovative, enjoyable events. Lion's Den Pizza Cafe and Synaplex Shabbat are ongoing programs that have become well known and greatly anticipated. We look forward next month to our first Golf Tournament. And with the excitement of our recent Ground Breaking Ceremony still reverberating, we're counting the days before our new building in Olivette is, G-d Willing, up and established.

The Days of Awe remind us that everyone matters and each person counts. You, dear member and friend, are an invaluable part of our community, and you have so much to contribute. May the Almighty bless you and your loved ones with a **Shana tova u'msuka** — a Happy and Sweet New Year — and may we share only simchas together in this upcoming historic year for our shul and our community.

*Rabbi Ze'ev Smason*

## Schedule of High Holiday Services

### ROSH HASHANA

<b>Wednesday Evening, September 8</b>	Mincha, 7:00 p.m.
Bench Licht Wednesday Evening	7:03 p.m.
<b>Thursday &amp; Friday, September 9 &amp; 10</b>	
Mornings	8:00 a.m.
Drashas (Sermons)	10:20 a.m.
Child Care	9:30 a.m. to 1:30 p.m.
Shofar	10:45 a.m.
Mincha Thursday	7:00 p.m.
Mincha Friday	7:00 p.m.
Bench Licht Thursday Evening	8:04 p.m.
Bench Licht Friday Evening	6:59 p.m.

### TZOM GEDALIAH Fast Day, Sunday, September 12

Fast Begins	5:25 a.m.
Shacharis	8:00 a.m.
Mincha	6:40 p.m.
Fast Concludes	8:06 p.m.

### YOM KIPPUR

#### **Erev Yom Kippur - Friday, September 17**

Mincha	1:30 p.m.
Bench Licht	6:48 p.m. or earlier
Kol Nidre	6:45 p.m.
Maariv Concludes	Approx. 9:30 p.m.

#### **Shabbos, September 18**

Morning	8:00 a.m.
Child Care	9:30 a.m. to 1:30 p.m.
Drasha	11:45 a.m.
Yizkor	12:15 p.m.
Musaf	1:00 p.m.
Mincha	5:00 p.m.
Neilah	6:30 p.m.
Maariv	7:30 p.m.
Havdalah	7:50 p.m.
Shofar Sounded	7:53 p.m.

## Schedule of Yom Tov Services

### SUKKOS - FIRST DAYS OF YOM TOV

#### **Wednesday Evening, September 22**

Mincha	6:35 p.m.
Bench Licht	6:40 p.m.

#### **Thursday & Friday, September 23 & 24**

Mornings	9:00 a.m.
Drasha (Thursday only)	10:45 a.m.
Mincha - Thursday & Friday	6:35 p.m.
Bench Licht Thursday Night	7:42 p.m.
Bench Licht Friday Night	6:37 p.m.

### CHOL HAMOED

#### **Shabbos, Sunday, Monday & Tuesday**

#### **September 25, 26, 27 & 28**

<b>MORNINGS:</b> Shabbos	9:00 a.m.
Sunday	8:00 a.m.
Monday & Tuesday	6:45 a.m.

#### **MINCHA:**

Shabbos	6:20 p.m.
Sunday	6:25 p.m.
Monday & Tuesday	6:25 p.m.

### HOSHANA RABA

#### **Wednesday, September 29**

Mincha	6:25 p.m.
Bench Licht Wednesday Evening	6:29 p.m.

#### **Thursday Morning, September 30**

Yizkor	10:30 a.m.
Mincha	6:25 p.m.
Bench Licht Thursday Night	7:31 p.m.

## Schedule of Yom Tov Services

### SIMCHAS TORAH

#### **Thursday Night, September 30**

Hakofos & Parade of Torahs	7:00 p.m.
BREAK FOR DINNER (FREE TO ALL)	7:35 p.m.
Resume Hakofos	8:15 p.m.

#### **Friday, October 5**

Morning	9:00 a.m.
Kol Hanarim - All Children Called to Torah	11:00 a.m.
Bench Licht Friday Night	6:20 p.m.

## Yom Tov Personnel & Schedule

### Rosh Hashana

Shacharis  
Drasha, First Day  
Drasha, Second Day  
Torah Leyning  
Musaf  
Shofar

**Ellie Needle**  
**Rabbi Ze'ev Smason**  
**Rabbi Ze'ev Smason**  
**Ellie Needle**  
**Dr. Ethan Schuman**  
**Rabbi Ze'ev Smason**

### Yom Kippur

Kol Nidre  
Drasha, After Kol Nidre  
Shacharis  
Drasha, Before Yizkor  
Torah Leyning  
Musaf  
Mincha  
Neilah

**Dr. Ethan Schuman**  
**Rabbi Ze'ev Smason**  
**Ellie Needle**  
**Rabbi Ze'ev Smason**  
**Ellie Needle**  
**Dr. Ethan Schuman**  
**Ellie Needle**  
**Dr. Ethan Schuman**

## Sukkos Traditions

It is a mitzvah for everyone to have his own ESROG & LULAV for Sukkos - our Festival of Booths. These plants which grow in Israel can be purchased through our shul, and must be ordered in advance. For persons unable to acquire an essrog & lulav, we will have one or two sets for the purpose of making the brochos in shul. Anyone who can fulfill the mitzvah of dwelling in a Sukkah should endeavor to do so. If you want to use the shul's Sukkah for meals, please call Sandie Abrams or Rabbi Smason to make the arrangements.

We kindle candles on the first two evenings of Sukkos - Wednesday & Thursday evenings, September 22 & 23.

### **Recite these brochos:**

1. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Asher Kidshawnu B'Mitzvosov V'Tzivanu L'Hadlik Ner Shel Yom Tov.*
2. *Boruch Ataw Ado-oi Elo-kaynu Melech HaOlom Sheh'Yanu V'Keey'Manu V'Hig'Yanu Lazman Hazeh. (both nights)*

**These same blessings are recited** erev Shemini Atzeres, Wednesday evening, September 29, and Simchas Torah - Thursday evening, September 30.

## Have a Beautiful Sukkos with Your Own Esrog & Lulav

It is our hope that everyone in our NHBZ family will have an Esrog & Lulav for Sukkos. We will be happy to order your set for you and have it ready for pick up at the shul in time for Sukkos. Complete sets will cost \$45, \$55, \$65 and \$80. If you want the shul to order your set, please call the office, 314-991-2100, ext 2, by Monday, Sept. 13th.

## Selichos

PRE-SELICHOS MOVIE - Saturday night, September 3rd, at 11:30 p.m. with refreshments and discussion. "Shanghai Miracle" -- a 42-minute film -- How hundreds of Yeshiva students escaped the fires of Europe to find refuge in Shanghai, China. **Selichos will be recited** Saturday night/Sunday morning (Sept. 4) at 12:30 a.m. Selichos services also precede Shacharis every morning during the week before Rosh Hashana as well as on Tzom Gedaliah - the fast observed in commemoration of the murder of Gedaliah - on Sunday, September 12th.

Monday, Labor Day, September 6	8:00 a.m.
Tuesday, September 7	6:30 a.m.
Wednesday, September 8	6:15 a.m.
Fast of Gedaliah, Sunday, September 12	8:00 a.m.

## Schedule of Weekday Services

### WEEKDAY SHACHARIS:

Sunday.....8:00 a.m.  
Monday through Friday.....7:00 a.m.

### SELICHOS:

Monday, September 4 (Labor Day) .....8:00 a.m.  
Tuesday, September 7.....6:30 a.m.  
Wednesday, September 8.....6:15 a.m.

### See complete Yom Tov schedule of Davening Times.

Sunday, September 26, Chol Hamoed Sukkos.....8:00 a.m.  
Monday & Tuesday, September 27 & 28, Chol Hamoed...6:45 a.m.  
Wednesday, Sept. 29, Hoshana Rabba.....6:30 a.m.

### Rosh Chodesh Cheshvan

Friday, October 8.....6:45 a.m.  
and Shabbos, October 9.....9:00 a.m.

### WEEKDAY MINCHA & MAARIV

### See Yom Tov schedule of Davening Times.

Through September 10.....7:00 p.m.  
**Fast of Gedaliah**, Sunday, September 21.....8:00 a.m.  
September 13-16.....6:50 p.m.  
September 20-24.....6:35 p.m.  
September 26-29, Chol Hamoed Sukkos.....6:25 p.m.  
October 4-8.....6:15 p.m.  
October 11-15.....6:05 p.m.  
October 18-22.....5:55 p.m.  
October 25-29.....5:45 p.m.  
November 1-5.....5:40 p.m.  
**DAYLIGHT SAVING TIME ENDS!!! PLEASE REMEMBER TO SET YOUR CLOCKS  
BACK ONE HOUR BEFORE RETIRING ON SATURDAY NIGHT, NOVEMBER 6th!!!**  
Sunday, November 7.....4:30 p.m.

## Mazel Tov

Rabbi Smason, the Officers, Trustees and Boards of Directors of our Shul, Sisterhood & Social Club extend

### Best Wishes of Mazel Tov to:

...**June Cohen** on her granddaughter, **Gabriella Hope Goldman**, becoming a Bas Mitzvah. Mazel Tov to parents, **Paula & Kenny Goldman** of Riverwoods, IL

...**Marvin Stein** on his grandson, **Binyamin Yosef**, becoming a Bar Mitzvah

...**Howard Sandler** on the birth of a new grandson **Ben Tzion Shalom** in New York

...**Rabbi Aaron & Pearl Borow** on the engagement of their grandson, **Moshe Borow to Reut Iluz**. Mazel Tov to Moshe's parents, **Rabbi Yaakov & Malka Borow**

...**Ted & Rachael Pevnick** in their new home

...**Estelle Levin** on her grandson, **Jeremy Gordon** receiving his Masters Degree in Medical Physics. Jeremy is now working toward his PhD. And Mazel Tov on her grandson, **B.J. Levin** having his first documentary, "No One Dies in Lily Dale" shown on HBO!

...**Irwin & Roz Rosen** on their grandson, **Caleb Rosen**, becoming a Bar Mitzvah. Mazel Tov to parents, **Greg & Caryn Rosen**

...**Ruth Alper** on her grandson, **Joseh Meyer**, becoming a Bar Mitzvah in Palo Alto, CA. Mazel Tov to parents, **Sherri Novack Meyer** and **Kerry Meyer**

...**Ed & Jane Lyss** on the engagement of their daughter, **Rebecca**. Mazel Tov to grandmother, **Roz Litwin**.

*If your simcha is not listed,  
please call the office so we can  
wish you Mazel Tov in our next newsletter*

## Condolences

Rabbi Smason, the Officers, Trustees and Boards of Directors of our Shul, Sisterhood & Social Club extend **Heartfelt Condolences to:**

...**Ellen Berg** upon the loss of her beloved father, **Dr. Jerry Gilden**

*If you have had a loss in your family,  
please call the office so we can express  
our condolences in our next newsletter.  
We apologize for any omissions.*

## L.e.a.r.n.i.n.g at NHBZ

### Weekly Learning

☆**Jr. Congregations** meet every Shabbos at 10:30 a.m., Girls Jr. Congregation and younger children meet in the Chapel with **Sivya Smason**. Boys Jr. Congregation meet in the Auditorium with **Avrumi Smason**.

☆**Boys' Shabbos Study Group** With Rabbi Smason for boys ages 10-14 each Shabbos, 30 minutes before Mincha.

☆**Shabbos Afternoon Study Group** Studying Tanach (currently Melachim Bet - Kings II), each Shabbos afternoon, one hour before Mincha. Everyone at any level of learning is welcome.

☆**Mishna Shiur on Sunday** Every Sunday Rabbi Chanan Swidler, of Aish HaTorah, will lead a study of the Mishna following Sunday morning services. Please join us for davening at 8:00 a.m. with Mishna study to follow.

☆**Lunch & Learn** with Rabbi Ze'ev Smason, Wednesdays at 12:15 p.m. in the Joe Rothman Auditorium. Insights for daily living from the weekly Torah portion.

### Monthly Learning

☆**NHBZ Women's Home Study Group ~ "Women of Valor ~ Our Biblical Mothers"** presented by Rabbi Shaya Mintz, of the St. Louis Kollel. The Group meets the 1st Tuesday of the month, 2:30 p.m., at the home of **Jackie Berkin**. All women are welcome.

☆**The Morris Lengua Yiddish Club** meets on the 1st Thursday of each month, at 7:30 p.m. in the Joe Rothman Auditorium. Join us for a spirited & enjoyable hour filled with Yiddish stories and songs, fun and laughter, **keeping Yiddish alive!** Seasoned "mayvens" (experts), as well as novices are invited to attend. Just show up and bring a friend! You'll have a blast!!

☆ **Synaplex Shabbat & Birthday & Anniversary Kiddush and Lunch** -Shabbos, September 4, celebrating September birthdays & wedding anniversaries.

**MUST R-S-V-P!!!**  
**314-991-2100, ext. 5**



**FREE TO ALL**  
**SIMCHAS TORAH SPAGHETTI DINNER + AUCTION**  
Spaghetti ~ Sandie's Salad ~ Garlic Bread ~ Candy Apples  
Thursday Night, September 30, between Hakafos

## Simchas Torah Luncheon

**SIMCHAS TORAH DAY ~ Friday, October 1**  
Services will conclude at 12:30 p.m. ~  
Join us for Kiddush, free to all as usual . . .  
then enjoy a wonderful lunch of

Deee-licious Stuffed Cabbage  
Meatloaf for Cabbage Non-Lovers & Hot Dogs for Kids  
Baba's To-Die-For Killer Potatoes  
Cole Slaw Green Bean Salad Dessert & Beverages

Adults: \$10.00 Kids: 6-10: \$5.00 Kids 5 & Under: FREE



## Eruv Tavshilin

Since Rosh Hashana, Sukkos, Shemini Atzeres and Simchas Torah all fall on Thursdays and Fridays this year, it is necessary to make an ERUV TAVSHILIN in order to prepare food from Yom Tov to Shabbos on each holiday.

According to Jewish Law, one is permitted to cook on Yom Tov - only for the day, but not for the following day. Thus the problem - how to cook for Shabbos when Yom Tov occurs on Friday?!

The Rabbis instituted the ERUV TAVSHILIN to solve the problem. If one begins preparation for Shabbos BEFORE Yom Tov, i.e. on Wednesday (September 8, 22 & 29) before Yom Tov, then it is permitted to **continue** the preparation **on Yom Tov** for Shabbos.

Therefore, make a hard boiled egg, take gefilte fish and set aside a piece of matzah or bread on Wednesday, Sept. 8, 22 & 29, as the beginning of preparations for the Shabbos following. For more details, call Rabbi Smason. **The following prayer is recite.**

### ERUV TAVSHILIN

The eruv-foods (see commentary) are held while the following blessing and declaration are recited:

**ברוך** *Blessed are You, Hashem, our G-d, King of the universe,  
Who has sanctified us with His commandments and has  
commanded us concerning the mitzvah of eruv.*

**בהדין** *Through this eruv may we be permitted to bake, cook,  
insulate, kindle flame, prepare, and do anything neces-  
sary on the Festival for the sake of the Sabbath (for our-  
selves and for all Jews who live in this city).*

### ערוב תבשילין

The eruv-foods (see commentary) are held while the following blessing and declaration are recited:

**ברוך אתה** *הי אלקינו מלך העולם, אשר קדשנו  
במצותיו, וצונו על מצות ערוב.*

**בהדין** *ערובא יהא שרא לנא לאפני ולבשולי ולאטמוני  
ולאדלוקי שרגא ולתקנא ולמעבד כל צרכנא,  
מיומא טבא לשבתא (לנא ולכל ישראל הדרים בעיר הזאת).*

### ERUV TAVSHILIN ~ ערוב תבשילין ~

The Biblical prohibition against labor on the Festivals (**Exodus 12:16**) specifically excludes preparation of food. Still, it is forbidden to prepare food on a Festival for use on another day. When a Festival falls on Friday, however, it is permitted to prepare food needed for the Sabbath.

Nevertheless, to prevent the impression that one may cook on a Festival even for a weekday, the Rabbis attached a condition to the preparation of Sabbath meals on a Festival — i.e., such preparations must be started before the Festival (**Pesachim 46B**). Thus, if a Festival falls on Friday, preparations for the Sabbath meal must begin on Wednesday, if a Festival is on Thursday and Friday. This enactment is called **eruv tavshilin**, literally, **mingling of cooked foods**. It consists of a **challah**, **matzah**, or loaf of bread, along with any other cooked food (such as fish, meat or an egg), set aside on the day before the Festival to be eaten on the Sabbath.



## TIME TO ORDER YOUR ESROG & LULAV FROM NUSACH HARI B'NAI ZION

As we gather together in the Sukkah with our family and friends we share the love of our heritage and people. To celebrate this holiday most meaningfully, we also join together the Four Species, symbolic of harmony and peace. It is our hope that everyone in our NHBZ family will have an Esrog & Lulav for Sukkos.

**SETS are \$45, \$55, \$65 or \$80**  
All sets are kosher and acceptable.  
Price differences are based on the beauty of the Esrog:  
clear appearance ~ no spots or marks, and the shape ~  
round or more elongated.

**PLEASE DO NOT DELAY!!  
CALL 314-991-2100, ext 2.  
BY MONDAY, SEPTEMBER 13  
PLEASE DO NOT DELAY!!**



Esrog (citron)  
Lulav (palm)

Hadasim (myrtle)  
Aravos (willow)



**PIZZA  
PIZZA  
PIZZA  
at NHBZ!!!**

**NEXT CARRY-OUT NIGHT  
WEDNESDAY, SEPTEMBER 15**

HOT PIZZA WILL BE WAITING FOR YOU TO PICK UP!!  
OR ORDER AN UN-COOKED PIZZA TO FREEZE AT HOME!!  
Plain Cheese Pizza ~ \$12.00 Toppings ~ \$.75 each  
X-CHEESE MUSHROOMS ONIONS TOMATOES BASIL  
GREEN PEPPERS SLICED OLIVES PINEAPPLE  
**PLACE YOUR ORDER  
CALL SANDIE  
314-991-2100, ext. 2**

**Deadline for Ordering: 12:00 noon on SEPT. 15**

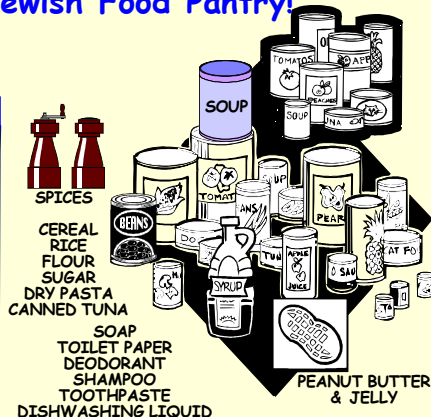
**Lion's Den DINE-IN Pizza Night  
Chol Hamoed Sukkos  
SUNDAY ~ September 25!!  
5:00 - 7:00 p.m.**

All-You-Can-Eat Buffet  
William's Pizza, Spaghetti,  
Garlic Bread & Sandie's Salad  
plus Dessert & Beverage  
Kids 3&under: FREE Kids 4-12: \$6.00 Adults: \$10.00  
**EVERYBODY HAS A GOOD TIME ON PIZZA NIGHT!!**

# Help Our Fellow Jews

**Please Bring Food  
on Kol Nidre Night**

We are asking everyone to bring  
NON-perishable foods  
when you arrive for Kol Nidre ~  
Kosher canned or boxed items  
that we will donate to the Jewish Food Pantry.  
**Let us join together to help  
The Jewish Food Pantry!**



## Big Shabbos Do'n's! Exciting Coming Events

★ **FRIDAY NIGHT SHABBOS  
DINNER** following services on

September 3rd. **RSVP, 314-991-2100, ext. 5.** Extend your Shabbos pleasure with a delicious, full-course dinner!! Adults: \$18.00; Kids 6-10: \$10.00; Kids 5 & Under, FREE.

★ **SYNAPLEX SHABBAT** Always interesting topics and dynamic speakers to nourish your mind; then enjoy a wonderful Shabbos lunch in honor of our friends celebrating September Birthdays & Wedding Anniversaries on Shabbos, Sept. 4. Services will begin at 8:30 a.m.; Learner's Service at 10:00-11:00 a.m. led by Rabbi Ze'ev Smason; Synaplex sessions at 11:00 a.m.

★ **1st Ever NHBZ GOLF TOURNAMENT** Monday, September 20th!!

★ **2010 RABBI RIDE-AROUND** Sunday, October 10!!

★ **6th Annual KOSHER CHILI COOKOFF** Sunday, November 21st!!

★ **Multi-Family Sale!!** Please give your furniture, books, lamps, household items and knick-knacks in good condition, for the Shul's Multi-Family Sale in the Fall; gently used clothes that are still nice enough to wear (very clean, no stains or damages please!) For drop-off times and questions about sale, please call Esther Gelb, 567-1683.

★ **We are proud to present our Honorees for 2010 ~ Joann Raskas & Ron Rosen.** And a new Youth Service Award to recipients **Alex Lyss and Jack Lyss.** Joann Raskas and Ron Rosen are the benefactors and inspiration of the monthly "night out" that has delighted the entire Jewish community ~ **Our Lion's Den Pizza Night at Nusach Hari B'nai Zion!!!** They donated our very first pizza oven!!! This outstanding good deed launched the project that has surpassed our expectations, and continues to provide a venue for kosher meals and family fun! Alex and Jack Lyss are two extraordinary young men who have immersed themselves in shul life and have endeared themselves to everyone at Nusach Hari B'nai Zion. The list of the good deeds performed by Alex and Jack Lyss is impressive - from regularly leyning (reading) the Torah, to choosing a service project for our shul to complete their Eagle Scout program, Alex and Jack exemplify the best in today's youth ~ learning, building and preparing for the future. It is with great pleasure that we give well-deserved kovod (honor) to these wonderful people on Sunday, December 12, 2010. We have chosen to create an elegant, elaborate evening at our current location - 8630 Olive Boulevard, to bid a fond farewell in a grand manner to the "old" as we prepare to move into our new facility in 2011. The Ad Journal order forms are in the mail. Please respond with your business ads, and greetings and messages to our honorees.



8630 Olive Boulevard  
St. Louis, MO 63132

# YOM TOV newsletter

NON-PROFIT ORG.  
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## *Nusach Hari B'nai Zion*

PHONE: 314.991.2100  
ON-LINE: [www.nhbz.org](http://www.nhbz.org)

**Rabbi**.....Rabbi Ze'ev Smason  
**Rabbi Emeritus**.....Rabbi Aaron Borow  
**Executive Director**.....Sandra Abrams

### OFFICERS

**President**.....Robert Kaiser  
**Vice-President**.....Trudy Sudin  
**Vice-President**.....Robert Levine  
**Vice-President**.....Dr. Jonathan Shanker  
**Vice-President**.....Robin Rickerman  
**Secretary**.....Sheryl Levine  
**Treasurer**.....Janet Haber  
**Gabbai**.....Mayer Taller  
**Sisterhood President**.....Rachael Pevnick  
**Social Club President**.....Ruth Alper



# Nusach Hari B'nai Zion Congregation

## Coming Events & Dates to Remember

September - October 2010  
Elul 5770 - Tishrei - Cheshvan 5771

### LION'S DEN PIZZA DINE-IN BUFFET

Sunday, August 29, 5:00-7:00 p.m.



### ROSH HASHANA

Wednesday night, Thursday & Friday  
September 8, 9 & 10



### FAST OF GEDALIAH

Sunday, September 12

The fast begins at 5:25 a.m. and concludes at 8:06 p.m.

### BOARD OF DIRECTORS MEETING

Tuesday, September 14, in the Joe Rothman Auditorium  
Minyan at 6:50 p.m.; Meeting at 7:30 p.m.

### CARRY OUT PIZZA NIGHT

Wednesday, September 15. Carry-Out orders must be made by 12:00 noon on that day.

### YOM KIPPUR - Yizkor Recited

Friday night & Shabbos, September 17 & 18

Kol Nidre, Friday night at 6:45 p.m.

Yom Kippur services begin

Shabbos morning, 8:00 a.m.

Yizkor recited at approx. 12:15 p.m.



### SUKKOS

Wednesday night, Thursday & Friday, Sept. 22, 23 & 24  
Chol Hamoed Sukkos: Shabbos, Sunday, Monday  
& Tuesday, September 25, 26, 27 & 28



### HOSHANA RABBA

Wednesday, September 29

### SHEMINI ATZERES - Yizkor Recited

Wednesday night & Thursday, September 29 & 30

Yizkor recited Thursday, Sept. 30 at approx. 10:30 a.m.

### SIMCHAS TORAH

Thursday night & Friday, Sept. 30 & October 1

Simchas Torah - Thursday night, September 30

Hakofos & Parade of Torahs at 7:00 p.m.

Spaghetti Dinner, **FREE TO ALL**, between Hakofos Thursday:

Simchas Torah Day - Friday, October 1

Kol Hanarim - All children called to the Torah at 11:00 a.m.

Simchas Torah Lunch, 12:30 p.m. Adults:\$12.00/Kids:\$5

MUST RSVP for Simchas Torah Dinner & Lunch,  
314-991-2100, ext. 5.



### ROSH CHODESH CHESHVAN

Friday & Shabbos, October 8 & 9

### PIZZA IN THE HOT - DINE-IN BUFFET

Chol Hamoed Sukkos, Sunday, September 26.

### EXECUTIVE COMMITTEE MEETING

Tuesday, Sept. 28, 7:30 p.m. in the Joe Rothman Auditorium

**1ST EVER NHBZ GOLF TOURNAMENT** Monday, Sept. 20th!!

**2010 RABBI RIDE-AROUND** Sunday, October 10



**nhbz 6th annual kosher chili cookoff**  
Sunday, November 21, at the Jewish Community Center

**PLEASE NOTE: JR. CONGREGATIONS FOR BOYS and GIRLS  
ARE HELD EVERY SHABBOS AT 10:30 a.m.**

## Shabbos Services

### PARSHAS KI SAVO

AUGUST 27 & 28	17 & 18 ELUL
Friday Evening.....	7:00 p.m.
Bench Licht.....	7:21 p.m.
Shabbos Morning.....	9:00 a.m.
Shabbos Mincha.....	7:00 p.m.
Shabbos Concludes.....	8:22 p.m.

### PARSHAS NITZAVIM-VAYELECH

SEPTEMBER 3 & 4	24 & 25 ELUL
Friday Evening.....	7:00 p.m.
<b>KABBALAT SHABBAT WITH ARYEH NEEDLE</b>	
Bench Licht.....	7:10 p.m.

### SHABBOS DINNER FOLLOWING KABBALAT SHABBAT

Adults: \$18.00 Kids 4-10: \$5.00 Kids 5 & Under: FREE

Shabbos Morning.....8:30 a.m.

### SYNAPLEX SHABBAT

**Learners' Service with Rabbi Smason**  
**10:00 - 11:00 A.M.**

### LUNCH IN HONOR OF SEPTEMBER BIRTHDAYS & ANNIVERSARIES

LEYNING BY ELIE NEEDLE

Shabbos Mincha.....	6:50 p.m.
Shabbos Concludes.....	8:12 p.m.
Pre-Selichos Movie w/Refreshments & Discussion.....	11:30 p.m.
Selichos.....	12:30 a.m.

### PARSHAS HA'AZINU - SHABBOS SHUVAH

SEPTEMBER 10 & 11	3 TISHREI
Friday Evening.....	7:00 p.m.
Bench Licht.....	6:59 p.m.
Shabbos Morning.....	9:00 a.m.

LEYNING BY ELIE NEEDLE

Shabbos Mincha.....	6:40 p.m.
Shabbos Concludes.....	8:01 p.m.

### YOM KIPPUR

SEPTEMBER 17 & 18	10 TISHREI
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**Friday Mincha.....1:30 p.m.**

Friday Evening - KOL NIDRE.....	6:45 p.m.
Bench Licht.....	Before Kol Nidre
Yom Kippur Morning.....	8:00 a.m.
Yizkor Recited.....	12:15 p.m.
Yom Kippur Mincha.....	5:00 p.m.
Shabbos & Yom Kippur Conclude.....	7:50 p.m.

### SHABBOS CHOL HAMOED SUKKOS

SEPTEMBER 24 & 25	17 TISHREI
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Friday Evening.....	6:35 p.m.
Bench Licht.....	6:37 p.m.
Shabbos Morning.....	9:00 a.m.
Shabbos Mincha.....	6:20 p.m.
Shabbos Concludes.....	7:39 p.m.

### PARSHAS BEREISHIS

OCTOBER 1 & 2	24 TISHREI
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Friday Evening.....	6:25 p.m.
Bench Licht.....	6:26 p.m.
Shabbos Morning.....	9:00 p.m.
Shabbos Mincha.....	6:05 p.m.
Shabbos Concludes.....	7:28 p.m.

### PARSHAS NOACH - ROSH CHODESH CHESHVAN

OCTOBER 8 & 9	1 CHESHVAN
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Friday Evening.....	6:15 p.m.
Bench Licht.....	6:15 p.m.
Shabbos Morning.....	9:00 a.m.
Shabbos Mincha.....	5:50 p.m.
Shabbos Concludes.....	7:17 p.m.

### PARSHAS LECH-LECHA

OCTOBER 15 & 16	8 CHESHVAN
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Friday Evening.....	6:05 p.m.
Bench Licht.....	6:04 p.m.
Shabbos Morning.....	9:00 a.m.
Shabbos Mincha.....	5:45 p.m.
Shabbos Concludes.....	7:07 p.m.